



Maphunziro

# A M'BAIBULO

YA ACHINYAMATA

Gawo 23  
Nambala 22

Maphunziro

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YA ACHINYAMATA

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**AFRICA REGION DONGOSOLO YA CAKA- MAPHUNZIRO**  
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**Gawo 23 Nambala 22**

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Kuphunzisa Baibulo ndi mwayi umene Mulungu watipatsa, koma umaphatikizapo ntchito lalikulu, popeza chiphunzitsocho chiyenera kukhala pa Mawu a Mulungu. Choncho, tiyenera kusamala kwambiri pofufuza Malemba. Tiyenera kufunafuna cholinga chimene Mulungu amafuna kuti tizilankhulana nacho olemba Baibulo.

Kufikira achinyamata mwanzeru n<sup>o</sup> kofunika kwambiri pa kukula ndi chitukuko cha mpingo. Ambiri a utsogoleri wa chievangeliko avomerezana ndi mawu awa. Kumbali ina, kukhala mphunzitsi wa Sande Sukulu ndi mwayi umene Mulungu amatipatsa, ndipo panthâwi imodzimodziyo, uli ndi udindo waukulu. Mwayi wa kuphunzitsa umabwera chifukwa chophunzitsidwa poyamba komanso kuchokera ku ntchito yomwe talandira kuchokera kwa Yesu yophunzitsa ena (Mateyu 28:20). Ngati timvetsetsa machitidwe a kuphunzitsa bwino, sitidzaopa udindo, koma tidzasangalala ndi mwayi, ndikudziphunzitsa tokha nthawi zonse kupanga Khristu mwa ena. Tikukulimbikitsani kuti muphunzire mosamala phunziro lililonse pasadakhale. Mukatero mudzakhala ndi luso lapamwamba la phunziro lililonse, ndipo mosakayikira, idzakhala nthâwi ya kukula mwauzimu. Kutsatira, takuphatikizani malingaliro osiyanasiyana omwe tikukhulupirira kuti adzakuthandizani kukonzekera ndi kupereka bwino phunziro lililonse.

### KUKONZEKERA PHUNZIRO

1. Musanakonzekere phunziro lililonse, pempherani, kupempha Mulungu kuti akupatseni nzeru ndi kuzindikira kuti mumvetse ndime za phunziro la Baibulo ndi kuzigwiritsa ntchito pa moyo wanu. Ndiponso, pempherani ophunzira anu kuti alandire chiphunzitso cha Mawu a Mulungu, koteri kuti mka mwa mikhalidwe yeniyeni imene akukhalamo, Mawu a Mulungu akhale othandiza, amphanvu, ndi chitsogozo.
2. Konzani malo opanda zododometsa kuti muphunzire phunziro, pamene pali tebulo kapena desiki. Ndikofunikira kukhala ndi zinthu zina zomwe zilipo monga mapepala, zolembera, mapensulo, ndi zofufutira, ndi zina.
3. Kuwonjezera pa bukuli, mudzafunika Baibulo, ndipo lingakuthandizeni kwambiri ngati muli ndi Mabaibulo osiyanasiyana. Komanso, yesani kukhala ndi dikishonale ya chinenero, dikishonale ya Baibulo ndi ndemanga yabwino ya Baibulo yogwirizana ndi phunziro limene lili m<sup>o</sup>manja mwake.

4. Werengani cholinga cha phunziro kangapo. Kudziwa komwe mukufuna kuphunzira kumapangitsa njira kakhala yosavuta.
5. Lowezani vesi la m'Baibulo. Muyenera kakhala chitsanzo cha zomwe muti muphunzitse.
6. Werengani phunziro mosamalitsa kangapo momwe mungafunikire. Kudziwa mutu mozama kudzakuthandizani kukulitsa nthawi ya kalasi.
7. Bukuli analembera achinyamata. Chifukwa chake, werengani zochita zoyambira. Yesetsani kuti mutsimikizire kuti ndi zotheka. Yang'anani kuti muwone ngati kudzakhala koyenera kutenga mfundo zina zowonjezera ku kalasi.
8. Yang'anani m'Baibulo ndi kuwerenga malemba onse monga momwe akusonyezera. Yesetsani kuwerenga, makamaka ndime zomwe zili ndi mawu ovuta kutchula.
9. Pangani chidule chanu cha phunziro kuti mudzitsogolere nokha m'kalasi. Lembani pa pepala, kapena pakompyuta pa tabuleti kapena foni, dzina la phunziro, mfundo zazikulu ndi kulongosola mwachidule pamene mukuphunzira phunzirolo, mfundo ndi mfundo. Lembani ndi kutsindika maumboni a m'Baibulo amene adzawerengedwa m'kalasi.
10. Yang'anani tanthauzo la mawu osadziwika kuti mumvetse bwino phunziro.

### **KU PHUNZISA PHUNZIRO**

1. Khalani woyamba kufika m'kalasi ndikukonza malo m'njira yabwino kwambiri. Pagwo lililonse latsopano, mutha kusintha makonzedwe a mipando, bolodi, ndi zina zotero. Fufuzani njira zopangira malo abwino kuti mukhale ndi chitukuko cha kalasi. Kumbukirani kuti malo abwino amathandizira kupanga malingaliro abwino kuchokera kwa anthu.
2. Nthawi zonse yambani nthawi yomwe mwakonza.
3. Yambani polandira ophunzira anu. Izi zimakupatsani mwayi wopanga malo ophunzirira bwino. Dziwani dzina la wophunzira aliyense, kufunafuna njira zokumbukira mayina a ophunzira atsopano.
4. Yambani kalasi ndi pemphero, kupempha Ambuye kuti athandize onse kumvetsetsa Mau ake ndi kupatsa aliyense chikhumbo chakuwamvera.
5. Yambani ndi ntchito yoyambira; izi zithandizira kulowa mumutuwu.
6. Lembani mutu wa mfundo yoyamba ndikuyamba kufotokoza. Gwirtsani ntchito bolodi ndi filipi tchati ngati njira yophunzitsira kuti muzindikire kufotokoza. Mukamaliza mfundo 1, lembani mutu wa mfundo 2 ndikupitiriza motere. Unikani mbali zofunika za mutuwo.
7. Limbikitsani kutengapo mbali kwa aliyense mkalasimo. Pangani magulu a ntchito kuti afotokoze mfundo iliyonse. Funsani ophunzira anu kuti afufuze maumboni a m'Baibulo, kuwaŵerenga, ndi kuperekwa ndemanga pa iwo. Aloleni kuti apereke maganizo awo. Funsani kutengapo gawo kwa omwe pazifukwa zilizonse satenga nawo mbali. Osatsutsa malingaliro

aliwonse, khalani aulemu ndipo musapewe zokambirana zovuta. M'malo mwake, atsogolereni ndi bungwe la Mawu a Mulungu.

8. Perekani mphindi zoŵerengeka za ndemanga za mmene tingagwiritsire ntchito chowonadi cha Baibulo chophunziridwa m"kalasi pa moyo wathu watsiku ndi tsiku.
9. Limbikitsani ophunzira kuitanira achinyamata ena ku kalasi yotsatira. Mwanjira yolenga, apatseni lingaliro la zomwe phunziro lotsatira lidzakhudze. Pangani chiyembekezo mwa achinyamata.
10. Malizani kalasi ndi pemphero. Chitani mwanjira zosiyanasiyana tsiku lililonse.

### **MFUNDO ZINA**

1. Zolinga ndi mphotho: Mungathe kupereka mphotho yosavuta kwa ophunzira yomwe, pakalasi iliyonse:

- Lowezani malemba onse a m'Baibulo.
- Kufika m'makalasi onse a phunziroli.

2. Kuloweza pamtima. Mbali yofunika kwambiri ya kuperhunzira Baibulo ndiyo kuloweza pamtima. Muyenera kukumbukira kuti chinthu chikaloweza pamtima, chimamveka bwino komanso kwa nthawi yayitali. Choncho, thandizani ophunzira anu kumvetsa lemba lililonse la m"Baibulo limene akuyenera kuloweza. Kuti muchite zimenezo, mungathandize mwa kuliŵerenga kapena kulilemba kuchokera m"matembenuzidwe osiyanasiyana a Baibulo, kufotokoza kwa ophunzira tanthauzo la mawu ovuta, ndi kuwathandiza kugwiritsira ntchito lembalo ku makhaldidwe weniweni m"miyoyo yavo. M"munsimu ndi zina zimene tikuyembekezera kuti zithandiza pamtima ndi kuthandiza ena kuloweza Mawu a Mulungu.

Zoonadi, muyenera kusankha zochita zomwe zimagwira ntchito bwino muzochitika zanu. Kumbukiranu chiwerengero cha anthu m'kalasi iliyonse, makhaldidwe a kalasi, ndi dera la kalasi ndi zipangizo zomwe zilipo.

- Lembani mawuwo pa bolodi, ndipo pamene mukukulitsa phunziro, yambani kufufuta mawu pamene ophunzira akuloweza. Perekani mphoto kwa munthu woyamba amene wanena vesilo molondola.
- Pangani magulu a anthu osapitilira anayi. Perekani gulu lililonse makadi okhala ndi mawu ochokera mu vesi lokumbukira (liwu limodzi pa khadi). Lolani mphindi imodzi kapena iŵiri kuti, osayang"ana m"Baibulo, ophunzira aike pamodzi vesilo molondola ndipo onse a m"timu aliloweza. Perekani mphoto kwa gulu lopambana.
- Bisani malemba penapake m'kalasi. Lolani nthawi kuti ophunzira aziyang'ana ndi kuloweza pamtima. Amene akwanirtsia izi poyamba adzakhala wopambana. Osayiwala mphotho!
- Pangani masiteshoni m'malo osiyanasiyana m'kalasi. Pagawo lililonse, perekani gawo la phunziro. Asanayambe mfundo iliyonse, ayenera kuloweza mbali ina ya vesilo. Chiyembekezo nchakuti pakutha kwa phunziro, onse adzakhala ataloweza vesilo.
- Pangani magulu awiri ndipo funsani aliyense kuti aloweza vesilo poyendetsa manja. Pakapita mphindi zochepa, pamene onse a m'maguluwo ali ndi vesi ndipo mayendedwe awo aloweza pamtima, adzapereka kwa gulu lina.

- Agaweni kalasi m'magulu angapo kuti aloweza malemba. Gulu lomwe liziloweza poyamba ndipo lingathe kuzinena popanda kulakwitsa kulikonse ndizomwe zidzapambana. Perekani mtundu wina wa kuzindikira kwa gulu lopambana.

## **MMENE MUNGAPEMPHERERE PAMODZI NDI WOFUNAFUNA NKHOPE YA MULUNGU**

Khalani okonzeka kupemphera ndi iwo amene akufuna kupemphera pamene kalasi ikuyankha phunzirolo mwachikhulupiriro. Konzani kuti abusa ndi/kapena okhulupirira okhwima kuti akuthandizeni makamaka pamene mayankho ambiri akuyembekezeza.

1. Zindikirani kufunikira kwa mphindi ndikuipereka chisamaliro chonse
2. Gwadani, khalani kapena imani pafupi ndi munthu amene mukufuna kumuthandiza.
3. Pempherani mwakachetechete chitsogozo cha Mulungu ndipo, popanda kusokoneza pemphero lake, pemphereraninso iwo. Iye kapena ndiye amene ayenera kupemphera ndipo inu mulipo kuti muthandize pamene Mzimu Woyeramatsogolera.
4. Mvetserani ku pemphero la wofunafunayo kuti muwone ngati akufunikira thandizo.
5. Wofunafuna akamaliza kupemphera, fufuzani ngati ali ndi chitsimikizo chakuti pemphero lake layankhidwa. Simufunikanso kudziwa kuti pempheroli linali chiyani.
6. Ngati wofunayo apitiriza kupemphera popanda kutha, kapena popanda kufotokoza molunjika: ndi.
  - i. Pemphani mosamala ngati mungathe kuthandiza. Chilolezo chikaperekedwa, ii. Dzwani chifukwa chake adabwera kudzapemphera.
  - ii. Atsogolereni mwachidule ndi Malemba oyenerera.
  - iii. Pamodzi pemphererani chosowacho ndipo khulupirirani Mulungu ndi pempholo.
  - iv. Mukamaliza kupemphera, fufuzani ngati ali ndi chitsimikizo chakuti pemphero lake layankhidwa. Ngati sichoncho, alimbikitseni mwachidule kupitiriza kudalira Mulungu ndi kuyenda m'kuunka monga momwe Mulungu amawatsogolera. Akumbutseni kuti ndi mwa chikhulupiliro mwa Mulungu okha angathe kukhala ndi chigonjetso ndipo, pamene ntchitoyo yachitika mwa iwo, Mzimu Woyeramatsogolera adzachitira umboni ndi mzimu wawo. Pakhoza kukhala palibe mawonetseredwe a thupi koma chitsimikizo cha Mzimu Woyeramatsogolera chidzakhala chiripo nthawizonse.
7. Kumbukirani kuwapatsa abusa maina a onse amene akufunafuna ndi zotsatira za mapemphero awo.

**Cholina:** Tsimikiziraninso kwa achinyamata kufunika ndi kufunika kwa Baibulo ngati buku lokhalo lothandizira moyo wachikhristu.

**Vesi loloweza pamtima:** Mawu anu, Yehova, ndi osatha; Chimakhazikika kumwamba. Salmo 119:89

### Ntchito Yoyambira (Zaka 12 - 17)

- **Zipangizo:** Manyuzipepala
- **Malangizo:** Gawani kalasi mumagulu ndipo aliyense wa iwo apereke nyuzipepala. Kenako lembani mawu otsatirawa pa bolodi: Mafashoni, ukadaulo, ndale, chiwawa, ndalamu, ndi zosangalatsa. Kenako afunseni kuti apereke chitsanzo cha mawuwo ndi nkhani zopezeka m"nyuzipepala zimene anapatsidwa. Pamapeto pa ntchitoyi, kambiranani ndi ophunzira momwe zinthuzi zasinthira kapena kusintha poyerekeza ndi zaka zisanu zapitazo.

### Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Agaweni ophunzira m'magulu ndipo perekani aliyense mitu iyi:

Kusintha kwa mafashoni; kusintha kwamagetzi; ndi kusintha kwa kulankhulana. Auzeni kuti afotokoze kakulidwe ka mutu uliwonse pazaka 8 kapena 10 zapitazi. Kenako palimodzi yerekezerani kutsimikizika kwa uthenga wa m'Baibulo m'kupita kwa nthawi ndi mitu yomwe adalankhula kale. Kodi Baibulo ndi lamakono bwanji masiku ano?

**B**aibulo ndi buku lodziwika bwino kwambiri, lomasuliridwa pafupifupi m"zinenero zonse ndi kufalitsidwa padziko lonse lapansi. Buku lochititsa chidwi limeneli linalembewda ndi olemba oposa 40 m"kati mwa zaka 1500; komabe, kugwirizana kwake, choonadi ndi kufunikira kwake kudakalipo mpaka lero. Baibulo lili ndi zambiri za chidziwitso chokhudza chilengedwe, zomwe zatsimikiziridwa ndi kafukufuku wasayansi ndi kuwona. Zochitika zambiri za m"mbiri zolembewda m"Baibulo zatsimikiziridwa ndi magwero owonjezera a Baibulo. Baibulo ndi lochuluka kwambiri kuposa zonsezi: ndi kufotokoza kwa Mulungu za chimene Iye ali, chimene Iye akufuna, ndi chimene chiru mapulani Ake kwa anthu.

Kumeneko ndiko kumene kukhazikika kwa Baibulo ndi zenizeni zagona.

Kusintha kumachoka kudera lina kupita ku lina. Dziko likusintha mosalekeza. Choncho, pali kusintha kwa anthu, malingaliro, sayansi ndi chirichonse chomwe chimazungulira moyo wa munthu, yemwe mwa iye yekha amasintha nthawi zonse.

Tiyeni tiwone zosintha zina zomwe anthu akukumana nazo masiku ano:

#### 1. Kusintha kwanyengo ndi chilengedwe:

"Pomwepo pambuyo pa chisautso cha masiku amenewo „dzuwa lidzadetsedwa, ndi mwezi sudzapereka kuwala kwake; nyenyezi zidzagwa kuchokera kumwamba, ndi zakumwamba zidzagwedezeza.”" ( Mateyu 24:29 ) Panthawi imodzimodziyo, nyenyezi zidzagwa kuchokera kumwamba. Panopa, tikuwona kuti nyengo ikusintha nthawi zonse. Nyengo ndi nyengo za mvula sizilinso monga zinalili kale. M"chilengedwe chonse, kupangidwa kwa nyenyezi ngakhalenso mapulaneti atsopano n"kokhazikika. Koma tingakhulupirirenso kuti kusinthalu kumayendetsedwa ndi Mulungu: "pakuti ayang"ana malekezero a dziko lapansi, napenya zonse pansi pa thambo." ( Yobu 28:24 ) M"Baibulo Mulungu akufunsa kuti: "Kodi ukhoza kutulutsa nyenyezi m"nyengo zake? (Yobu 38:32a). Izi, mwa mavesi ena ambiri, akutisonyeza kuti Mulungu ali ndi mphamvu pazimenezi. Ngakhale kuti chilichonse chotizungulira chikusintha nthawi zonse, tingakhulupirire kuti Mulungu sasintha: "Ine Yehova

sindisintha. Chotero inu, zidzukulu za Yakobo, simunawonongedwe.” ( Malaki 3:6 ) N’chimodzimodzinso ndi inu. Chifukwa cha zimenezi, Mawu ake nawonso sasinthia.

## 2. Kusintha kwa umunthu:

Anthu nthawi zonse amakumana ndi kusintha kwakukulu pamakhalidwe, makhalidwe, ngakhalenso zauzimu. Zimakhala zofala kwambiri kuona anthu amene ali ndi makhalidwe oipa. Lemba la 1 Yohane 2:17 limatisonyeza bwino lomwe kuti zilakolako za anthu zimasintha. koma amene achita chifuniro cha Mulungu adzakhala ndi moyo kosatha” (GNT). Lemba limeneli limatsimikiziranso kuti munthu amene amachita chifuniro cha Mulungu adzafupidwa kwamuyaya. Mulungu, ngakhale kuti anthu ndi osinthika, amalonjeza kuti malonjezo ake sadzasintha. Poyang“anizana ndi kusintha kosalekeza kwa moyo ndi chilengedwe, Mulungu amasonyeza kukhalitsa kwa Mawu ake kuti apereke mphamvu ndi kumanga chikhulupiriro mwa Iye. Tiyen i tiphunzire mosamala zomwe zatchulidwa.

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### Kukhazikika kwa Mawu

1 Petro 1:25 amati Mawu a Mulungu akhala kwamuyaya: “... koma mawu a Yehova akhala chikhaliere.” Vesi ili likunena kuti Baibulo limagwira ntchito kwamuyaya: “Koma Mawu a Yehova adzakhala kosatha. Ndipo uthenga wake ndi Uthenga Wabwino wolalikidwa kwa inu” (TLB). Baibulo lili ndi mfundo zambiri zothandiza ndiponso zolondola. Komabe, uthenga wofunika kwambiri wa m’Baibulo ndi wa chiwombolo; umene umagwira ntchito nthawi zonse kwa anthu onse. Pamene anthu afufuza m’Baibulo kuti iwo ndi ndani, Mawu a Mulungu sadzakhala olakwika. Zikhaliereza zimasintha, malamulo amasintha, mibadwo ikubwera ndi kupita, koma Mawu a Mulungu ndi othandiza lerolino monga momwe analili pamene anali kulembedwa. Pa Mateyu 24:35 , amati: “Kumwamba ndi dziko lapansi zidzachoka, koma mawu anga sadzachoka.”

### Baibulo likupitiriza kulankhula nafe masiku ano

Baibulo likupitiriza kulankhula nafe masiku ano. Kungotchulidwa kokha kwa Baibulo kumatipangitsa kulingalira za chinthu chakale kwambiri, ndi mitu ndi nkhanzi za m’nthawi ina. Ndipo ichi ndiye chowopsa chachikulu: kuliwerenga ngati buku lakale. Zikanakhala choncho, ndiye kuti Baibulo likanakhala buku losangalatsa komanso lophunzitsa, koma silingapitirire pamenepo kwa munthu amene akuwerengayo.

Komabe, tingatsimikize motsimikiza ndi molimba mtima kuti Baibulo ndi loposa zimenezo chifukwa ndi buku lofunika nthawi zonse, monga Mawu amene liri nalo. M’Baibulo, Mulungu akupitiriza kulankhula ndi anthu pano ndi masiku ano. Maulendo a m’mlengalenga kapena makompyuta sasokoneza kufunika kwa Baibulo chifukwa uthenga wake ndi wamuyaya. Bihihlya isalonga pyonsene pinacitika pa dziko yonsene yapantsi.

Ngakhale kuti ndi bukhu limene tingalitchule kuti lachipembedzo, n’lofunika ku zenizeni zonse chifukwa mmenemo timapezamo nkhanzi zosiyansiyana ndi malangizo amene amatsogolera anthu m’moyo wawo wonse. Iwerengenso nthawi zonse ndi maso atsopano, osati kuti inene zomwe munthu akufuna kuti inene, koma kuti iwuze anthu zomwe yakhala ikunena ... kachiwiri.

### Kubwereza/Kugwiritsa Ntchito:

Perekani nthawi yoti ophunzira anu alembe zomwe mfundozi zikutanthawuza kwa iwo (taphatikiza yankho mu mawu opendekera):

- **Kusintha:** (Kusintha kumachokera ku chikhaliereza kapena dziko kupita ku lina. Dziko lapansi likusintha nthawi zonse. Choncho, pali kusintha kwa anthu, malingaliro, sayansi ndi zonse zomwe zimazungulira moyo wa munthu, yemwe mwa iye mwini ali pakusintha kosalekeza.)
- **Kukhalitsa:** (Chikhalierecho ndi chimene chimatha kupyola nthawi ndipo sichisinha kapena kutha. Baibulo ndi malongoaledwe a Mulungu a yemwe Iye ali, chimene Iye akufuna, ndi zimene zolina Zake ziri kwa anthu. Ndimo mmene zilili kwamuyaya ndi kufunika kwake.) Auzeni kugwiranitsa mfundo ziwigizo ndi zimene lembalo limanena komanso zimene aphunzira m’phunzirolo.

**Chovuta :** Tengani mphindi zochepa za pemphero laumwini kuti mupemphe Mulungu kuti akuthandizeni kusintha Mau ake m’moyo wanu. Khalani ndi nthawi yopepesa ngati mukuganiza kuti bukuli ndi lachikale. Pomaliza, pempherani kuti Mau awa agwiritsidwe ntchito pa moyo wanu.

# WERENGANI, PHUNZIRANI, KHALANI MOYO

Phunziro

02

**Cholina:** Kuti achinyamata aziona kuti Baibulo ndilo lamulo lokha la chikhulupiro ndi zochita.

**Vesi loloweza pamtima:** Lemba lililonse adaliuzira Mulungu, ndipo lipindulitsa pakuphunzitsa, kudzudzula, kuwongolera ndi kuphunzitsa m"chilungamo, 2 Timoteo 3:16

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## Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mabuku, magazini, shelefu yaing"ono, zolembra, mapepala, dikishonale
- **Malangizo:** Kutengera kuchuluka kwa ophunzira, akonzeni m'magulu ang'onoang'ono a anthu atatu. Auzeni kuti asankhe mlembi kuti alembe zolemba. Afunseni kuti ayankhe mafunso otsatirawa:
  1. Kodi laibulale ndi chiyani?
  2. Ndi cha chiyani?
  3. Kodi mudapitako ku laibulale? Gawani zomwe mudakumana nazo mukamayendera Apatseni nthawi yokwanira kuti ayankhe. Lembani tanthauzo la "laibulale" pa bolodi: Malo omwe muli mabuku ambiri owerengeka. Fananizani ndi matanthauzo operekedwa ndi magulu. Funsani alembi kuti akuthandizeni kuyika mabuku ndi magazini pa shelefu. Limbikitsani ophunzira kuona Baibulo ngati laibulale.

## Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Makhadi awiri, zolembra.
- **Malangizo:** Khalani pafupi ndi makhadi, ikani imodzi kumanja ndi ina kumanzere kwa kalasi. Kumanja, lembani "Njira zosonyezera chikondi ndi chikondwerero m"Baibulo; kumanzere lembani "Zochita zosonyeza kupanda chikondi ndi kuchita chidwi ndi Baibulo." Pa khadi lililonse, ophunzira alembe maganizo awo. Gawani mayankho ndi kalasi.

**A**nthu a Mulungu, m"Chipangano Chakale ndi Chatsopano, anali ndi mwayi wopeza zolebedwa zopatulika zimene anthu analemba mouziridwa ndi Mzimu Woyer. Izi zinasankhidwa mosamala ndi kusanjidwa kukhala kope limodzi. Pachiyambi pamene gawo loyamba linapangidwa, silinali kutchedwa Baibulo. Iwo ankangodziwika kuti The

Chilamulo, Aneneri ndi Masalimo. Malemba opatulika oterowo analamulira moyo wa anthu a Mulungu pa ndale zandale, zachuma, zachikhaldwe cha anthu, ndi zachipembedzo. Iwo anakhala chimene timachidziwa lerolino monga Chipangano Chakale. Monga tonse tikudziwira, zolebedwazi zili ndi chidziwitso chokhudza zinthu zomwe zidachitika Ambuye wathu Yesu Khristu asanabwere.

Pambuyo pake, zolemba zina zinatuluka pambuyo pa ntchito yowombola ya Kristu ndi kukwera kwake kumwamba. Ndikunena za nthawi ya atumwi ndi mpingo woyamba pamene Mauthenga Abwino, makalata, buku la Machitidwe a Atumwi ndi Chivumbulutso zinayamba kufalikira.

Ife, ana aamuna ndi aakazi a Mulungu, tiri nalo patsogolo pathu Baibulo Lopatulika, Mawu a Mulungu. Titha kupeza zomasulira zosiyanasiyana kapena mitundu ngati tikufuna. Ndi dalitso lalikulu kusangalala ndi nkhanzi zokongola za m"Baibulo.

Funsani: Kodi tingasonyeze bwanji kuti timakonda ndi kuganizira kwambiri Baibulo Lopatulika ndi kugwiritsa ntchito ziphunzitso zake zamtengo wapatali?

## 1. Kuŵerenga Baibulo tsiku ndi tsiku

Ambuye Yesu anadza ku sunagoge wa ku Nazarete ndipo anapatsidwa bukhu la mneneri Yesaya kuti aliwerenge, ndipo anawerenga ulosi wokhudzana ndi iye ndi utumiki wake ( Luka 4:17-19 ).

Ambuye Yesu, pokambitsirana ndi adani ake Afarisi ndi atsogoleri ena, analingalira kuti ayenera kuti anaŵerenga ndi kudziŵa Malemba Opatulika. ( Mateyu 12:3; 12:5 ).

Choncho, timaona kuti kuŵerenga Malemba mokhulupirika n“kofunika kwambiri kwa anthu a Mulungu. Kuwerenga kwa Baibulo Lopatulika kuyenera kudziwika ndi kukhala:

- **Wokonda**

Mkristu amene amaŵerenga Baibulo ayenera kusangalala ndi kulimbikitsidwa kuti munthu samangoŵerenga buku lililonse lakale lonena za Mulungu. M“kalembedwe ka okhulupirira a m“nthawi ya Ezara ndi Nehemiya, munthu ayenera kumvetsa zimene akuwerenga ( Nehemiya 8:8 ).

- **Zothandiza**

Munthu amene amaŵerenga Baibulo Lopatulika moona mtima amapezerapo mwayi pa chiphunzitso chake gs chifukwa ndi otsogolera mbali zonse za moyo ( 2 Timoteo 3:16-17 ).

- **Wothandizira**

Mawu a Mulungu ndi chakudya chimene chimachirikiza ndi kulimbikitsa moyo wauzimu wa munthu. Moyo umene uli ndi njala ya Mulungu ndi kuchita zabwino udzakhuta ( Mateyu 4:4 ) Mulungu amagwiritsa ntchito Mawu ake amphanvu kutithandiza tsiku lililonse ( Salmo 119:28, 116; Aheberi 1:1-3 ).

## 2. Kuphunzira Baibulo mozama

Kuwonjezera pa chizolowezi chabwino choŵerenga malemba, tiyenera kuwaphunzira. Cholinga cha phunziro la Baibulo, kuwonjezera pa kuvomereza zimene zili mkatı mwake, ndicho kulimvetsa. Malangizo otsatirawa angathandize kukwaniritsa cholinga ichi: Kodi ndimeyi ikunena chiyani kwenikweni? Kodi ndimeyi ili ndi chiphunzitso chokhudza Mulungu, anthu, dziko lapansi, mpingo...? Kodi lili ndi chitsanzo choti titsatire, chenjezo, kapena lonjezo? Kodi pali chilichonse chomwe chikufunika potengera ndimeyi?

## 3. Kugwiritsa ntchito Baibulo pa moyo watsiku ndi tsiku

Timadziŵa bwino lomwe kuti Baibulo ndi uthenga wa Mulungu wopita kwa anthu, ndi kuti chiyambukiro chake pa miyoyo ya anthu chimachitsa kuti miyoyo ya anthu isinthe. Zotsatira zake zimakhala zotalika. Pali zitsanzo pansipa.

Zimasintha moyo wathu: Aliyense amene amatsatira chiphunzitso cha Mawu adzadziperekwa kwa Khristu. Ambuye ndiye amachita kusintha kwaulemerero mu mtima kuti moyo usakhalenso chimodzimodzi ( 2 Akorinto 5:17 ). Baibulo limachita mbali yofunika kwambiri pa kukula ndi kukula kwathu.

## Ndemanga/Magwiritsidwe:

Auzeni ophunzira anu kuŵerenga mavesi a m“Baibulo ndi kulembapo mawu amene akusowekapo:

1. Ahebri 4:12 “Pakuti Mawu a Mulungu ali amoyo ndi amphanvu.”
2. Salmo 119:105 . Mawu anu ndiwo nyali ya kumapazi anga, ndi kuunika panjira panga. 3. Yohane 6:63 . “Mau amene ndalankhula kwa inu ali odzala ndi Mzimu ndi moyo.
3. 2 Timoteo 3:16 . “Lemba lililonse adaliuzira Mulungu, ndipo lipindulitsa pa chiphunzitso, chitsutsano, chikonzero, ndi chilangizo cha m“chilungamo, . . .
4. Salmo 119:9. “Kodi wachichepere angakhale bwanji m'njira yoyer? Mwa kuchita mogwirizana ndi Mawu anu.”

## Chovuta:

Lowani m“magulu a anthu atatu ndipo kambiranani za kufunika ndi kufunika kogawana Mawu a Mulungu ndi achinyamata amene sadziwa Yehova. Pezani Chipangano Chatsopano, chezerani achinyamatawa, aitaneni kuti abwere kutchalitchi, ndi kuwapatsa aliyense wa iwo buku lopatulika.

**Cholina:** Kuti achinyamata adziwe malonjezo a Mulungu ndi momwe amawakwanirtsira moyenera nthawi.

**Vesi loloweza pamtima:** Tigwirebe chiyembekezo chimene timavomereza, pakuti iye amene analonjeza ali. okhulupirika. Ahebri 10:23

### Ntchito Yoyambira(Zaka 12 - 17)

- **Zipangizo:** Lembani malonjezano otsatirawa pamakona a mapepala (Mateyu 11:28; Yohane 14:3; 14:16; Aroma 8:28; Masalimo 23:1; 91:1; 91:7; ndi zina zotero). Kenako dulani vesilo pakati kuti likhale losakwanira (mwachitsanzo: “iwo amene amamukonda” - “zinthu zonse zimene Mulungu amachitira ubwino”), Mabaibulo.
- **Malangizo:** Ikani mapepala okhala ndi malonjezo osakanikirana ndi mozondoka patebulo kapena pansi. Auzeni ophunzira kuti atenge kapepala ndikuyang'ana pakati pa anzawo a m'kalasi kuti amalize lonjezo lolemedwapo. Akamaliza, gulu lililonse liwerenga lonjezo lawo ndikulankhula zomwe limanena. Ngati achichepere sadziwa zambiri ponena za Baibulo, mukhoza kuikamo malifalensiwo kotero kuti aliyang"ane.

### Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Bolodi ndi choko, kapena pepala lalikulu ndi pensulo.
- **Malangizo:** Pa bolodi, lembani mawu oti “Lonjezo” m“zilembo zazikulu ndipo funsani ophunzira anu kuti afotokoze tanthauzo la liwulo kwa iwo (mukhoza kulemba mfundozo pa bolodi zomwe akufotokoza). Pambuyo pa mphindi zingapo, lembani mutu wakuti "Lonjezo Losweka" pambali ndikuchita zomwe zafotokozedwa pamwambapa. Pomaliza, limbikitsani ophunzira anu kuganizira za ubwino wa malonjezo osalephera, pakukhalapo kwa munthu, munthu amalandira malonjezo ambiri, mwachitsanzo: ukwati, ntchito, nyumba, maphunziro kapena zotsatira zachuma, mphatso, maulendo, maphunziro, ndi zina zotero. Zina zimakwanirtsidwa ndipo zina siziri. Phunziro la lero likuwonetsa phindu lenileni la lonjezo.

#### 1. Tanthauzo la lonjezo

M“dikishonale, liwu lakuti “lonjezo” likulongoledwa kukhala “chilengezo chakuti chinachake chidzachitika kapena sichidzachitika, kuperekedwa, ndi zina zotero, ndi mmodzi; kapena “chitsimikizo chotsimikizirika chimene chiyembekezero chiyenera kukhazikitsidwa:” ([www.dictionary.com](http://www.dictionary.com)). Lonjezo litha kumvekanso ngati “chilengezo chomangirira mwalamulo chomwe chimapatsa munthu amene wamupatsa ufulu woyembekezera kapena kunena kuti wachita kapena kulekerera mchitidwe womwe wapatsidwa” ([www.merriam-webster.com/dictionary/promise](http://www.merriam-webster.com/dictionary/promise)). Phunziro la lero likunena za malonjezo apadera kwambiri omwe tingalandire.

Tikayang“ana m“malo otizungulira, timaona kuti timakhala ndi malonjezo ambiri. Ophunzira ali ndi mgwirizano wapakati (ngakhale kuti sanasaine chikalata chovomerezeka) ndi aphunzitsi awo akusukulu.

Malonjezo amene timalandira kwa Mulungu alinsa pangano lakuti ngati timvera ndi kum“khulupirira, adzakwanirtsa gawo lake ( 1 Yohane 2:25; Machitidwe 2:33, 39 ). M“mavesi odabwitsawa, Mulungu walonjeza momveka bwino komanso mwachindunji moyo wosatha kwa iwo amene akhulupilira mwa Yesu, ndipo amalonjezano thandizo la Mzimu Woyeria. Tanthauzo lapadera la malonjezo a Mulungu ndi lakuti iwo ali chisonyezero cha chikondi chake chosatha kwa ife, amasonyeza cholinga chake chomvekera bwino cha kutipulumutsa, ndipo Iye ndiye amene amayambitsa malonjezo ake kwa ife.

#### 2. Phindu la lonjezo

M“moyo anthu amakhala ndipo adzazunguliridwa ndi malonjezo ambiri amene anthu amapanga ndi kulandira. Tsoka ilo, malonjezo ambiri sakwanirtsidwa mokhulupirika. Sitingakane kuti lonjezo limene silinakwanirtsidwe kapena

“losweka” lingapangitse munthu kukhala wokhumudwa, wokhumudwa, ndi wowawa pamtima. N“zotheka kuti zochitika zowawa zimenezi zili kale mbali ya moyo wa wachinyamata, ngakhale kuti munthu ali wamng“ono. Phindu la lonjezo limagwirizana kwambiri ndi kuona kwa mawu a munthu amene walonjezayo. Kwa ife monga ana a Mulungu, timadziwa kuti malonjezo a Mulungu ndi amtengo wapatali kwambiri moti sangawerengeke, chifukwa palibe lonjezo la Mulungu limene lalephera.

Mosiyana ndi chidaliro chathu mwa anthu amene angatifooketse, chidaliro chathu m“malonjezo a Mulungu nchosakayikitsa. Pa Aheberi 11:1 , timawerenga kuti: “Chikhulupiro n“chiyan? Ndi chitsimikiziro chotsimikizirika chakuti chinachake chimene tikufuna chidzachitika. Ndi chitsimikizo chakuti zomwe tikuyembekezerazi zikutiywembekezeraza, ngakhale kuti sitingathe kuziwona m’tsogolo. (TLB).

Onani ndime za pa Aheberi 10:23 ndi 2 Akorinto 1:20 . Phindu la lonjezo limakhala mwa munthu amene amalinena ndipo mumtendere waukulu ndi kudalira kwake kumabweretsa kwa wolandira.

### 3. Kukwaniritsidwa kwa lonjezo

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Lonjezo likakwaniritsidwa, onse awiri omwe adagwirizana amakhutira kuti adalandira zomwe amalakkala ... kukwaniritsidwa kwa lonjezo. Monga ana a Mulungu, tiyenera kuzindikira kuti malonjezo amene Mulungu walonjeza ndi apadera komanso amtengo wapatali chifukwa chakuti malonjezanowo ndi auzimu. Kukwaniritsidwa kwa malonjezo a Mulungu kuli panthaŵi yake. Nthawi imeneyi imadziwika ndi Iye yekha mpaka atavumbulutsa, ndipo nthawi yake ndi yangwi, chifukwa imatsimikizirida ndi nzeru zangwi za Mulungu.

Monga anthu, ndizofala kwambiri kuhala ndi chizolowezi chovutika ndi kusaleza mtima, ndiko kuti, kuhala ndi changu komanso / kapena kutaya mtima pa nthawi yomwe zinthu zienera kuchitika. Mtima wotaya mtima, umene ungatifooketse m“mikhaldwe yovuta, uyenera kuperekedwa kwa Mulungu, ndipo munthu ayenera kupeŵa chizolowezi cha kutaya mtima kapena kuganiza kuti malonjezo a Mulungu ayenera kukwaniritsidwa pamene “ine” akuganiza kuti zikanakhala bwino. Momwemonso I M’pofunika kwambiri kuti tipewe kuganiza kuti ngati zimene munthu akufuna sizichitika “tsopano,” Mulungu walephera kapena sasamala.

Pomaliza, kuti munthu aone kukwaniritsidwa kwa malonjezo osayerekezeza a Mulungu, ayenera kuhala oleza mtima ndi chikhulupiro. Khulupirirani kuti Iye ndi wokhulupirika ndipo adzachita zimene ananena kuti adzachita (Aheberi 6:12). Tikhoza kuhulupirira kuti malonjezo a Mulungu adzakwaniritsidwa mokhulupirika pa nthawi yoyenera.

### Ndemanga/Magwiritsidwe:

Apatseni nthawi yoti alembe tanthauzo la lonjezo lililonse pa moyo wawo.

ZIMENE BAIBULO LIMANENA NDI	TANTHAUZO LA LONJEZO
Yeremiya 29:11	Mulungu ali ndi chikonzero chabwino cha moyo wanga ndi tsogolo langa.
( Yesaya 43:2 )	Yehova ali nane m“nthawi zovuta.
	Mulungu akhoza kundionetsa ntchito yanga yophunzirira
( 1 Akorinto 10:13 )	Mulungu akhoza kundithandiza kugonjetsa mayesero
	Mulungu angandipatse mtendere m“nthawi za nkhaŵa yaikulu
	Mulungu akufuna kundithandiza kupanga zisankho zabwino kwambiri

### Chovuta:

Kodi munaganizirapo za malonjezo a Mulungu phunziro la lero lisananthe? Kodi muli ndi malonjezo aliwonse omwe mumakonda? Ndikukulimbikitsani kuti mupemphe Mulungu kuti akupatseni lonjezo kwa inu nokha kapena kwa nthawi yeniyeni m’moyo wanu. Malonjezo apaderawa ndi othandiza kwambiri tikamaiza ena. Mu sabata ino, ganizirani ndi kusankha lonjezo la moyo wanu.

**Cholina:** Kulimbikitsa kuloweza ndi kugwiritsa ntchito Baibulo.

**Vesi loloweza pamtima:** Mwana wanga, usaiwale chipheunzitso changa, koma sunga malamulo anga mumtima mwako. Miyambo 3:1

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Bolodi/mapepala akuluakulu okhala ndi mawu awa, malingaliro, buku, wailesi yakanema, magazini, mtima ndi mzimu.
- **Malangizo:** Chotsani bolodi lililonse ndikufunsa ngati liwu lililonse likutanthauza gavo lakunja kapena gavo lamkati. Akavomera kapena pakapita nthawi, perekani mayankho motere: Malingaliro: Kukumbukira kwa RAM. Chigawo chamkati. (Buku, TV, Magazini): Chigawo chakunja. Ubongo: Hard Drive. Kuyendetsa mkat. Mzimu: Chigawo chamkati.

### Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Zikwangwani/mapepala akuluakulu okhala ndi mawu onse a mavesi a m'Baibulo awiri kapena ocheperapo omwe amadziwika kapena kuloweza pamtima.
- **Malangizo:** Perekani mavesiwo ndipo pemphani ophunzira kuloweza mavesiwo. Kenako afunseni kuti ayeze kulinganiza mawu a vesi kapena mavesiwo motsatira ndondomeko imene analoweza.

**A**nthu tingayerekeze m'njira ina ndi kukumbukira kompyuta, chifukwa cha kukhoza kusunga mu kukumbukira deta yomwe ilipo pakufunika.

1. Mofanana ndi RAM, maganizo ndi malo amene chidziwitso chimasungidwa kwa nthawi yodziwika, koma pamene wina achotsa chidziwitsocho, chimatayika ndikuiwalika. Chidziwitso chimachita monga mwambi umanenera: "khutu limodzi ndi lina.
2. Magawo akunja kapena zida zitha kukhala maghero osiyanasiyana a chidziwitso chomwe chimawonekera m'miyoyo yathu: mabuku, zomwe munthu amamvera komanso zomwe amawona. Nthawi zambiri munthu amayenera kutembenukira kuzinthu zakunja kuti akumbukire zomwe zidanenedwa, koma sizipezeka m'manja mwathu.
3. Ma hard drive amafanana ndi ubongo: Ngati munthu asunga kapena kusungitsa chinachake mmenemo, ali ndi chitsimikizo chakuti chikhoza kufika pamene akuchifuna. Choncho, ndi mkat. Mwanjira imeneyi imatetezedwa ku chilichonse chakunja ndi china chake chomwe chingawononge.

#### 1. Kodi mumasunga chiyani pa „„hard drive““ yanu?

Computer memory (RAM) ndi malo osakhalitsa osungira mafayilo omwe munthu amagwiritsa ntchito. Zambiri zomwe zasungidwa mu RAM zimafufutidwa kompyuta ikazimitsidwa. Chifukwa chake, makompyuta amafunikira mitundu yosungirako yokhazikika kuti asunge ndikupezanzo mapulogalamu ndi mafayilo a data omwe munthu akufuna kugwiritsa ntchito tsiku ndi tsiku. Zida zosungirako (zomwe zimatchedwano ma drive) zidapangidwa kuti zikwaniritse chosowachi.

Mitundu yodziwika kwambiri yazida ndi:

- Ma drive akunja: ndodo za USB, ma CD, ma DVD, zotengera zonyamulika, ndi zina zotero:
- Ma drive amkati: Ma hard drive.

Ma hard drive ndiye njira yofunika kwambiri yosungira mu kompyuta. Mafayilo a pulogalamu ndi mafayilo omwe munthu amapanga ndi mapulogalamuwa amasungidwa momwemo.

Ubongo ndi "hard drive", kukumbukira mkaati ngati kompyuta. M'lingaliro limeneli, kukumbukira ndi chimodzi mwa zinthu zofunika kuti kuphunzira kuchitike, zomwe zimachitika ndendende zomwe zili mu kukumbukira kusintha. Choncho, kamodzi kolimbikitsa; deta, kufotokozeria, ndi zina zotero zalandiridwa, kukumbukira kumachoka ku malo opanda deta kukhala nawo. Tinganene kuti kuphunzira ndi kusunga chinachake m"mtima kuti uzikumbukira pakafunika kutero.

Kuloweza ndi ntchito yanzeru imene munthu amakonza ndi kusunga m"maganizo zimene munthu ayenera kuphunzira, kenako n"kukumbukiranso ngati kuli kofunikira. Komabe, tiyenera kutchula kuti pali kusiyana pakati pa kuloweza ndi kumvetsetsa. Kuloweza ndi kuphunzira mwa kukumbukira, popanda kumvetsetsa. Kumvetsetsa ndiko kuphunzira pozindikira ndi kusanthula. Malinga ndi kunena kwa Baibulo, chidziwitso chiru mu mtima mwa njira yophiphiritsira, ndipo pamenepo tiyenera kusunga Mawu a Mulungu. Ndilodzala ndi malangizo oti tiike choonadi chake m"mitima yathu ( Salmo 37:31, 119:9-11; Miyambo 4:4 )

Mawu oti "kusunga" amachokera ku liwu lachihebri lomwe limatanthauza "kugwira, kumvetsetsa, kugwira". Kuloweza Malemba kumapatsa munthu kumvetsetsa kolimba kwa Mawu a Mulungu, ndipo kumalola Mawu kukopa munthu. Mfumu Solomo inatchulanso kulemba Mawu "...pa cholembapo cha mtima wako..." ( Miyambo 7:3 ), ndi kukhala ndi malemba olembedwa mwa ife kotero kuti t ndi "... okonzeka pa milomo yanu." ( Miyambo 22:18 ).

Pa Miyambo 3:1-2, pali chikumbutso cha uphungu wa Mfumu Solomo wakuti tisaiwale Mawu. Mu Yoswa 1:7, Yoswa monga mtsogoleri analangizidwa kuti asasocherere kumanja kwake kapena kumanzere kwa Mawu.

## **2. Ubwino wokhala ndi Mawu a Mulungu pa „„hard drive““ yanu.**

Ngati wina asunga zidziwitso zamakompyuta pa hard drive ndikuziteteza, amatsimikizira kuti makina ake amagwira ntchito bwino komanso kuti amapeza zotsatira zabwino kuchokera ku chidziwitsocho. Mofananamo, Mulungu amalonjeza zotulukapo zabwino kwa amene amasunga Mawu ndi kuwagwiritsa ntchito.

Malonjezo amene Mulungu amapereka ali m"ndime zotsatirazi:

1. Miyambo 3:1-2: Masiku ambiri ndi mtendere;
2. Miyambo 3:3-4: Chisomo ndi kulingalira kuchokera kwa anthu ndi Mulungu.
3. Yoswa 1:7-8: Kulemera ndi nzeru pa chilichonse chimene munthu angachite.
4. Akolose 3:16: Imathandiza munthu kuthandiza ena.

## **3. Sikokwanira kudziwa kapena kusunga Mau... Munthu ayenera kuwagwiritsa ntchito.**

Lingaliro la kusunga zambiri mu "hard drive" ndikugwiritsa ntchito pamene munthu akuzifuna. Palibe zomveka kudzaza kukumbukira kwa diskii ndi chidziwitso chomwe sicingakhale chothandiza pantchito.

Mulungu akupempha kuti Mawu onse amene munthu amasunga mu ubongo (mtima) agwire ntchito.

**Kubwerez/Kugwiritsa Ntchito:** Auzeni ophunzira kuti atchule phindu 6 la kusunga Mawu molingana ndi mavesi ophunzirira otsatirawa (mayankho ali mu phunziro 2):

1. Miyambo 3:1-2: Kutilika kwa masiku ndi mtendere.
2. Miyambo 3:3-4: Chisomo ndi malingaliro abwino pamaso pa anthu ndi pamaso pa Mulungu.
3. Yoswa 1:7-8: Kulemera ndi nzeru pa chilichonse chimene ungachite.
4. Akolose 3:16 : Imatithandiza kuthandiza ena.

**Chovuta:** Tengani mawerengedwe otsatirawa tsiku lililonse ndikuyesera kuloweza vesi pakuwerenga kulikonse. Lamlungu likudzali, tidzakambilana mmene kwakhala kothandiza kuloweza mavesi amenewa mkaati mwa mlungu. Lolemba: Salimo 119:1-11; Lachiwiri: Salmo

119:12-22; Lachitatu: Salmo 119:27-36; Lachinayi: Salmo 119:89-

94; Lachisanu: Salmo 119:97-105; Loweruka: Salmo 119:129-138; Lamlungu: Salimo 119:151163 .

**Cholina:** Kuphunzitsa achinyamata momwe angagwiritsire ntchito Mawu a Mulungu ngati lupanga la Mzimu Woyeramawapatsa.

**Vesi loloweza pamtima:** Tengani chisoti cha chipulumutso, ndi lupanga la Mzimu, ndilo Mau a Mulungu. Aefeso 6:17

### Ntchito Yoyambira (Zaka 12 - 17)

- **Zipangizo:** Zithunzi za msilikali wokonzekera nkhondo.
- **Malangizo:** Onetsani ophunzira zithunzi zomwe mwatolera ndikuwafunsa kuti agawane nanu zomwe awona kuti ndizosiyana ndi msilikali kuposa momwe angawonere mwa munthu wina aliyense akuyenda osavala zovala. Phunziro la lero la chitetezo cha ana a Mulungu.

### Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Bolodi ndi choko, kapena pepala lalikulu ndi pensulo.
- **Malangizo:** Afunseni kuti afotokoze mmene mdani amaukira msilikali pankhondo. Afunseni kuti afotokoze njira zomwe mdani amaukira ana a Mulungu (kukayikira, mayesero, mayesero opweteka, ndi zina zotero). Lembani mayankho awo pa bolodi. Kenako afunseni kuti afotokoze momwe angadzitetezere ku zigawengazi.

**N**gati msilikali akukonzekera kupita kunkhondo, ayenera kuonetsetsa kuti akukonzekera momwe angathere kuti apulumuke pazovuta zomwe angakumane nazo. Kawirikawiri, asilikali amadzikonzeretsa mwakuthupi (kuti athe kuthawa ndi kuthawa, kupirira kuvulala, kapena kuyenda m'malo ovuta), amakonzekera mwachidwi.

(kuti athe kulamulira maganizo a mantha ndi zowawa), ndipo potsiriza, amakonzekera mwa kuphunzira kugwiritsa ntchito zida zomwe zingawathandize kuthana ndi mdani. Phunziro lamasiku ano likuyang'ana pa zida zatsopano komanso zodalirika.

Mu ndime yochokera pa Luka 4:1-14, wolemba akufotokoza mwatsatanetsatane za kuyesedwa kwa Yesu m'chipululu. Powerenga nkhaniyi, munthu akhoza kumvetsetsa za kukangana kwa chilengedwe ndi nkhondo yolimba yapakati pa Yesu ndi mdierekezi.

#### 1. Mphamu ya Mawu a Mulungu

Kuchokera pa chilengedwe, Mulungu wasiya lamulo lomveka bwino pa makhazikitsidwe a ukwati (Genesis 2:24). Kugwirizana kosatha kumeneku kunali cholinga choyambirira cha Mulungu. Iye ankafuna kuti apirire limodzi. Monga achichepere amene ali m'njira ya moyo, munthu sanganyalyaze kapena kukana kuti pali zinthu zambiri zimene zingawononge achichepere (môwa, mankhwala osokoneza bongo, fodya, kugonana kunja kwa ukwati, matenda opatsirana mwakugonana, zokhumudwitsa zachikondi, ngozi za galimoto kapena mfuti, kuloŵerera m'magulu aupandu; mavuto a maphunziro ndi/kapena ntchito, etc). Izi sizingangoyambitsa matenda kapena kufa kwakuthupi kokha, komanso zimatha kukhudza kwambiri moyo wauzimu ndi wamaganizidwe, kuchititsa kukhumudwa, nkhawa kapena mantha, kusateteze ka kapena kudzidalira, malingaliro odzipha kapena kudzivulaza, ndi zina zambiri.

Pazifukwa zimenezi, m'pofunika kudziwa kuti Mulungu, Mlengi, waperekwa chida chapadera kwambiri cholimbana ndi zoipa zimene zimatiukira. Chida chodabwitsa chimenechi ndi Baibulo, Mawu enieni a Mulungu. Pa Genesis 1, munthu angawerenge za nkhani yodabwitsa ya chilengedwe ndi mmene Mulungu anagwiritsira ntchito mawu kulenga zimene munthu amaona; ndiko kuti, mau ake ndi amphanmu kwambiri kotero kuti akhoza kupanga zolengedwa kuonekera popanda kanthu (vs. 3,11).

Mphamvu imodzimodziyi yosonyezedwa pa Luka 4:4 , pamene wina amawerenga kuti Mawu anapatsa Yesu mphamvu zogonjetsa chiyeso chimene mdaniyo anam“patsa. Mawu a Mulungu ali ndi mphamvu zopatsa mphamvu pa nthawi ya kufooka. Munthu angakhale wotsimikiza kotheratu kuti kuwerenga Baibulo ndi kulilowéza kudzam“patsa mphamvu ya kuitiriza kuchita chifuniro cha Mulungu. Pankhondo, munthu sangapambane ngati zida zake sizinakonzekere.

## 2. Chitsogozo cha Mawu a Mulungu

Nthawi zina munthu amakumana ndi zovuta zomwe zimafunika kusankha zochita mwanzeru. Moyo tingauyerekeze ndi munda. Malingaliro amene munthu amagwera m“nthaka ya mu mtima ndi m“maganizo mwake angaoneke ngati timbewu tating“ono tating“ono, koma m“kupita kwa nthawi adzakhala zosankha zazikulu monga mtengo umene udzakhala wovuta kuunyalanyaza kapena kuuchotsa. Mdaniyo amadziwa bwino njirayi, ndichifukwa chake amaukiranso malo opangira zisankho (malingaliro athu) kuti akwaniritse zotsatira zoypa zomwe zimatipangitsa kugwa m'mikhaliidwe yowawa komanso yovuta.

Baibulo lingathandize munthu kusankha zochita pa nkhani ya mankhwala osokoneza bongo, mowa, ndiponso fodya. Baibulo lingathenso kutsogolera munthu mmene angapitirizire ubale wake ndi anzake komanso pa chibwenzi. Zingathandize munthu kusangalala ndi chibwenzi ndiponso ukwati wosangalala kuposa mmene angaganizire.

## 3. Choonadi cha Mawu a Mulungu

Mdaniyo anafuna kusokoneza Yesu pomuuza ndime zina za m“Baibulo zimene zikuoneka kuti zinalola kuti Yesu achite zimene mdyerekezi anamupempha kuti achite ( Luka 4:9-11 ). Izi zinali zovuta komanso zovuta kwambiri. Monga wachinyamata, munthu ayenera kukumbukira kuti nthawi zambiri adani amagwiritsa ntchito mabodza kuti aukire munthu pankhondoyi. Mabodza ena amene mdierekezi amagwiritsa ntchito mobwerezabwereza ndi awa: “osadandaula, palibe amene angazindikire ngati ukuchita”, “ndiwe mwini wa thupi lako, ukhoza kusankha chochita nalo”, “simuli”. kukhumudwitsa aliyense”, “palibe amene amakukondani, mulibe chiyemebekezo chodzakhala osangalala”, kapena zofala kwambiri, “palibe chomwe chingachitike”.

Choonadi cha Mawu a Mulungu chili ngati tochi yamphamvu imene imawala bwino kuti munthu athe kusianitsa ndi kutaya mabodza a mdani. Mawu a Mulungu ndi amene amathandiza munthu kugonjetsa nkhondo imene tikukumana nayo, monga mmene Yesu anachitira.

### Ndemanga/Magwiritsidwe:

Funsani ophunzira anu kuti ayang“ane m“Mabaibulo awo mavesi ena amene angathandize kulimbikitsa, kuwatsogolera, kapena kuwakumbutsa choonadi. Iwo angapemphe thandizo kwa anzawo akusukulu kapena kwa inu.

CHOCITIKA	CHIDA CHA M'BAIBULO
Kukayika za tsogolo langa: kuyitana, ntchito kapena chibwenzi/ukwati ndi banja	Yeremiya 29:11
Kusamvana ndi makolo anga	Eksodo 20:12, Miyambo 23:22, Aefeso 6:1-3
Kukayika za zomwe tuyenera kuphunzira ku koleji	Masalmo 25:9; 32:8
Zosokoneza	Salmo 40; Aefeso 4:22-24; Miyambo 23:2935.
Kukhala ndi nkhawa, mantha, kapena mantha	Afilipi 4:6-7, Salmo 27, Ahebri 13:5-6
Kupsinjika maganizo	Salmo 16 ndi 130, Aefeso 3:14-21

### Chovuta:

Ndikukulimbikitsani kuti muteteze ku Mawu a Mulungu. Ndi chida chanu chabwino kwambiri, ndipo mukachiŵerenga, kuchiphunzira ndi kuchilowéza, mungakhale otsimikiza kuti mdaniyo sangakugonjetseri. M“sabatayi, pezani munthu amene akufuna kugawana nanu maumboni ake a mmene Baibulo lakhalira chida chawo polimbana ndi mavuto.

**Cholina:** Kuti ophunzira aziyamikira udindo wa agogo m'banja ndi awo maubwenzi ndi zidzukulu zawo.

**Vesi loloweza pamtima:** “Ndipo Israyeli anati, Undibweretsere iwo kwa ine kuti ndiwadalitse.”  
(Genesis 48:9b )

### Ntchito Yoyambira (Zaka 12 - 17)

- **Zipangizo:** Zithunzi za anthu achikulire (zikhoza kukhala zithunzi zojambulidwa pamanja, zidutswa za m"magazini, kapena zithunzi za pa Intaneti).
- **Malangizo:** Funsani ophunzira anu kuti anene zomwe amaganiza ataona zithunzi zomwe mumawawonetsa. Afunseni mmene amaganizira akamakalamba, ndiponso zimene angakonde kuchita pa nthawiyo. Ndiyeno athandizeni kulingalira mmene Mulungu anakonzera chigawo chimenechi cha moyo kwa ana ake.

### Ntchito Yoyambira(Zaka 18 - 23)

- **Zipangizo:** Bolodi ndi choko, kapena pepala lalikulu ndi cholembra.
- **Malangizo:** Pa bolodi, jambulani mzere woyimirira wogawa mbali ziwiri zofanana. Kumbali ina, lembani mutu wakuti “Kuipa kwa ukalamba”; ndipo ina, “Ubwino wa ukalamba”. Kenako afunseni kuti alingalire za makhalidwe abwino ndi oipa a ukalamba. Ngati akuvutika kufotokoza maganizo awo, auzeni kuti aganizire za agogo kapena achikulire mu mpingo.

**M**zaka zaposachedwa, ana ndi achinyamata asangalala kulandira chisamaliro chachikulu ndi kuyamikiridwa ndi anthu. Kukonzano uku kumaphatikizapo chitukuko cha ufulu wa ana ndi luso lachipatala kwa iwo. Komabe, kusintha kumeneku kwachitsanso kuti anthu achikulire awonongeke kwambiri m"chitaganya chathu, poyerekeza ndi nthawi zakale pamene ukalamba unkaonedwa kuti ndi ulemu wapadera ndi kusirira. Mfundu ya lero ifotokoza za Mulungu kaonedwe ka anthu okalamba ( Genesis 28:13, 32:9, 48:8-10, 15-16 ).

Malinga ndi akatswiri a zamaganizo osiyanasiyana, uchikulire umayamba pafupifupi zaka 65. Panthawi imeneyi ya moyo, okalamba ambiri amasiya kugwira ntchito, ndipo samadziona ngati ali otanganidwa. M"ndime za masiku ano, Baibulo limaphunzitsa momveka bwino za udindo wofunika kwambiri umene anthu achikulire amachita m"banja ndi m"makhalidwe a anthu, komanso udindo wa achinyamata pa moyo wa anthu okalamba.

#### 1. Chikhaliidwe cha Agogo

M"ndime ya Genesis 48:8-10 , Yakobo anali atangopeza kumene mwana wake wotayika kwanthaŵi yaitali, Yosefe, patatha zaka zambiri. Pa nthawiyi Yosefe anali atakhala ku Iguputo zaka zambiri ndipo anali ndi ana ake aamuna awiri: Efuraimu ndi Manase. Patapita nthawi, Yakobo anakhala gogo ndipo sankadziwa. M"ndime 10 ya mutu uwu “... Maso a Israyeli (dzina limene Mulungu anam"patsa Yakobo) anali kufooka chifukwa cha ukalamba, ndipo sanali kuona”. Choyamba, timaona kuti ukalamba umasintha mphamvu zakuthupi za munthu. Pankhani ya Yakobo, maso ake anazimiririka. Mwa zina, thanzi ndi mphamvu za thupi zimachepa ndipo zimayambitsa zovuta zosiyansiyana. Pali okalamba omwe amavutika ndi vuto la kuyenda, kupweteka kwa thupi, kugona kapena kudzikongoletsa, matenda amkati, ndi zina zotero.

M"mbali inanso, okalamba kawirikawiri amafuna kugawana nthawi ndi chikondi chawo ndi achibale awo ndi mabwenzi. Kukhala ogwirizana m'malingaliro ndi mwakuthupi ndikofunikira kwambiri kwa anthu okalamba.

Mwa kudziwa masinthidwe otchulidwa pamwambapa, munthu angamvetse bwino agogo amene Mulungu wawaika m“moyo wa munthu, ndi kupeŵa kugwera m“cholakwa cha kuwadzudzula, kuwazunza kapena kusawaganizira. M“malo mwake, monga mmene banja la Yakobo linam“thandizira, achichepere ayenera kuchirikiza agogo athu m“mavuto awo ndi kuwalimbikitsa m“mavuto awo.

## 2. Kulemekeza Agogo Athu

M“mavesi 12 ndi 13 a ndime imodzimodziyo ( Genesis 48 ), chochitika china chodabwitsa cha m“nkhani ya banja limeneli chikusonyezedwa pamene Yosefe akusonyeza ulemu wapadera kwa atate wake amene anali atakalamba kale. M“Baibulo anthu achikulire, kuphatikizapo Yakobo wa m“mutu umene tatchulawu, ali ndi malo aulemu. Ndikofunikira kugwira ntchito mwadala koteru kuti mkhalidwe wa munthu kwa agogo ake ndi anthu ena okalamba ukhale chisonyezero chowona cha kuyamikira, ulemu weniweni, ndi ulemu wa kukhala makolo a amene anampatsa moyo wakuthupi.

Kupyolera m“ndime imeneyi, Mulungu akuvumbula za mtengo ndi ulemu zimene okalamba ayenera kukhala nazo m“banja ndi kunja kwa banja.

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## 3. Malangizo a Agogo

Yakobo analankhula ndi kulangiza zidzukulu zake za Yehova ndi ntchito zake ( Genesis 48:1516 ). M“chiganizo chomaliza Yakobo anadalitsa zidzukulu zake, kupempha Mulungu kuti awapatse tsogolo labwino ndi losangalatsa.

Chinsinsi cha kupambana mu experiençin g dalitso la uphungu wa munthu wokalamba ndilo kalandira malangizo ndi mtima womasuka ndi wodzichepetsa. Ndikofunikira kukhala ndi nthawi yocheza ndi munthuyo ndikumvetsera mosamala nkhani ndi malangizo omwe munthuyo angapereke. Mulungu ndi wabwino kwambiri ndi wachikondi kwa zolengedwa zake zonse, mosasamala kanthu za kukula kwake. Momwemonso, Mulungu amaitana achinyamata kuti azikonda mnansi waho monga adzikonda okha ( Yakobo 2:8 ), ndipo ndithudi, anansi awo. kuphatikizapo agogo. Musaphonye madalitso aakulu amene Mulungu ali nawo kudzera m“ziphunzitso za agogo!

## Ndemanga / Kugwiritsa Ntchito:

Funsani ophunzira anu kuti afotokoze njira zina zomwe angagwiritsire ntchito phunziro la lero.

Njira Zoperekera Ulemu	Njira Zophunzirira
Osalankhula motsutsa za agogo anga kwa anthu ena	Muzipeza nthawi yocheza ndi agogo anga, n“kumaphunzira nawo mmene angachitire zinthu
Atchule agogo ndi mayina aulemu ndi mawu	Mvetserani mosamala ndi mwaulemu akamandipatsa malangizo
Ndi zina zotero.	Ndi zina zotero.

## Chovuta:

Kodi muli ndi munthu wachikulire amene ali mbali ya moyo wanu? Ndikukulimbikitsani kuti muyesetse sabata ino kuti mukhale ndi nthawi yapadera ndi agogo anu kapena agogo anu. Ngati amakhala kutali, aimbireni kapena kucheza nawo pavidiyo kwakanthawi. Ngati salinso ndi moyo, pemphani munthu wina wachikulire mu mpingo wanu kuti mudye khofi kapena mukacheze nawo kunyumba kwavo.

**Cholina:** Kuti ophunzira aziyamikira udindo womwe amayi amakhala nawo m'mabanja.

**Vesi loloweza pamtima:** "Chilango sichimveka chokondweretsa, koma chowawa; Pambuyo pake, komabe chimapatsira zipatso za chilungamo ndi mtendere kwa iwo ozoloweretsedwa nacho." Ahebri 12:11

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Funsani ophunzira anu kuti alembe mawu omwe amawagwiritsa ntchito akamalankhula ndi amayi awo ("amayi", "amayi", "amayi", "bwana", "maya", dzina lawo, ndi zina zotero. mawu ophatikizika/zododometsa ndi mawu omwe amagwiritsa ntchito, pogwiritsa ntchito mawu ofotokozeramayi awo.
- Pamene mukumaliza, akumbutseni ophunzira anu kuti m"moyo uno ambiri a ife tidzakhala ndi mayi mmodzi yekha, ndipo kuti ngati ali moyo, tiyenera kumulemekeza tsopano, ndipo tisadikire mpaka kuchedwa.

### Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Funsani wophunzira aliyense kuti alembe dzina la mayi wochezeka m"Baibulo (Hagara - mayi ake a Ismayeli; Yokebedi - mayi ake a Mose; Naomi - apongozi ake a Rute; Mariya - mayi ake a Yesu; Elizabeti - mayi ake a Yohane M'baleyu. Baptisti, Yunike - amayi ake a Timoteo, ndi zina zotero) ndi zomwe moyo wake wawaphunzitsa.
- **Pomaliza,** akumbutseni ophunzira anu kuti Baibulo limatipatsa zitsanzo zambiri za akazi amene sanasankhe kukhala amayi okha, koma amene anachita bwino kwambiri udindo wawo monga amayi.

**M**"madera ambiri adziko lapansi, nkhani yochotsa mimba yakhala pagome kuti anthu akambilane mfundo zake. Maphwando akumanzere, makamaka, aperekalingaliro lakuti "akazi ndi omwe ayenera kusankha kukhala amayi kapena ayi," chifukwa ndi okhawo omwe ali ndi ufulu ku thupi lawo ndi zomwe amanyamula mkatı mwake.

Zoonadi izi ndi zotsutsana ndi Akhristu! Koma, kuwonjezera pa izo, n"zochititsa chidwi kuona kuti akazi ambiri, ngakhale kuti m"mayiko ambiri kuletsa kuchotsa mimba kwavomerezewa kale ndipo ana osabadwa amangoonedwa ngati vuto, akupitiriza kusankha kukhala amayi.

#### 1. Perekani Kufunika Kwambiri Kwa Amayi

Tisanakambilane zimene Baibulo limanena zokhudza amayi, m"pofunika kuganizira zinthu zingapo zimene akazi amene asankha kukhala amayi amakumana nazo:

- Ndiwo amene Mulungu wawalola kutulutsa „„nyumba““ m"mene mluza udzakula kukhala munthu.
- Ndi iwo amene ayenera kudzisamalira nthawi zonse ndi masewera olimbitsa thupi, komanso zakudya zopatsa thanzi.
- Mimba imatha kuyambitsa matenda (kwa iwo ndi ana awo) ngakhale imfa ya mwana.
- Amavutika ndi zowawa za pobereka ... Kuti atipatse lingaliro, ululu waukulwomwe abambo ndi amai omwe si amayi amatha kukhala nawo ndi kupweteka kwa dzino. Koma zowawa za pobereka ndi zazikulu kuŵirikiza mazana atatu kuposa pamene!
- Ndiwo amene ayenera kuperekachisamaliro choyamba ndi chakudya kwa mwanayo (monga mkaka wa m"mawere)

Ganizirani za amayi anu: Ambiri amakhala ndi moyo wabwinopo kusiyana ndi amayi awo pamene anali ana chifukwa chakuti amayi amafuna kupatsa ana awo zimene analibe.

## **2. Lemekeza Amayi Ako**

Pamene Mulungu anapatsa Mose malamulo 10, anaphatikizapo limodzi limene lili ndi lonjezo; ndilo lamulo loyamba lokhalā ndi lonjezano lakukhala ndi moyo zaka zambiri padziko lapansi:

„Lemekeza atate wako ndi AMAYI ANU...” ( Eksodo 20:12 ). Lamulo silikunena kuti: “Lemekeza makolo ako”, koma limanena momveka bwino kuti munthu ayenera kulemekeza atate (wamwamuna) ndi mayi (wamkazi). Chotero ili nkhani ya kukonda Atate ndi kukonda Amayi; kuwamvera ndi kuwalemekeza nthawi zonse. Mawu amene anawamasulira kuti “ulemu” ali ndi matanthauzo osachepera awiri:

### **A. Kutanthauza kulankhula bwino za munthu.**

Baibulo limanena kuti ndi udindo wa munthu kulankhula zabwino za amayi ake. N“zoona kuti anafunikira kuphunzitsa mmodzi ndipo nthaŵi zina sanali kuchita bwino koposa, koma ntchito ya munthu ndiyo kulankhula zabwino za iye. N“kutheka kuti alibe maphunziro apamwamba kapena madigiri a kuyunivesite aakulu, komabe si ntchito ya munthu kumuweruza koma kumulankhula zabwino.

### **B. Amatanthauza kulankhula mwaulemu kwa munthu.**

Baibulo limatiyu ndi mneni (“ulemu”) kuti sikokwanira kulankhula zabwino za iye, koma kulankhula naye ndi mtima wonse l ulemu zotheka.

## **3. Mphotho: Moyo Wautali**

Pa Aefeso 6:2-3 Mulungu anapereka lonjezo kwa ana amene amalemekeza makolo awo: “...kuti kukukomereni, ndi kuti mukhale ndi moyo wautali padziko lapansi.

Chifuniro cha Mulungu pa moyo wa munthu ali wachichepere nchakuti munthu ayenera kuphunzira kulemekeza olamulira ndipo angachite zimenezo kokha ngati iye ayamba kulemekeza ndi kulemekeza amayi ake. Munthu adzakhala ndi moyo zaka zambiri chifukwa dzina lake lidzapitirizabe kuhala chikumbukiro chabwino pakati pa anthu amene ankamudziwa. Nthaŵi zambiri munthu amafunsa amayi ake asanamvere malangizo awo, ndipo nthaŵi zina malamulo apanyumba amaoneka ngati opanda chilungamo, koma Mawu a Mulungu amanena kuti kumvera n“koyenera. Kumvera kwa ana ndi chimodzi mwa zinthu zomwe makolo amafuna kwambiri. Mayi amafuna kuti banja lake liziyenda bwino, amayesetsa kusamalira achibale ake, makamaka ana ake.

Mwetulirani! Ngati munthu akwanirtsu udindo wa Mulungu, moyo wake udzakhala wamuyaya ndipo dzina lake lidzakumbukiridwa kwa mibadwo yambiri.

### **Ndemanga/Magwiritsidwe:**

Funsani ophunzira anu kuyankha mafunso otsatirawa:

Malinga ndi kalasi lamakono, kodi matanthauzo awiri a “ulemu” nchiyani?

1. -----
2. ----- Ngati mukulemekeza amayi anu, zikomo! Mulungu adzakulipirani.

Koma ngati mukulephera munjira ziwirizi zomulemekeza, muwalemekeza bwanji amayi anu kuyambira lero?

1. -----
2. ----- Kambiranani ndi anzanu a m'kalasi momwe mungalemekezere amayi anu.

Lembani ndi kuloweza pa Eksodo 20:12 imene imatilimbikitsa kulemekeza amayi athu, mosasamala kanthu za amene ali.

(“Lemekeza atate wako ndi amako, kuti ukhale wautali m“dziko limene Yehova Mulungu wako akupatsa iwe”.)

### **Chovuta:**

Werengani Aheberi 12:11 ndipo ganizirani za nkhaniyi. Yang'anani moyo wanu ndi kuzindikira zolakwa zanu pamaso pa Mulungu, chifukwa ndi Iye amene ayenera kumvera poyamba.

**Cholina:** Kuti ophunzira adziwe zimene Mulungu amafuna kwa iwo pa udindo wawo m'banja.

**Vesi loloweza pamtima:** “Ana inu, mverani akukubalani m'zonse, pakuti ichi Ambuye akondwera nacho.” Akolose 3:20

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mapepala oyera odulidwa pakati; mapensulo ndi zomatira khoma tepi.
- **Malangizo:** Perekani pepala ndi pensulo kwa wophunzira aliyense. Kenako afunseni kuti alembe papepala mayankho awo a funso ili: Kodi Mulungu amafuna kuti ine ndizichita chiyani pa nkhanzi ya udindo wanga monga mwana m'banja langa? Auzeni kuti akhoza kuyankha mogwirizana ndi maganizo awo kapena mogwirizana ndi zimene Baibulo limanena ngati akudziwa mavesi amene akufotokoza nkhanziyo. Pamapeto pake, apempheni kuti afotokoze mayankho awo kwa ophunzira onse ndi kuwalimbikitsa kuti akambilane kwa kanthawi. Kenako yambani phunziro.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala oyera odulidwa pakati ndi mapensulo.
- **Malangizo:** Perekani pepala ndi pensulo kwa wophunzira aliyense. Kenako afunseni kuti alembe tanthauzo la mawu oti “mwana” m'mizere itatu kapena isanu. Kenako, sankhani ophunzira asanu kuti awerenge zomwe analembwa, kenaka kambiranani ndi ophunzira anu onse kuti abwere ndi tanthauzo limodzi la liwu lakuti “mwana”.

**K**umbukirani kuti achinyamata ali ndi maganizo osiyana ndi makolo awo chifukwa cha kukhwima kwawo. Choncho, m'pofunika kuti azidziwika kuti ndi ana.

Mwachitsanzo pouza ophunzira kuti afotokoze mawu omwe angafune kuti makolo awo agwiritse ntchito pofotokozeria mlendo. Gwiritsani ntchito mayankhowo mu phunziro lonse kuti ophunzira azindikire kuti kuti alandire mawu omwe akufuna kuchokera kwa makolo awo, pali zinthu zina zomwe ayenera kuchita!

#### 1. Zina Za'wamba

Mosakayikira, buku la Miyambo ndi limodzi mwa mabuku abwino kwambiri amene wachinyamata angagwiritse ntchito pophunzira kukhala mwana wabwino. Ndi nzeru zonse zimene Solomo analandira kuchokera kwa Mulungu, iye anatha kusonkhanitsa uphungu ndi malangizo amene aliyense akanatha kuwatsatira, osati kokha kukhala mwana wamwamuna kapena wamkazi wabwino, komanso kukhala ndi moyo wanzeru tsiku lililonse.

Pa Marko 1:11 kuzindikira kopambana kumene tate angapereke kwa mwana wake kumapezedwa. Yesu anali kumvera ndi kulemekeza Atate wake m'zonse ndipo Mulungu, mofanana ndi atate wonyada, anafuna kuti aliyense adziwe kuti iye anali kukonda Mwana wake ndi kukondwera naye.

Mwina udindo wophunzitsidwa kwambiri wokhudza udindo wa mwana ndiwo kumvera makolo ake. Udindo umenewu, kuwonjezera pa kukhala lamulo lochokera kwa Mulungu, umalonjeza kubweretsa madalitso ochuluka kwa mwana amene waukwaniritsa. Koma kumvera sikophweka, makamaka m'nthaŵi yaunyamata pamene munthu amafuna kudziwitsa umunthu wake ndi kupeza mlingo wakutiwakuti wa kudziimira.

#### 2. Chitsanzo Chabwino Kwambiri

Lolani ophunzira kuti afotokoze mawu oti “kumvera.” Powerenga Baibulo, munthu angapeze mavesi angapo amene amalangiza munthu kumvera Mulungu, makolo ndi maulamuliro. Baibulo likamanena za kumvera, silipereka mpata woti munthu amene akumvera aganizire, kutanthauza kuti lamulo lake ndi lomveka bwino.

Kumvera kumatanthauza kusiya chifuno cha munthu wina kuti achite chifuniro cha wina. Izi, chifukwa cha chibadwa chaumunthu, chikhoza kukhala nkhani yovuta, ntchito yovuta kukwaniritsa; koma ndithudi sizingatheke.

Kumvera Yesu sikunali nkhani yapafupi ( Luka 22:42 ). Yesu anasankha kumvera, ndipo Atate wake sakanakhala wonyada kwambiri ndi Iye (Afilipi 2:9). Kuona kumvera kwa Ambuye wathu Yesu, yemwe ndi chitsanzo chathu, kungatithandize kumvetsa bwino mfundoyi. Kumvera, makamaka m'mikhaliidwe yovuta kumvetsa, kungakhale kovuta. Koma Yesu anasonyeza kuti zimenezi n'zotheka. Iye ndiye chitsanzo chathu chabwino koposa, chitsanzo chathu.

### **3. Kukondweretsa Mulungu kupyolera mu kumvera**

Auzeni ophunzira kuti alembe mndandanda wazomwe amavutikira kumvera. Kumvera, komwe kumangomvedwa ngati lamulo, kungawonjezere kusakonda kulitsatira. Pankhani imeneyi, lingalirani kuti ophunzira anu angakhale akukumana ndi mikhaliidwe m'mabanja mwawo imene imawavuta kumvetsa chifukwa chake afunikira kumvera makolo awo.

Kumvera makolo, osati udindo umene mwana aliyense ali nawo, kumabweretsa dalitso lalikulu. Kumvera sikungopangitsa makolo kuona kuti amalemekezedwa (ngakhale kuti izi ndi zofunika), komanso kudziwa kuti kumvera kwa munthu kumakondweretsa Mulungu (Akolose 3:20).

Mosasamala kanthu za mikhaliidwe ya moyo imene ophunzirawo amayang'anizana nayo, kuli kofunika kwa iwo kudziwa kuti kumvera kwawo sikumangowapangitsa kukhala "wowoneka bwino" kwa makolo awo; koma kumamanga unansi wabwinopo ndi Mulungu chifukwa Atate wawo wakumwamba adzakondwera nthawi zonse ndi kumvera kwawo.

### **4. Kukhala dalitso kwa makolo athu**

Aloleni ophunzira alembe zinthu zinayi zimene angachite kuti azinyadira makolo awo. Palibe chabwino padzikolapansi kuposa kudziwa kuti munthu ali pakati pa chifuniro cha Mulungu, kuti zomwe amachita zimamkondweretsa Iye.

Akhristu akuitanidwa kukhala kuunika ndi kuonetsa Khristu m'mbali zonse za moyo. Mfundo imeneyi ndi yofunika kwambiri, makamaka ngati munthu akukhala m'banja lomwe si lachikhrustu. Umboni monga ana omvera ukhoza kukhudza moyo wa makolo ake. Palibe mphatso yabwino kwa kholo kuposa kunyadira mwana wawo. Yesu anasiya chitsanzo chachikulu cha zimenezi chifukwa Atate wake anakondwera naye ( Luka 3:22 ). Pomvera ndi kulemekeza makolo, munthu samangokwaniritsa a lamulirani ndi kukondweretsa Yehova; wina adzalandiranso dalitso kwa makolo athu.

Makolo akamaona kumvera kwa ana awo, anganene monyadira kuti: "Uyu ndiye mwana wanga!" kapena "Uyo ndi mwana wanga wamkazi!" Pamene makolo ake sali achikhrustu, wina akhoza kukhala kuwala kumene kumawalitsa Khristu m'nyumba ndi kuthandiza makolo ndi/kapena ena onse a m'banjamo kubwera kwa Khristu.

Kumapeto kwa kalasi khalani ndi pemphero lodziperekwa kwa Mulungu momwe ophunzira amafotokozerachikhumbo chawo chokhala ana abwino ndikuperekwa umboni wa moyo wawo wachikhrustu kudzera mu khalidwe lawo lachitsanzo kunyumba. Perekani nthawi yoti ophunzira azipemphera payekha payekha. Kenako tsekani ndi pemphero.

### **Ndemanga/Magwiritsidwe:**

Pa Akolose 3:20 , Baibulo limalangiza ana kuti azimvera makolo awo pa chilichonse. Afunseni ophunzirawo: Lembani mndandanda wa nthawi zimene kumvera makolo kumakhala kovuta kwambiri, lembani zinthu zinayi zimene angachite zimene zingasangalatse makolo awo ndi khalidwe lawo ndipo lembani Luka 3:22. ("...iwe ndiye Mwana wanga, amene ndimkonda; ndikondwera nawe").

### **Chovuta:**

Mutha kukumana ndi nthawi zomwe kumvera sikungakhale kosangalatsa kwa inu. Pa nthawi imeneyo, kumbukirani zotsatirazi:

Kwa Yesu, kumvera kunali kovuta koma chitsanzo chake chidzakuthandizani kukhala omvera ngakhale pamavuto. Kumvera si lamulo lokha, komanso njira yokondweretsa Mulungu. Kumvera kwanu ndi dalitso kwa makolo anu ndi njira yosonyezera kuti Khristu amakhala mwa inu.

**Cholina:** Kuti ophunzira akhulupirire kuti Mulungu anakonza zoti mwamuna ndi mkazi azikhala ndi mkazi mmodzi ndipo Yesu anatsimikiziranso zimenezi.

**Vesi loloweza pamtima:** “Chotero kuti salinso awiri, koma thupi limodzi. Chifukwa chake chimene Mulungu wachimanga pamodzi, munthu asachilekanitse.” Mateyu 19:6

### Ntchito Yoyambira (zaka 12 - 17)

- **Malangizo:** Nenani chitsanzo ichi: “Tayerekezani kuti mnzanu wakulola kupita nanu Loweruka kuti muyende nanu m’malo ogulitsira. Koma kenako amakuuzani kuti sangapite nanu chifukwa makolo ake salola. Waganiza zopitabe ndi makolo aka, ndipo uli komweko, umangoona nzakoyo ali ndi anzako ena”.

Pambuyo pofotokoza zimene zili pamwambazi, funsani ophunzira kuti: “Kodi mukuganiza kuti mungamve bwanji ngati zimenezi zitakuchitikirani? Kodi mukanatani ndipo mukanati chiyani? Kodi mungatchule chiyani/mulembe zomwe mnzakoyo wachita?” Lolani ophunzira kuti afotokoze mayankho awo kwa mphindi zochepa.

### Ntchito Yoyambira (zaka 18 - 23)

- **Malangizo:** Gawani kalasi mumagulu awiri. Kenako sonyezani m’modzi waiwo kuti akukonda kuhala ndi mkazi mmodzi; pamene winayo adzakhala wotsutsa izo. Gulu lirilonse lipereke mfundo zitatu kuti zitsimikizire momwe zilili. Perekani mphindi zochepa kuti mamembala a gulu lirilonse akambilane ndikuvomereza mfundo zawo. Kenako gulu lirilonse lipereke mfundo zawo. Limbiksani kukambilana kwa mphindi zisanu.

**A**nalenga anthu, mwamuna ndi mkazi, m’chifanizo chake ndi m’chifaniziro chake (Genesis 1:27). Anawadalitsa ndi kuwapanga kuhala adindo a chilengedwe Chake (Genesis 1:28). Baibulo limasonyeza kuti Mulungu ankaona kuti zimene analengazo zinali “zabwino ndithu” ( Genesis 1:31 ). Mu chaputala 2 cha Genesis, kulengedwa kwa munthu ndi

Chosankha cha Mulungu chomupanga mkazi mmodzi kuhala naye chafotokozedwa.

Komabe, cholinga cha Mulungu ichi chinaonongeka ndi kulowa kwa uchimo m’dziko lapansi, ndipo kuyambira pamene, anthu ndi chikhalidwe chadzitengera okha kupangitsa anthu kukhulupirira kuti n’koyenera kuhala ndi akazi oposera m’modzi kapena mwamuna ndi/kapena kuhala wosakhulupirika kwa mkazi kapena mwamuna wako.

Mulungu amadziwa zomwe zili zabwino kwa anthu ndipo pachifukwa ichi, adayambitsa ukwati wa mkazi mmodzi ndipo Ambuye Yesu adatsimikizira (Mateyu 19:4-6).

#### 1. Ntchito yabwino kwambiri kwa anthu

Makhazikitsidwe a ukwati wa mkazi mmodzi anachokera m’maganizo ndi mu mtima wa Mulungu pamene Iye anaona kuti mwamuna amene anamlengayo anafunikira bwenzi kuti pamodzi azitha kuyang’anira chilengedwe Chake ( Genesis 1:28-30; 2:22-24 ).

Chilengezo cha Mulungu pachiyambi ( Genesis 2:24 ), ndi cha Ambuye Yesu pambuyo pake ( Mateyu 19:5-6 ), chakuti mwamuna ndi mkazi anakhala thupi limodzi chikusonyeza kuti ukwati uyenera kuhala wa mwamuna mmodzi. Izi zikutanthauza kuti mgwirizano waukwati uyenera kuhala wa anthu awiri osiyana, palibe mpata woti mkazi kapena mwamuna wina akhale nawo kapena kusokoneza mgwirizano waukwatiwo.

#### 2. Yesu anatsimikizira kuhala ndi mkazi mmodzi

##### A. Ogwirizana mpaka kalekale?

M'Chipangano Chatsopano, Yesu Kristu anamasulira chikhumbo cha Mulungu chakuti mwamuna ndi mkazi muukwati akhale thupi limodzi koteru kuti palibe ameneakanalilekanitsa popanda kuliwononga, popanda kuthetsa kukhalapo kwake monga ukwati ndiponso popanda kuvulaza okondedwa ( Mateyu 19:1 ) -11). Yehova anamaliza kuti: "Mose anakulolani kusudzula akazi anu chifukwa chakuti mitima yanu inali yowuma. Koma sizinali choncho kuyambira pachiyambi. ( Mateyu 19:8 )

### **B. Mtima wouma**

M'Chipangano Chakale mwamuna wokhala ndi mkazi mmodzi anasiya kukhala chizolowezi chofala kale kwambiri m'mbiri ya anthu. Pakati pawo Lameke ( Genesis 4:19 ), mbadwa ya Kaini, amene anadzitengera akazi oposa mmodzi. Kuyambira pamenepe, uchimo unapitiriza kuumitsa mitima ya anthu. Motero, amuna ambiri olemekezeka anali ndi akazi oposa mmodzi: Abrahamu ( Genesis 16:1-4 ), Esau ( Genesis 26:34-35, 28:9 ), Yakobo ( Genesis 29:15-28, 30:1-13 ) Chifukwa cha zimenezi, amuna ambiri otchuka anali ndi akazi oposa mmodzi. Gideoni ( Oweruza 8:30 ) Davide ( 2 Samueli 3:2-5, 12:8, 15:16 ) ndi Solomo ( 1 Mafumu 11:1-3 ).

Anthu ankakonda kutsatira zofuna zawo m'malo momvera Mulungu (Levitiko 20:10-21, Deuteronomo 22:22-29), amenenso analankhula nawo kudzera mwa aneneri, kuwadziwitsa kuti amatsutsa kusakhulupirika kwavo, chifukwa kumatsutsana ndi malamulo ake. dongosolo loyambirira: kukhala ndi mwamuna mmodzi ( Yeremiya 3:1, Mika 2:9, Malaki 2:14-16 ).

### **3. Chitsanzo cha kukhulupirika**

Buku la Hoseya ndi bukhu la kukhulupirika kwa Mulungu kwa Israeli ngakhale anali osakhulupirika kwa Iye. Mulungu anasankha Hoseya kuti asonyeze mtundu wa Israeli mmene iwo unalili wosakhulupirika kwa iye. Anatumiza mneneri wake Hoseya kuti akwatire mkazi amene sadzakhala wokhulupirika kwa iye mosasamala kanthu za chikondi chake pa mkaziyo, chifukwa ichi ndi chimene Israyeli anali nacho.

Hoseya ankakonda kwambiri mkazi wake ndipo atamusiya n'kupita kwa amuna ena n'kumugulitsa kuukapolo, iye anapita n'kumugulanso. Ndipo izi ndi zimene Mulungu anachitira mtundu wa anthu kudzera mwa Yesu Khristu, anagula anthu ndi magazi a Yesu. Pa Hoseya 14:4-9 , Mulungu akuitana anthu ake kuti abwerere kwa Iye ndikulonjeza kuti adzawasamalira ndi kuwachiritsa, monga momwe akupitiriza kuitana anthu kuti abwerere kwa Iye lero.

### **4. Kukhala ndi mwamuna mmodzi mozikidwa pa kukhulupirira ndi chikhulupiriro mwa Mulungu**

Kukwatiwa ndi mwamuna mmodzi ndi chionetsero cha chikhulupiriro chakuti popeza Mulungu amafuna kuti munthu akhale ndi moyo wokhulupilika ndi wa mkazi mmodzi, adzatsagananso ndi kukwanilitsidwa kwa malumbiro amene mwamuna ndi mkazi wake anapanga pamsaso pa Mulungu ndi gulu la cikhulupiriro. Kukhala ndi mwamuna mmodzi ndi kukhulupirira kuti Mulungu adzakhala ndi banja kuti akule pamodzi.

Mu maubwenzi onse a anthu, anthu amalonjeza zinazake. Ndipo munthu akamakwaniritsa, samangokhutitsidwa komanso amakula ngati munthu.

### **Ndemanga/Magwiritsidwe:**

Agaweni kalasi mumagulu anayi; ndipo ngati ali ochepe, awiriawiri. Perekani gulu lirilonse mafunso atatu kuti ayankhe. Kenako khalani ndi nthawi yoti agawane mayankho awo ndi kalasi lonse.

Kodi kukhulupirika munganthauze bwanji? Ndi maubwenzi otani ayenera kuchitidwa? Kodi munthu mmodzi angasonyeze bwanji kuti ali ndi malo apadera pamoyo wake? Kodi mungasonyeze bwanji ulemu muubwenzi? Chimachitika ndi chiyani ngati palibe ulemu pakati pa awiriwo? Kodi mumatani kuti mukhale oona mtima?

### **Chovuta:**

Sankhani chimodzi mwazinthu zisanu zomwe zimathandizira kukhala ndi banja limodzi ndipo ganizani kuti muzichita mosamala sabata ino. Lamlungu lotsatira, gawanani ndi ophunzira momwe kuhazikitsidwa kwa mtengowu kudayendera. Komanso, pangani chojambula cha nyuzipepala chomwe chimasonyeza mfundo zomwe zimathandizira kukhala ndi mwamuna mmodzi. Kenako muziika pamalo oonekera mu mpingo kuti anthu okhulupirika aziona.

**Cholina:** Kuti achinyamata adziwe momwe angathandizire kuti banja likhale logwirizana.

**Vesi loloweza pamtima:** “Yesetsani kusunga umodzi wa Mzimu mwa chomangira cha mtendere”

Aefeso 4:3

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mapepala (akhoza kukhala mapepala akale omwe amalembewa kapena kusindikizidwa kuti agwiritse ntchito popanga mabwato kapena ndege.
- **Malangizo:** Ikani mapepala patebulo ndipo munthu aliyense apange mabwato a mapepala kapena ndege zambiri momwe angathere mumphindi imodzi. Pamapeto pa nthawi, vomerezani wopambana. Kenako pangani magulu atatu kapena anayi ndikupereka malangizo omwewo. Kumbukirani kuzindikira gulu lomwe lapambana.

Ndiyeno auzeni ophunzirawo kuti mabanja amakhala ndi zotulukapo zabwinopo akamagwirira ntchito pamodzi. Ngati anthu a m'banjamo afunafuna ubwino wa iwo eni osati wa ena, kapena ngati ayesa kuchita chimene chili chopepuka kwa iwo, chinthu chokha chimene angachipeze ndicho kuwonongedwa kwa banjalo.

### Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Ulusi wambiri (ukhoza kukhala ulusi wosokera).
- **Malangizo:** Gawani ophunzira anu awiriawiri ndipo afunseni kuti amange manja awo pamodzi ndi chingwe chimodzi cha ulusi. Kenako alangizeni kuti asiye. Tsopano alangize kuti achitenso, koma nthawi ino gwiritsani ntchito zingwe ziwiri; ndiyeno ayesetsenso kumasuka. Bwerezani ntchitoyo kuwonjezera ulusi umodzi nthawi iliyonse mpaka ulusiwo sungathe kuudula.

Mukamaliza ntchitoyi, afunseni ophunzira zomwe akuganiza pa ntchitoyi. Kenako atsogolereni kuti aganizire za banjalo ndi momwe ntchitoyi ikugwirira ntchito pabanjapo.

#### 1. Kufunika kwa banja

Achinyamata ayenera kukumbukira nthawi zonse kufunika kwa Mulungu m'banja kuti aziona kuti ndi yofunika kwambiri. Anthu amasiku ano akuchotsa phindu ndi kufunika kwake komwe ali nako. Nthawi za banja zimasinthidwa ndi zochitika zina, ndipo achinyamata, pofuna kukhala ndi chikhaliwe cha anthu, amalola kuti akhudzidwe ndi malingalirowa ndikuwatsata.

Agaweni achinyamata m'magulu ndipo perekani gulu lililonse kuti liphunzire limodzi la malemba a m'Baibulo otsatirawa onena za banja: Genesis 1:28, 2:24; Deuteronomo 6:7; Mateyu 1:24-25. Gulu lililonse liuze za kufunika kwa banja molingana ndi mavesi amene awerenga.

Pa Genesis 2:24, 1:28; Mulungu amakhazikitsa ndi kudalitsa ukwati. Ukwati ndi kumene banja limabadwira ndipo sichinthu chopangidwa ndi anthu, koma cholengedwa cha Mulungu. Ukwati ndi maziko a banja molingana ndi dongosolo la Mulungu.

Deuteronomo 6:7 akusonyeza chenicheni chakuti Mulungu amadziwa chisonkhezero chachikulu chimene banja liri nalo pa anthu ndi kuti chitaganya kapena midzi imachokera m'mabanja. Chotero, Iye analimbikitsa kuti m'nyumba iliyonse chilamulo Chake chipunzitsidwe mobwerezabwereza ndi kuphunzira mosalekeza, chifukwa iye anafuna anthu amene adzazindikira, kumukonda, kumlambira ndi kuchita bwino.

Mateyu 1:24-25 akusonyeza kuti Yesu iye mwini anabadvira m'banja lopangidwa m'malo mowonekera padziko lapansi m'njira zodabwitsa. Choncho, m'pomveka kudzifunsa kuti: N'chifukwa chiyani anachita zimenezi? ... Ndipo yankho ndilo

chifukwa chakuti Mulungu amazindikira kufunika kwa munthu aliyense kukhala mbali ya banja ndi kuti banja ndilo chida cholowetsa anthu m'chitaganya.

## 2. Dziperekeni kwa Mulungu

Mwa kugonjera ku chifuniro cha Mulungu, wachichepere adzapeza kukhala kosavuta kuchita m'njira imene imathandiza kusunga chigwirizano ndi mtendere m'nyumba (Afilipi 2:13). Wachichepere amene amafunafuna Mulungu adzakhala ndi chithandizo cha Mulungu kupewa kutengeka ndi zilakolako zopanduka ndi zokwiya zimene zimachitika paunyamata ndi kubweretsa magawano ndi mikangano m'nyumba. Mulungu yekha angapereke kudziletsa kofunikira (Agalatiya 5:23; 2 Timoteo 1:7). Limodzi mwa malamulo akuluakulu likupezeka pa Mateyu 22:37. Wachichepere akatengera lamulo limeneli ndi kuligwiritsa ntchito, chirichonse chimene Mulungu amawapempha kuchita chidzakhala chosavuta kukwaniritsa. Ndipo mwa zina zonse zimene Mulungu walamula, ndi udindo wa ana kugonjera makolo awo.

## 3. Muzimvera Makolo

Aefeso 6:1-3 amafotokoza udindo wa mwana m'nyumba. Apa ndi pamene achinyamata amakhala ndi zovuta zambiri chifukwa chofunitsitsa kuchita chilichonse mwa njira yawoyawo komanso kukhala omasuka, amakonda kuswa lamuloli popandukira makolo awo. Potsatira lamulo ili lopezeka pa Aefeso 6, wachinyamata samangobweretsa umodzi ndi mtendere panyumba, komanso amabweretsa madalitso m'moyo wake. Njira inanso yothandizira ku umodzi wabanja ndiyo kuupempherera.

M'Baibulo muli zitsanzo za mabanja amene anasungidwa pamodzi ndi mkhaldwe wolondola wa mmodzi wa mamembala awo ndiponzo mabanja amene anagawanika chifukwa cha kaduka, kudzikonda kapena kusakhululuka.

Eksodo 2:1-9: Mlongo wake wa Mose anachita zonse zimene akanatha kuti banja lake likhale logwirizana. Pamene mfumukazi ya ku Igupto inamulamula kuti abweretse namwino wa mwanayo, iye sanachedwe kuyitana amayi ake kuti asamalire mwana wake.

Genesis 7:7: Ana a Nowa sanadandaule kapena kutsutsa zoti sakukhala kumalo kumene anabadwira. Iwo anangomvera atate wawo Nowa ndi kusiya chirichonse. Kumvera kwavo kunathandiza kuti banja likhale logwirizana komanso logwirizana.

Genesis 4:1-11: Kaini sanali chitsanzo chabwino cha mwana/m'bale amene ankafuna mgwirizano m'banja lake; m'malo mwake, adaugawa mwakupha mbale wake.

Genesis 37:13-28: Abale ake a Yosefe ananyamula katundu d ndi kaduka ndipo motero anabweretsa chisoni ndi magawano ku banja lawo.

Pomaliza, tisaiwale kuti kukhululukirana n'kumene kungatithandize kwambiri kuti tikhale ogwirizana ndi banja lathu. Mosasamala kanthu za banja limene larera ndi kusonkhezera mmodzi, munthu sayenera kukhala ndi chakukhosu kwa wachibale aliyense. Kumbukirani kuti Khristu anatikhululukira. Kusunga chakukhosu kumangobweretsa ululu. Nthawi zonse funani mgwirizano ndi mgwirizano m'nyumba.

## Ndemanga/Magwiritsidwe:

Perekani nthawi yoti ophunzira ayankhe mafunso otsatirawa:

Kodi lemba la Genesis 1:28 ndi 2:24 limati chiyani pa nkhanu ya banja? Kodi mungathandize bwanji kuti banja lanu likhale logwirizana? Kodi lemba la Aefeso 6:1-3 limati chiyani pa nkhanu ya banja? (Mulungu akupereka lonjezo lakuti ngati anawo agonjera makolo awo, kotero kuti zinthu zidzawayendera bwino ndi kukhala ndi moyo wautali pa Dziko Lapansi.) Kodi ndi malamulo awiri aakulu ati amene ali pa Mateyu 22:37-39? Malinga ndi Yakobo 5:16, kodi tingatani kuti tizigwirizananso m'banja? (Popempherera achibale athu.)

## Chovuta:

Kodi maganizo anu ndi otani pa banja lanu mpaka pano? Kodi mukuganiza kuti mwachita zonse zomwe mungathe kuti musunge zomangira za chikondi ndi umodzi mkatyi mwake kapena mukungotengeka ndi zilakolako zanu zadyera? Ndikukulimbikitsani kufunafuna Mulungu kotero kuti ndi chithandizo chake, mukhoze kukhala m'ndandanda wa anthu amene athandizira ku umodzi wa banja lawo ndi mkhaldwe wolondola.

**Cholina:** Kuti achinyamata alemekaze udindo umene makolo amakhala nawo m'banja.

**Vesi loloweza pamtima:** "Wolungama amakhala ndi moyo wangwiyo; odala ana awo pambuyo pawo." Miyambo 20:7

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Bolodi ndi choko kapena zofanana.
- **Malangizo:** Funsani ophunzira anu kuti abwere ku bolodi ndi kulemba kufotokozerza za kholo lawo loyenera. Kenako funsani (osati kuyembekezera kuyankha kwa anthu, kungoganizira za iwo eni) ngati makolo awo atsatira malingaliro amenewo.

### Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Mapensulo ndi mapepala opanda kanthu.
- **Malangizo:** Funsani ophunzira anu kuti agawe mapepalawo pawiri ndipo mbali imodzi alembe ubale wabwino umene uyenera kukhalapo pakati pa makolo ndi ana, ndipo mbali inayo alembe mndandanda wa zinthu zimene zingawononge mgwirizano wa banja. Kenako, pongoganizira za iwo eni, afunsemi momwe ubale wawo ulili mnyumba mwawo ndipo ngati zowopsezazo zikuwononga nyumba yawo, akuwononganso mpingo wa Khristu.

**I**ye Mawu a Mulungu amatiuza kuti: "Ananu, mverani akukubalani mwa Ambuye ..." ( Aefeso 6:1-4 ). Ndipo kwa ife owerenga Baibulo m'zaka za zana lino, zikuwoneka ngati nkhanzi yaikulu: Kumvera? N'chifukwa chiyani tiyenera kumvera?

Koma tiyeni tione nkhanzi imene Paulo analemba. Akristu oyambirira anakhala pansi pa Ufumu wa Roma; chimene chinali mwambo ku Roma chinali chakuti atate anali ndi mphamvu zotheratu pa ana ake onse. Iye anali ndi kuyenera kwa kuwalanga monga momwe mkwiyo wake unaloledwera, popanda aliyense wokhoza kuchita chirichonse kuletsa zimenezo. Anawo anali zidutswa zina za chuma chake. Bamboyo akanatha kugulitsa ana ake monga akapolo ngati ankaona kuti ndi okwera mtengo kwambiri, kapena kuti n'ngopanda phindu kwa iye, kapena pa zifukwa zina, akhoza kuwapha. Mphamvu imeneyi ya atate pa ana ake inatenga moyo wonse. Moyo wa mwanayo unali wamtengo wapatali, monga kalata ya 1 BC, yolembedwa ndi msilikali wachiroma dzina lake Hilary, wa ku Alexandria, Egypt, kwa mkazi wake Alisakuwulula. M'kalatayo anamulamula kuti akabala mwana wamwamuna, amusiye kukhala ndi moyo, koma ngati ndi mtsikana, amuchotseretu.

Kusya ana kuti adzisamalire kunali mwambo wamasiku amenewo.

#### 1. Phindu limene Mau a Mulungu amatipatsa

Zimene Paulo anachita zinali kulemekeza malo a ana m'nyumba za mpingo wachikristu (ndi kutsimikizira zimene Yesu Kristu anachita pa Mateyu 19:14, pamene anapempha ophunzira kuti aole ana kuti abwere kwa Iye). Ndipo cholinga chake chinali pa ubale wa m'nyumba momwe muli chikondi chenicheni, chomwe chiri maziko a maubwenzi onse, kumene aliyense ali ndi udindo wocheza nawo ngakhale wauzimu.

Panthawîyo dziko silinkaona ana kukhala ofunika, koma mtumwi Paulo anatsimikizira kuti mwana aliyense ndi wofunika kwambiri, komanso anafotokoza mosamalitsa udindo wa makolo ndi ana, ndipo zimenezi zinathandiza kwambiri.

Paulo analimbikitsa ana kuti azimvera makolo awo. Mnemi amene kaŵirikawiri amatembuzidwa kuti "mvera" ( hupakouo ) ndi mawu apawiri ozikidwa pa liwu lakuti "mvetserani" (akouo); chifukwa chake lili ndi maziko ake lingaliro la "kumvera" kapena "tcheru" ndipo chifukwa chake "mvera". Kusamvera kwakukulu kumabuka pamene ana akukana kumvera malangizo opatsidwa kwa iwo, limodzinso ndi zifukwa za malangizowo.

#### 2. Chenjerani ndi chiweruzo chathu!

Pamene munthu ali wamng'ono ndipo alibe chidziŵitso cha kukhala kholo, kaŵirikawiri amaweruza moipitsitsa zimene makolo ake amachita kapena osachita panyumba. Koma zoona zake n'zakuti makolo a munthu anayenera kuphunzira kukhala makolo. Makolo alibe mwayi wopeza kabuku komwe angapeze mayankho ku vuto lililonse lomwe amakumana nalo monga makolo. Nthaŵi zambiri, atate sakhala ndi chisonkhezero chachikulu pabanja popeza mwamwambo ndi amene amachoka panyumba kukagwira ntchito.

ndi kubweretsa chakudya kunyumba. Nthawi zambiri atate amakhala ngati munthu wodalirika amene amalanga wina pamene sachita zinthu molondola. Nthawi zambiri bambo akafuna kuti tichite zinthu zimene wina sakufuna, amafunsa kuti "chifukwa chiyan?" ndipo yankho nthawi zambiri limalavulidwa "Chifukwa ndine bambo ako." Izi sizithandiza kumanga ubale wabwino.

Makolo akuwoneka kuti akudziwa zonse ndipo izi siziyanera kuopseza munthu. Izi ndichifukwa choti ali ndi chidziwitso chochulukirapo ndipo akugwiritsa ntchito zomwe adakumana nazo kuti ateteze. Amafuna kuteteza wina ku zokhumudwitsa (kusukulu, m'chikondi, m'moyo). Zokumana nazo zawapatsa nzeru koma sizimatsimikizira kuchitiridwa bwino kapena kuthetsa umunthu wawo, nchifukwa chake nthawi zambiri amapitirizabe kulakwa. Mtumwi Paulo iye mwiniyo, mouziridwa ndi mzimu wa Mulungu, analemba kuti: "Atate inu, musamakwiyitse ana anu, kuti angataye mtima." ( Akolose 3:21 ) Inde, Yehova anachititsa kuti anthu asamakhumudwe.

Makolo ambiri amafuna kuti ana awo akhale abwino kuposa momwe iwo analiri, kupita patsogolo, kukwaniritsa zipambano zambiri, ndi zina zotero! Makolo nthawi zambiri amafotokozena ana awo zokhumba zavo ndi zomwe sanakwaniritse. Nthawi zambiri zilakolako zimenezi zimaoneka ngati "zoumirizidwa" ndi makolo kwa ana awo. Zimenezi n'zoopsa chifukwa ana sadzakhala ndi zolina zofanana ndi za makolo awo. Munthu ayenera kufunafuna chifuniro cha Mulungu pa moyo wake ndi kuyesetsa ndi chikondi ndi kupirira.

### 3. Mverani Yehova

M'kalata yake yopita kwa Akolose, Paulo anasonyeza kusintha kwa moyo watsopano e mwa Khristu mogwirizana ndi anthu komanso makamaka mu ubale wabanja. Kwa atate, makamaka, iye analankhula za kuchitira mkazi wake ndi ana; ubale uwu uyenera kuhala chionetsero cha ubale wa Khristu ndi mpingo.

Kuchokera ku Chipangano Chakale Ayuda ankadziwa lamulo loti "Lemekeza atate wako ndi amako" lomwe ndi lamulo loyamba lomwe lili ndi lonjezano: "... kuti akhale ndi moyo wautali..." ( Eksodo 20:12, Aefeso 6:2 ). Komabe, n'kovuta kuti ana akwaniritse lamulo limeneli chifukwa pali makolo ena amene amavuta kuwalemekeza. Dziwani kuti zovuta sizitanthauza zosatheka chifukwa Mulungu sadzafuna kwa munthu zomwe Mulungu sanamupatse mphamvu kuti achite. Chotero n'zotheka kulemekeza makolo ake mosasamala kanthu za malingaliro ake oipa ponena za makolo ake.

Pa Aefeso 6:4 , Abambo akulangizidwa kuti asakwiyitse ana awo koma 'kuwalera m'maledredwe ndi chilangizo cha Ambuye. Ana akulamulidwa "kumvera akukubalani mwa Ambuye", kutanthauza kuti munthu ayenera kuwamvera ndi kuchita zimene wapempha podziwa kuti zimakondweretsa Mulungu.

Mvetserani ku Mawu. Mulungu amafuna kuhala paubwenzi ndi aliylene wa ana ake monga mmene alili ndi makolo awo. Ubale wa kholo ndi mwana uli ngati galasi lounikira ubale womwe munthu ayenera kuhala nawo ndi Mulungu. ubale wa kholo ndi mwana umaphunzitsa munthu kumvera Mulungu. Lemba la Miyambo 23:26 limati: "Mwananga, ndipatse mtima wako, ndipo maso ako akondwere ndi njira zanga." Ngati pali chikondi pakati pa makolo ndi mwana, nkwapafupi kutsatira malamulo a Mulungu, koma payenera kuhala kudzipereka kwa wina ndi mnzake kwa Mulungu.

"Lemekeza atate wako ndi amako..." Palibe chowiringula, ndi lamulo koteru munthu ayenera kufunafuna, mwa chifuniro cha Mulungu, kuti awalemekeze. Ndipo makolo ayenera kutsanzira atate wachikondi amene Yesu Kristu anam'tchula pa Luka 15:11-32 . Sizokhudza chikondi chomwetulira chozama koma chinthu chozama, monga cha Mulungu kwa anthu, chikondi chomwe chimafuna kuperekwa chikondi, chitetezo, chitetezo cha kukumbatirana, chitsogozo ndi chitsanzo zomwe ndizofunikira kwambiri.

Kupenda mosamalitsa nkhanu imene ili pamwambayi, kumasonyeza kuti ngakhale kuti mwana wamng'onoyo analingalira kuti anali ndi chifukwa chochoka, pamene anali kutali, chifukwa chobwerera chinali chachikulu: chikondi cha atate wake.

### Kubwerezza/Kugwiritsa Ntchito:

Funsani ophunzira anu kuti ayankhe zotsatirazi:

1. Kodi ubale wanu ndi makolo anu uli bwanji? (Ngati muli paubwenzi wabwino ndi iwo, mungakhale ndi nthawi yopemphera ndi kuthokoza Mulungu. Ngati sichoncho, ndi njira yabwino yotani yoyambitsira unansiwo kuposa kupembedzera inuyo ndi iwowo!)
2. Ngati ubwenzi wanu ndi makolo anu uli woipa, kodi mungatani kuti muwongolere? (Khalani nawo nthawi, pemphani chikhululuko, akhululukireni ndi kuwauza za chikondi cha Mulungu.)
3. Lembanu zimene mwaphunzira m'ndime ziwiri za m'Baibulo zotsatirazi pa ubale wanu ndi makolo anu: Miyambo 23:12-26; Yohane 15:1-17

**Chovuta:** Kumbukirani kuti Mulungu adzaweruza makolo ndi ana pa chilichonse chimene amachita, kunena, ndi kuganiza. Musaiwale kulemekeza makolo anu ndi moyo wanu sabata ino.

**Cholina:** Ophunzira adzaphunzira kuti Mawu a Mulungu ndiwo okhawo amene angawatsogolere kuti athe kulimbana ndi zosokoneza za dziko ndi kusunga unansi wawo ndi Mulungu.

**Vesi loloweza pamtima:** “Lemba lililonse adaliuzira Mulungu, ndipo lipindulitsa pa chipunzitso, chitsutsano, chikonzero, chilangizo cha m’chilungamo.” 2 Timoteo 3:16

## Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mabaibulo, makonkodensi a m’Baibulo (nthawi zina amapezeka kumbuyo kwa Mabaibulo), zolembera (cholembra, mapensulo, ndi zina zotero), zodula malupanga 2, nyundo ndi nyali ya thovu kapena makatoni.
- **Malangizo:** Gawani kalasi kuti azigwira ntchito m’magulu, kapena ngati alipo ochepta agwire ntchito payekha. Gawirani mawonekedwe aliwonse ndipo funsani ophunzira kuti ayang’ane vesi pamene Mawu a Mulungu akuyerekezedwa ndi chilichonse cha zinthu zomwe anapatsidwa. Vesi likapezeka, ayenera kulilemba pa chinthu chawo.

Funsani ophunzira anayi (m’modzi pa mawonekedwe aliwonse) awerenge mavesi awo ndikulingalira mwachidule tanthauzo la chizindikirocho. ( Mayankho: Lupanga ( Aefeso 6:17 ndi Ahebri 4:12 ), Nyundo ( Yeremiya 23:29 ) ndi Nyali ( Masalmo: 119:105 ) ).

## Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Baibulo, mapepala ndi mapensulo.
- **Malangizo:** Perekani mapepala ndi mapensulo kwa ophunzirawo ndipo alembe mavesi a m’Baibulo amene amawadziwa pamtima, ndipo lemerani mzere pansi mawu a lemba limene amalikonda kwambiri.

Anthu odzipereka ochepta amawerenga mindandanda yawo, ena amatha kubwerezza vesi lomwe amawakonda ndipo ena amafotokozena chifukwa chake vesi yomwe amawakonda ngati amawakonda.

Baibulo limadzitcha “Malemba Opatulika” ndi “Mawu a Mulungu”. Buku lochititsa chidwi limeneli “linauziridwa ndi Mulungu”; nzodzala ndi nzeru za moyo weniweni ndipo umavumbula chipulumutso kudzera mwa Yesu Kristu.

M’lingaliro limeneli, n’kofunika kwambiri kuphunzira Baibulo kuchokera paunyamata wathu. Ambiri akulira m’mabanja achikristu motero alandira chipunzitso cha m’Baibulo kuyambira ali ana. Zimenezi zimapanga maziko abwino a unansi waumwini ndi Mulungu.

**B**aibulo limaphunzitsa zonse zimene munthu ayenera kudziwa zokhudza Mulungu ndi cholinga chake. Zingathandizenso bwino munthu kuthana ndi vuto lililonse ndikukhala moyo wabwino. Baibulo tingaliyerekeze ndi mapu kapena GPS imene imatsogolera munthu kuti asasochere. Mawu a Mulungu ndi odabwitsa chotani nanga!

### 1. Baibulo: Chidziwitso Komanso Chikoka

Ndi chinthu china kuyamikira Baibulo chifukwa laphunzitsidwa kuyambira paubwana ndipo chinanso kukhutirtsidwa kuti ndi Mawu a Mulungu. Aliyense ayenera kutenga udindo wake mogwirizana ndi izo.

Ndime yophunzira ya phunziro ili ikutiphunzitsa za kufunika kwa Baibulo pa moyo wachikhristu. Izi zikupezeka pa 2 Timoteo 3:14-17 .

Timoteyo anali mnyamata woleredwa m’banja la okhulupirira ndipo anaphunzitsidwa malemba kuyambira ali mwana ( 2 Timoteo 1:5 ). Akuti mnyamata wachiyuda, monga Timoteo, anayamba kuphunzitsidwa Malemba kuyambira ali wamng’ono wa zaka zisanu. N’chifukwa chake Paulo anamuuza kuti ‘alimbikire’ kuphunzitsa

zinthu zimene anaphunzira kuyambira ali mwana. ( 2 Timoteo 3:14-15a ). Izi zikutanthauza kuti m'pofunika kulimbikira kutsatira mfundo za choonadi zimene munthu waphunzira m'Baibulo. Nayenso Timoteo anakumana ndi "chisonkhezero" chachikristu. Chotsatiracho chimapangidwa ndi Mawu a Mulungu kudzera mu nkhoswe ya Mzimu Woyeria, ndipo chimatsogolera ku kulapa ndi kubadwa mwatsopano. M'mavesi amene tawatchulawa, Paulo anauza Timoteyo kuti: ".....iwe udziwa iwo amene unaphunzira kwa iwo..." Zimenezi zikusonyeza kuti panali anthu angapo audindo m'moyo wa Timoteo amene anamphunzitsa Mawu. Mmodzi wa iwo anali Paulo. Agogo ake aakazi a Loisi ndi amayi ake a Yunike akutchulidwanso ( 2 Timoteo 1:5 ). Anthu amenewa anapereka zitsanzo zabwino zoti iye atsatire.

## **2. Baibulo: Mapu ya Chipulumutso**

M'nyumba za anthu ndi zachinsinsi momwe anthu ambiri amakhala kapena kugwira ntchito, nthawi zonse mumakhala mapulani kapena mamapu omwe amawonetsa njira zothawirako pakagwa ngozi. Njirazi zimasonyezedwanso pa ndege, zombo ndi masitima apamtunda. Kutsatira zizindikiro izi kungakhale nkhanzi ya moyo ndi imfa! Momwemonso GPS, ndi chida chaching'ono chomwe chimatsogolera munthu kupita komwe akupita.

Mofananamo, Baibulo limasonryeza njira zotetezeza zokhazo zimene anthu angayendere ku moyo wosatha. Paulo akuuza Timoteo kuti Malemba (Baibulo) "akhoza kukupatsa nzeru kufikira chipulumutso mwa chikhulupiro cha mwa Kristu Yesu." ( 2 Timoteo 3:15b ). M'mawu ena, kumvera ziphunzitso za Baibulo kumatheketsa munthu kukhala ndi moyo mogwirizana ndi chifuno cha Mulungu ndipo potsirizira pake akapita kumwamba.

## **3. Baibulo: "Zida" zapaulendo wathu**

Chifukwa chachikulu chimene Mulungu anapatsa anthu Baibulo n'chakuti apereke "zida" zofunika kuti munthu akhale ndi moyo monga mmene anaukonzera poyamba. M'lemba la Aheberi lomwe tangotchulalo, Paulo ananena kuti Baibulo ndi chida chofunika kwambiri kuti munthu akhale ndi moyo wabwino. Izi ziri mwa khalidwe la chikhaldwe chake: "Lemba lililonse adaliuzira Mulungu." ( 2 Timoteyo 3:16 ) Izi zikutanthauza kuti Mulungu, amene analemba Baibulo, anapatsa mphamvu anthu wamba ndi mzimu wake kuti alilembe. Ubwino wa Baibulo pophunzitsa m'chilungamo: Limaperekwa chidziwitso cha chipunzitso cha Mulungu ndi mmene tingakhalire ndi moyo woyeria. Kudzudzula m'chilungamo: Kumaperekwa kuwala kwa chikumbumtima ndi kukhudzika kwa makhalidwe pamene tachimwa kapena kulakwa. Kulangiza m'chilungamo: Kumaperekwa malangizo auzimu opitirizabe amene amatithandiza kupirira m'chikhulupiro.

Chodabwitsa chokhudza Baibulo n'chakuti lili ndi ziphunzitso zimene zili zofunika nyerere ku zochitika zonse zaumunthu ndi zosowa. Limaperekwa zida zothandiza kuti munthu apambane m'chitokoso chirichonse ndi kukwaniritsa chifuno cha Mulungu mogwirizana ndi 2 Timoteo 3:17 : "...kuti mtumiki wa Mulungu akhale wokonzeka kuchita ntchito iriyonse yabwino.

### **Ndemanga/Magwiritsidwe:**

Funsani ophunzira anu kuti afotokoze zotsatirazi m'mawu awoawo:

Baibulo: \_\_\_\_\_

Chikhulupiro: \_\_\_\_\_

Kudzoza kwa Mulungu kuchokera mu Baibulo: \_\_\_\_\_

Dzudzulani m'chilungamo: \_\_\_\_\_

Kuwongolera m'chilungamo: \_\_\_\_\_

Malangizo m'chilungamo: \_\_\_\_\_

### **Chovuta:**

Mlungu uno, werengani ndime za m'Baibulo zotsatirazi zimene zikufotokoza kufunika kwa Baibulo ndi mmene limagwirira ntchito: 1 Petulo 1:23-2:3; Ahebri 4:12-13 . Kenako, lembani maganizo anu pa zimene Baibulo limatanthauza pa moyo wanu.

**Cholina:** Kwa ophunzira amvetsetsa kuti Mulungu amamva pemphero lochokera pansi pa mtima ndipo amayankha pempho lililonse molingana ndi chifuniro chake.

**Vesi loloweza pamtima:** “Mutangoyamba kupemphera, panamveka mawu amene ndabwera kudzakuuzani, chifukwa ndinu wolemekezeka kwambiri. Danieli 9:23a

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Bolodi ndi choko kapena zofananira nazo.
- **Malangizo:** Lembani pa bolodi funso ili: “Pemphero ndi chiyani?” Kenako funsani kalasilo kuti lipereke mayankho ndikulemba pa bolodi. Kenako gulu libwere ndi yankho limodzi lomwe limaganizira mayankho omwe ophunzira adapereka kale.

### Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Mipando yoyikidwa mu bwalo, bolodi ndi choko kapena zofanana.
- **Malangizo:** Funsani kalasi kuti akhale pamipando monga momwe anakonzerza. Kenako funsani funso ili: “Kodi Mulungu amayankha mapemphero onse?” Lolani ophunzira anu nthawi yokambirana funsolu kwa mphindi zingapo. Kenako lembani mfundo zofunika zomwe zatuluka pa bolodi.

(kupemphera, pemphero) kumatanthauza: “kupempha, kupempha; kulankhula kwa Mulungu ndi kulambira, kuulula machimo, mapembedzero, kapena chiyamiko.” ([www.Merriam-Webster.com](http://www.Merriam-Webster.com)).

**K**umbali ina, pemphero mogwirizana ndi dikishonale yaumulungu likulongoledwa motere: “Ndilo mchitidwe wachidziwitso wa munthu kutembenukira kwa Mulungu kulankhula naye kapena kupempha thandizo lake m’nthawi yachisoni. Munthu akhoza kusonkhezeredwa kufunafuna Mulungu mwa zokhumba zake, mwamwadzidzi kapena chifukwa cha kusakwanira kwake kapena kusakhoza kulimbana ndi mikhaldwe yovuta tsiku lililonse.” (Beacon Theological Dictionary. CNP, USA: s / f, p. 479). Kuti tifike kumapeto, phunziro la lero likhala likuwunika momwe Mulungu adayankhira pemphero la Danieli.

#### 1. Pemphero loona mtima

Danieli anali mnyamata wachiisrayeli amene pa nthawi ya ukapolo anatengedwa kupita ku Babulo (Danieli 1:1-8). Iye anali wokhulupirika kwa Mulungu ndipo m’kupita kwa nthawi anakhala phungu wa mafumu. Mosasamala kanthu za ukapolo ndi udindo wake, Danieli sanalole kusiya zikhulupiro zake.

Danieli anagwiritsira ntchito malamulo a Mulungu pa moyo wake ndipo sanasinthe zizolowézi zabwino zimene anazipeza, monga chizolowézi chompemphera, chimene anachisunga mosasamala kanthu kuti chinali kuika moyo wake pachiswe ( Danieli 1:1-6:28 ).

Danieli akuphunzitsa mwa chitsanzo kuti munthu sayenera kudikira kuti akhale mumkhaldwe wovuta kuti aphunzire za pemphero ndipo makamaka kuligwiritsa ntchito m’miyoyo yathu.

Othirira ndemanga pa Baibulo amagogomezera kuchokera m’mikhaldwe ya Danieli chenicheni chakuti iye anali munthu amene anali pafupi ndi Mawu a Yehova. Chifukwa chakuti anali pa ubwenzi wolimba ndi Mulungu, anazindikira kuti maulosi ena a m’buku la Levitiko ndi Yeremiya ankagwirizana ndi nthawi imene anakhala.

Chitsanzo cha Danieli chimasonyeza kuti iye anali munthu wokhulupirika ndiponso kuti Mulungu anamva pemphero lake. M’Baibulo muli anthu ena amene analibe ubwenzi wolimba ndi Mulungu ndipo anakhala ndi moyo wocheperapo kuposa wachiyero, koma m’nthawi ya nsautso, analirira kwa Yehova ndipo anamva.

Zitsanzo za milandu yotere ndi izi: wakuba pa mtanda ( Luka 23:40-43 ), Kenturiyo ( Mateyu 8:5-13 ), Mfarisi ndi wamsonkho ( Luka 18:9-14 ).

## 2. Yankho la Pemphero

Lemba la Yakobo 4:3 limati: "Pamene mupempha, simulandira, chifukwa mupempha ndi zolina zolakwika, kuti mugwiritsi ntchito zimene mumapeza pa zokondweretsa zanu. Pali kusiyana pakati pa mapemphero a Danieli ndi mapemphero a anthu ambiri masiku ano. Danieli anapemphera podziika yekha mu nsapato za wina ndi kutenga udindo wa tchimo lake ndi tchimo la anthu (Danieli 9:20-21a). M'mawu ena, Danieli anapempherera machimo a ena ndi zotsatirapo zake zowawa. Anapempherera anthu ake (Danieli 9:3-7). Pali zinthu zina zofunika kuziphaticiza m'pemphero koma nthawi zambiri zimanyalanyazidwa. Chotero mbali zake ndi izi: pemphero lofuna chidziwitsa cha chifuniro cha Mulungu ( Akolose 1:9 ), pemphero loti tiyende koyenera kwa Yehova, pemphero lokhala ndi unansi wokulirapo ndi Mulungu ( Akolose 1:10 ), pemphero kuti libale zipatso ndi kuti likhalebe m'moyo. Mulungu (Yohane 15:16), pemphero kukhala ndi mphamvu, chipiriro ndi chipiriro kuti tipitirize kuyenda kwathu kwachikhristu pakati pa mayesero (Akolose 1:11) ndi pemphero la chimwemwe ndi mtima wabwino (Akolose 1:12).

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## 3. "Inde", "Ayi", "Dikirani"

Mulungu amayembekeza mtima woona, wodzala ndi chikhulupiro, kuleza mtima, ndi chisungiko chimene chimabwera chifukwa chodziwa kuti munthu ali m'manja mwake ndiponso kuti nthawi zonse amalamulira chilichonse (Aheberi 10:35-37). Zikawoneka ngati akuchedwetsa kuyankha Kwake, ndichifukwa chakuti akuchita zomwe akudziwa kuti ndi zabwino komanso akukwaniritsa dongosolo Lake.

Ngati yankho la pemphero siliri limene munthu amayembekezera kapena kufuna, sizitanthauza kuti Mulungu samamvela. Munthu ayenera kukumbukira nthawi zonse kuti Mulungu amamvetsera mapemphero nthawi zonse, amafuna kuti zinthu zimuyendere bwino ndiponso kuti zolina zake n'zogwirizana ndi kupiditsa patsogolo Ufumu. Iye amaona kuona mtima kwa mitima yathu. Mawu ake amati pa 1 Akorinto 13:9, 12 : "Pakuti tidziwa mderamdera, ndipo tikunenera mderamdera. . . . pamene tidzaonana maso ndi maso. Tsopano ndikudziwa pang'ono; pamene ndidzadziwa bwino, monganso nadziwiwa." Tsiku lina, munthu akamuona "pamaso ndi maso," munthu adzamvetsa chifukwa chimene Mulungu anamuyankhira mmene anamuyankha. Pakalipano, munthu ayenera kudalira kwathunthu kuti Mulungu ali ndi dongosolo, Mulungu ali ndi cholinga ndipo ndi amene amalamulira.

Mulungu amayankha mapemphero onse ngakhale kuti si nthawi zonse mmene munthu amayembekezera. Ena Nthawi zina amayankha kuti "inde" pa pemphero, nthawi zina "ayi" ndipo nthawi zina "dikirani."

## Ndemanga/Magwiritsidwe:

Perekani nthawi kuti ophunzira anu ayankhe zotsatirazi:

- Kodi mumamva bwanji ngati munthu wina sanakuyankheni?
- Ndithudi, Mulungu amayankha mapemphero onse. Kodi mukuona kuti pali pemphero m'moyo wanu limene silinayankhidwe? Chifukwa chiyani?
- Perekani zitsanzo za mayankho awiri omveka bwino a mapemphero amene munapempherera.
- Pangani nthawi yopemphera m'moyo wanu. Pangani dongosolo latsiku ndi tsiku ndikuphatikiza nthawi yopemphera mka mwa dongosololi.

## Chovuta:

Kodi mukuganiza bwanji za kusunga buku la mapemphero limene lili ndi zinthu zimene zimafika pamtima pa Mulungu? Izi zingaphatikizepo:

- Kudzipereka kwanu kwa Mulungu.
- Kutembenuka kwa otayika.
- Kupembedzera zosowa za ena
- Kupempherera atsogoleri athu (makolo, aphunzitsi, olemba anzawo ntchito, pulezidenti ndi akuluakulu aboma, ndi zina zotero).

**Cholina:** Kuti ophunzira amvetse kuti ngakhale panthawi zovuta kwambiri za moyo wawo (chisoni, kuwawa kapena kusungulumwa), Mulungu adzakhala pambali pawo nthawi zonse.

**Vesi loloweza pamtima:** "Ndimamatira kwa Inu; dzanja lanu lamanja landichirikiza...." Salmo 63:8

### Ntchito Yoyambira (zaka 12 - 17)

- **Malangizo:** Gawani kalasi mumagulu awiri. Gulu lirilonse lipange mzere. Mzere uliwonse ukhale ndi msana wake ku mzake, kusunga mtunda wa mita imodzi pakati pa mizere iwiri ndi theka la mita pakati pa aliyense wa mamembala awo. Lolani magulu atembenuke ndi maso awo otsekedwa, kuti aliyense wa mamembala a mzere uliwonse ayang'ane wina ndi mzake, osatsegula maso awo komanso mwakachetechete. Mizere iwiri ikayang'anizana, auzeni ophunzira akweze manja awo ndikupita patsogolo pang'ono ndi manja awo atatambasula kuti agwire chanza ndi munthu amene ali patsogolo pawo. Pomaliza aloeni atagwirana manja kuti atsegule maso ndikukumbatirana.

Anthu ambiri amafunikira mawonekedwe okoma ndi kukumbatirana, ngakhale palibe mawu okhudzidwa. Kumbukirani kuti Mulungu nthawi zonse adzatambasulira manja ake kwa wina kuti amukumbatire, choncho zili kwa wina kuti amulandire kapena ayi.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala oyera amadula zidutswa zinayi ndi mapensulo amitundu.
- **Malangizo:** Perekani mapepala ndi pensulo kwa ophunzira. Auzeni kuti alembe chiganizo chotsatirachi pamapepala awo: "ZABWINO KWAKUTIMBIRANA". Kenako afotokozereni kuti pamapeto a kalasi, aliyense asinthane mapepala ake ndi munthu amene sakugwirizana naye kwambiri kapena amene sanagwirizane naye.

**K**umbukirani kuti achinyamata achikulire, ngakhale kuti amaoneka kuti ndi okhwima kwambiri, nthawi zambiri amakhala ndi vuto lofikira anthu ena, makamaka akalakwiridwa. Komabe, n'kofunika kwambiri kwa iwo kukumbukira kuti ngati Mulungu amakumbatira aliyense mosasamala kanthu kuti ndi woipa kapena wamchimwira, ndani amene sangavomereze kapena kukumbatirana ndi munthu wina?

Yambitsani kalasi pofunsa ophunzira zotsatirazi: Kodi munayamba mwabisalapo kwa wina? Analu ndani ndipo chifukwa chiyani? Kodi malo anu obisala anali otani? Ngati wina akufuna kugawana nawo, apatseni mwayi woti atero. Kenako, werengani Salmo 63 m'njira yogwira mtima, ngati n'kotheka kuchokera m'mabaibulo amakono, kuti mutchule Mawu a Mulungu kuti tanthauzo lake likhalebe m'maganizo ndi m'mitima ya ophunzira.

Mu Salmo ili, Davide anakumana ndi mavuto ndipo anali kuthawa m'chipululu kuchoka kwa okondedwa ake, atazunguliridwa ndi mapiri amiyala. Komabe, chidaliro ndi chiyembekezo chake zinali mwa Mulungu. Wamasalimo ankadziwa kuti Mulungu yekha ndi amene ayenera kutamandidwa kuyambira m'bandakucha mpaka madzulo ndipo ankadziwanso kuti.

Kulambira ndi kutamanda kunabweretsa mtendere, chisungiko, ndi mphamvu.

#### 1. Ndikudziwa kuti muli pano

Munthu aliyense amakumana ndi zovuta nthawi ina m'moyo ndipo amamva kuti alibe mphamvu, amathawira ku chinthu china kapena munthu wina. Nayenso Mfumu Davide anachita zimenezi. Ndipotu ankafunika Mulungu chifukwa anali ndi mavuto ndi ana ake. Mwana wake wamkulu dzina lake Amnoni anagwiririra Tamara, mlongo wake wopeza, ndipo Abisalomu, mlongo wake, analamula kuti Amnoni aphedwe (2 Samueli 13).

Vesi 1 ndi 2 la Salmo 63 limati: "Inu, Mulungu, ndinu Mulungu wanga; Ndikumva ludzu la Inu, moyo wanga wonse ukulakalaka Inu, m'dziko louma ndi louma lopanda madzi. Ndinakuonani m'malo opatalika, ndipo ndaona mphamvu yanu ndi ulemerero wanu." Mosakayikira Mfumu Davide anazindikira kuti Mulungu wake anali ndani ndipo n'chifukwa chake analankhula Naye molimba mtima ngakhale kuti zinthu zinali zovuta. Mwana wake Abisalomu anali atayambitsa chipanduko kuti atenge mpando wachifumu, ndipo ena mwa anthuwo anaukira bambo ake. + N'chifukwa chake Davide

anathawira kuchipululu. Pamene anali kutali ndi mzinda, Davide anadziwa kuti Mulungu ali naye chifukwa Mulungu ali paliponse. Ngakhale kuti analibe mwayi wolowa m'malo opatulika kapena kachisi, anali wotsimikiza kuti adzapeza Yehova ngakhale m'malo opanda alendowo. Chifukwa cha zimenezi, Davide anaganiza zomufunafuna kuyambira m'bandakucha kuti aone mphamvu ndi ulemerero wa Mulungu zimene anaziona ndi kuzidziwa kale. Mulungu wozizwitsa amene anakumana ndi Davide pa nthawi ya kusowa kwake, ndi Mulungu yemweyo amene ali wokonzeka kukweza aliyense kuchokera ku kupsinjika maganizo, chisoni, nkhawa, mkwiyo, ndi zina zotero pamene wina ayang'ana kwa iye.

## 2. “Ndibiseni m'manja mwanu”

Malo othawirako ndi malo othawirako omwe sakhalitsa chifukwa ndi malo osakhalitsa achitetezo ndipo amangopereka zofunikira kuti apulumuke (chakudya, pogona ndi chitetezo). Davide ali m'masautso ake sanaleke kutamanda Yehova ndi kum'lambira chifukwa ankadziwa kuti zimenezi ndi zida zothana ndi mavuto amene ankamuzungulira. Ndipotu mfumuyo inali kubisa unansi wake ndi Mulungu. Mchitidwe wokweza manja ndi chizindikiro cha kugonja.

Kuwonetsa manja opanda kanthu kumatsimikizira wowukirayo kuti sangalandire chiwembu. Mu vesi 4 la Salmo 63 , wolembayo akunena kuti akukweza manja ake m'dzina la Yehova wa makamu, chifukwa anali wotsimikiza kuti Yehova ndiye amene adzamenye nkhondo zake ndi kugonjetsa. Munthawi yakusowa thandizo, kudzipereka kumachita gawo lofunikira. Izi sizikunena kuti Mulungu akuukira munthu, koma kuti nthawi zambiri kuukiridwa kumadza chifukwa cha zochita za munthu ndi kuti kupambana kumalandiridwa pamene wadzipereka kotheratu kwa Mulungu.

Davide ali wachinyamata ankadziwika kuti anali munthu wamba komanso wodzichepeta le, kupembedza, kutamanda, womvera, ndi wolimba mtima, munthu wapamtima pa Mulungu; ndi zina zambiri zinawonjezera zimene Ambuye adakondwera naye. Komabe, Davide analinso ndi zoooka monga mmene anthu ena alili. Chimodzi mwa zoooka za Davide chinali kukopa kwake kwa akazi. Ana ake (a akazi osiyanasiyana) anali opanduka ndipo sankakhalirana mwamtendere. Kuwonjezera apo ndi chakuti mka mwa banjali munali kugwiridwa, chinyengo, kupha ndi kutseka ndi "kuchuluka", kutenga ufumu pogwiritsa ntchito mphamvu ndi mwana wake Abisalomu mwa zina. Zochitika zimenezi ndi zina, zinachititsa Davide kutaya mtima, mpaka kufika pothaŵira m'chipululu kukabisala. Kodi anali kulimbana ndi chiyani? Analu kuzunzidwa ndi mwana wake (2 Samueli 17:1-2). Koma Davide, ngakhale atakumana ndi zonsezi, anali ndi chidaliro chakuti adzapambana chifukwa chodalira Mulungu.

## 3. Ndine wokhutira kukhala nanu

Kodi munthu angakonde kukhala ndi ndani akamakumana ndi mavuto a m'maganizo, m'makhalidwe, m'maganizo ndi muuzimu? Kupatula kuchokera kumalo obisalako akuthupi, n'kofunikanso kukhala ndi munthu amene amam'limbikitsa. Wina yemwe amapereka mawu amodzi achiyembekezo ndipo ali ndi malingaliro abwino kuti apite patsogolo. Munthu amene amapereka chitetezo, chikondi ndi chithandizo chofunika pa nthawi zovuta.

Zilibi kanthu kuti n'chiyani chinachitika m'mbuyomo kapena chimene chinatsogolera munthuyo kumalo oterowo. Chofunika n'chakuti munthuyo alandire thandizo limene akufunikira ndipo azizungulira ndi amene angamuthandize. Mfumu Davide anathawira m'chipululu, mwina m'phanga lopanda zinthu zabwino za m'nyumba yachifumu, pamodzi ndi om'londa ndi asilikali ake. Mwinamwake analipo ambiri, koma palibe amene anakwaniritsa zofunika zomtonthoza chifukwa chakuti anali nzika zake, ndipo Davide anafunikira winawake wam'mwambamwamba. Lemba la Salimo 63:5-8 limanena kuti Mulungu anali thandizo lake ndipo dzanja lake lamanja linamuthandiza. Mulungu yekha ndiye angapereke zonse zofunika m'mbalì zonse za moyo wa munthu, ndipo Davide ankadziwa zimenezo.

Pothawirako muyaya kumeneku kungapezeke ndipo kumapezedwa kupyolera mu kulambira, matamando, pemphero ndi chikhulupiriro cholunjikitsidwa kwa Iye yekhayo amene akuyenera zonsezi ndi zina zambiri, Yesu Kristu Ambuye ndi Mpulumutsi.

## Kubwerezza/Kugwiritsa Ntchito:

Perekani nthawi yoti ophunzira aganizire ndikuyankha mafunso otsatirawa.

- Ndi zovuta ziti zomwe mwakumana nazo kapena zomwe mwakumana nazo?
- Munakumana ndi mavuto otani?
- Kodi mungaphunzire chiyani pa Salmo 63?
- Malinga ndi zimene mwaphunzira mu Salimo 63 , lembani pemphero laumwini.

## Chovuta:

Padzikoi Lapansi, pali malo ogona oti mupiteko pakavuta. Mu phunziro la lero taphunzira kuti pali malo amuyaya kwa iwo amene amavomereza Yesu Khristu ngati Mpulumutsi ndi Ambuye wokwanira. Sabata ino, zivute zitani, pitani kwa Iye monga pothawirapo panu.

**Cholina:** Kuzindikira kuti Yesu anaphunzitsa za kufunika kosala kudya.

**Vesi loloweza pamtima:** Yesu anayankha kuti: "Malemba amati, 'Munthu sadzakhala ndi moyo ndi mkate wokha, koma ndi mawu onse otuluka m'kamwa mwa Mulungu.'" Mateyu 4:4

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mapepala oyera amadulidwa m'maonekedwe a mtima ndi zolembra.
- **Malangizo:** Afunseni kalasi kuti awerenge Mateyu 6:16-18 ndikupatsa wophunzira aliyense mtima wapepala ndi cholembra. Lolani nthawi yoti alembe mbali imodzi ya mtima wa pepala mikhalidwe iwiri kapena itatu, imene m'malingaliro awo, inali m'mitima ya Afarisi pamene anali kusala kudya; ndipo mbali ina ya mtima, alembe zimene ziyenera kukhala m'mitima mwathu tikamasala kudya. Kenako auze kalasi zimene analemba.

### Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Mapepala oyera ndi mapensulo.
  - **Malangizo:** Gawani kalasi m'magulu ndipo mupatseni nthawi yoti awerenge Malemba otsatirawa kenako n'kumaliza tchaticho.
- a.Deuteronomo 9:8-11 b. Deuteronomo 9:15-19 c. Danieli 10:1-12 d. 2 Samueli 12:15-20

Ndime m'Baibulo	ya	Dzina Munthu	la	Ndi liti pamene iwo anasala	Chifukwa chimene anasala kudya

Aliyense anene kuti ndi zochitika ziti za anthu osiyanasiyana zomwe zidawakopa chidwi komanso chifukwa chake. M'Chipangano Chakale, anthu ankasala kudya makamaka pa nthawi ya mavuto aakulu. Kusala kudya kunali ndi mawu achisoni, monga kulira, kulira, kuvala zovala zamaliro, ndi kuvala zovala zovunda zimene kawirikaŵiri zimapangidwa ndi zikopa za mbuzi (zotchedwa "chiguduli"). Komanso amene ankasala kudya ankakhala pa phulusa n'kuliponya pamutu pawo ( Esitere 4:1-3; Salimo 35:13 ). ndiye Baibulo limakamba za kusala kudya, nthawi zonse limagwirizanitsa ndi zolingu zauzimu. Kusala kudya ndi njira yofikira kwa Mulungu popereka thupi lathu pa guwa la nsembe ngati nsembe yamoyo ndi yopatulika.

#### 1. Kuchita bwino kwa kusala kudya

Phunziroli lalunjika pa buku la Estere, limene likusonyeza mphamu yaikulu ya kusala kudya. Bukuli likunena za kupulumutsidwa kwa anthu achiyuda komwe kunachitika mzaka za zana lachisanu BC, nthawi ya ufumu waukulu wa Perisiya.

Esitere anali mtsikana wamasiye wachiyuda amene anatengedwa kupita ku likulu la ufumuwo ndi msuwensi wake Moredekai amene anam'lera. Ndi chisamaliro cha Mulungu, iye "...analii ndi maonekedwe okoma ndi wokongola" ( Estere 2:7 ). Iye anasankhidwa kuchokera pakati pa anamwali ambiri a Mfumu Xerxes kuti akhale mfumukazi m'malo mwa Vasiti, mkazi wake wakale, amene Iye anam'chotsa chifukwa chosamvera lamulo limene anam'patwa (Estere 1:1-22).

Munthu wina woipa dzina lake Hamani, amene mfumu ankamukonda kwambiri, analandira kwa iye mwachinyengo, lamulo loti aphe Ayuda (Estere 3).

Estere atadziwa zimenezi, iye, pamodzi ndi Moredekai ndi anthu awo, sanachite kalikonse koma kupemphera kwa Mulungu mwa kusala kudya ndi kupemphera. Werengani Esitere 4:3-16 ndipo yankhani funso ili: Kodi kusala kudya kwa Aisiraeli kunali kotani?

Esitere anathandiza kwambiri pa kusinthaku. Ndi chikhulupiro chachikulu ndi nzeru zochirikizidwa ndi chisomo cha Mulungu, iye anapambana m'kuthandiza anthu ake kupambana kwakukulu pa adani awo ( Estere 5:2-3 ).

Kusala kudya kumasonryeza chikhumbo chozama cha kupeza chithandizo chaumulungu. Sichichitidwe chachabechabe, chachabechabe, koma ndichothondiza kwambiri. Mulungu analonjeza kuti adzayankha munthu akafuulira kwa Iye kuti: "Mudzandiihana, ndi kudza kwa Ine, ndi kupemphera kwa Ine, ndipo ndidzakumverani. Mudzandifunafuna ndi kundipeza pamene mundifuna ndi mtima wanu wonse. ( Yeremiya 29:12-13 ).

## **2. Nthawi yosala kudya**

Werengani Mateyu 9:14-17 . Mavesi awa akumveketsa bwino lingaliro la Yesu la kusala kudya. Yesu sanathanthauze kuti Iye ndi ophunzira ake anali kusala kudya, koma m'malo mwake, anali kutanthauza kuti sanali kugawana ndi njira yotsatiridwa ndi malamulo m'nthawi yawo. Yesu atakwera kumwamba, Akhristu oyambirira ankasala kudya monga njira yofunika kwambiri yopezera chitsogozo cha Mulungu ndi chisomo chake (Machitidwe 13:2). Kusala kudya n'kofunika kwambiri, ndipo kuli kofunika kwambiri m'masiku otsiriza ano. Kusala kudya pafupipafupi kumadalira kufunikira kwa munthu kwa Mulungu ndi chikondi chake pa Iye.

## **3. Chakudya cha kusala kudya**

Monga momwe thupi limafunikira kudyetsedwa nthawi zonse, momwemonso mzimu umafunikira. Munthu akayamba kusala kudya kufunafuna nkhopre ya Mulungu, izi ndi zomwe zimachitika ndendende: munthu amadya pamaso pa Mulungu ndi Mawu ake.

Chikhalidwe chamakono chimaphunzitsa munthu kuika kufunikira kwakukulu pa kukwaniritsa zosoŵa zake zakuthupi osati zauzimu. Amalonda amayesa kugulitsa mitundu yonse ya zakudya zofulumira ndi zithunzi zokongola. Pachifukwa chimenechi, m'nyumba zambiri muli chikhumbo chopambanitsa cha chakudya ndipo anthu azolowera kususuka!

Chinthu chofunika kwambiri pa kusala kudya ndicho chisonkhezero chauzimu chimene munthu ali nacho. Yankho la Mulungu pa kusala kudya lidzagwirizana ndi chisonkhezero cha m'mitima ya munthu.

## **Ndemanga/Magwiritsidwe:**

Perekani nthawi yoti ophunzira ayankhe mafunso otsatirawa:

1. Kodi Esitere ndi anthu ake anasala kudya masiku angati? (Masiku atatu.)
2. Kodi kusala kudya kwa Esitere kunali kokondera kapena kotheratu? (Mtheradi.)
3. Chakudya chanu ndi chiyani pa nthawi yosala kudya? (Mawu a Mulungu ndi pemphero.)
4. Kodi mudasalapo? Kodi zinakuchitikirani bwanji?

## **Chovuta:**

Patulani tsiku limodzi sabata ino kuti musale pang'ono. Izi zikutanthauza kuti tuyenera kudumpha chakudya chimodzi kapena ziwiri. Njira yabwino yoyambira kusala kudya ndi kudya zipatso zatsopano zokha. Ngakhale mukuchita ntchito zanu za tsiku ndi tsiku, khalani ndi malingaliro amkati a pemphero, kupembedza Ambuye. Chinthu chofunika kwambiri ndi maganizo anu auzimu. Pamapeto pa kusala kudya, idyani kuwala chakudya, makamaka wopangidwa zipatso ndi ndiwo zamasamba.

# ANALENGEDWA KUTI AKATAMANDE

Phunziro

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**Cholina:** Kuphunzitsa ophunzira kuti mosasamala kanthu za mkhalidwe umene akukhalamo, iwo angathe ndipo ayenera kutamanda Mulungu.

**Vesi loloweza pamtima:** “Ndidzalemekeza Yehova nthawi zonse; matamando ake adzakhala pa milomo yanga nthawi zonse.” Salmo 34:1

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## Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mapepala oyera a pepala la kukula kwa zilembo, mapensulo kapena zolembra.
- **Malangizo:** Perekani pepala kwa wophunzira aliyense ndipo muwafunse kuti alembe momveka bwino mayina awo pamwamba. Kenako, aliyense ayenera kupereka pepala lake kwa aliyense amene wakhala kudzanja lake lamanja. Kenako, anthu amenewo adzalemba makhalidwe abwino, matamando ndi makhalidwe abwino a mwiniwake wa pepala limene ali nalo m'manja mwawo. Akamaliza, amagawira mapepalawo kwa amene ali kudzanja lawo lamanja, amenenso amachita chimodzimodzi. Izi zikubwerezedwa mpaka mapepala abwerere kwa eni ake oyambirira. Kenako, aliyense awerenge zomwe zidalembedwa papepala lake ndikugawana ndi gulu momwe akumvera.

Ntchitoyi ikuwonetsa kufunikira kogawana zabwino ndi anthu komanso momwe izi zimalandirira.

## Ntchito Yoyambira (zaka 18 - 23)

- **Malangizo:** Afunseni ophunzira kuti akhale mozungulira ndipo wophunzira aliyense azisinthana kuima pakati pa bwalolo. Akafika pakati, ophunzira enawo amauza munthu yemwe amamuyang'ana malingaliro ndi malingaliro abwino omwe ali nawo kwa iye. Munthuyo azingomvetsera ... osalankhula. Zotsatira za ntchitoyi zimakhala zamphamu kwambiri pamene aliyense wayima patsogolo pa munthuyo, kumugwira, kumuyang'ana m'maso, ndi kulankhula naye mwachindunji. Pamapeto pa phunzirolo, apatseni aliyense mpata woti afotokozepo za zomwe zinachitikira.

**A** funseni: Kodi ndi kangati pa sabata kapena tsiku lomwe mumayamika ndi kukondwerera anthu ozungulira ndi mawu? Izi mwina sizichitika kawirikawiri pamoyo wanu watsiku ndi tsiku. Monga Mkhristu, kodi mumamatanda ndi kukondwerera kangati dzina la Mulungu wanu? Izi mwinanso ndizosowa. Nthawi zambiri matamando amakhala ndi malire pa kulambira Lamlungu pamene dzina la Mulungu limatamandidwa kupyolera m'nyimbo ndi nthawi zina, chitamando chimazikidwa pa mkhalidwe wa munthu kapena mkhalidwe wamaganizo kutero.

Poganizira lemba la Salmo 34:1, munthu angadziwe mmene mawu amenewa alili pamtima ndi zochita zake. Lerolino liwu lakuti “kutamanda” kaŵirikawiri limagwirizanitsidwa ndi nthawi ya kuimba m'tchalitchi. Chotero, pofunafuna tanthauzo la “kutamanda” munthu amapeza zotsatirazi: “kupereka ulemu woyamikira m'mawu kapena m'nyimbo, monga mchitidwe wa kulambira; chivomerezo chenicheni kapena kusilira; ndemanga; kulemekeza.” (dictionary.com). Tanthauzo limeneli limasonyeza kuti kutamanda kwenikweni n'kogwirizana ndi kukweza dzina la Mulungu ndi mawu ndi nyimbo. Pankhani imeneyi, afunseni ophunzirawo kuyankha funso ili: Kodi ndi nyimbo kapena chitamando chotani chimene chimabwera m'maganizo mwanu chimene chimakweza dzina la Mulungu ndi kukwanirtsa ntchito imeneyo?

M'pofunika kwambiri kuganizira mmene munthu amatamandira Mulungu komanso nthawi imene amatamandidwa. Masiku ano, Akhristu ambiri m'mipingo yaho amayembekezera nthawi ya “kutamanda” kuti dzina la Mulungu likwezedwe, koma n'chiyani chikuchitika sabata yonseyo?

### **1. Kutamanda nthawi zonse...**

Salmo 34 limafotokoza zinthu zodabwitsa zimene Yehova anachita pa moyo wa Davide. Wamasalmo anayamikira kwambiri zodabwitsa zimene Mulungu anamuchitira. Davide sanalembe izi mu mphindi za ulemerero ndi mtendere, koma m'kati mwa zowawa ndi chizunzo. Iye ankathawa Sauli, yemwe ankafuna kumupha. Nkhani imeneyi yafotokozedwa pa 1 Samueli 21. Aka sikanali koyamba kuti Davide atamande dzina la Mulungu ali m'kati mothawa. Pali masalimo asanu ndi atatu omwe mitu yawo imanena za kuzunzidwa kwa Davide ndi Sauli (Masalimo 7, 34, 52, 54, 56, 57, 59 ndi 142).

Kuyamika Mulungu kuyenera kuyambira pakuzindikira Mulungu m'moyo wa munthu. Wamasalmo mu Salmo ili, amaphunzitsa kuti munthu sayenera kutamanda Mulungu kokha pamene walandira chinthu chapadera ndi chokondweretsa kwa Iye, komanso m'pofunika kutamanda ndi kudalitsa dzina la Mulungu pakati pa zowawa kapena masautso.

### **2. Kutamandidwa kumabadwa chifukwa chozindikira kuti Mulungu ndi ndani**

Mfundu ya m'Baibulo imayamba ndi kumvetsa kuti Mulungu ndi Mlengi. Ndikofunikira kudziwa kuti Mulungu ndiye woyambitsa ndi gwero la chilichonse komanso kuti amalumikizananso ndi anthu. Polengedwa m'chifaniziro cha Mulungu, anthu amagawana makhalidwe ena monga kumva, kuganiza ndi kudziwa naye. Chotero pamene munthu akumanadi ndi Mulungu maso ndi maso, munthu amatha kukweza dzina Lake ndi kuvomereza zonse zimene Iye ali.

### **3. Kutamandidwa kumabadwa mwa kufuna kwa munthu**

Mulungu akadali Mulungu ngakhale kuti anthu onse samamuzindikira. Mu chifundo chake chopanda malire, Mulungu wakhala akufikira anthu m'mbiri yonse kuti apereke chikondi chake chachikulu, chikhululukiro ndi chipulumutso; mpaka kufika ku nsonga ya kufikira kupiyolera mwa Mwana wake Yesu Kristu. Moyo wa Mkhristu ndi chisankho chosalekeza cha kuima nji ndi kufunafuna chifuniro cha Mulungu, chisangalalo, ndi kulingalira m'moyo wawo. Chisangalalo chimenechi chimene Mulungu amapereka, dziko silingachotse ndipo lingatsogolere munthu kukhala ngati Davide, ndipo anganene m'njira yofananayo kuti: "Ndidzalemekeza Yehova nthawi zonse; matamando ake adzakhala pa milomo yanga nthawi zonse," mosasamala kanthu za mikhaldwe imene munthu akukumana nayo.

### **4. Kuyamika kumayambukira ena**

Mfumu Davide inati: "Ndidzadzitamdira mwa Yehova; ozunzika amve, nakondwere" ( Salmo 34:2 ). Iz i zimachitika m'kati mwa thupi la Khristu: munthu amasangalala yekha ndi kusangalala ndi abale ndi alongo ena mchikhulupiliro o lemekezani dzina la Mulungu ndi kuyamika mdzina la Yesu. M'mapembedzedwe a m'mudzi muli chiyamikiro cha Mulungu pa zimene wachita, zimene akuchita ndi zimene adzachita. Ndikofunika kukumbukira kuti Mulungu akadali Mulungu; Amapitiriza kugwira ntchito m'moyo wa munthu, kupereka chikondi ndi chakudya chake, ndipo nthawi zonse amakhalapo kwa mmodzi. Choncho munthu ayenera kuitiriza kutamanda dzina Lake.

### **Ndemanga/Magwiritsidwe:**

Perekani nthawi yoti ophunzira apange acrostic ndi mawu oti "Tamandani". Mtima Wopemphera Kulingalira Kupembedza  
Ndimakondedwa  
Kuyimbira Mulungu nyimbo Aliyense amalambira pamodzi

### **Chovuta:**

Monga taphunzirira m'kalasi la lero, m'pofunika kutamanda Mulungu nthawi zonse. Sankhani nyimbo yoti mumuimbire Iye tsiku ndi tsiku, ndipo yesetsani kutamanda Mulungu pa nthawi ya pemphero. Lamlungu likudzali, bwerani okonzeka kugawana ndi gulu momwe limamvera kutamanda Mulungu mwamseri.

**Cholina:** Kuti ophunzira amvetse kulambira koona kwa Mulungu.

**Vesi loloweza pamtima:** "Koma ikudza nthawi, ndipo tsopano yafika, imene olambira oona adzalambira Atate mumzimu ndi m'choonadi; Yohane 4:23

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Werengani Yohane 4:1-24 monga gulu (kapena ngati mukufuna, aliyense payekha). Kenako perekani mapepala ndi mapensulo ndipo funsani ophunzira anu kuti ajambule mbali ina ya nkhani yomwe idawakopa chidwi. Khalani ndi munthu wodzipereka kuti afotokoze tanthauzo lajambula.

Kujambula kumathandiza ophunzira kupanga zithunzi m'maganizo za zomwe akuwerenga ndikuyika zochitika zomwe zidzawonekere m'kalasi.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Werengani Yohane 4:1-24 monga gulu. Kenako perekani mapepala ndi mapensulo ndikuwafunsa kuti ayankhe mafunso otsatirawa:
  1. Kodi msonkhanowu unachitikira kuti?
  2. Ndani adatenga nawo gawo m'ndime iyi ya m'Baibulo?
  3. Kodi msonkhanowu unachitika liti?
  4. Kodi mutu waukulu wa nkhani ya mkazi ndi Yesu unali uti? Mafunso awa athandiza ophunzira kuwonera mutuwo padzikolo lonse lapansi asanalowemo.

**N**gati wina wakula ngati mukhristu wopita kutchalitchi, ndiye kuti mwina amamva mawu otu "kupembedza" nthawi zambiri. Ngati wina wakhala ndi nthawi yochepa kutchalitchi, mwina adamvapo za kupembedza kokhudzana ndi nyimbo za tchalitchi. N'kutheka kuti munthu amagwirizanitsa "kupembedza" ndi katswiri waluso kapena wamasewera. Phunziroli likukamba za kulambira Mulungu kuphatikizapombali yake ya uzimu ndi mbali ya choonadi.

#### 1. Gawo

Pamene munthu akuŵerenga uthenga wabwino wa Yohane 4:1-24 , wina amamva kuti Yesu anali kuchoka ku Yudeya kupita ku Galileya kupyolera mu Samariya. Yehova akanatha kuyenda ulendo wautali, kudutsa kum'mawa kwa Yorodano. Komabe, anasankha kutenga njira yachidule kwambiri, ngakhale kuti ikanatha kudutsa gawo la Asamariya osamlandira (Yohane 4:9a).

Kukumana kwake ndi mkazi pa chitsime cha Yakobo kunayambitsa kukambitsirana ndi mawu ochititsa chidwi ochokera kwa Yesu. Choyamba, Iye, Myuda, analankhula ndi mkazi, choipitsitsa kuposa chimenecho chinali chenicheni chakuti mkaziyo anali Msamariya. Iye sanangolankhula naye, koma anamupemphanso kuti amwe madziwo. Chifukwa cha udani pakati pa Ayuda ndi Asamariya, mkaziyo anadabwa ndi pempho la Yesu (Yohane 4:9b).

Pambuyo pake, Yesu anayamba kunena za madzi m'mawu ophiphiritsa ( Yohane 4:13-14 ), pamene mkaziyo analankhula za madzi m'mawu enieni. Iye ataona ubwino wa kumwa madzi amene Yesu anapereka, kuti madzi ake adzathetsa ludzu lake mpaka kalekale, anamupephanso kuti amupatsekao pang'ono.

Pamene Yesu anatchula nkhani ya amuna ake kwa mkaziyo ( mav. 16-18 ), mkaziyo anamuua kuti anali mneneri. Kenako iye mwiniyo, mwa kuzindikira kapena kufuna kusintha nkhaniyo, anabweretsa nkhani ya kulambira (v. 20).

Kwa Ayuda ndi Asamariya, kulambira kunali kakhudzana ndi malo enieni: kachisi wa ku Yerusalemu ndi kachisi wa pa Phiri la Gerizimu. Funsani: Kwa inu, kuti ndi/kapena tingapembedze bwanji?

## 2. Chiyambi cha nkhaniyi

Apa ndi pamene nkhaniyi inachititsa chidwi. Yesu ananena mawu amphamu: "Inu Asamariya mumalambira chimene simuchidziwa..." (v. 22a). Baibulo la Amplified Bible limati: "Inu Asamariya+ simudziwa chimene mulambira." Kwenikweni, vuto la Asamariya ndi la anthu ena lerolino, ndilo chenicheni chakuti iwo amakhulupirira kuti kulambira kumakhudzana ndi malo, kapena ndi mtundu wa nyimbo, kapena ndi manja, kapena ndi zovala; koma zoona zake n'zakuti, n'zogwirizana ndi chidziwitsa cha Mulungu Wamphamvuyonse amene akupembedzedwayo. Ndipo Asamariya sanamdziwa Iye. Asamariya anangolandira Pentatuke (omwe ndi mabuku asanu oyambirira a m'Baibulo otchedwanso

Chilamulo cha Mose kapena Torah), pamene Ayuda anali ndi chimene masiku ano chimatchedwa Chipangano Chakale. M'gawo limeneli la Baibulo, vumbulutso la Mulungu la chipulumutso cholonjezedwa likuwonekera m'chifaniziro cha Mesiya. Ndipo Mesiya, Yesu Khristu, anaululira dziko amene Atate ali. Atate ndiye chifukwa chathu cholambirira. Sangakhale pa malo ooneka ngati kachisi kapena phiri kapena kungokhala ndi kamvekedwe kapena mtundu wa zovala.

Atate ndi Mzimu. Mu vesi 23 , Yesu akunena kuti kulambiridwa kwa Atate "mumzimu ndi m'chowonadi." Motero, Yesu sanathanauze kulambira mwakuthupi koma mwauzimu. Kulambira koona kumapitirira kuposa chilichonse chodziwika ndipo si nkhani ya fuko kapena malo.

"Mulungu ndiye mzimu, ndipo om'lambira ayenera kumlambira mumzimu ndi m'chowonadi" (v. 24). M'mawu ena, kulambira kumene Mulungu amafuna ndiko kulambira kumene kumaphatikizapo kudzipereka kotheratu. Malinga ndi Daniel Steel, mu mzimu "zikutanthauza kuti tipereke chifuniro chathu kwa Mulungu, maganizo athu ndi zolina zathu kwa iwo omwe ali nawo kwa ife ..." (Beacon Biblical Commentary. Volume 7. CNP, USA: 1985, p. 76). M'chowonadi (kapena m'njira yowona) chimasonrya ku chenicheni chakuti "sitikulambira 'chifaniziro' cha Mulungu, chopangidwa mogwirizana ndi malingaliro athu ... Kristu yekha ndiye anatipereka kwa Mulungu weniweni kapena 'wowona. (Beacon Biblical Commentary, Volume 7 CNP, USA: 1985, p. 76). Izi zikutanthauza kuti Mulungu akhoza kupembedzedwa ndi okhawo amene akhulupilira mwa Khristu Yesu monga Mwana wa Mulungu.

## 3. Kulambira koona kumene kumavumbula

Kulambira koona kumavumbula kuti Mulungu ndani ndi zimene amafuna kwa anthu. M'mau oyamba a zimene Iye ananena zokhudza kulambira, Yesinaululira kwa mkazi wa ku Samariya kuti Iye anali Mesiya. Mkaziyo ankadziwa kuti Mesiya adzaululira kapena kuwafotokozeria zinthu zonse. Panthaŵiyo, Iye anaulula kwa iye kuti kulambira kowona kunali kozikidwa pa Mulungu, Atate, ndi kuti kunalibe kanthu kochita ndi mbali zakuthupi zimene iye anaphunzitsidwa.

Kumulambira moonadi kumaphatikizapo kudzivula tokha ndi malingaliro ake. Kulambira koona sikukhudza anthu, koma kwa Mulungu. Ndikupereka chilichonse, kuphatikiza wekha, kwa Iye. Iye ndiye maziko ndi chifukwa cha kulambira konse.

## Ndemanga/Magwiritsidwe:

1. N'cifukwa ciani mkazi wa ku Samariya anafunsa Yesu cifukwa cake anapempha madzi? (Chifukwa chakuti iye anali Msamariya ndipo Iye anali Myuda; ndipo Ayuda ndi Asamariya sanagwiritsire ntchito chirichonse chofanana, iwo sanagwirizane nkomwe.)
2. Malinga ndi kunena kwa mkaziyo, kodi Ayuda anati tizilambirira kuti? (Ku Yerusalemu.)
3. Malinga ndi vesi 22, kodi Asamariya ankalambe chiyani ndipo Ayuda ankalambe chiyani? (Asamariya zimene sankadziwa, Ayuda zimene ankadziwa.)
4. Kodi olambira oona adzalambe motani Atate? (In truth and spirit)
5. Kodi mawu amenewa akutanthauza chiyani kwa inu masiku ano?

## Chovuta:

Pakati pa sabata, ganizirani za njira zina zimene mwalambirira Mulungu, kaya pamodzi mu mpingo kapena nokha. Kodi mungasinthe bwanji kulambira kwanu podziwa kuti olambira Atate "ayenera kulambira mumzimu ndi m'choonadi"?

**Cholina:** Kuti ophunzira amvetsetse kuti chikondi cha Mulungu chimakhala ndi kuwonetseredwa, choyamba, m'mabanja; ndi kuti chifuniro cha Ambuye nkuti banja lililonse limupembedze.

**Vesi loloweza pamtima:** "Mafuko onse a amitundu adzagwadira pamaso pake." Masalmo 22:27b

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Mapensulo amitundu ndi mapepala oyera.
- **Malangizo:** Apatseni ophunzira mapepala ndi mapensulo achikuda ndipo apempheni kuti ajambule chithunzi cha banja malinga ndi mmene amaonera banja.

Lingaliro ndiloti pamapeto pake amagawana za malingaliro osiyanasiyana omwe alipo okhudza banja ndipo izi zimabweretsa phunziro.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Bolodi ndi choko kapena zofananira nazo.
- **Malangizo:** Funsani ophunzira anu kuti aganizire za banja labwino. Kenako, afunsemi kuti abwere kutsogolo ndikulemba liwu limodzi pa bolodi lomwe akuwona kuti ndilo lingaliro lofunikira kwambiri lomwe limasiyanitsa bwino lomwe banja (chikondi, ulemu, maphunziro, ana, ndi zina).

Pomaliza, akumbutseni kuti mfundo zofunika kwambiri m'banja, kaya zitakhala zotani, ndi mfundo zimene zimachirikiza banja.

Palibe chitsanzo chimodzi cholondola cha momwe banja liyenera kukhalira. Pali mitundu yosiyanasiyana ya mabanja odabwitsa aumulungu. Ngakhale m'mabuku 66 a Baibulo, mulibe chitsanzo chimodzi chabwino cha banja, koma m'malo mwake mitundu yosiyanasiyana ya zenizeni za m'banja. Nazi zitsanzo zina: 1] Banja la Yesu linali la atate - amene posachedwapa sadzakhalapo chifukwa cha imfa - mayi, mwana wamkulu (Yesu) yemwe anachoka panyumba, ndi abale ndi alongo aang'ono omwe amakayikira ntchito ya mkulu; 2] Banja la Yakobo linali ndi mwamuna (Yakobo), akazi awiri (omwe anali alongo), adzakazi awiri ndi ana khumi ndi atatu; \*Chithunzi patsamba 3+ Banja la "Fanizo la Mwana Wolowerera" linali la atate ndi ana aamuna aŵiri; \*Chithunzi patsamba 4+ Banja lina linali la abale atatu osakwatiwa (Marita, Lazaro ndi Mariya); mwa ena ambiri.

Koma pa Genesis 2:24 Mulungu analamula mwamuna kusiya atate ndi amayi (kutchula banja loyambirira) kuti apange banja latsopano ndi mkazi wake. Mu Aefeso 5 ndi 6, Paulo anapereka chitsanzo choyambirira cha banja: mwamuna, mkazi, ana. Auzeni ophunzira kuti aganizire za mabanja awo. Mwina sizingakhale zomwe wina akufuna kapena zikudutsa m'mavuto: lasanduka banja logawanika, kapena likhoza kuonedwa ngati banja losayenda bwino ... Mulungu ali ndi malangizo anzeru oti munthu agwiritse ntchito kuti moyo wa banja ukhale wabwino.

#### 1. Moyo Wachikhrusti

John Wesley anatsimikizira kuti kulambira "sikutanthauza nthawi yachete, nthawi ya kulambira, koma moyo wachipembedzo, moyo wonse wa kulambira." Ndipo umo ndi momwe Chikristu chimagwirira ntchito: sichikunena za nthawi ndi malo enieni omwe munthu amakhala ngati Mkhristu (mpingo, kupembedza kwapoyerwa kumapeto kwa sabata), koma ndi za moyo wonse, moyo wa tsiku ndi tsiku, moyo wa tsiku ndi tsiku. Munthu ayenera kuchita Chikristu m'moyo weniweni watsiku ndi tsiku. Ndi pamene pali kupanda chikhulupiro kumene anthu achikhulupiro ali zofunika kwambiri. Ndi kumadera akunja kwa tchalitchi kupembedza komwe kumafunikira kuti munthu azichita zomwe waphunzira kuchokera kutchalitchi.

Ndikofunikira kukhala ndi kukhudzika kwa chikhristu, komwe kumatchedwano mfundu za ufumu wa Mulungu (chikondi, chilungamo, chikhululukiro, chifundo, mtendere ndi chisangalalo, pakati pa ena), kunja kwa nyumba yomwe munthu amakumana Lamlungu pambuyo pa Lamlungu kukondwerera Yesu Khristu. Munthu ayenera kukhala ndi kukhudzika kumeneku mu maora onse a tsiku ndi tsiku, sabata iliyonse ya mwezi wathunthu, chaka chilichonse. Ndipo njira yokhazikika ndiyo kukhala ndi kukhudzika kwa chikhristu kunyumba kwathu (1 Yohane 4:20).

## 2. Kodi mnansi wanga ndi ndani?

Pamene Yesu anali padziko lapansi, anaphunzitsa kuti munthu ayenera kuchitira ena zabwino.

Mucikozyanyo, mulugwalo lwa Luka 10:25-37, mupanduluzi wamulawo wakabuzya Jesu akumubuzya kuti: "... Funso limeneli likadali lomveka chifukwa tanthauzo lenileni la liwuli likukhudzana ndi "munthu wapafupi" kwa mmodzi. Ndipo anthu amene ali pafupi ndi mmodzi ndi amene amakhala ndi mmodzi tsiku lililonse: Banja la munthu.

Musalakwitse kukonda munthu amene ali kutali koma osakonda amene ali pafupi kwambiri.

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## 3. Zosavuta komanso zovuta kwambiri pazochita

Anthu ambiri amavutika ndi izi: kukonda amene sali m'banja koma safuna kugwirizana ndi anthu a m'nyumba zawo. Yesu mwini anazunzika kudzera mu chofananacho pa Yohane 7:1-5 ndi abale ake omwe. Chifukwa chakuti ziwalo za m'banja zimadziwana bwino, nawonso zoooka za wina ndi mnzake.

Ndi chifukwa chake, munthu lero angasankhe kuwakonda monga momwe amadzikondera yekha (Luka 10:27).

## 4. Kulambira kwa Pabanja

Ngati wina ali ndi banja lachikristu, ali ndi mwayi waukulu wokwanirtsa mfundu yomalizira iyi: Kulambira kwa Pabanja. Monga mbali ya Kulambira kwa Pabanja, banjalo liyenera kukhala ndi nthawi yophunzira Mawu a Mulungu, kuphunzitsa ndi kupeza njira zochitira zimene amanena, kupempherera pamodzi, kuthandizana ndi kulimbiksana kukhala ndi moyo wolambira Mulungu tsiku ndi tsiku. Kulambira Mulungu sikungotanthauza kuimba nyimbo zanyimbo kapena kuimba nyimbo zoimbira zaposachedwapa; Siliri kokha pa kupita kutchalitchi mwachipembedzo kapena kuchita misonkhano yambiri ndi ziwalo zina za mpingo. Kupembedza Mulungu ndi chinthu chozama kwambiri ndipo nthawi zonse chimadutsa pachipembedzo.

## Ndemanga/Magwiritsidwe:

Perekani nthawi yoti ophunzira alembe zimene adzafunsidwa ndipo kenako agawane zina m'gululo kuti apembedzerane. Pamapeto pake, alimbikitseni kuti azidzipereka polambira m'mabanja awo.

Lembani mayina a amene ali m'banja lanu, udindo wawo mmenemo ndi zosowa zimene ali nazo pakali pano.

**Dzina:**

Chisanzo:

Andrew

**Udindo:**

Dad

**Abambo Akufuna:**

kulandila yesu

Pomaliza, lonjezani kuti mudzayambitsa kulambira m'banja mwanu. Nachi chitsanzo cha kudzipereka kumeneku. "Ine, \_\_\_\_\_ ndidzipereka ndekha pamaso pa Mulungu kuti ndipembedze Mulungu m'moyo wanga kunyumba, kukhala chitsanzo pa chilichonse chimene ndimachita ndi kunena."

## Chovuta:

Sabata ino, yesani kutsatira zikhulupiro zanu zachipembedzo kunyumba. Nawa maupangiri: kupemphererana wina ndi mnzake kamodzi pa sabata; lonjezana kusachitirana chipongwe m'njira iriyonse kunyumba: palibe ndewu, osati m'mawu kapena ndi manja; werengani ndime ya m'Baibulo kamodzi pamlungu; pemphani banjalo kuti lipemphere limodzi lisanayambe kapena likabwera kuchokera ku ulendo poyenda limodzi; kuimba nyimbo zolemekeza Khristu pa ntchito yapakhomo.

**Cholina:** Kuti ophunzira amvetse kuti mpingo umagwira ntchito ngati thupi ndipo motero, gawo lililonse kapena chiwalo chake chili ndi ntchito yake.

**Vesi loloweza pamtima:** "Momwemonso mwa Khristu ife, ngakhale ambiri, tipanga thupi limodzi, ndi chiwalo chilichonse ndi cha ena onse. Aroma 12:5

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Pepala lalikulu kapena bolodi, cholembra kapena pensulo, mapepala, ndi tepi.
- **Malangizo:** Jambulani mawonekedwe a thupi la munthu pa bolodi. Dulani pepalalo mzidutswa ting'onuting'ono, ndipo pa chilichonse lembani mphatso zauzimu ndi ntchito, makamaka zomwe zimachitidwa momveka bwino mu mpingo wanu (othandizira, abusa, aphunzitsi, chifundo, pemphero, ndi zina zotero). Ikani zonse mudengu. Lolani wophunzira aliyense atenge pepala ndi kuliyika pa mbali ya thupi pamene akuganiza kuti ikuyenera, malingana ndi ntchito yake, ndipo afotokoze mwachidule chifukwa chake anaiyika pamenepo. Mwachitsanzo, mphatso ya pemphero ikhoza kuikidwa pa mawondo, chifukwa munthu amene amapemphera amathera nthawi yochuluka pa mawondo awo, kapena mphatso ya chifundo ikhoza kuikidwa pamtima, ndi zina zotero.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala ndi mapensulo kapena zolembra.
- **Malangizo:** Dulani pepalalo kukhala tizidutswa tating'ono ting'ono, ndipo lembani pa aliyense wa iwo dzina la ophunzira onse mkalasi. Ikani mayina onse mudengu ndipo funsani ophunzira kuti atenge limodzi. Ngati dzina lomwe ali nalo ndi lawolawo, asiyeni alisinthe.

**N**khuku aliyense ali ndi dzina, alimbiktseni kuti alembe mphatso yomwe akuganiza kuti munthuyo ali nayo ndikufotokozera momwe munthuyo, ndi mphatso yake, angathandizire ku umodzi ndi mgwirizano wa mpingo kapena gulu. Mwachitsanzo: "Mphatso ya Emanueli ndi utumiki; nthawi zonse amakhala wokonzeka kuthandiza", kapena "Anna ndi munthu wowerenga Baibulo kwambiri ndipo amalimbiktsa gulu kufunafuna zambiri za Mulungu." Pakutha kwa kuzungulira, aliyense adzakhala atamva zabwino zake.

Iye mzinda wa Korinto unali malo a chisembwere chosazoloweraka "ndi zonse zimene zikanatha kutumikira zokondweretsa za thupi ... unali umodzi wa mizinda yonyansa kwambiri, yamanyazi ndi yachisembwere padziko lapansi" ( Beacon Biblical Commentary, Voliyumu 8. CNP, USA: s/f, p. 321). Mpingo wa ku Korinto sunathe kudziletsa wokha kuchoka ku zisonkhezero zonse zauchimo zozungulira iwo. N'chifukwa chake Paulo m'kalata yake yopita kwa Akorinto anawakumbutsa kuti "anaitanidwa kukhala oyera mtima \*a Mulungu+." ( 1 Akorinto 1:2 ) Choncho, Paulo anawauza kuti:

*Kuwonjezera pa mavuto amene mpingo wa ku Korinto unali kukumana nawo, anawonjezedwa kapena kutayika pa mtengo wa mphatso zosiyanasiyana za Mzimu Woyer poona mphatso zina kukhala zopambana zina. Mwa kunyozetsa mautumiki a Mzimu Woyer omwe amawaona kukhala osafunika, anataya mtima wa umodzi ndi utumiki.*

#### 1. Mmodzi mwa Khristu

Mkhristu aliyense ndi chiwalo cha thupi la Khristu. Anthu ndi osiyana, amakhala m'madera osiyanasiyana padziko lapansi ndipo ali ndi maudindo osiyanasiyana. Ngakhale pali kusiyana konseku, mwa Khristu muli umodzi (1 Akorinto 12:12-13). Kwa Paulo, kunali kofunika kwambiri kuti Akorinto amvetsetse umodzi mwa

Kristu Yesu. N'chifukwa chake anabwerezwa mawu akuti "m'modzi" kasanu m'mavesi awiri okha. Iye ananena momveka bwino kuti chofunika kwambiri chinali mgwirizano.

Mu vesi 13, Paulo akufotokoza za zipembedzo zomwe zimapanga Akhristu kukhala amodzi mu mpingo; zochitika ziwiri zomwe zimagawidwa ndi okhulupirira onse:

- a. Onse anabatizidwa ndi Mzimu umodzi (12:13a). Izi zimathetsa kusiyana kulikonse kumene kungakhalepo pakati pa Akristu, monga ngati fuko, chikhaliwe, udindo, ndi zina zotero. mpingo.
- b. Onse anapatsidwa Mzimu umodzi (12:13b). Akhristu ali olumikizana chifukwa Mzimu womwewo umakhala mwa aliyense. Mu chiyanjano ichi, munthu amagawana moyo wamuyaya ndi makonzedwe ndi ntchito ya Khristu (Yohane 6:53-58), motero akuphwasula zotchinga zonse zomwe zimayambitsa magawano.

## **2. Kufunika kwa mitundu yosiyanasiyana**

"Chomwechonso thupi siliri ndi chiwalo chimodzi, koma chambiri." ( 1 Akorinto 12:14 ) Fanizoli la pakati pa thupi la munthu ndi thupi la Khristu limatiphunzitsa kuti thupi ndi chinthu chimodzi. Pofotokoza mbali zosiyanasiyana za thupi monga munthu, iye anapereka lingaliro lakuti chiwalo chilichonse, mosasamala kanthu za kusiyana kwake, n'chofunika.

Mosalunjika, Paulo akupereka mavuto awiri kapena zizolowezi mu mpingo zimene zimalepheretsa ambiri kusangalala ndi kuyamikira umodzi mu kusiyana; ndipo awa ndi otsika komanso apamwamba. Osapeputsa kufunikira kwanu m'thupi la Khristu (Low self-esteem). Kumbali inayi, musadzichepetse kufunikira kwanu m'thupi la Khristu (kunyada). Nthawi zonse samalani kufunafuna mgwirizano ndikusangalala ndi zosiyana mu mpingo.

## **3. Mphatso zosiyana, koma thupi limodzi**

Paulo akupereka mndandanda wa mphatso ndi maudindo a mpingo mu 1 Akorinto 12:27-31. Mamembala onse a thupi la Khristu ali ndi luso la uzimu lapadera, luso, ndi mphatso. Mphatso zosiyanasianazi zimalemeretsa mpingo. Chiwalo chilichonse n'chofunika kwambiri kuti thupi lonse lizigwira ntchito bwino. Aliyense akuitanidwa kuti achite mbali yake, kuti apereke ndi mphatso ndi luso lake pakukula kwa thupi. Izi zikutanthauza kuti munthu aliyense ayenera kupeza mphatso zake za uzimu ndikutumikira m'njira yabwino koposa.

## **Ndemanga/Magwiritsidwe:**

Agaweni ophunzira m'magulu ndikuwafunsa kuti alembe matanthauzo a mphatso zotsatirazi, ndi ntchito imodzi kapena ziwiri mu mpingo. (Mndandanda watengedwa f Aroma 1 Akorinto 12:28 ndi Aroma 12:6-8). Kenako aganizire za mphatso yawo yomwe ili mkatı mwa mpingo.

1. Ulamuliro: Kutha kunkonza ndikuwongolera ntchito, mlembi, osunga chuma.
2. Langizo: Kukhoza kulimbikitsa anthu kuhala ndi moyo weniweni wachikhristu, mlangizi, mphunzitsi.
3. Gawani kapena Kupereka: Kutha kuthandizira ntchitoyo mwakuthupi kudzera mu zopereka.
4. Kutsogolera kapena kutsogolera: Kukhoza kutsogolera gulu ndi masomphenya ndi nhkawa, mtsogoleri wa selo, m'busa, mphunzitsi.
5. Chifundo: Kuhala ndi chifundo pa zosowa za ena, mautumiki achifundo.
6. Uneneri kapena kulalikira: Kukhoza kulalikira ndi kugwiritsa ntchito mawu a Mulungu, mbusa.
7. Utumiki: Kutha kuthandiza ena mwanjira yothandiza, othandizira.
8. Kuphunzitsa: Kutha kufotokozena momveka bwino choonadi cha m'Baibulo kwa ena, aphunzitsi, atsogoleri a selo.
9. Machiritso: Pempherani machiritso, chezerani ndi kupempherera odwala.

## **Chovuta:**

Mpingo uli ngati chododometsa chachikulu. Palibe zidutswa ziwiri zofanana. Ngati iwo anali, sitikanatha kuona chithunzi chomalizidwa ndipo zimenezo zikanathanthawuza chidutswa chimodzi chotsala ndi china chosowa. Mu thupi la Khristu, chinthu chomwecho chikuchitika. Palibe mamembala awiri ofanana, choncho mphatso yanu ndiyofunika. Kodi mumadziwa kale mphatso zanu? Kodi mumatumikira kutchalitchi kwanu, m'dera lanu, kapena m'dera lanu? Ikani mphatso zanu pa utumiki wa Mulungu!

**Cholina:** Kwa ophunzira amapeza matalente ndi mphatso zomwe ali nazo zapatsidwa kwa iwo ndi Mulungu kuti amutumikire.

**Vesi loloweza pamtima:** "Pakuti amene ali nazo, adzapatsidwa zochuluka, ndipo adzakhala nazo zochuluka. Amene alibe, ngakhale chimene ali nacho chidzachotsedwa kwa iwo." Mateyu 25:29

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mapepala (5 x 7 cm) ndi mapensulo.
- **Malangizo:** Wophunzira aliyense alembe papepala mndandanda wa luso lawo, monga kuyankhula pagulu, kulemba, kuyimba, kujambula, ndi zina zotero.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Manyuzipepala ochokera ku gawo la ntchito ndi mapepala opanda kanthu ndi mapensulo.
- **Malangizo:** Bweretsani mapepala a nyuzipepala kuchokera ku gawo la ntchito ku kalasi ndipo funsani ophunzira kuti awerenge mokweza mbiri zomwe zimafunkira pa ntchito zina. Auzeni kuti apange mbiri ya mtumiki wa Mulungu ndikukambilana ngati ali oyenerera mbiri imeneyo kutumikira Ambuye komanso ngati akutumikira bwino mu ufumu wa Mulungu.

Talente ndi kuthekera kwa munthu kumvetsetsa ndi kuchita ntchito inayake. Maluso angapezeke mwa kutengera chibadwa kapena mwa kusonkhezeredwa ndi kuphunzira. Kaya munthu awapeza mwa cholowa kapena mwa kuphunzira, munthu ayenera kuwapatalira ku utumiki wa Mulungu. Kodi munthu angachite chiyani kuti alemekaze Mulungu ndi matalente amene wamupatsa?

#### 1. Kukwaniritsa udindo wa atumiki

Monga mwana wa Mulungu, munthu ali ndi udindo womutumikira ndi kuyang'anira zinthu za Ufumu wake. N'chifukwa chake anapatsa ana ake luso lochita bwino utumiki umene anawapatsa. Pa Mateyu 24:45-51, Ambuye Yesu adapereka fanizo kuti aphunzitse ana ake/otsatira ake mmene amafunira kuwakhulupirira monga atumiki abwino.

##### A. Kapolo wabwino ndi wokhulupirika

Ambuye Yesu Khristu analonjeza kuti adzabwerera ku mpingo wake ndipo palibe amene akudziwa kuti zidzachitika liti, koma padakali pano, aliyense ayenera kuchita zimene ananena. Malinga ndi fanizoli, mtumiki wabwino wa Mulungu ali ndi makhalidwe awa:

Kukhulupirika: Kumatanthauza kusamala kuti usabere kapena kusapereka chidaliro choikidwa mwa munthu. Munthuyo amakhala wokhulupirika pamaso pa wamkulu kapena palibe; amakwaniritsa ndendende zomwe adapatsidwa. Munthu ayenera kuonetsetsa kuti sakuphwanya chikhulupiriro cha Mulungu pomutumikira ndi kuchita bwino, chikondi, ndi chiyamiko (vs 45-46).

Kuchenjera: Munthu wanzeru amakhala wosamala komanso woganiza bwino m'maganizo ndi m'zochita zake. Khalidwe limeneli ndi lofunika kuti lisawononge zofuna za amene amamukhulupirira. Muutumiki wa munthu kwa Mulungu, munthu ayenera kuyesetsa kuti akhale wogwira mtima ndipo Ambuye amakondwera (vs. 45-46). Mphotho: Chisankho chilichonse chimakhala ndi zotsatira zake. Wantchito amene anasankha kukhala wokhulupirika, ndi wanzeru analengezedwa kuti adali wodalitsika ndipo adzapatsidwa udindo waukulu. Yehova adzapereka mphoto mwa kudalitsa amene amamutumikira mokhulupirika (v. 47).

##### B. Kapolo woipa

Malinga ndi fanizoli, kapolo woipayo ali ndi makhalidwe awa:

Kunyalanyaza: ndiko kudziwa zoyenera kuchita ndi kusazichita. Kapolo woipa ndi amene sachita mbali yake, akumaganiza kuti bwana wake atenga nthawi yaitali kuti abwerere, kapena kuti sadzamuimba mlandu ndipo akukhulupirira kuti adzakhala ndi nthawi yokonza kusasamala kwake (v. 48-49). ).

Wachipongwe: ndikugwiritsa ntchito molakwika, mopambanitsa, mosayenera kapena mosayenera kwa chinthu kapena munthu. Kapoloyu anagwiritsa ntchito molakwika nthawi yake ndi zinthu zina zimene anali nazo kuti zinthu zimuyendere bwino (vs. 48-49).

Mphotho: Kapolo woipayo anayenera kuyang' anizana ndi zotulukapo za kusakhulupirika kwake ndi kusasamala kwake. Pamene mbuye wake anabwerera, analangidwa koopsa ndi kuchotsedwa pa ntchito yake. Zingakhale bwino kuti munthu atenge udindo wa mtumiki wa Ambuye moyenerera kuti akadzabweranso akapeze wina akuchita chifuniro chake ndi kumutumikira (v. 51).

## **2. Kugwiritsa ntchito ndi kubereka maluso**

Matalente amene Yehova amapereka ayenera kugwiritsidwa ntchito ndi kupangidwanso. Pa Mateyu 25:14-30 , fanizo la matalente likupezeka. Matalente anali muyeso wosinthika womwe umagwiritsidwa ntchito pochita malonda koma chiphunxitso chofunikira cha fanizoli chimaphatikizapo zinthu zopitilira phindu lazachuma.

### **A. Kudalira, luso ndi udindo**

Talente iliyonse inkaimira chuma choperekedwa m'manja mwa antchito: Munthuyo sanangosungitsa chuma chake chokha komanso ankadalira aliyense wa iwo. Luntha, luso, luso, utsogoleri, luso lamanja, uphungu, ndi zina zotero, ndi mphatso/maluso olandiridwa kuchokera kwa Mulungu kuti agwiritsidwe ntchito kukondweretsa Mulungu, osati kungopeza ndalamu. Ambuye amapereka mphatso/matalente malinga ndi dongosolo lake. Mulungu anapatsa munthu aliyense luso mwa kupatsa aliyense luso lochita zinthu zina, koma anapatsanso udindo woti aziwagwiritsa ntchito kuti akwanirtse zolina zake. Wamphamvuyonse safuna aliyense, koma mwachikondi amapatsa munthu aliyense ulema womutumikira.

### **B. Zochita zosiyanasiyana**

Atumiki awiri oyambirirawo anali ndi mtima wokangalika, wabwino chifukwa anachitapo kanthu mwamsanga kuti achite zimene anafunsidwa, ndipo zotsatira zake zinali zoonekeratu chifukwa anachulukitsa kaŵiri ndalamu zimene analandira (vs. 16-17).

Khama lokhalo la wantchito wosasamala linali kubisa likulu lomwe analandira (v. 18). Akhristu ambiri sachita kalikonse mu mpingo chifukwa asanayese, adatsimikiza kale kuti sizingagwire ntchito.

Wantchito wokhulupirika aliyense adalandira chiyamiko ndikuwonjezera likulu lake, b ndipo wantchito wosasamala adataya zochepa zomwe anali nazo. Ngati munthu akufuna kukhala ndi madalitso a Mulungu, ayenera kugwiritsa ntchito mphatso ndi matalente amene anapatsidwa m'malo mozibisa ndi kupereka zifukwa (vs. 21-18). Mawu amagogomezera chenicheni chakuti tsikulo lidzadziŵerengera mlandu kwa Mulungu ponena za kugwiritsiridwa ntchito kwa nthawi, maluso ndi luso, popanda chowiringula. Chinthu chofunikira kwambiri sichidzakhala kuchuluka kwa matalente omwe alandilidwa, koma zotsatira za kukhala ndi ndalamu mu Ufumu wa Ambuye.

## **Ndemanga/Magwiritsidwe:**

Mafunso pazokambirana zamagulu:

1. Malinga ndi Mateyu 24:30-51 , ndi makhalidwe ati a anthu amene sali okhulupilika pogwila nchito imene Mulungu wawapatsa? (Ndi aulesi, opanda chiyembekezo, osasamala, ndi osasamala.)
2. Kodi fanizo la matalente lili ndi maphunziro otani pa moyo wanu?
3. Kodi ndinu okonzeka kuchita chiyani pophunziro phunziro ili?

## **Chovuta:**

Pangani udindo wotumikira mu mpingo. Mungachite zimenezi polankhula ndi mphunzitsi wanu wa Sande sukulu kapena mtsogoleri wina, kuwafunsa mmene mungathandizire. Izi zitha kukhala zokonzekera za phunziro lotsatira, kukhazikitsa, kulumikizana ndi mamembala amkalasi, ndi zina.

**Cholina:** Kuthandiza ophunzira kuzindikira kufunika kokwaniritsa utumiki umene Mulungu wawaitanira: m'kati ndi kunja kwa mpingo.

**Vesi loloweza pamtima:** "Yang'anirani moyo wanu ndi chiphunzitso chanu. Limbire m'menemo, chifukwa ngati uto, udzadzipulumbutsa iwe wekha ndi akumva ako." 1 Timoteo 4:16

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mapepala oyera, mapensulo, mipando ya munthu aliyense.
- **Malangizo:** Afunseni ophunzira kuti apange awiriawiri, ndipo aliyense afunse mnzake: Ngati mukuyenera kutsogolera kapena kuyambitsa utumiki mu mpingo, ungakhale bwanji? Awiri onse abwera kutsogolo ndikumuwonetsa mnzake ndikunena zomwe adalemba za munthuyo.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mipando yapayokha yelinganiza zida, makadi okhala ndi zikwangwani.
- **Malangizo:** Bweretsani ku makadi a kalasi omwe ali ndi mayina a mautumiki osiyanasiyana omwe angapangidwe mu mpingo: kulalikira, kuhunzitsa ophunzira, chifundo, pemphero, kuyendera, kuyang'anira, mapunziro, nyimbo ndi kupembedza, ndi zina zotero. ndipo pemphani wophunzira aliyense kuhala pafupi ndi chikwangwani cha utumiki chimene chimawakopa kwambiri. Kenako gulu lirilonse likambirana momwe lingapangire utumiki m'kati ndi kunja kwa mpingo. Auzeni kuti agawane malingaliro awo ndi ena pagulu.

**K**umasulira liwu loti "utumiki." Mu Chipangano Chakale, liwu lachihebri loti "sharat" linkagwiritsidwa ntchito, kutanthauza kutumikira, kutumikira, kutumikira. Mawu achilatini akuti mtumiki nawonso achokera ku adjective "minus" kutanthauza zochepa kapena zochepa kuposa. Mtumiki anali mtumiki kapena wocheperapo amene anali mu utumiki wabwana wake. Mu Chipangano Chatsopano, liwu logwiritsidwa ntchito kwambiri la mtumiki linali "diakoneo", kutanthauza kukhala wantchito, wothandiza, wotumikira, wothandiza, wotumikira. Amamasuliridwa makamaka ku liwu lakuti "servi". ( Expository Dictionary of Old and New Testament words. W.E. Vine. Caribe, 1999, Colombia, tsamba 554).

Matanthauzowa amathandiza munthu kumvetsetsa kuti kukulitsa utumiki mu mpingo kumatanthauza kudzipereka kwambiri potumikira Mulungu ndi anthu.

#### 1. Kuti munthu akulitse utumiki, choyamba ayenera kukhala wantchito

M'Chipangano Chatsopano, kukhala wantchito kunali kofanana ndi kukhala kapololo potumikira mbuye wake. Izi zikutanthauza kugonjera kwathunthu ku chifuniro ndi malamulo a mbuye wawo. M'moyo wa chikhristu, kukhala kapololo kumatanthauza choyamba kukhala m'khristu ndikuvomera umbuye wa Yesu Khristu monga Mfumu ndi Ambuye. M'khristu aliyense amaitanidwa kuti azitumikira mu mpingo, popeza ichi ndi chamoyo chamoyo; aliyense amapatsidwa mphamvu ndi Mzimu Woyeru kuti atukule utumiki wapadera m'kati mwa ntchito yake (1 Akorinto 12:12-27).

#### 2. Kutumikira, munthu ayenera kukonzekera

Paulo anapempha Timoteo kuti akhale mtumiki wabwino wa uthenga wabwino. Pa 1 Timoteo 4:6-16, akusonyeza mikhalidwe ina imene munthu ayenera kukulitsa kuti akhale mtumiki wabwino.

Konzekerani ntchitoyo: Izi zikutanthauza kukonzekera, kuhunzira. Chotero, Timoteo akanakhala a) Woleredwa ndi mawu a chikhulupiriro, ndi b) kukhala ndi chiphunzitso chabwino.

Zindikirani chiphunzitso chabodza: Uthenga umati: "Khalani otalikirana ndi nkhani zopusa". Anthu amene amatumikira Mulungu ayenera kudziwa Mulungu kudzera m'Mawu ake.

Khalani aumulungu: M'mawu ake Achihebri (hasid), akutanthauza kuthandizana, kogwira mtima ndi kokhulupirika kwa abale, alongo, achibale, mabwenzi, ogwirizana, ndi ena otero. Paulo akunena kuti umulungu uli ndi lonjezo la moyo uno ndi wa moyo ulinkudza. Gwirani ntchito ndi kuvutika: Paulo anati kwa Timoteo: "...khala wolimba..., Ukhale pamodzi ndi ine m'masautso..., palibe msilikali akodwa muzochitika za usilikali..., achita mpikisano..." ( 2 Timoteo 2:1-1 ) 8). Ngati mtumikiyo salandira maphunziro abwino, pankhondo yoyamba adzasiya utumiki nthawi yomweyo.

Khalani chitsanzo: Paulo anatchula momvekera bwino kuti aliyense amene akufuna kutumikira Mulungu ayenera kukhala ndi moyo waumphumphi monga chitsanzo kwa ena; m'malankhulidwe awo, m'mayendedwe awo, m'chikondi chawo cha pa mnansi, m'chikhulupiro ndi kuyera mtima.

Khalani otanganidwa: Kuti mukhale ndi utumiki, munthu ayenera kuugwira ntchito. Ngakhale kuti Paulo ankadziwa kuti Timoteyo anali wamng'ono kwambiri, anamulimbikitsa kuti azikonzekera utumiki komanso kuti azikonzekera. Werengani, munthu ayenera kudziwa zambiri za zomwe angachite, kuphunzira kwa ena, kuphunzitsa ena, ndi kutumikira Ambuye.

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Samalirani utumiki wanu: Timoteyo analandira kusanjika manja kuti akhale mtumiki wa mpingo, (chimene masiku ano chimatchedwa kudzozedwa) kuti athe kuweta mpingo. Zimenezi zinatanthauza udindo waukulu kwa mnyamata. Chotero, uphungu wa Paulo unali wakuti Timoteo asamalire mphatso yake ndi kuigwiritsira ntchito kudalitsa ena. Munthu ayenera kutenga utumiki wake mozama. Kutumikira Mulungu ndi mwayi, osati udindo.

### **3. Kutumikira munthu ayenera kukhala wokonzeka kuchita chilichonse**

#### **A. Mtumiki mu mpingo.**

Nthawi zambiri pamakhala mwayi wotumikira mu mpingo, monga kukhala aphunzitsi, otsogolera, kutenga nawo mbali mu nyimbo, kuyimba, kuphunzitsa, kupemphera, kuyang'anira, utsogoleri, ndi zina zotere.

#### **B. Kutumikira kunja kwa mpingo**

Utumiki umene ukufunika kwambiri mu mpingo ndi umene uli ndi cholinga chofikira ena, ndipo uyenera kukonzedwa kuti ufikire kunja kwa makoma anayi a mpingo. Pakati pawo titha kupeza mautumiki a kulalikira, kuyendera, chifundo, kuphunzitsa ophunzira, atsogoleri a cell, alaliki, odzala mipingo, amishonare, ndi zina zotero.

Lero muyenera kulingalira za moyo wanu wauzimu ndikudzifunsa nokha: Kodi ndinedi mwana wa Mulungu? Ndine wokonzeka kukhala a mtumiki? Kodi ndi mphatso zauzimu ziti zimene Mulungu wandipatsa kuti ndizimutumikira? Kodi ndikukulitsa bwanji mphatso zanga? Ndi mautumiki ati omwe ndingalowe nawo mkatika kapena kunja kwa mpingo?

### **Ndemanga / Kugwiritsa Ntchito:**

Perekani nthawi yoti ophunzira awerenge ndimezo, kusinkhasinkha, ndi kuyankha:

- 1 Timoteo 4:7-8 - N'chifukwa chiyani Timoteo anayenera kunyalanyaza miseche ndi kusiya kuchita masewera olimbitsa thupi kuti adzipereke kukwaniritsa utumiki wake?
- 1 Timoteo 4:12 - Kodi ndi mbali ziti za moyo wanu wachikhristu zomwe muyenera kuyesetsa kuti mukulitse utumiki mu mpingo?

Ndi mbali ziti za utumiki zomwe mungakonde kutumikira Mulungu mkatika kapena kunja kwa mpingo?

### **Chovuta:**

Mulungu akupitiriza kulankhula nafe za utumiki ndi kugawira ena zimene talandira kuchokera kwa Iye. Pitirizani kusinkhasinkha, ndipo mlungu uno, ngati muli kale ndi utumiki, lingalirani za mmene mungaukulitsire, ndipo ngati simunatumikirebe, musadikire. Sabata ino ikani manja anu kuntchito ndikuyamba tsopano.

**Cholina:** Kuti ophunzira awone utumikiwo ngati gawo la moyo wawo wachikristu.

**Vesi loloweza pamtima:** “Ndipo amene aliyense afuna kukhala woyamba ayenera kukhala kapolo wa onse.” Marko 10:44

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Zithunzi kapena zithunzi za anthu akuthandiza ena (kuwoloka msewu, kunyamula chinthu cholemera, kusamalira wodwala, kuperekwa ndalamu, kutonthoza munthu amene akulira) kapena zikwangwani zosonyeza utumiki winawake.
- **Malangizo:** Funsani ophunzira anu kuti anene momwe akumvera akamawona zochitika izi; lingalirani za mmene Mulungu amagwirira ntchito mwa munthu pamene wina asowâ ndi mmene ayenera kutumikira ena mofananamo.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Bolodi ndi choko kapena pepala lalikulu ndi cholembra.
- **Malangizo:** Pa bolodi, lembani mbali imodzi kuti: “Munthu Wothehandiza” ndipo mbali inayo: “Munthu wodzikonda.” Funsani ophunzira anu kuti afotokoze makhaldwe omwe aliyense wa anthuwa amakhala nawo. Pamapeto pake, ganizirani pamodzi za kusiyana komwe kwatchulidwa komanso mphamvu zomwe makhalidwewa angakhale nawo pa maubwenzi apakati pa anthuwa.

**U**tumiki Wachikristu wa rue kwenikweni uli wogwirizana ndi tanthauzo lake loyambirira, ndiko kuti, umaphatikizapo mikhalidwe ya kudzichepetsa, kudziperekwa, ndi chikondi chokangalika. Munthu ayenera kuzindikira kuti mikhalidwe imeneyi siyenera kukhala yosakhalitsa m'moyo wa wachinyamatayo, koma iyenera kukhala moyo watsiku ndi tsiku umene akukhalamo mosalekeza akutumikira Mulungu. ndipo ena adayankha kuti, Ndine kapolo, kapena mbuye?

#### 1. Khalidwe la kudzichepetsa mu utumiki

M'mavesi asanafike ndime yophunzira ya lero ( Marko 10:35-45 ), Yesu anali kupita ku Yerusalemu ndi kuphunzitsa anthu m'njira ( Marko 10:1, 17:32 ). Pa Marko 10:29-31 , Yesu anaonetsera momveka bwino kwa ophunzira ake kuti mu ufumu wa Mulungu, dongosolo la kufunikira kuli kosiyanan kotheratu ndi dongosolo la kufunikira komwe kulipo pakati pa anthu (v. 31).

Mosayembekezeza, mavesi ocepa pambuyo pake, awili mwa ophunzila a Yesu apempha pempho lotsutsana ndi zimene Mbuye anali atangonena kumene. Pa Marko 10:37 , wina amawerenga kuti m'bale Yakobo ndi Yohane anapempha Yesu kuti: “Tiloleni mmodzi akhale kudzanja lanu lamanja, ndi wina kulamanzere mu ulemerero wanu.” M'mawu amenewa wina amanena kuti abalewo ankaganizira za moyo wawo wa m'tsogolo, ndiponiso kuti anali ndi mtima wonyada pogoniza kuti anayenera kukhala ndi malo apamwamba kuposa otsatira ena a Yesu. Tsoka ilo, maganizo amenewa ndi omwe akubwerezedwa, ngakhale lero, mwa otsatira ambiri a Yesu amakono.

Yesu anali woleza mtima komanso womveka bwino kwa ophunzira ake, komabe iwo ankalimbanabe ndi mtima wonyada. Anafotokoza momveka bwino kuti mu ufumu wa Mulungu ndi Mulungu yekha amene amadziwa mmene zinthu zidzakhalire ndipo uwu usakhale udindo wathu kapena nkhawa zathu (v. 40). M'malo mwake, chimene chili chofunika kwambiri kwa Mkristu wachichepere wotumikira m'dzina la Yesu ndicho kukhala ndi mtima wodzichepetsa tsiku ndi tsiku, mwachitsanzo: kumangokhalira kulingalira za mmene ena akumvera, zimene ena akufunikira, ndi zimene angachite nazo. ( Luka 1:37 ).

## 2. Kufunitsitsa kudzipereka mu utumiki

M'ndime zotsatirazi za ndime yophunzirayo, Yesu akugawana chinthu chovuta ndi ophunzira amene ankafuna kutsogolera. Yesu anati: ““Simukudziwa chimene mukupempha,” anatero Yesu. ‘Kodi inu mukhoza kumwera chikho chimene ndimwera, kapena kubatizidwa ndi ubatizo umene ndibatizidwa nawo?”” ( Maliko 10:38 ) Yesu ananena kuti: (Apa Yesu ankanena za zimene anali atangonena kumene pa Marko 10:33-34 , zimene zinali kuzunzidwa ndi imfa yake pa mtanda).

Yesu anamveketsa bwino lomwe kwa otsatira ake kuti utumiki wachikristu sunakhazikike pamwawi kapena madalitso amene amadza ndi njira imeneyo, koma unali ulendo umene umafuna kufunitsitsa kodziwika ndi kotsimikizirika kudzipereka nsembe kaamba ka ena. Kudzipereka kumeneku kumafuna zambiri kuchokera kwa Mkristu wachinyamatayo, kuphatikizapo nthawi yaumwini, nthawi ya banja, nthawi ya ntchito, ndalamda ndi zinthu zina zakuthupi, komanso nthawi zambiri kuvutika maganizo ndi kusapeza bwino. ( Marko 10:39; Mateyu 28:20 ).

## 3. Zochita za utumiki mu utumiki

Pomaliza, pa Marko 10:43-44 , Yesu analankhula ndi ophunzira za kufunika kotumikira ena. Yehova ananena kuti atsogoleri ambiri a m'nthawi imeneyo ankagwiritsa ntchito molakwa udindo waho pa anthu ena kuti apindule nawo (v. 42). Kuzunza komweku kumawonedwanso m'chitaganaya chamakono.

M'malo mwake, Yesu anaphunzitsa kuti munthu ayenera kudziwikitsa mwa kuchita zinthu mosalekeza kwa ena, osati kufunafuna ena kuti am'tumikire. Yesu anali ndi nthawi yodya ndi kupumula limodzi ndi anzake apamtima, anali ndi nthawi yosala kudya komanso anali ndi nthawi yopemphera. Ndiponso, Yesu anali kusangalala ndi banja ndi mabwenzi (ukwati ku Kana wa ku Galileya, Yohane 2:1), ndi ana ( Marko 10:14 ). Lerolino, Akristu achichepere adzapindula mwa kusamalira matupi awo akuthupi ndi masewera olimbitsa thupi ndi chisamaliro chamankhwala; amasamaliranso maganizo ndi mtima waho mwa kukhala paokha ndi Mulungu, kupuma, kusangalala, ndi banja lawo lapamtima.

Kudzichepetsa, kudzimana ndi kutumikira ndi mikhaldwe yogwirizana kwambiri yomwe ili yofunika kwambiri muutumiki wachikristu woona. Mtundu wa utumiki umene uli wodzala ndi nyonga yauzimu, umatheka kokha pamene Mulungu ali phata la zoyesayesa zonse, ndipo wachichepereyo amangochita zimene Ambuye Yesu ks tsiku. "Pakuti ndife antchito anzake a Mulungu ..." (1 Akorinto 3: 9).

## Ndemanga/Magwiritsidwe:

Apatseni nthawi yoti aganizire zitsanzo zothandiza za moyo waho watsiku ndi tsiku zomwe zimasonryeza maganizo ofanana (mayankho ali mwa zitsanzo).

### CHIPHUNZITSO CHA YESU

1. Mtima Wodzichepetsa Lankhulani ndi omwe sindimamasuka nawo.
  2. Kufunitsitsa Kudzipereka Perekani zopereka m'malo mogula ndekha.
  3. Ntchito Yogwira Ntchito Kuthandiza ndi ntchito zapakhomo za munthu wachikulire kapena wodwala wapafupi.
- Gawani chakudy cha changa ndi munthu wina.
- Pezani ndalamda zothandizira banja lomwe likusowa thandizo.

### YANKHO LANGA

## Chovuta:

Kodi mumauona bwanji utumiki wachikhrustu? Ndi zochitika ziti kapena zitsanzo zomwe mudakhala nazo ndi atsogoleri anu? Kodi munayamba mwafunapo kutumikira mu mpingo kapena mukuchita kale? Kumbukirani kuti Mulungu adakulengani kuti mukhale ndi dongosolo lapadera. Akunena pa Yeremiya 29:11 , kuti: ““Pakuti ndikudziwa zimene ndikukonzerani,” watero Yehova, ‘ndikuganiza zokuchitirani zabwino osati zovulaza inu, zokupatsani chiyembekezo ndi tsogolo. kuti mugawane zokaikira zanu ndi mafunso ndi ine, mphunzitsi wanu wa Sande sukulu.

**Cholina:** Kuti ophunzira afanizire makhalidwe a mtumiki wa Mulungu ndi makhalidwe amene ali nawo panopa.

**Vesi loloweza pamtima:** "Iwo amene atumikira bwino adzalandira mbiri yabwino ndi chitsimikizo chachikulu m'chikhulupiriro chawo mwa Kristu Yesu." 1 Timoteo 3:13

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Mapepala (makona a mainchesi 20x10 cm, oyera kapena akuda), mapensulo kapena zolembera ndi timapepala/zikhomo za wophunzira aliyense.

Konzani mipando mozungulira. Ophunzira akafika, alandireni, afunsemi kuti akhale pa mpando umodzi. Sankhani mmodzi wa ophunzira kuti akhale wothandizira mphunzitsi popatsa ophunzira ena pepala, pensulo, ndi kopanira. Wophunzira aliyense alembe pa pepala lake khalidwe limene akuganiza kuti mtumiki wa Mulungu ayenera kukhala nalo. Akamaliza kulemba, aliyense adzabwera kutsogolo ndikudula pepala lake ku zovala za munthu amene wasankhidwa kukhala wothandizira.

Lembani mndandanda wa makhalidwe osiyansiyana omwe achinyamata adalemba.

Afunsemi kalasi kuti adzifanize ndi makhalidwe kapena makhalidwe a wantchito amene munalemba. Funsani: Kodi mumafanana naye bwanji?

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala okhala ndi tebulo, omwe ali ndi midadada yokwanira chiwerengero cha ophunzira. Lembani makhalidwe a wophunzira wanu aliyense mumdadada (chitsanzo: kwa ophunzira 10, tebulo lokhala ndi midadada 10) ndi mapensulo.
- **Malangizo:** Apatseni wophunzira aliyense pepala lokhala ndi mikhaliidwe yake ndipo muwauze kuti apite akafufuze munthu yemwe amamukhulupirira kuti ali ndi zikhaliidwe zomwe zalembedwa mubulokayo ndipo munthuyyo asaine mubuloka. Woyamba kudzaza tebulo lonse ndi siginecha zosiyansiyana adzakhala wopambana, koma aliyense ayenera kudzaza mabokosi onse ndi siginecha.

**A**liyense ali ndi makhalidwe apadera omwe amapangitsa munthu aliyense kukhala wosiyana komanso wofunika kwa ena.

Mtumwi Paulo analumba kuti Akhristu ndi makalata otseguka amene amawerengedwa ndi aliyense (2 Akorinto 3:1-3). Mwa kuyankhula kwina, anthu ozungulira akhristu akuwerenga miyoyo ya Akhristu, kuti awone umboni wawo, momwe amachitira, amalankhula ndi zina zotero; nthawi zonse.

Funsani: Kodi mukuganiza kuti anthu anganene chiyani za ife monga Akhristu? Kodi anthu amaona mwa ife makhalidwe a mtumiki wa Mulungu? Kodi panakhalapo kuti pamene mukuchita chinachake, munalibe zonse zofunika, koteru kuti munathetsa vutolo mwa kusintha chinthu china ndi china?

Pankhani yogwira ntchito yabwino, palibe chinthu chofunika kwambiri kuposa kukhala ndi zonse zomwe munthu amafunikira. Mwachitsanzo: ngati wina akufuna kukonza chinachake, ayenera kukhala ndi zida zonse zoyenera; kapena ngati akufuna kuphika, amafunikira zosakaniza zonse ndipo ngati akufuna kupanga luso, ayenera kukhala ndi zida zonse zofunika. Mulungu amasankhango zida kapena zida zomwe amachita nazo chilichonse chomwe akufuna kuchita pamoyo wamunthu nthawi iliyanse. Nthawi zambiri amagwiritsa ntchito achinyamata omwe amadziyika okha m'manja mwake. Koma kodi Mulungu amagwiritsa ntchito unyamata wotani? Yehova amagwiritsa ntchito achinyamata omwe ali ndi makhalidwe ofunika kwambiri. Mwachitsanzo, Anagwiritsa ntchito achinyamata otsatirawa:

#### 1. Yoswa, mnyamata wosiyana ndi anzake

- Kuyambira ali wamng'ono, Yoswa ankadziwika ndi moyo wodzipereka komanso wodzipereka kwa

Yehova. "Yehova analankhula ndi Mose maso ndi maso, monga munthu amalankhula ndi bwenzi. + Kenako Mose ankabwerera kumsasa, koma mtumiki wake Yoswa mwana wa Nuni sanatuluke m'chihemacho." (Eksodo 33:11).

b. Ngakhale kuti azondi anzake anali ndi maganizo oipa, Yoswa anatsimikizira kuti akhoza kusintha pakati pa mbadwo wopanduka, wosayamika ndi wosakhulupirira (Numeri 14: 6-9).

c. Pamene Mulungu anayang'ana wolowa m'malo wa Mose, sanafunikire kupita patali; kunali kusintha kwachilengedwe kwa utsogoleri kwa anthu.

d. Munthawi zovuta ngati masiku ano, Mulungu adzagwiritsa ntchito "Yoswa" amene aphunzira potumikira atsogoleri awo ndipo amaganiza mosiyana ndi mmene anthu amaganizira nthawi zambiri: "Sizingatheke", "Sindingakwaniritse zolina zake" kapena "Sindidzapita patsogolo m'mikhaliwe imeneyi." Mofanana ndi Yoswa, anthu amene Mulungu anawatsutsa, amadalira Yehova kuti awayankhe akakumana ndi mavuto.

## **2. Yosiya anali mynyamata amene anali ndi mtima wabwino kwa Mulungu**

a. Yosiya anali mfumu ya Yuda ndipo anayambitsa kusintha kwakukulu kwa mtundu wonse. Yosiya anakhala mfumu ali ndi zaka zisanu ndi zitatu, chifukwa cha kuphedwa kwa abambo ake, Amoni, ndipo analamulira zaka makumi atatu ndi chimodzi. Iye sanatengere makhalidwe oipa a makolo ake. "Iye

\*Yosiya+ anachita zoongoka pamaso pa Yehova, nayenda m'njira za Davide atate wake;

b. Kale ali ndi zaka 18 zakubadwa, Yosiya anasonyeza nkha'wa yaikulu kaamba ka nyumba ya Mulungu, imene kufikira nthawi imeneyo inali itasiyidwa ndi yosasamalidwa. Anayamba kukonza (2 Mafumu 22:7). Lemba limafotokoza mmene anamvera chisoni ndi kupsinjika mtima powerenga Mawu, amene anamva kwa nthawi yoyamba (vs. 10-11), chifukwa anthu sanali kumvera. Mtima wake unasungunuka, anadzichepetsa pamaso pa Yehova, nang'amba zovala zake nalira pamaso pa Yehova.

c. Chinachake chochititsa chidwi kwambiri ndi chakuti pomvera Mulungu, Mulungu anamvera Yosiya (v. 19).

Iye anatembenukira kwa Yehova ndi mtima wake wonse, ndipo chifukwa cha kudzipatulira koteroko, iye anasandulika kukhala chida chimene chinabweretsa chitsitsimutso chachikulu chauzimu ku dziko lonse. Mulungu akupitirizabe kugwiritsa ntchito zida zothandiza kupanga chitsitsimutso (2 Mbiri 34:3, 14-33).

Kodi munadzifunsapo kangati: Kodi utumiki udzakhala wosankha kwa ine? Ambuye, kodi ndidzakhala munthu woyenera kukulitsa ntchitoyi? Nthawi ina ndinamva wolementa wina akunena kuti "Anthu sakana uthengawo, amakana mthenga."

Lero Mulungu akufuna kukugwiritsani ntchito. Pa ntchito iliyonse, Mulungu amafunikira chida chogwira ntchito kuti akwaniritse ntchito yake, monga Yoswa amene anaphunzira kwa Mose, yemwe anali mtsogoleri wamkulu, natsanzira mapazi ake n'kuima molunjika pamaso pa Mulungu, kapenanso monga Yosiya amene anatembenuzira mtima wake kwa Mulungu m'malo motsatira njira za makolo ake. analandira chiyanjo cha Mulungu, osati kwa iye yekha, komanso mtundu wake wonse. Masiku ano Mulungu akufuna kuptiriza kugwiritsa ntchito achinyamata amene ali ndi mtima wofunitsitsa kumumvera.

## **Ndemanga / Kugwiritsa Ntchito:**

Funsani ophunzira kuti atchule m'Baibulo anthu onse amene ananena kuti inde utumiki ndi njira ya moyo.

- Anabdwira ku Tariso; iye anali wozunza mpingo; analalikira kwa Amitundu. (Mtumwi Paulo)
- Munthu wodzazidwa ndi Mzimu Woyeru, chikhulupiro ndi nzeru amene anaphedwa chifukwa cha chikhulupiro chake mwa Yesu. (Stephen)
- Mtsogoleri wachihebri, woitanidwa ndi Mulungu kuti amasule anthu ake. (Mose)
- Mbadwa ya ku Betsaida, dzina lake Simeoni, ndi Simoni mwana wa Yona; M'bale wake wa Andireya, anali msodzi, anakana Mbuye wake katatu. (Petro)
- Iye anali mfumu yachiwiri ya Israyeli, mwana wamng'ono wa Jese, anali m'busa wa ku Betelehemu; anatchuka chifukwa cha luso lake loimba komanso chifukwa cha kulimba mtima kwake polimbana ndi Goliati, Mfilisti wamkulu. (David)

## **Chovuta:**

Yang'anani mwachidwi awo amene ali mu utumiki wa mpingo wamba ndipo afunseni ena mwa mafunso awa:

- Kodi anasankha bwanji kugwiritsa ntchito nthawi ndi luso lawo pa ntchito ya Mulungu?
- Kodi anadziwa bwanji kuti ayenera kuchita nawo utumiki wapadera umenewu?
- Kodi adatsutsidwa ndi anthu ena kuti agwire ntchitoyi?

Gawani mayankho anu ndi kalasi lonse mu gawo lathu lotsatira la kalasi.

**Cholina:** Kwa ophunzira azindikira kuyitanidwa kuti akwaniritse Lamulo Lalikulu ndi la akhristu onse.

**Vesi loloweza pamtima:** “Chifukwa chake mukani, phunzitsani anthu a mitundu yonse, ndi kuwabatiza iwo m’dzina la Atate, ndi la Mwana, ndi la Mzimu Woyer.”—Mateyu 28:19.

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mapensulo, mapepala opanda kanthu, wotchi, chokoleti zitatu ndi bokosi la makalata (iyi ikhoza kukhala katoni yokulungidwa).
- **Malangizo:** Gawani pepala ndi pensulo kwa aliyense ndipo funsani aliyense kuti alembe mayina ndi surname ambiri momwe angathere. Atha kukhala abwenzi ochokera kusukulu kwawo, oyandikana nawo, etc. Perekani theka la miniti, ndipo nthawi ikadutsa, afunseni kuti awonjezere mayina, kenaka aike mapepala awo, omwe ali ndi dzina lawo pamwamba, mu bokosi la makalata. Anthu atatu omwe adalemba mndandanda wautali wa abwenzi adzapambana.

**Funsani:** Kodi mwagawana uthenga wabwino ndi anthu awa? Kodi mwatha bwanji kulalikira uthenga wa Yesu kwa aliyense wa iwo?

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Bokosi lokhala ndi zinthu: Baibulo, kalata, zopempherera, babu, mapepala, wailesi, foni yam'manja, ndi zina zotero. Zolembra ndi bolodi.
- **Malangizo:** Afunseni kuti agawike m'magulu awiri ndipo gulu lirilonse lidzipange awiriawiri. Kenako gulu lirilonse liyime chammbuyo chammbuyo, kuti wosewera "A" ayang'ane ndi gulu ndipo wosewera "B" ayang'ane bolodi, ndi cholembra m'manja. Amene amayendetsa masewerawa ayenera kupereka wosewera mpira "A" chinthu kuchokera m'bokosi. Ayenera kufotokoza mnzakeyo, Player B osamuza kuti ndi chiyani. Wosewera "B" ayenera kujambula osawona. Onetsetsani nthawi yomwe zimatenga gulu lililonse kufotokoza chinthucho ndikuchijambula. Maanja omwe achita izi munthawi yochepa apambana gulu lawo.

**K**odi timafulumira bwanji kugawira uthenga wabwino ndikukhala mboni za Mawu ake? Dziko limafunikira kuwala, chinthu chilichonse chokoka chimaperekira uthenga. Iye buku la Machitidwe a Atumwi akufotokoza nkhani ya mpingo woyamba. Mzimu Woyer ndiye mlembi wa zochitika zonse mu nkhani iliyonse.

Mpingo woyamba unakhazikitsidwa ndi atumwi, ndi anthu amene kwa zaka zambiri anatenga udindo wa mboni za Khristu. Nkhaniyi ndi nkhani ya zochitika, zozizwitsa, za kusintha kwa moyo. Yesu amafuna kuti aliyense wa otsatira ake akhale mboni yake kuti kudzera munkhani yake ena amve uthenga wake ndi kulandira chipulumutso (Mateyu 28:19).

#### 1. Mboni imene imayembekezera lonjezo, imalandira

Ophunzirawo anali atasangalala ndi zinthu zambiri limodzi ndi Yesu koma nthawi inali itakwana yoti apite okha. Yesu anali atakwanirtscha cholina chake ndipo anali kuchokera padzikola lapansi ndi kupita kumwamba. Analu ndi mapulani ambiri kwa ophunzira ake ndi mayitanidwe apadera a miyoyo yavo; Iye ankafuna kuti iwo akhale mboni Zake. Ophunzirawo anachita ntchito yovuta kwambiri kuti akwaniritse zolinda zomwe Yesu anali nazo.

Ophunzirawo anafunika kuperhunzira 'kudikira. Yesu anali atawalonjeza kuti adzakhala ndi chitsogozo cha Mzimu Woyer, amene adzawatonthoza ndi kuwathandiza m'mapulani onse amene anapanga, ntchito zimene anaziganizira, ndi pokhala mboni Zake. Kudikira ndi kovuta, monganso kudalira kulili. Komabe iwo amene aphunzira kuyembekezera pa Ambuye, Yesu adzawagwiritsa ntchito ndi kuwapanga iwo mbali ya ntchito zake zazikulu.

Ndi nthawi yokhala ophunzira a Khristu. Musatengeke ndi chikumbumtima kapena zosankha, koma phunzirani kufunsa Mulungu pa chosankha chilichonse, makamaka pankhani ya kutumikira Mulungu. Tsatirani chitsanzo cha ophunzira (Machitidwe 1:13-14) amene anaphunzira kudikira popemphera pamodzi kwa Ambuye.

## **2. Mboni imene imagwira ntchito yake ndi kubala zipatso**

“Kuphunzitsa anthu” sikunali kophweka; chinali chovuta kwambiri ndipo ophunzira adayenera kuchita nawo kudzipereka kwakukulu kumbali yawo. Ntchito yaho inali yofuniika: anayenera kukhala mboni (Machitidwe 1:8) ndipo anayenera kugawana nkhani ya Yesu, nkhani ya chipulumutso. Koma “kupanga ophunzira” sikunali kungokamba za Uthenga Wabwino, koma inaphatikizaponso kuuza ena ziphunzitso za Yesu mpaka pamene anthu analengeza poyeria kuti iwo anali a Kristu mwa ubatizo.

Masiku ano ayenera kuzindikira kuti vuto lalikulu limeneli la “kupanga ophunzira” silinali la ophunzira akale a Kristu m’nthawi ya Yesu. Ndi kudzipereka kumene kunaperekedwa kwa ophunzira a Yesu ngakhale lero, pakuti ndi ntchito imene iwo amene amadziona ngati ana a Mulungu, amene ali odzipereka ku uthenga wa Yesu Khristu, ayenera kulingalira ndi kugwiritsa ntchito pa moyo wawo tsopano.

Ayenera kukhala mboni zogwira ntchito yopanga ophunzira, kunyamula dzina la Kristu pamwamba, kugaŵana Mawu Ake, kugwira ntchito molimbika kotero kuti anthu alandire Yesu, kuphunzira kwa Iye ndi kufunafuna kubatizidwa. Ophunzira atsopano ayenera kulimbikitsidwa kuti apitirize kuuza ena Uthenga Wabwino umenewu ndiponso kupanga ophunzira atsopano.

## **3. Mboni itaitanidwa, imasewera masewera ake abwino kwambiri**

Kuitanidwa kukhala gawo la gulu, kutenga udindo womwe wapatsidwa, kudziwitsidwa ndi gulu ndikugawana cholinga chomwecho, kumamanga malingaliro okhudzana ndi kulimbikitsa wina kukwanirtsa zolina ndi zovuta. Ophunzirawo anali a m’gulu la Yesu ndipo ankadziwa kuti ali m’gulu lalikulu. Yesu atanyamuka n’kubwerera kuti akawaitane ataukitsidwa, iwo anakhulupirira mwa iye ndipo analimbikitsidwa kuti apite kumene Yesu anawalamula kuti: “Pamenepo ophunzira khumi ndi mmodziwo anapita ku Galileya, kuphiri kumene Yesu anawauza kuti apite. ( Mateyu 28:16 ). Koma ayi t onse anamuka kumsonkhano; M’modzi wa khumi ndi awiriwo adasowa pakuti panalibenzo (Machitidwe 1:16-19).

M’dziko lachikunja, magulu ochuluka kwambiri a magulu amasonkhezeredwa ndi maseŵera. Kukhala wosewera woitanidwa ku timu ya dziko lino ndi mwayi waukulu. Koma si osewera onse omwe ali okonzeka kupereka zonse zomwe angathe, si onse omwe amatenga udindo wawo, si onse omwe amapereka zabwino zavo panthawi yamasewera. Ndi gulu labwino kwambiri lokha lomwe limabweretsa chikho cha wopambana, wabwino kwambiri kapena wabwino kwambiri. Yesu akuitana otsatira ake kuti apereke zonse zomwe angathe pamene akugwira ntchito ya mboni. Yesu amadziŵa mmene munthu alili waluso ndipo ali ndi cidalilo cakuti akhoza kuseŵela bwino kwambili. N’zochititsa chidwi kuti pa Mateyu 28:17 amati: “Pamene anamuona iye, anamlambira . . .

Yesu amakhulupirira mmodzi ndipo ali ndi chiyemekezo mwa iye. Usakaikire zinthu zazikulu zimene angachite ndi mmodzi. Landirani ndikusewera masewera abwino kwambiri. Yankhani molimba mtima lamulo limene anasiya: “... pitani mukaphunzitse anthu a mitundu yonse kuti akhale ophunzira anga...” Kumbukirani kuti kuyenda ndi Yesu kumaphunzira zambiri za iye tsiku lililonse. Ndikupeza chisomo Chake, kusangalala ndi ubwino Wake. Kukhala mboni yake ndiko kuthandiza ena kukhala ndi chokumana nacho chofanana, kukhala ndi mwaŵi waukulu wa kuwona miyoyo ikusinthidwa ndi uthenga Wake ndi kupereka madalitso kwa munthu aliyense amene akumana naye.

## **Ndemanga/Magwiritsidwe:**

Funsani ophunzira anu kuti apende malemba otsatirawa ndi kupeza mayina a mboni za Kristu zimene zinali ophunzira ake:

Machitidwe 2:14 (Petro) Machitidwe 3:1 (Petro ndi Yohane)

Machitidwe 6:8 (Stefano) Machitidwe 8:26 (Afilipi)

Machitidwe 9:36 (Tabita) Machitidwe 16:1 (Timoteo)

Machitidwe 17:10 (Paulo ndi Sila) Akolose 4:12 (Epafra) Aefeso 6:21 (Tikiko)

## **Chovuta:**

Kodi mungasonyeze bwanji kuti ndinu mboni ya Yesu? Ganizirani njira zopanga zochitira umboni wa Khristu. Gawani malingaliro anu ndi kalasi sabata yamawa mukakumana.

**Cholina:** Kuti ophunzira amvetse kuti ndife anthu a Mulungu, osankhidwa mwachikondi, choncho ndi udindo wathu kusunga malamulo ake.

**Vesi loloweza pamtima:** "Yehova Mulungu wanu anakusankhani inu mwa mitundu yonse ya anthu a pa dziko lapansi kuti mukhale anthu ake, chuma chake chamtengo wapatali. Chifukwa chake samalani kutsatira malamulo, malangizo ndi malamulo amene ndikukupatsani lero. Deuteronomo 7:6, 11

## Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Pepala ndi pensulo kwa wophunzira aliyense.
- **Malangizo:** Pangani pa pepala, tchati chokhala ndi mabokosi angapo ndipo m'bokosi lililonse lembani zinthu zomwe ophunzira anu angakhale nazo zofanana, (dzina, zaka, kutilika, kulemera, kukula kwa nsapato, mwezi wobadwira, jenda, chiwerengero cha abale anu. , ndi zina). M'bokosi lililonse musiyepo malo oti alembemo ndi kuti anzawo asayinenso lina. Ophunzira anu akafika m'kalasi, apatseni pepala ndi pensulo kuti alembe m'mabokosivo. Adziwitseni kuti ali ndi nthawi yokwanira yofunsana mafunso kuti apeze munthu wofanana ndi malongosoledwe a m'bokosilo ndi kuwapempha kusaina. Pamapeto pake funsani: Ndi angati a inu amene mumadziwa omwe ali ndi makhalidwe ofanana ndi anu, osafunsa? Pali zinthu zambiri zimene mumafanana ndipo mwina simunazidziwe chifukwa simudziwana bwino kapena chifukwa choti simunakambiranepo. Koma inde, pali china chake chomwe tonsefe kumalo ano timafanana. Kenako yambani phunziro.

## Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Baibulo, zovala zazikulu, thalauza ndi T-sheti mmene anthu awiri angalo'wemo nthawi imodzi, tebulo laling'ono, mpando, chakumwa, galasi, siliva, zopukutira, mbale, chinachake. kudya; Itha kukhala sangweji, keke, mchere kapena paketi chabe ya makeke.
- **Malangizo:** Pezani anthu atatu odziperekwa kuti akuthandizeni ndikuwawuza kuti abwere kutsogolo. Afunsemi awiri a iwo kuti avale zovala zomwe mwabwera nazo, mkono wa munthu m'modzi mu malaya a malaya ndi mkono wa wina m'dzanja lina, ndi wina ku mwendo umodzi wa thalauza ndi wina m'dzanja lina. mwendo. Fotokozani kuti adzakhala "thupi" ndipo munthu wachitatu adzakhala "mutu" wa thupilo. "Mutu" adzadziyika yekha pakati poima kumbuyo kwa thupi ndi kuika mutu wake pakati pa anthu awiri a thupi. Sunthani tebulo ndi mpando kutsogolo ndi zinthu zonse. "Mutu" uyenera kuperekwa malangizo a "thupi" ndipo "thupi" liziwachita. Chitsanzo: "Mutu umati: "Ndatopa kwambiri, ndikufuna ndikhale pansi. Ndili ndi ludzu, ndikufuna chakumwa., ndili ndi njala, ndikufuna chakudya. Ndikudabwa kuti chipembedzo chamasiku ano chikuti chiyani?" ( Deuteronomo 7:6-11 ). "Thupi" liyenera kuyesayesa kukhala pampando, kulingalira mmene angadye ndi kumwa ndi kuyang'ana vesi la m'Baibulo kuti "mutu" awerenge mokweza. Ntchito ikatha, afunsemi ophunzira anu zomwe aphunzira pa zomwe awona. Kenako yambani phunziro.

**F**unsani: Kodi munayamba mwaima kaye pang'ono kuti muganize kuti ndinu wofunika komanso wapadera kwa Mulungu? Baibulo limanena kuti anthu analengedwa m'chifaniziro chake ndi m'chifaniziro chake ndipo anapangidwa kulamulira dziko lonse lapansi pa Genesis 1:26-27 . Malemba amanenanso kuti Iye analenga anthu kukhala ocheperapo ndi angelo ndipo anawaveka korona wa ulemerero ndi ulemu ( Salmo 8:5-8 ). Nkhuku imodzi ilandira Yesu m'makutu mwake, imapatsa munthu malo amwayi kwambiri ndi kupanga mwana wake wokondedwa. Izi zimapangitsa gawo limodzi la banja Lake ndi anthu ake apadera. Wina angadabwe kuti, kodi zimatheka bwanji kuti anthu ndi ofunika kwambiri kwa Mulungu? Chifukwa chiyani? Chifukwa chiyani? Mulungu wapatsa anthu malo aakulu za ulemu, ndi cholinga chachikulu: pamodzi kuphunzira zimene Mawu Ake amanena pa izi.

## 1. Gawo la anthu Ake

Werengani Deuteronomo 7:6-11 ndi 1 Petro 2:9. M'mavesi ameneŵa, liwu limene likugogomezeredwa ndi "anthu." M'Chipangano Chakale lingaliro la "anthu a Mulungu" linabawda. Anayamba ndi Abrahamu, kholo lakale la anthu a Israyeli. Mulungu anamuitana iye kuti asiyé dziko lake ndi chirichonse kumeneko ndi kupita ku malo osadziwika, ndipo kumeneko ndi kumene Mulungu anamupatsa iye lonjezo (Genesis 12:2). Mulungu anasankha Israeli kukhala anthu ake kuti asunge malamulo ake, malamulo ake ndi kukhala chida cha chiombolo kuti kupyolera mwa iwo amitundu adziwe Mulungu (Yesaya 42:6-8). Koma pamene nkhanî yawo inali kuululika, anthu a Mulungu anali osakhulupilika mobwerezabwereza. Iwo sanamvere malamulo ake, analambira milungu ina, ndipo pang'ono ndi pang'ono anapandukira Mulungu n'kuiwala cholinga chimene Mulungu anawaitanira.

M'kupita kwa nthâwi, Mulungu anautsa aneneri, oweruza, ndi mafumu kuti atsogolere anthu ake, koma nthâwi ndi nthâwi iwo anagwera m'chimo napatuka kwa Mulungu. Komabe, itakwana nthawi yake, Mulungu yemwe ndi wachifundo komanso chikondi chake chachikulu n'chosayerekezeka, anatumiza Yesu Khristu kuti adzapulumutse dziko lapansi ( Luka 19:10 ). Yesu Khristu sanabwere kudzawombola kokha kapena kupulumutsa Israyeli, koma anthu onse, monga momwe akunenera pa Yohane 3:16 . Njira yokhayo yokhalira mbali ya anthu a Mulungu ndiyo mwa kuika chikhulupiriro mwa Yesu Kristu, amene kupyolera mu nsembe yake ya pamtanda anatheketsa kuyananitsidwa ndi Mulungu. Uchimo unalekanitsa anthu ndi Mulungu; anthu anali akapolo a Mdyerekezi, komabe Iye anakonda ndi kukhululukira mtundu wa anthu.

Chifukwa cha mwazi wake wokhetsedwa pa mtanda, munthu akhoza kukhala mbali ya anthu a Mulungu, osati a mtundu, kapena Ayuda, koma anthu a Mulungu.

## 2. Mwayi umene Mulungu wapereká

Deut. 7:6-11 akusonyeza bwino lomwe chikondi cha Mulungu kwa anthu ake, ndipo masiku ano mawu ake amapita kwa anthu osakhala Ayuda amene ali m'gulu la anthu osankhidwa. Lolani ophunzira kufotokoza m'mawu awoawo chiganizo chilichonse cha lembalo. Ngati kuli kofunikira, fotokozerani mfundo zina zomwe sakuzimvetsa: ndife anthu oyera, tinasankhidwa kukhala anthu apadera, tinali opanda pake, anatikonda ndi kutipulumutsa ku ukapolo kuti tisunge malamulo ake.

Pa 1 Petro 2:9 pali makhalidwe anayi kapena mwayi umene Mulungu amapereká kwa ana ake, kwa iwo amene amamukhulupirira Iye monga Mpulumutsi ndi Ambuye wawo.

- Anthu osankhidwa: mmodzi ndi wa banja, mmodzi ndi mbadwa, ndiko kuti, mbadwa ya Mulungu (Gen. 12:1-9).
- Unsembe Wachifumu: Malinga ndi kunena kwa akatswiri ena, likhoza kusonyeza kuti munthu "ndi wa Mfumu, Mulungu kapena akutumikira." Angatanthauzeno "nyumba yachifumu" kapena "nyumba yachifumu." Petro ananena kuti oŵerenga ake anali nyumba kapena nyumba yachifumu kumene Mulungu Mfumu amakhala. Monga momwe ansembe a Chipangano Chakale sayenera kuipitsidwa, ayenera kukhala anthu oyera, opatulidwa kuti agwire ntchito imeneyi. Mulungu akuitana otsatira a Khristu kukhala moyo wachiyero kuti nawonso akhale ansembe oyera.
- Mtundu woyerá: Umasonyeza kuti munthu ali mbali ya fuko osati mtundu uliwonse, koma wodzipereká mwapadera kapena wodzipatulira kwa Mulungu, popeza kuti Iye walekanitsa mtundu Wake ndi dziko lapansi kaamba ka ulema ndi ulemerero wake.
- Chuma chapadera cha Mulungu: Kutanthauza kuti munthu ndi wa Mulungu yekha. Anagula imodzi ndi magazi a mwana wake Yesu. Mmodzi anali wopanda munthu, wina sanayenere chikondi ndi chifundo chake. Komabe, anasankha mmodzi kukhala mbali ya anthu ake. Izi zikutanthauza kuti adapatsa munthu chidziwitso; mmodzi tsopano ndi mwana Wake, ndipo chifukwa cha zimene Mulungu wachita, moyo wa munthu uyenera kukhala pa utumiki wake kotheratu.

## Ndemanga/Magwiritsidwe:

Perekani nthawi yoti ophunzira alembe m'mawu awoawo zimene lemba la 1 Petulo 2:9 limatanthauza.

## Chovuta:

Zingakhale zabwino ngati mutadzikonzekeretsa nokha kukonzekera tsiku kapena masana pamalo enaake oyandikana nawo kapena pafupi ndi tchalitchi kuti mugwiritse ntchito kulalikira. (Ndine wokondwa kukuthandizani) Mwina simunapezebe mwayi; pali njira zambiri zolalikirira uthenga wabwino: kudzera m'kabuku, sewero, kuvina ndi zina zotere. Musaphonye mwayi uwu kugawana zomwe Mulungu wakuchitirani inu!!

**Cholina:** Kuti ophunzira adzimve kuti ali mbali ya mpingo womwe uli ndi maitanidwe a utumwi, okonzeka kudzipereka kwa Mulungu kukwaniritsa Ntchito Yaikulu yoperekedwa ndi Yesu Khristu.

**Vesi loloweza pamtima:** “Ndipo adzaitana bwanji iye amene sanamkhulupirira? Ndipo adzakhulupirira bwanji iye amene sanamve za iye? Ndipo angamve bwanji popandawowalalikira?” Aroma 10:14

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Zolemba zochokera m'manyuzipepala, m'magazini kapena m'mabuku a malo oyendera alendo ochokera m'mayiko kapena akunja, chimodzi mwa ophunzira anayi kapena asanu alionse; pepala limodzi kapena awiri ndi pensulo.
- **Malangizo:** Onetsani zodulazo kwa ophunzira ndipo aloleni kuti asankhe malo omwe angafune kupidako. Asonkhanitseni m'magulu malinga ndi malo omwe asankhidwa, apatseni mapepala ndi pensulo kuti apange bajeti yowerengera ndalamala, kuphatikizapo mtengo wa pasipoti ngati ili kunja, ndondomeko za visa, zochitika zosayembekezereka, ndi zina zotero. Kenako chitani kusanthula, pamodzi ndi ophunzira; za zopinga zopita paulendo ngati womwe udakonzedweratu. Lembani mndandanda ndikuusungira kumapeto kwa kalasi.

### Ntchito Yoyambira (zaka 18 - 23).

- **Malangizo:** Konzekeranitu pasadakhale achinyamata awiri (angakhale a m'kalasi) kuti ayesere zimene zinachitika paulendo waumishonale. Funsani mmodzi wa iwo kuti afotokoze zovuta zonse zomwe adaziwona (kuphatikiza mtengo wake waulendo) ndipo winayo atchule zomwe akwaniritsa. Kenako fufuzani ndi gulu. (Limbikitsani ochita nawo mbali kuti avomere kupanga ulendowo kukhala waphindu.) Ngati wina mu mpingo ali ndi chidziwitso pa ulendo wautumwi kapena zochitika, aitaneni kuti agawane nawo osati kuchita sewero. Pomaliza, mutha kukonzekera zochitika zina za m'kalasi ndi ophunzira, zitha kukhala ku chipatala, kunyumba yosungirako okalamba, ndi zina zotero.

**M**osakayikira, zotsatira za ulendo wosangalala sizikhala zokhutiritsa, ngakhale kuti inali ntchito yopuma. Kuchulukana kwaulendo ndi zochitika zosayembekezereka (matenda, ngozi, kuba, ndi zina zotero) zingaphimbe zochita zopumulazo ndipo zingayambitse kutopa. Komabe, zilipobe kukhutitsidwa chifukwa chochita zinthu zosiyana ndi zomwe zimachitika nthawi zonse. Mwachionekere, vuto lazachuma limathera m'mkhalidwe wovuta chifukwa chotenga ngongole kapena ngati zolipirirazo zinaperekedwa ndi kiredditi kadi, ndipo zochuluka kuposa zimene anayembekezera zinawonongedwa. Zimachitika nthawi zina kuti apaulendo amabwerera atamenyedwa kapena kudwala chifukwa cha kusintha kwa nyengo ndi chakudya, zomwe zimaphatikizapo ndalamala zambiri komanso kusapeza bwino. Nthawi zina, izi sizichitika ndipo zonse zimakhala zabwino kwambiri.

Tanthauzo la liwu lakuti “uthenga wabwino” siliri kanthu kena koma “uthenga wabwino”. Pamene wina auza ena Uthenga Wabwino, wina akugawana mmene Yesu Kristu anabweretsera chipulumutso: wina akupereka uthenga wabwino ndi kulalikira Mawu ake kwa ena, ndiye kuti akukwaniritsa “Lamulo Lalikulu” loperekedwa kwa amene ali ophunzira a Yesu.

#### 1. Ntchito Yaikuru

Ambuye Yesu anauza ophunzira ake kupanga ophunzira, ndipo ngati wina ali wophunzira wake, ayenera kumvera lamulo lake (Marko 16:15-18). Kuwerenga kumeneku kumagwirizana ndi zimene zimatchedwa “Ntchito Yaikuru” chifukwa ndi imene Yesu Khristu anasiyira otsatira ake kuti achite. Mpingo umapangidwa ndi onse amene amakhulupirira kuti Yesu anabadwa monga munthu koma anali Mulungu. Iye anapachikidwa ndi kufa kuti apulumutse anthu. Anaukanso tsiku lachitatu ndipo anakwera kumwamba, kumene ali nkhoswe

wathu. Mpingo uyenera kupitiriza kugawira uthenga wachipulumutso kwa iwo amene sanamudziwebe ndipo akuyenda mumdimba.

## 2. Mpingo wa Utumwi

Mpingo umene umakwanirtsia “Kutuma Kwakukulu” ndi mpingo wautumwi. Pamene Ambuye Yesu ankamaliza ntchito yake padziko lapansi m’thupi, analonjeza kuti sadzasiya ophunzira ake okha. Iye analonjeza kuti adzatumiza mzimu woyeru, umene monga mbali ya Utatu udzadzaza malo amene Iye akanawasiya. Kupezeza kwa Mulungu kudzera mwa Mzimu Wake kudzapereka chitonthozo, mtendere, mphamvu, ulamuliro ndi zonse zofunika kukwanirtsia Ntchito Yaikuru. Iye ndi amene amapereka mphatso zomangirira thupi la Khristu.

## 3. Njira Zoyenera Kutsatira

Monga momwe mphatso zosiyanasayana zimafunikira kuti thupi lizigwira ntchito, payenera kukhala ndondomeko kuti ntchitoyo ikhale yopambana. Ndikofunika kuganizira njira zotsatirazi:

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A. PEMBANI. Ndilo fungulo limene limatsegula zitseko. Ichi ndi chimodzi mwa zida zomwe Mkhristu ayenera kuvala (Aefeso 6:10-18). Paulo akutchulanso kupemphera nthawi zonse muzonse, zabwino ndi zoyipa (Afilipi 4:6). Pali mitundu yosiyanasayana ya mapemphero; pemphero lachiyamiko, pemphero lopembedzera, pemphero lopempha, kutchula zina. Kutu tipambane m’pemphero, kuyenera kuchitidwa ndi kuyamika Mulungu muzochitika zilizonse. Ziyeneranso kuchitika ndi chikhulupiriro ( Mateyu 21:22 ) komanso monga mtumwi Paulo anachitira, ndi chisangalalo, ( Afilipi 1:4 ).

B. PHUNZIRANI: Kuphunzira ndi chimodzi mwa zinthu zofunika kuti munthu apite kunkhondo. Ndikofunikira kudziwa njira zomwe zidzagwiritsidwe ntchito ndikuphunzira momwe mungagwirire zida zomwe munthu ali nazo polimbana ndi mdani (Aefeso 6:10-18).

C. PHUNZITSANI: Chidziwitso chopezedwa chiyenera kugwiritsidwa ntchito pa phindu laumwini ndi la mpingo. Munthu sayenera kuiywala Lamulo Lalikulu ndi kupanga ophunzira ambiri. Zomwe zaphunziridwa ndi kugawira ena, kuti Uthenga Wabwino upitirire kufalikira, monga momwe adakhazikitsira Ambuye Yesu.

D. GAWANI, GAWANI: ndi njira imene Yesu anagwiritsa ntchito popereka uthenga wa abwino n uwu. Anagwiritsa ntchito mphamvu zake pobwezeretsa thanzi lakuthupi mwa zozizwitsa za kuchiritsa, kudyetsa makamu ndi ophunzira ake, ndi kubweretsa mtendere kwa osocheretsedwa ndi Mdyerekezi. Yesu anali wowolowa manja kwambiri moti anapereka moyo wake ngati nsembe kuti apulumutse aliyense wokhulupirira mwa Iye.

Munthu akhoza kuthandizira ku utumwi mwa kupereka chuma monga ndalamu, kukumbukira kuti zomwe mumapereka ndizo zabwino kwambiri (Akolose 3:23). Ambiri sangakhale okhoza kupita ku utumwi mwakuthupi, koma angapereke kuchirikiza amishonale. Gwiritsani ntchito zonse zomwe zilipo kuti mutengere uthenga wabwino kwa omwe sakudziwa. Ntchito ndikugawana, osati kutsimikizira chifukwa iyi ndi ntchito ya Mzimu Woyeru.

## Ndemanga/Magwiritsidwe:

Perekani nthawi yoti ophunzira ayankhe Zonna kapena Zonama ku ndemanga zotsatirazi.

1. Antchito oti azilalikira ndi ochepta kwambiri. (T)
2. Abusa okha ndi amene ayenera kukhala amishonale. (F)
3. Ntchito sizifuna chikhulupiriro. (F)
4. Kuwolowa manja n’kofunikanso pa ntchito. (T)
5. Ndikhoza kudzipereka ndekha pakuphunzitsa popanda kuphunzira. (F)

Auzeni ophunzira kuti amalize lemba ili: Ezekiel 3:11 “Pita kwa anthu ake amene ali ku ukapolo ndipo ukalankhule nawo. Uwauze kuti, ‘Yehova, Ambuye Wamkulu Koposa, wanena kuti,’ \_\_\_\_\_.”

**Chovuta:** Pakali pano pali maiko 195 ovomerezeka mwalamulo padziko lonse lapansi: Maiko 54 ali mu Afirika; 48 ku Asia; 44 ku Europe; 33 ku Latin America ndi ku Caribbean; 14 ku Oceania; 2 ku North America. Limbikitsani ophunzira anu kupanga unyolo wa mapemphero kuti mkatu mwa sabata aliyense athe kusinthana kupempherera mayiko amene mpingo wathu sunafike.

**Cholina:** Kuti ophunzira aone mpingo ngati nkhosa za Yesu zomwe zimalira chisamaliro ndi chitsogozo chake.

**Vesi loloweza pamtima:** “Ine ndine m’busa wabwino; nkhosa zanga ndimazidziwa, ndi nkhosa zanga zimandidziwa Ine.” Yohane 10:14

### Ntchito Yoyambira (zaka 12 - 17)

- **Zida:** Pepala lalikulu ndi zolembera kapena bolodi ndi choko. Mukhozanso kugwiritsa ntchito zodulidwa kuchokera m’magazini kapena zithunzi za nkhosa, nkhosa, msipu, agalu a nkhosa, abusa, makola, ndi zinthu zina zokhudzana ndi abusa.
- **Malangizo:** Pangani magulu awiri. Afunseni ophunzira ngati akudziwa kapena awonapo abusa ndi ziweto zawo. Mosakayikira adawawonapo m’mafili mu kapena zithunzi. Pamapepala kapena bolodi, auzeni kuti ajambule kapena amame zithunzi za ziweto ndi anthu omwe akuweta. Izi zingaphatikizepo nkhosa, mbusa ndi ndodo yake, agalu, ndipo mwinamwake mimbulu imene imaukira ana a nkhosa. Kenako perekani nthawi kwa gulu lirilonse kuti lifotokoze zomwe munthu aliyense amachita ndi chithunzi chomwe amachiyika pa bolodi. Gulu lomwe limapereka kulongosola kokwanira kwambiri lidzakhala lopambana.

Afunseni ngati akudziwa abusa otchuka amene amapezeka m’Baibulo.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala akulu ndi zolembera kapena bolodi ndi choko, mabuku otanthauzira mawu ndi/kapena zina zilizonse zofotokozeria.
- **Malangizo:** Kuti mudziwe mfundo zofunika kwambiri za phunziroli: funsani ophunzira kuti apeze tanthauzo la mawu omwe ali m’munsimu. Yesaniso kufotokoza zomwe chinthu chilichonse, nyama kapena munthu amene watchulidwa amachita. Ngati palibe mabuku, limbikitsani achinyamata kufotokoza tanthauzo lake m’mawu awoawo. Mulimonse mmene zingakhalire, m’pofunika kuti mphunzitsi akonzekere kufotokoza liwu lililonse. Lembani mndandandawu pa bolodi:
  - Nkhosa • Msipu • Khomo • Chipata
  - pindani • Msipu • Mbusa • Sokera
  - Nkhosa • Njira • Ndodo • Wakuba

**C**hipewa ndi mpingo? Mpingo ndi gulu la anthu amene amakhulupirira Khristu ndipo amasonkhana kuti amulambire Iye. Koma kodi mpingo ndi chiyani? Yesu, ndipo pambuyo pake mtumwi Paulo ndi Petro, anagwiritsira ntchito mafanizo kapena zitsanzo, kufotokoza chimene mpingo uli, kugwirizana kwa mamembala, ndi udindo wa Yesu mmenemo. Nthawi zina amachitcha thupi, nthawi zina anthu komanso nyumba. Koma chodziwika bwino kwambiri ndi cha gulu la nkhosa ndi m’busa wabwino. Mfundu imeneyi inabadwira m’Chipangano Chakale ndipo Yesu mwiniyo anaigwiritsa ntchito pofotokoza okhulupirira komanso kuphunzitsa mmene ubale wathu ndi Iye uyenera kukhalira. Werengani Uthenga Wabwino wa Yohane 10:7-21 pamodzi; ndithudi ophunzira adzasangalala kumvetsera Baibulo losiyana ndi limene anazolowera. Kodi gulu la nkhosa la Akhristu n’lotani? Kodi m’busa weniweni wa nkhosazo ndani?

#### 1. Mpingo: Gulu la Mulungu

Pafupifupi Mkristu aliyense amadziwa pamtima Salmo 23 , limene limanena za Yehova monga m’busa amene amasamalira nkhosa Zake ndi kuzipatsa chakudya (zibwerez pamodzi). Ndipo Salmo 100:3 limati: “Yehova ndiye Mulungu! Iye ndiye adatipanga ife, ndipo ndife Ake; ndife anthu ake, nkhosa za pabusa pake.” Komanso

m'zolemba za aneneri, anthu a Mulungu akufotokozedwa ngati gulu la nkhosa: Ezekieli 34 ndi Mika 7:14. M'Chipangano Chatsopano, pa Yohane 10:7-21, Yesu anapereka fanizo la nkhosa; mu vesi 14b akuti, "Nkhosa zanga ndimazidziwa, ndi nkhosa zanga zimandidziwa Ine. Nkhosa zimasiyanitsanso mawu omwe sali a mbusa wawo (Yohane 10:8). Lemba la Yohane 10:16 limanena kuti pali nkhosa zina zimene zasochera, zimene sizili za khola lake, koma Yesu adzazifunafuna kuti azibweze. Choncho iyi ndi nkhani yabwino!"

## 2. Yesu, M'busa Wabwino

Yesu, monga m'busa amaitana nkhosa ndi mayina ndipo zimamumvera (Yohane 10:3). Funsani: Kodi mbusa amachitira chiyani nkhosa zake? Onani Masalmo 23:

- a. Amatipatsa chakudya ndi chakudya (v. 2). Ambuye amapereka chakudya chakuthupi ndi chauzimu (Mawu), chimene chimathandiza munthu kukula ndi kukula m'chikhulupiro, ndi kuthetsa ludzu lake ndi madzi a moyo (Yohane 4:13-14).
- b. Amatsogolera munthu kunjira yowongoka (v. 3). Yesu anati, "Ine ndine njira," ngati wina atsatira Iye, wina sadzasochera (Yohane 14:6).
- c. Amapulumutsa ndi kuteteza mmodzi (v. 4). Mkhota wa m'busa ndi ndodo yaitali yopindika mbali ina, ngati mbedza. Izi zimagwirtsidwa ntchito kukoka nkhosa zomwe zimachoka kapena kugwera m'mabowo ndikutsekeredwa. Amatetezanso nkhosa ku nyama zakutchire. Yesu amapulumutsa wina pamene ali m'mavuto ndi m'mavuto, ndipo amakokeranso m'gulu lankhosa ngati wina wasochera. Amatetezanso mmodzi ku zigawenga za mdani.
- d. Amalimbikitsa ndi kupatsa munthu mphamvu (vs. 3-4). Khristu amasamalira munthu ndipo wina sayenera kuchita mantha.

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Ndizodabwitsa kudziwa kuti mbusa anapereka moyo wake chifukwa cha mmodzi (Yohane 10:1-2, 11). Palibe chikondi choposa chimene Yesu anachitira anthu! Anapereka moyo wake monga malipiro a machimo aanthu, ndipo tsopano aliyense akhoza kukhala ndi moyo wosatha.

## 3. Nkhosa ndi Mbusa

Ngakhale kuli abusa ambiri padziko lapansi, pali m'busa amene ali wangwiyo ndi amene amawatsogolera pa ntchito yavo; Yesu, m'busa wabwino. Mofanana ndi zimenezi, ngakhale kuti padziko lonse pali mipingo yambiri, Akhristu onse ndi a gulu limodzi. Mu gulu ili muli anthu amene amadziwa Yesu ndi kutsatira Iye yekha; pamene amva mau ake ndi kumvera Iye, adzalandira chipulumutso ndi moyo wosatha.

### Kubwerez/Kugwiritsa Ntchito:

Perekani nthawi yoti ophunzira agwirizane ndi mawu omwe ali mugawo loyamba ndi t wakonza mafananidwe mu ndime yachiwiri: m'gawo loyamba muli mfundo zimene zaphunziridwa m'kalasi ndipo mu gawo lachiwiri zimene zikuimira.

- |                          |   |
|--------------------------|---|
| A. Nkhosa                | (B) Chakudya chathupi ndi Mau a Mulungu kuti akule ndi kukhwima mu chikhulupiro               |
| B. Chakudya ndi Chakudya | (F) Ndi iwo amene samvera kapena kutsata Yesu.  |
| C. Ndodo ndi ndodo       | (E) Mzimu Woyeramamatitsogolera ife kutsatira Yesu.   |
| D. Chipata               | (A) Gulu la anthu amene amamudziwa Yesu, amamukhulupirira, amamvera mawu ake ndi kumutsatira. |
| E. Njira                 | (G) Yesu anafa pa mtanda kuti atilipire machimo athu ndi kutipatsa moyo wosatha.              |
| F. Nkhosa Zotayika       | (D) Yesu ndiye khomo lokha la chipulumutso.   |
| G. Perekani Moyo         | (C) M'busa wabwino amatipulumutsa ku ngozi ndi kutiteteza kwa mdani.                          |

### Chovuta:

Kodi Mulungu akukuitanani kuti mukhale m'modzi mwa abusa a nkhosa zake? Kapena akufuna kuti mukhale liwu loitana kwa nkhosa zotayika? M'zoweta, nkhosa zachidziwitso zimathandizanso kutsogolera ena. Kodi mumathandiza ana aang'ono m'chikhulupiro mumpingo wanu? Ngati simunatero, dziikeni pa utumiki wa mpingo wanu, kaya ndi kuthandiza, kuphunzitsa, kutsagana, kapena kulangiza ena. Ndipo kumbukiranis chitsanzo cha Yesu.

**Cholina:** Kuti ophunzira amvetsetse kuti monga mwana wa Mulungu, ali kudziko lapansi koma osati adziko lapansi.

**Vesi loloweza pamtima:** “Koma inu ndinu anthu osankhika, ansembe achifumu, mtundu woyerwa mtima, chuma chapadera cha Mulungu, kuti mukalalikire matamando a Iye amene anakuitanani mutuluke mumdimma, kulowa mu kuunika kwake kodabwitsa” 1 Petro 2:9.

### Ntchito Yoyambira (zaka 12 - 17)

- **Malangizo:** Aliyense akakhala m'kalasi, sankhani achinyamata ochepa chabe. Alekanitseni ku gulu lonse ndikuwauza zinazake mobisa kapena muwasangalatse ndikuwayamikira. Lolani ena onse adandaule za chisamaliro chapadera chimene “osankhidwa” analandira. Kenako asonkhanitsenso ndikuwafunsa momwe “osankhidwa” anamvera atalandira chithandizo chapadera. Funsani ena mmene anamvera chifukwa chosasankhidwa.

Baibulo limanena kuti ndife anthu osankhidwa ndi Mulungu. (Patsani ena onse chisangalalo.)

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Bolodi ndi choko kapena zofananira nazo.
- **Malangizo:** Funsani ophunzira kuti atchule zinthu zomwe amasamala popanga zosankha (zitsanzo: zovala zapaphwando, nsapato, zibwenzi). Lembani zotsatira pa bolodi. Kenako afunsemi kuti asankhe chinthu chilichonse popereka nambala kuyambira 1 mpaka 5. 5 amanthauza kuti amasamala kwambiri posankha chinthucho. The 1 zikutanthauza kuti sali osamala kwambiri.

M'moyo muli zinthu zambiri zoti musankhe. Mulungu anasankha anthu apadera kwambiri ndipo anawapatsa ntchito yapadera.

**M**ulungu mu dongosolo lake langwiyo, anasankha anthu apadera kwambiri, Aisrayeli. Anachotsedwa mu ukapolo ndipo analakanitsidwa ndi mitundu ina. Mulungu adawafunsa kuti asachite chilichonse chomwe adachiwona ku Egypt kapena zomwe adaziwona m'mitundu ina yachikunja yomwe idawazungulira (Levitiko 18:1-5). Funsani: N'chifukwa chiyani Mulungu anapempha anthu ake kutero kupeŵa zochita za ena? Kodi nchifukwa ninji Mulungu anafuna kuti iwo akhale pakati pa chikhaliwe cha nthâwi imeneyo koma kuwapanga kuhala osiyana? Mulungu anafunsa zimenezi kuti anthu akhalebe pansi pa chitsogozo ndi malamulo Ake ndipo asapatuke ndi kutsata milungu ina yonyenga ndi zikhulupiriro. Phunzirani zambiri kwa Aisrayeli. Akhristu ayenera kuhala pakati pa dzikoli ndi zikhaliwe zake. Funsani: Kodi maganizo athu ayenera kuhala otani pankhanyi? Kodi tiyenera kuchita chiyani? Kodi tiyenera kutengera / kuzolowera chikhaliwe chapano kapena tiyenera kuhala osiyana? Kodi sikungakhale kosavuta ngati titapatulidwa kotheratu ndi dziko lino ndi kupanga chitaganya cha “Akhristu” kotheratu? Anthu a Mulungu aitanidwa kuhala m'dziko lino, koma osati kuhala mbali ya dziko lino. 1 Petro 2:9 imathandiza munthu kumvetsetsa kuti: “Koma inu ndinu mbadwa yosankhika, ansembe achifumu, mtundu woyerwa mtima, anthu a mwini wake wa Mulungu, kuti mualalikire zokoma za Iye amene anakuitanani mutuluke mumdimma, kulowa m'malo mwake. kuwala kodabwitsa” (NASB1995).

Umu ndi mmene vesi ili, 1 Petro 2:9, likugwiritsidwira ntchito.

#### 1. Anthu Osankhidwa

Anthu: “gulu la anthu ogwirizana ndi mafuko kapena chibadwa; gulu la mafuko kapena anthu omwe amapanga fuko;”

Funsani ophunzira kuti aganizire momwe zingakhalire zosangalatsa kukhala mbadwa ya ngwazi kapena munthu wotchuka. Ngakhale kuti Akristu amachokera ku makolo ndi mayiko osiyanasiyana, mtundu wawo wauzimu ndi wofanana. Kudzera mwa Yesu adatengedwa kukhala ana abanja lachikhulupiliro (Aefeso 1:5 ndi Agalatiya 4:4-5). Iwo tsopano ali mbali ya “anthu osankhidwa”, khaldwe lawo ndi makhalidwe awo ayenera kulemekeza chikhulupiriro cha banja. M’maulendo atsiku ndi tsiku, kusukulu, kuntchito kapena kumsika, iwo ayenera kuimira chikhulupiriro cha banja bwino lomwe ndi malingaliro ndi zochita.

## 2. Unsembe Wachifumu

Unsembe Wachifumu: Pa Chivumbulutso 1:5b-6, kunalembedwa kuti okhulupirira ndi ansembe, koma osati monga ansembe a Chipangano Chakale, amene ntchito yawo inali kupereka nsembe zochotsera machimo. Yesu Khristu anabwera ku dziko lino kuti akhale Mkulu wa Ansembe ndi kunya mula machimo adziko lapansi kamodzi kokha, potero amatsegula mwayi wolunjika kwa Mulungu (Ahebri 10:19-22). Pa 1 Petro 2:4-5, udindo wa ansembe ndi kupereka nsembe zauzimu. Funsani: Izi zili bwanji? Ntchito yaikulu monga ansembe auzimu ndiyo kukhala ndi moyo umene umalemekeza ndi kutumikira Mulungu, mwa kuchititsa ena kuyandikira kwa Mulungu. Kutumikira Mulungu kumatengera maganizo a munthu kwa anthu ena.

## 3. Mtundu Woyeria

Mtundu Woyeria: Mulungu akufunafuna anthu oyera (Eksodo 19:5-6). Lemba la Levitiko 11:45 limati: “Ine ndine Yehova amene ndinakukwezani kukutulutsani mu Iguputo kuti ndikhale Mulungu wanu; chifukwa chake khalani oyera, chifukwa ine ndine woyeria. Mulungu ndi woyeria ndipo amafuna kuti anthu ake akhale oyera. Moyo wa chiyero ndi wosiyana kotheratu ndi zimene dziko limafuna. Chiyero chimakhudza dziko lino. Pamene anthu a Mulungu atsutsana ndi mafunde a dziko lapansi ndi kuyenda m’chiyero cha Mulungu, chilengedwe chimamasulidwa. Tchimo ndi zoipa zimasiya kugwira anthu ndipo chipulumutso sicingalephereke. Lemba la Aroma 8:19-22 limanena kuti chilengedwe chimayembekezera ufulu wake. Anthu a Mulungu anayamba kuyenda mu chiyero!

## 4. Anthu osankhidwa ndi Mulungu

Mulungu sanangosankha ndipo analipira mtengo waukulu kwa anthu monga anthu ake. Lemba la Yohane 3:16 limanena kuti Mulungu anapereka chuma chake chapadera kwambiri kwa anthu, Mwana wake Yesu Khristu. Anaombola anthu ku machimo ( Aefeso 1:7 ), anapulumutsa ndi kumpatsa moyo wosatha. N’zosadabwitsa kuti wamasalmo anafunsa kuti: “Munthu nchiyani . . . ( Salmo 8:4 ) N’chifukwa chiyani anthu? Kodi nchifukwa ninji Mulungu amaika mphamvu ndi zoyesayesa zochuluka chotere mwa anthu? M’chisomo chake chosatha, Mulungu anasankha kutsanulira chikondi chake pa anthu. Yankho ku chikondi ichi ayenera kuyamikira ndi kulengeza ndipo chikhumbo chake chiyenera kukhala kuuza aliyense uthenga wabwino umenewu.

Monga Akristu achichepere, muyenera kumvetsetsa kuti tikukhala m’dziko lino, koma sindife adziko lino. Mulungu anatisankha ife monga anthu ake; anatitenga kukhala mbali ya banja lake. Ndife a ansembe achifumu, mtundu woyeria ndi anthu osankhidwa ndi Mulungu kuti “tilalikire za ukulu wa Iye amene anakuitanani kutuluka mumdimba, kulowa mu kuunika kwake kodabwitsa.” ( 1 Petro 2:9 ) Mulungu safuna kuti Akristu adzipatule m’gulu lopatulika, lolekanitsidwa ndi dziko. Mulungu akufuna kuti Akhristu azimuonetsa Iye ku dziko lapansi, kuchita unsembe wachifumu popereka nsembe zauzimu kwa anansi athu, kukhala mtundu woyeria umene umakhudza chilengedwe, ndipo potsiriza, chifukwa cha chikondi chachikulu cha Mulungu chimene anasankha nacho anthu ake, kuti alalikire kwa dziko lonse lapansi makhalidwe abwino a Mulungu.

**Ndemanga/Magwiritsidwe:** Perekani nthawi kuti ophunzira ayankhe zotsatirazi:

1. Kodi ndi zinthu ziti zomwe mukuchitabe zomwe zili za dziko?
2. Kodi ndi zinthu ziti za m’dzikoli zimene mwasiya kuchita?

## Chovuta:

Ndikofunika kuti kugwiritsa ntchito/kuchita kumatsatira zomwe mwaphunzira. Monga ansembe, taitanidwa kuti tizipereka nsembe zauzimu. Lembari ndandanda ya njira zimene mungapelekere nsembe zauzimu kwa Mulungu. Sankhani kuchokera pamndandanda womwe mudzayang’ana kwambiri sabata yamawa. Pezani mnzanu wa m’kalasi ndi kupemphera naye ndi kupempha Mulungu kuti akuthandizeni pa nsembe yauzimu imeneyi imene mukupereka kwa Mulungu. Mukakumana nawo m’kalasi lotsatira, muyenera kukhala okonzeka kugawana nawo zomwe mwakumana nazo.

**Cholina:** Kuti ophunzira amvetsetse kuti mpingo ndi gulu la okhulupirira omwe amazindikira Yesu Khristu ngati Mpulumutsi wawo.

**Vesi loloweza pamtima:** "...inunso, ngati miyala yamoyo, mumangidwa nyumba yauzimu, mukhale ansembe oyera mtima,..." 1 Petro 2:5a.

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Lembanji mawu oti "MPINGO" pa bolodi ndi zilembo zazikulu. Ikani mapepala patebulu kuti atenge imodzi. Kenako wophunzira aliyense alemba tanthauzo lake la mpingo papepala lawo ndikuliyika pa bolodi. Werengani matanthauzowo, ndipo pamapeto pake, fotokozani kuti m'phunzirolo adzakhala ndi chidziŵitso chochuluka cha m'Baibulo chokhudza mpingo kuposa zimene analemba.

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### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Bolodi, tepi, mapepala ndi pensulo.
- **Malangizo:** Pangani ndi kugawira gulu lirilonse chilembo cha mawu oti "MPINGO" ndi kuwawuza kuti alemba mawu onena za ntchito yomwe Mulungu akufuna ku mpingo. Ndiyeno gogomezerani chenicheni chakuti mwa kugwirira ntchito pamodzi, ophunzirawo adzaona kupita patsogolo m'moyo wawo wauzimu, monga momwe anachitira m'ntchitoyo. M'phunziroli, pali zinthu zina zimene zikusonyeza kuti tili ndi mwayi wokhala m'banja la Mulungu, lomwe ndi mpingo.

**K**uyambira pachiyambi mu malingaliro a Mulungu chinali chikhumbo chokhala ndi chiyanjano ndi anthu, koma zomvetsa chisoni, uchimo unalepheretsa dongosolo loyambalo. Kenako, Mulungu anafuna njira yobwezeretsanso chiyanjano ndi anthu; za izo anatumiza wopembedzera: Yesu Khristu. Masiku ano, chifukwa cha Khristu, anthu ali ndi mwayi wokhala m'banja la Mulungu.

Efeso unali mzinda wa Ufumu wa Roma; lero ili kumadzulo kwa Turkey. Mtumwi Paulo anayendera mzinda umenewo podutsa kumapeto kwa ulendo wake wachiwiri waumishonale (Machitidwe 18:19). Komabe, analinganiza kukhala kumeneko kwa kanthawi pa ulendo wake wachitatu waumishonale (Machitidwe 19).

Atafika ku Efeso, zinali zovuta kwa iye kulalikira Uthenga Wabwino mumzinda wa doko umenewo.

Anakhala kumeneko kwa zaka pafupifupi zitatu mpaka anakwanitsa kubzala ndi kukonza mpingo.

N'zosakayikitsa kuti anakhala ku Efeso kwa nthawi yaitali kuposa m'madera ena. Kenako anasiya Timoteyo kukhala m'busa.

Patapita zaka zingapo, mtumwiyo anatumiza kalata ku mpingo wa ku Efeso ( Aefeso 2:11-22 ). M'menemo, iye anafotokoza m'zigawo zosiyasinyana za ntchito ya mpingo wa Kristu. Anayamba ndi kufotokoza amene amapanga mpingo komanso cholinga chake. Mpingo wa Khristu ndi aliyense amene amazindikira Khristu ngati mpulumutsi wake. Kuti afotokoze mmene angakhalire gawo la mpingo wa Khristu, Paulo poyamba anaphunzitsa chimene mpingo suli, chimene mpingo uli, ndiyeno chimene mayendededwe ake ali.

#### 1. Zomwe mpingo suli

Malinga ndi Chipangano Chakale, anthu a Mulungu okha anali anthu a Israeli chifukwa cha mbiri yawo ndi mapangano. Komabe mu kalata iyi Paulo, anathanthauza kufalikira kwa Uthenga Wabwino potsimikizira kuti aliyense amene analandira Khristu m'moyo wake mwachisawawa ndi mwa chisomo anakhala mbali ya anthu a Mulungu, Israyeli wauzimu amene ndi mpingo (v. 19).

## 2. Mpingo uli bwanji

Cholinda cha Paulo chothandiza okhulupirira kumvetsetsa kuti kakhala nzika kumapitilira kungokhulupirira kakhala nzika yakuthupi. Amatsoglera okhulupirira kumvetsetsa kuti kakhala nzika ya wokhulupirira ndi yauzimu ndipo kumapangitsa munthu kakhala ndi gawo la kwavo kwa oyera mtima (Aefeso 2:11-14). Mtumwiyo akufotokoza za mwaŵi wa mwana wa Mulungu, wa mtundu wakumwamba chifukwa chakuti munthu wakhala nzika mnzake wa oyera mtima (v. 19). Uthenga wabwino wakuti okhulupirira ndi apadera kwambiri kwa Mulungu. Okhulupirira apeza mwayi umenewu kudzera mwa Ambuye Yesu Khristu; “Pakuti munapulumutsidwa ndi chisomo chakuchita mwa chikhulupiro, ndipo ichi chosachokera kwa inu, chili mphatso ya Mulungu...” (Aefeso 2:8).

## 3. Mphamvu za yemwe ife tiri

Mu Aefeso 2:19-22 pali zolina zitatu zapadera zomwe ziyenera kuganiziridwa mu mphamvu monga anthu a Mulungu.

### A. Nyumba yokhazikika

Mamembala onse ayenera kumangana mu uzimu pa maziko a Baibulo (v. 20). Kupanga kudzera:

- Matalente, mphatso ndi mautumiki amene Mulungu wapatsa mpingo. Paulo akutchula mautumiki asanu omwe amamangirira: Atumwi, Aneneri, Alaliki, Abusa, ndi Aphunzitsi (Aefeso 4:11-12).
- Chikondi ( Aefeso 4:16 ), mawu olimbikitsa anzeru ( Aefeso 4:29 ), ndi ziphunzitszo zotengedwa kwa aneneri ndi atumwi ndi zimene zili m'Mawu ( Aefeso 2:20 ).

Monga nyumba zonse za mumzinda zomwe zimamangidwa pamiyala ikuluikulu kapena maziko olimba, momwemonso mpingo uli ndi maziko amodzi okha, omwe ndi Khristu ( Aefeso 2:20 ), thanthwe losasunthika.

### B. Kulumikizana kwamphamvu

Izi zikugwirizana ndi malingaliro a umodzi omwe ayenera kukhalapo pakati pa mamembala a mpingo. Womanga mpanda akafuna kumanga mpanda, samaika njerwa pa njerwa zokha; izi sizingakhale zomveka. Amagwiritsa ntchito matope kapena phala la simenti pakati pa njerwa. Mu chapatala 4 cha Aefeso, Paulo akuphunzitsa kuti umodzi ndi wofunika ndipo amapereka makhalidwe anayi ofunika kuti akhazikitse mamembala pamodzi ngati matope pa njerwa: Kudzichepetsa, kufatsa, kulolerana ndi kuleza mtima, ndipo zonsezi ziyenera kuhazikika m'chikondi cha Mulungu. (v. 2).

### C. A kukula kwamphamvu

Umodzi sikuti umangopangitsa kuti ziwalo zikhale pamodzi komanso zimalimbikitsa kukula mwauzimu. Moyo wa chikhristu suli wokhudzika koma wokhazikika bwino (Aefeso 4:15). Mpingo ukuitanidwa kukula mu chiwerengero ndi qua koma koposa zonse ziyenera kuhudzidwa ndi kukula kwake kwauzimu. Khalidwe lalikulu la kukula kwake ndi chikondi chimene chimasonyeza. Pamene mpingo ukukula mu khalidwe, udzakula mu chiwerengero.

## Ndemanga/Magwiritsidwe:

Funsani ophunzira inu kuyankha mafunso otsatirawa:

1. Kodi mzinda wa Efeso unali kuti ndipo uli kuti tsopano?
2. Kodi mpingo umamangidwa pa chiyani? (Pa maziko a Yesu Khristu, thanthwe, ndi mizati yokhazikitsidwa ndi Baibulo lolembedwa ndi aneneri ndi atumwi.)
3. Malinga ndi Aefeso 4:2 , ndi makhalidwe anayi ati amene angatithandize kakhala ogwirizana komanso ogwirizana? (Kudzichepetsa, kufatsa, kulolerana ndi kudekha)

## Chovuta:

Zingakhale zabwino kudzifunsa kuti muli kuti kapena chomwe muli? Kodi mumadzimva ngati mlendo ndipo palibe? Ndikukudaulirani kakhala mbali ya mwaŵi wakakhala pagome la Ambuye monga ziŵalo za banja. Ngati muli kale m'banjali, gawirani izi sabata ino ndi munthu amene mukuganiza kuti wachoka pabanjapo kanthawi kapitako.

**Cholina:** Kuti ophunzira amvetsetse chiwerengero cha unsembe ndi udindo wa mpingo pochita ntchito ya unsembe.

**Vesi loloweza pamtima:** “Pakuti tilibe mkulu wa ansembe wosakhoza kumva chifundo ndi zofooka zathu; Ahebri 4:15

### Ntchito Yoyambira (zaka 12 - 17)

- **Malangizo:** Gawani kalasi m'magulu awiri kapena kuposerapo ndipo aliyense alembe mndandanda wa makhalidwe omwe adawona mwa wansembe wa Katolika. Ophunzira ena angakhale sanawonepo wansembe wachikatolika; pamenepa, auzeni kuti alembe mndandanda wa makhalidwe omwe awona mwa abusa awo. Pambuyo pake, auzeni kuti afotokoze zomwe adalemba ndi gulu lonse. Apatseni nthawi yofunsa mafunso, zomwe zidzakupatsani mpata woyankha ena ndiyeno lengezani mutu wa phunziro, kuwauza kuti mafunso enawo adzayankhidwa m'kati mwa phunzirolo.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Chitani sewero la nthawiyo. Dzikonzere malaya ansembe ndi kolala; tayi ndi dengu. Funsani kalasi kuti lisankhe yemwe azivala ngati wansembe ndi wina ngati m'busa. Auzeni kuti avale zovalazo ndikugawira mapepala kwa wina aliyense. Auzeni kuti alembe zinazake za wansembe kapena m'busa. Landirani mapepala mudengu. Aliyense akayika mapepala ake, atengeni mmodzimmodzi ndikukapereka kwa “wansembe” ndi “abusa” amene adzawawerengere kalasi yonse. Zidzabweretsa zokambirana ndi mafunso, nthawi yabwino yolengeza mutu wa phunziro ndi kulikulitsa. apa pali mayiko osiyanasiyana paddziko lapansi. Nthawi zambiri pamakhala nkhondo pakati pa mayiko awiri kapena kuposerapo. Zinthu zikalola, mkhlapakati kapena mkhlapakati amagwiritsidwa ntchito. Kawirikaawiri, mlembi wamkulu wa UN, mapurezidenti a mayiko amphamu kwambiri, papa kapena anthu ena otchuka ndiwo ankhoswe. M'mayiko ena muli maofesi a Conciliation, omwe ndi malo othetsera mikangano ya m'banja ndi yoyandikana nayo, ndi zina zotero. Mikangano yambiri ya anthu imathetsedwa ndi ogwirizanitsa kapena ogwirizanitsa.

#### 1. Ansembe aumunthu

M'zipembedzo zonse muli ansembe. Munthawi ya Chipangano Chakale mu Israeli, kulekanitsa pakati pa anthu ndi Mulungu kumafunkira oyimira pakati; awa ankatchedwa ansembe ( Ahebri 5:1-4 ).

##### A. Kodi ansembe a Israeli anali otani?

Werengani Aheberi 5:1-4 ndipo tchulani makhalidwe a ansembe achiyuda.

- Ndime yoyamba: anayenera kuchita m'malo mwa amuna ndi akazi; unansi wawo ndi Mulungu unali wapadera; anapereka nsembe ndi nsembe za machimo a anthu.
- Ndime yachiwiri: adali oleza mtima, makamaka kwa osadziwa ndi otayika; adazindikira kuti iwo ( ansembe ) anali anthu okhala ndi zofooka.
- Ndime yachitatu: anayenera kupereka nsembe chifukwa cha machimo awo; anayenera kupereka nsembe chifukwa cha machimo a anthu.
- Ndime 4: pakati pa Ayuda, wansembe anaitanidwa ndi Mulungu. Eksodo 28:1 amati ndi Mulungu amene anaika Aroni ndi ana ake kuti akhale ansembe ake a ana a Israyeli.

##### B. Makhalidwe ena a unsembe wa Israeli

Chipangano Chakale chimaphunzitsa zambiri zokhudza ansembe. Yang'anani izi:

Mulungu anasankha Aroni ndi ana ake kuti akhale mkhalaapakati pakati pa Mulungu ndi anthu a Israyeli ( Eks. 28:1 ); anayenera kupewa masitayelo atsitsi ndi zizindikiro zimene zingawononge kukhulupirika ndi kuyera kwa matupi awo ( Levitiko 21:5 ); adathandizidwa ndi anthu kudzera mu zopereka, chakhumi, zipatso zoyamba ndi maufulu ena omwe Mulungu adakhazikitsa ( Numeri 18: 8-32 ).

## **2. Khristu: Wansembe wamkulu wangwiro**

Onani zina mwa makhalidwe a Yesu monga Mkulu wa Ansembe: Kudzera mwa Khristu, Akhristu amasamalidwa ( Ahebri 4:14-16 ): chifukwa ndi Mwana wa Mulungu, waumulungu ndi munthu pa nthawi imodzi ( v. 14 ). Akudziwa kufooka kwaumunthu ndi kuyandikira kwa Mulungu; choncho akhoza kutsogolera amene amamutsatira kuti akondweretse Mulungu ( v. 15a ); Anadutsa muzochitika zonse za anthu, makamaka mayesero ( v. 15b ). Mayesero ovuta kwambiri ndi ovuta kwambiri adapirira ndi Ambuye monga munthu. Yesu Khristu ndi wapadera, Iye ndi wamuyaya; ansembe a Aroni anali ambiri, chifukwa sanali amuyaya ( 7 vv. 22-24 ); chiombolo chimene amapereka ndi chamuyaya ( 7 v. 24 ); Amapembedzera otsatira ake kwamuyaya ( 7 v. 25 ); Iye ndi woyerwa, wosalakwa, wopanda chilema, wosiyana ndi ochimwa. Timalongsola mwachidule zimene zili pamwambazi m'mawu akuti: “ . . . Iye safunikira kupereka nsembe za machimo tsiku ndi tsiku chifukwa anapereka kale nsembe yangwiyo ndi yosatha ( v. 27 ). Mwachidule, unsembe wa Aroni unali wopanda ungiwiro, unali wotsogolera unsembe wa Kristu. Unsembe umenewu unali wofunika kufikira nsembe ya Kristu, koma pamene Kristu anafa, kuuka'nsa, ndi kukwera kumwamba, anakhala Mkulu wa Ansembe wangwiro, wachikalire ndi wokhulupirika amene amapembedzera kosatha.

## **3. Akhristu ndi ansembenso**

Lema la 1 Petro 2:4-9 limati:

### **A. Unsembe wachikhristu**

Baibulo limatsimikizira kuti okhulupirira mwa Khristu alinso ansembe chifukwa okhulupirira amapereka nsembe za tsiku ndi tsiku ndi nsembe zoyamika ndi zopembedzera kwa Yehova, kaya payekha kapena mumpingo ( Ahebri 13:15 ) ndi kupembedzera pamaso pa Yehova kupyolera mu pemphero. Kupembedzera kumachitidwa kwa achibale, odwala, etc., makamaka kwa uchimo ( Afilipi 1:4; Akolose 4:12; Akolose 4:12 ); okhulupirira ayitanidwa kuti apereke moyo wathunthu kwa Mulungu ndikukhala muchiyero. Wansembe wa fuko la Aroni anayenera kukhala woyerwa. Khristu Wansembe wathu Wamkulu anali ndipo ali woyerwa kotheratu; ndi chifukwa chake ansembe amasiku ano ayenera kukhala oyera, opatulidwira kwa Ambuye ( 1 Petro 1:15-16 ).

### **B. Cholinga cha unsembe**

Mulungu ayenera kutumikiridwa tsiku lililonse la moyo wa wokhulupirira, m'mbali zonse, ndi chirichonse chimene munthu ali nacho, popanda kutaya chikhulupiriro kapena kutsanzira dziko lapansi. Khristu akuitana okhulupirira kuti amtumikire tsiku ndi tsiku mu chiyero ndi chilungamo, kuti akhale opembedzera osakhulupirira kuti akhulupirire ndi kupulumutsidwa.

## **Ndemanga/Magwiritsidwe:**

Auzeni ophunzira anu kuyankha mafunso otsatirawa:

Kodi unsembe unali wotani m'nthawi ya Chipangano Chakale malinga ndi Ahebri 5:1-4? Kodi ndi zoona zotani zokhudza unsembe wa Khristu zimene mumapeza pa Ahebri 7:22-28? Mumamva bwanji podziwa kuti ndinu wansembe?

## **Chovuta:**

Kudzera pa Facebook, meseji, WhatsApp kapena malo ena ochezera a pa Intaneti, tumizani anzanu mphatso yabwino kwambiri: 1 Petro 2:5, 9,10. Yesani kutumiza kwa anzanu osachepera khumi. Chitani Lolemba ndi Lachiwiri. Ndiyeno Lachinayi ndi Lachisanu aitanireni ku gulu lanu lachinyamata.

**Cholina:** Kulimbikitsa ophunzira kuganizira za mwayi ndi udindo wokhala mamembala a mpingo.

**Vesi loloweza pamtima:** “Koma kwa yense kwapatsidwa mawonetseredwe a Mzimu kuti apindule nawo.” 1 Akorinto 12:7

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Zithunzi zing'onoza za thupi la munthu zokhala ndi mayina a ziwalozo (mukhoza kuzipeza m'buku la biology ya munthu, m'sitolo yosungiramo mabuku, kapena pa intaneti), nyuzipepala, zolembra zokhazikika.
- **Malangizo:** Akonzeni ophunzira m'magulu atatu, apatseni pepala ndi cholembra. Afunseni kuti asankhe wogwirizanitsa ntchito ndi mlembi. Afunseni kuti ajambule thupi la munthu popanda kutchula ziwalozo, ndiyeno atsogoleren i kuyankha mafunso otsatirawa:
  1. Malinga ndi chipunxitso cha mtumwi Paulo, kodi thupi limeneli limaimira chiyani?
  2. Kodi thupi limapangidwa ndi ziwalozingati?
  3. Kodi umodzi wa thupi ndi wofunika bwanji?
  4. Kodi ife, monga Akristu tinganene kuti sitifunikira ziwalozina za thupi? Chifukwa chiyani?
  5. Gwiritsani ntchito mawu a m'Baibulo kapena ampingo ndikutchula ziwalozina za thupi zomwe munajambula molingana ndi mautumiki osiyanasayana omwe ali nawo mu mpingo (Mwachitsanzo: mtsogoleri, dikoni, ndi zina zotero).

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala okhala ndi mavesi otsatirawa.
- **Malangizo:** Akonzeni ophunzira m'magulu awiri. Limbikitsani gulu lirilonse kusankha woyang'anira ndi mlembi. Auzeni kuti awerenge mavesi a m'Baibulo osindikizidwa ndipo malizitsani zotsatirazi:
  - Mateyu 16:18 . Woyambitsa mpingo ndi .
  - Akorinto 12:12 . Thupi ndilo, thupi liri ndi zambiri, ziwalozina zonse zimapanga chimodzi .
  - Aefeso 1:22 . Mutu wa mpingo ndi .
  - Aefeso 5:24 . Mpingo uyenera .
  - Aefeso 5:27 . Mpingo uli .
  - Akolose 1:18 . Paulo akugwiritsa ntchito chifaniziro cha kutchula mpingo.
  - Timoteo 3:15 Paulo anagwiritsano ntchito chifaniziro china, kutanthauza mpingo.

**I**ye mpingo wachikhristu ndi chamoyo chimene Yesu Khristu anakhazikitsa ndipo amapangidwa ndi anthu onse amene anapereka moyo wawo kwa Ambuye. “Mpingo wa Mulungu wapangidwa ndi anthu onse obadwanso mwauzimu, amene mayina awo alembewa kumwamba” kudziwa kuti membala aliyense ali ndi ntchito yake yoti agwire.

Kukhala mu mpingo wa Yesu Khristu ndi chochitika champhamu m'moyo wa munthu aliyense. Kumva mbali yake ndiko kutsimikiza kuti Mulungu anafikira mmodzi mwa chisomo chake ndi kupereka chipulumutso chimodzi kupyolera mwa Mwana wake wodalitsika Yesu Kristu. Buku la Machitidwe a Atumwi limati: “Ndipo Ambuye anawaonjezera tsiku ndi tsiku amene akupulumutsidwa.” ( Machitidwe 2:47 ). Chifukwa chake wina ali mu mpingo wa Ambuye, osati mwamwayi kapena mwa kufuna kwa munthu koma mwa mphamvu ya Mulungu. Anaitana, kukhululukira ndi kumuika aliyense mu thupi laulemerero la Khristu.

### **1. Kukhala membala wa mpingo ndi mwayi**

Mwayi ndi chisomo choperekedwa ndi wamkulu kuposa munthu. Pamenepa, Mulungu wapereka mdalitso waukulu wokhala mu mpingo wake. Chifukwa chake mamembala ayenera kukhala okondwa, olimbikitsidwa komanso othokoza kukhala m'gulu lofunika kwambiri komanso lothandiza padziko lapansi. Mwayi ndi madalitso amene munthu amapeza polowa mpingo wa Yesu Khristu ndi wopatulika komanso wamtengo wapatali. M'menemo muli mgonero wopatulika kwambiri koteri kuti sungakhoze kuchitika mwanjira ina iliyonse."

### **2. Kukhala membala wa mpingo kumatanthauza udindo**

Kunena za udindo ndi kunena za ntchito zimene mamembala a mpingo ayenera kukwaniritsa.

#### **A. Kuthandizira ku umodzi wa mpingo**

Ndikofunikira kuti mamembala onse ampingo azikhala ndi kugwira ntchito mogwirizana. Kugawikana mkatı mwa mpingo sikuli chifuniro cha Mulungu ndipo nthawi zonse kwawononga umboni wa mpingo ku dziko logawanika (Aefeso 4:2-3). Okhulupirira akuitanidwa kulimbikitsa umodzi ndi chiyanjano mkatı mwa mpingo wa Ambuye. Pa 1 Akorinto 12:12-27 pali chipunzitszo ndi fanizo la umodzi wa mpingo ndi ntchito zosiyana, ntchito, ndi mphatso zomwe mamembala ali nazo.

#### **B. Kumanga mpingo**

Mosamalitsa ndi mtheradi, Yesu Khristu ndi amene amamanga mpingo wake. Koma m'lingaliro lachibale ndi lachiwiri, chiwalo chirichonse cha mpingo chimachirikiza kumangirira kwake ndi umboni wawo wabwino, ntchito ndi kugwiritsa ntchito mphatso ndi maluso awo. Mamembala onse ayenera kuyesetsa kulimbikitsa ena osati kuvulaza mpingo wa Ambuye.

#### **C. Kulemekeza osati kunyoza ziwalozina za thupi**

Mamembala ayenera kukhala othandiza, achifundo, achifundo ndi omvetsetsa kwa mamembala ena ampingo. Paulo anachitanso zinthu zina pamene anauzu abale a ku Filipi kuti aziona ena kukhala owaposa (Afilipi 2:3-4).

#### **D. Kuchirikiza utumiki**

Njira ya Mulungu yochirikizira ntchito yake pa dziko lapansi ndi kudzera mu chakhumi ndi zopereka. Mamembala a mpingo ayenera kupereka chachikhumi ndi kupereka mowolowa manja monga momwe Mulungu amawapindulira ( Malaki 3:10; 2 Akorinto 9:7 ).

### **3. Kukhala membala wa mpingo ndikukhala ndi mwayi wotumikira**

Maitanidwe apamwamba kwambiri, komanso odzichepetsa kwambiri omwe mamembala onse a mpingo ali nawo, ndi a utumiki. Ikonena za ntchito yotumikira Mulungu ndi mnansi.

### **Ndemanga/Magwiritsidwe:**

Auzeni ophunzira anu m'magulu awiri. Afunseni kuti awerenge mavesi a m'Baibulo ndi kugwiranitsa chipunzitscho ndi vesi lolondola.

Vesi	Maphunzilo la baibo
1. 1 Akorinto 12:12	“Osapenyera za ife eni, koma zofuna za ena. (7)
2. 1 Akorinto 12:14	Mulungu anaika ziwalu mu the thupi, monga momwe iye afunira iwo. (3)
1 Akorinto 12:18	Mamembala (mbali) ali ndi chisamaliro chofanana kwa wina ndi mzake. (4)
1 Akorinto 12:25	Thupi liri ndi ziwalu zambiri. (2)
1 Akorinto 12:26	Ndife thupi la Khristu ndipo aliyense ali gawo (chiwalo) chake. (6)
1 Akorinto 12:27	Ziwalu zambiri zimapanga thupi limodzi. (1)
Afilipi 2:4	Ngati chiwalo chimodzi (gawo) chikuvutika kapena kusangalala, onse amavutika kapena amasangalala. (5)

### **Chovuta:**

Ngati ndinu membala wa mpingo, onsetsani kuti mukudziwa udindo wanu ndi udindo wanu. Ngati simuli membala wa mpingo kale, lankhulani ndi abusa anu za zomwe tuyenera kuchita. Tchulani mayina a anthu amene anaphonya kalasi lero ndikukonzekera kuwachezera mkatı mwa sabata kuti mudziwe zifukwa zomwe sanabwere kutchalitchi; muwapempherere ndi kuwalimbikitsa kuti apitirize kutumikira Yehova.

**Cholina:** Ophunzira amvetse mtundu wa chikondi chimene Mulungu amafuna kuti tizikonda nacho mabwenzi athu.

**Vesi loloweza pamtima:** "Koma pali bwenzi liumirira kuposa mbale kuumirira." Miyambo 18:24

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Bolodi ndi choko (kapena zofananira nazo), tepi yotsekera, zodulira m'manyuzipepala kapena m'magazini, zolembra zamitundu zolembra papepala.
- **Malangizo:** Lembani zotsatirazi pa bolodi kapena papepala lalikulu: Pamwamba, "bwenzi lapamtima"; pakati, "bwenzi labwino"; ndipo pansi pake, "bwenzi loipa." Kenako perekani magazini kapena nyuzipepala kwa ophunzirawo ndi kuwafunsa zinthu zimene zimachitsa munthu kukhala bwenzi lanu lapamtima. Apatsemi malingaliro ngati awa: Angakonde mpira kapena masewera apakanema, kuwonera makanema kapena kuwerenga, kuseka kapena kukhala otsimikiza. Pambuyo pake, funsani aliyense wa iwo kuti apeze chodulira ndikuchiyika pafupi ndi mawu pa bolodi kapena papepala ngati akuwona kuti fanizolo likufanana ndi bwenzi loipa, labwino kapena lapamtima. Aliyense akamatira chinthu chimodzi, pemphani ophunzira kuti adziyike ngati abwenzi awo ndi funso ili: "Ngati anzanu akanakuyesani, angaganize kuti ndinu bwenzi labwino?"

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Bolodi ndi choko kapena mapepala akulu (amodzi pa gulu) ndi zolembra zamitundu.
- **Malangizo:** Gawani kalasi mumagulu; Ngati ophunzira ali ochepa, phatikizani awiriawiri kapena chitani ntchitoyi pagulu. Kenako funsani kuti: Ngati pali njira yopezera mabwenzi, ikanakhala chiyani? Kenako, pogwiritsa ntchito zomwe aliyense wa m'magulu awo, ayenera kulemba ndikupereka njira zisanu zomwe zimalola aliyense kupanga mabwenzi.

**T**onsefe timakonda kukhala ndi mabwenzi, ndipo kukhala ndi mabwenzi ambiri kumakhala bwinoko. Baibulo limatipatsa chinsinsi chokhalira ndi mabwenzi.

**T**angoganzani kwakamphindi kuti mutha kupanga chokhumba chimodzi ndipo chinakwaniritsidwa. Kodi mungafune chiyani? Ndithudi, chinthu chimene mwakhala mukuchilakala kwa moyo wanu wonse ndi chimene mukufuna kukhala nacho kosatha. Yesu anali ndi chikhumbo choterocho asanaperekedwe ndi kupachikidwa: Anapemphera kwa Atate, kupempha kuti Ake Ophunzira, kuphatikizapo amene amakhulupirira mwa Iye lero, adzagwirizana wina ndi mzake m'chikondi (Yohane 17:20-21).

Kuti tione chokhumba cha Yesu chikukwaniritsidwa, pali zinthu ziwiri zokha zimene mungachite: Choyamba n'chakuti tiziyembekezera ena kubwera kudzatipatsa ubwenzi; koma tikanayenera kudikira nthawi yayitali kuti izi zichitike. Njira ina ndi yakuti aliyense wa ife ndiyemba amene amatengapo kanthu kuti afikire ena kuti akhale naye paubwenzi. Ngati tonsefe tili ndi maganizo amenewa, mgwirizano udzakhala weniweni. Yesu anatipatsa ife makiyi kuti tikwaniritse; werengani pa Yohane 15:12-13. Werengani m'mabaibulo omwe amapezeka m'kalasi.

#### 1. Lamulo latsopano

Nthawi ina, mphunzitsi wa malamulo anafika kwa Yesu kuti amufunse zimene ayenera kuchita kuti apeze moyo wosatha ndipo yankho lake ndi kukonda Mulungu ndi anansi athu (Luka 10:26-28). Kodi sizikuwoneka

zachilendo kuti lamulo la Yesu linali kukondana? Zingaonedwe kukhala zotsutsana kuti Mulungu amatiuza kukonda ena; Kodi chikondi siciyenera kukhala chosankha chafulu? Kwa Mulungu, m'pofunika kuti tisamangomukonda, koma tizikondanso anzathu, kuphatikizapo amene ndi mabwenzi athu ndi amene sali. Yesu mwiniyo ankafuna kuphunzitsa mfundo yofunika kwambiri imeneyi mu ufumu wa Mulungu. Chotero, pa Mgonero wake Womaliza, Ambuye anapatsa ophunzira ake lamulo, lamulo latsopano (Yohane 15:12).

## **2. Chitsanzo chabwino kwambiri cha chikondi**

Kristu anakhala moyo wake monga chitsanzo chabwino koposa cha chikondi kwa mabwenzi. Pamene Yesu anapereka lamulo kwa ophunzira ake, ananena kuti mukondane wina ndi mnzake monga anawakonda iwo (Yohane 15:12b).

### **Nazi mfundo zisanu za chikondi chake.**

- a. Yehova anatikonda ife poyamba (1 Yohane 4:19). Zimenezi zikutiphunzitsa kuti ifeyo ndife amene tiyenera kuyamba kukonda ena mosasamala kanthu kuti amatikonda kapena ayi.
- b. Anabwera kudzatumikira (Mateyu 20:28). Yesu amaphunzitsa kuti m'malo mofuna kugwiritsira ntchito mabwenzi athu, ifeyo ndife amene tiyenera kukhala nawo ndi kudzipereka kuti apindule nawo.
- c. Anadzipanga wolingana ndi ife (Afilipi 2:7). Tiyenera kudziika tokha mu nsapato za mabwenzi athu, kumva mmene akumvera, kudziŵa zimene zimawasangalatsa, kusangalala ndi zimene zimawasangalatsa.
- d. Anatikhululukira ( Luka 23:34a ). Yehova amatiphunzitsa kukhululuka ndi mtima wonse.
- e. Anatibweretsa ife pafupi ndi Mulungu ( Aefeso 2:13 ). Chifukwa cha Khristu, tikhoza kuyandikira kwa Mulungu. Mofananamo, ifenso tiyenera kuthandiza anzathu kuyandikira kwa Mulungu.

Mulungu walonjeza kuti adzakhala nafe kuti atitsogolere komanso kutithandiza kuchita zinthu zimene sitingathe. Poyamba zidzatitengera ntchito, ndipo kunena zowona, sitingathe kukonda mwangwiyo monga Khristu. Koma pang'ono ndi pang'ono, mothandizidwa ndi Mzimu Woyeria, tidzaphunzira ndi kukhwima mu ubale wathu.

## **3. Dzionetseni bwenzi lanu**

Ndi mwayi waukulu chotani nanga umene tili nawo! Kukonda anzathu monga mmene Yesu anatikondela n'kokondweletsa kwambili. Koma zimafunanso kuti tiziyesetsa kuzikwaniritsa.

Imodzi mwa mfundo za chikondi cha Yesu ndiyo kuchitapo kanthu; izi zikutanthauza kuti tili ndi mwayi wosonyeza chikondi chotere kwa anzathu asanatero. Tizikumbukira kuti tingawauze mochokera pansi pa mtima kuti timawakonda, koma ndi bwino kuwasonyeza ndi zochita zimene timachitadi.

Kukonda anzathu n'kosavuta chifukwa ndi anthu amene timawakonda. Komabe, Yesu ananena kuti aliyense angathe kukonda amene amamukonda, koma ana a Mulungu okha ndi amene angakonde adani awo (Mateyu 5:38-48). Kukhala ndi abwenzi ndikofunikira kwambiri pakukula kwanu ngati wachinyamata komanso wachinyamata. Ndipo n'kofunikanso kwa Mulungu, chifukwa amatiphunzitsa kukonda mnansi wathu mosasamala kanthu kuti timawakonda kapena atikhumudwitsa. Yehova amafuna kuti tizikondana kwambili cakuti anatipatsa citsanzo ca Mwana wake monga citsanzo cathu. Monga mmene Yesu anachitira, ifenso tingathe kuchita chinthu choyamba posonyeza chikondi kwa anzathu, kapenanso kuthandiza anthu amene amaoneka ngati sakutikonda. Mwanjira imeneyi, tidzakhala ndi moyo monga ana enieni a Mulungu.

## **Ndemanga/Magwiritsidwe:**

Perekani nthawi yoti ophunzira ayankhe mafunso otsatirawa, ndiyeno agawire kalasi mayankho awo. Pankhani yopeza mabwenzi, n'chiyani chimene chimakuvutani kwambiri kuchita? Ndi chiyani chomwe chimakuvutani kuti mukhazikitse ubale watsopano? Kodi mungasinthe bwanji kapena kusintha?

## **Chovuta:**

Umodzi mu chikondi ndi wofunika kwambiri pa kukula kwauzimu kwa mpingo. Ganizirani za mnzanu wa m'kalasi kapena wina amene mumam'dziŵa amene amapita kutchalitchi koma simunamuganizirepo m'gulu la anzanu. Yambani inuyo ndi kulankhula nawo kuti mukhale mabwenzi awo. Tsatirani chitsanzo cha Yesu ndi kuwasonyeza kuti mukufuna kusonyeza chikondi cha Mulungu pa moyo wanu.

**Cholinga:** Ophunzira adziwe kuti monga otsatira a Khristu, aliyense ayenera kuphunzira kulolera anthu ena komanso kuti asafulumire kukwiya.

**Vesi loloweza pamtima:** "Abale ndi alongo anga okondedwa, zindikirani ichi: Aliyense akhale wofulumira kumva, wodekha polankhula, wosafulumira kukwiya. Yakobo 1:19

### Ntchito Yoyambira (Zaka 12 - 17)

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Perekani pepala ndi pensulo kwa wophunzira aliyense. Kenako, afunseni kuti apange tebulo lokhala ndi mizati itatu, ndipo muwauze kuti m'danga lililonse alembi mitu yotsatirayi motsatira: Zinthu zomwe sindikanakhululukira; Mitundu ya anthu omwe sindiwalekerera; zinthu zomwe zimandikwiyitsa.

Ichi ndi ntchito yodziwitsa anthu zomwe zimakhazikitsa dongosolo la kalasi ndikuthandizira mphunzitsi kudziwitsa za kulolerana.

### Ntchito Yoyambira (zaka 18-23).

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Perekani pepala ndi pensulo kwa wophunzira aliyense. Kenako funsani ophunzirawo kuyankha mafunso otsatirawa ndi chinthu choyamba chimene chimabwera m'maganizo.
  1. Kodi n'chiyani chakuchitikirani chimene mukuona kuti n'zosatheka kukhululuka?
  2. Kodi ndi anthu otani amene amakuvutani kukhala nawo, ndipo n'chifukwa chiyani?
  3. Kodi munthu amene wakulakwirani akakupepesani, mumakhala ndi maganizo otani?
  4. Kodi munapepesa kwa winawake pa zimene mwanena kapena kuchita? Kodi munthuyo anatani?

Lolani pafupi mphindi zisanu kuti ophunzira ayankhe ndi zina zisanu kuti iwo anene mayankho awo. Akuganiziridwa kuti pasakhale kuwongolera pamene ophunzira agawana mayankho awo. Ndi chitukuko cha phunziro, ophunzira amawonjezera mayankho awo.

**K**ulekerera ndi chinthu chofunikira kwambiri kuti anthu azikhala limodzi. Koma kusiyana kwa chikhaldwe, maganizo, chikhaldwe, ndale, jenda ndi zikhulupiriro kumayambitsa mikanganano yomwe, ngati siichitidwa mwachikondi ndi ulemu, imathera mu mikanganano, magawano ndi mkwiyo.

Funsani: Kodi Baibulo limalimbikitsa chiyani pothetsa kusamvana? Kodi munthu angathane bwanji ndi kusiyana kumene ali nako ndi ena? Baibulo limapereka malangizo ena pankhaniyi amene tidzakambiranana m'phunziroli.

#### 1. Chinsinsi #1: mvetserani musanalankhule

Yakobo akukumbutsa owerenga ake kuti akhale okonzeka kumvera ndi odekha polankhula (Yakobo 1:19). Pakabuka mkanganano, anthu nthawi zambiri amafotokozena zomwe zikuchitika ndipo saona kuti "zawo" ndi "zoyenera". Ena amalingalira kufunsa ena kaye zomwe zidachitika. Ochepa amafunadi kudziwa zifukwa zimene zinayambitsa mkanganowo. Chiwerengero cha mukhalapakati wa mkanganano chimabwera ngati chofunikira kuyesa kuthetsa mikanganano pakati pa maphwando awiri, kuyesera kuti amve ndikukwaniritsa mgwirizano. Malinga ndi Association wa Mediators for Okalamba ndi chilengedwe chawo (AMNE), mukhalapakati amafuna kulankhulana bwino pakati pa magulu awiriwa, kumvetsetsa zosowa ndi zofuna za ena, ndi kumveketsa bwino zinthu zimene mwina ananyalanyazidwa, mwa mfundo zina (Consulted June 28, 2014 kuchokera <http://ammediacion.org/funciones-del-mediador/>).

Kuti zimenezi zitheke, m'pofunika kudziwa kumvetsera. Winanso ali ndi mtundu wake ndipo akufuna kuti amumve. Mwina pavuto lomwe likufunsidwa, pali zochitika zomwe ena sadziwa. Zingakhale kuti mkanganowo unachitika chifukwa cha kusiyana kwa chikhaldwe kapena chikhaldwe kapena kusamvana. Pankhani imeneyi, malangizo a Yakobo pa 1:19 ndi omveka bwino: Mverani musanalankhule. Izi zikutanthauza kulolera kuti winayo alankhule kaye.

Koma, kodi chimachitika nchiyani pamene “wolakwiridwa” akwiya kwambiri koteru kuti safuna kumvetsera kwa wina, kapena ngakhale kumuona?

## 2. Chinsinsi #2: Chenjerani ndi Mkwiyo

“...mkwiyo wa munthu subala chilungamo chimene Mulungu afuna” amatero Yakobo 1:20. Pali mawu odziwika omwe amati: “Wokwiya amaluza.” Anthu akakwiya, amasokonezeka, ndipo amalankhula ndi kuchita zinthu zimene pambuyo pake amanong’oneza nazo bondo. Tsoka ilo, zina mwazochita kapena mawuwo amakhala ndi zotsatira zosasinthika. Kuchita zinthu mwaukali kungayambitse mikwingwirima, kumenyedwa, kapena kuchita zachiwerewere.

Funsani: Kodi pali magulu aliwonse a anthu omwe amakuvutani kwambiri kuthana nawo? N’cifukwa ciani n’zovuta kuperira gulu la anthu limeneli? Kodi mumadziwa bwanji za iwo? Kodi mukudziwa mbiri yawo, mavuto awo, zifukwa zimene zimawachitsa kuchita zinthu, kuvala, kulankhula choncho?

Kodi pali maganizo amene simuwalekerera? Kodi mungaganizire chifukwa chilichonse chomveka chokhalira ndi maganizo amenewa chimene simukukonda?

Njira yodziwika bwino yofotokozena izi ndi “kudziyika nokha mu nsapato za wina”, koma anthu akakwiya sangathe kutero. Choncho, tisanalole mkwiyo kuphimba kumvetsa, munthu ayenera kuyesetsa kumvetsa zifukwa zimene zimachitsa kuti ena azichita zimene iwovo amachita.

Akolose 3:8 amati: “Koma tsopano mutaya zonse zotere, monga izi: mkwiyo, kupsa mtima, dumbo, mwano, ndi mwano, ndi mwano...” Ngati munthu achita zinthu mwaukali, mwachiwonekere angachite mosalingalira bwino. Ndipo m’malo mothetsa vutolo, izi zidzangowonjezera nkhusi kumoto. Choncho pamene wina akwiya kwambiri moti sangathe kulamulira zinthu, ndi nthawi yopempha mzimu woyeru kuti umuthandize ndi kumudzaza ndi chikondi.

## 3. Chinsinsi #3: valani chikondi

Akolose 3:12-14 amati: “Chifukwa chake valani monga osankhidwa a Mulungu, oyera mtima ndi okondedwa, mtima wachifundo, kukoma mtima, kudzichepetsa, kudekha, ndi kuleza mtima. Piriranani wina ndi mzake ndikukhululukirana wina ndi mzake ina ngati iliyonse

muli ndi chodandaula ndi wina wake. Mukhululukireni monganso Ambuye anakukhululukirani. Ndipo pa zabwino zonsezi valani chikondi, chimene chimagwirizanitsa zonsezi mu umodzi wangwiyo.” Sizingatheke kulekerera mnansi wanu ngati palibe chikondi. Mtumwi Paulo ankadziwa kuti kusiyana pakati pa anthu kumayambitsa magawano aakulu. N’chifukwa chake analimbikitsa Akhristu a ku Kolose kuti azikondana, azichitirana chifundo, komanso azileza mtima. Kuti munthu athe kulimbana ndi mikangano, koposa zonse ayenera kuvala chikondi. Ndipo chikondi cha Mulungu chikadzadza munthu, amatha kukhululukira zolakwa, kukhala woleza mtima ndi kumvetsera asanalankhule.

Zoonadi, sikuli za kulola kunyozedwa kapena kupwetekedwa mtima, koma kulola kudzazidwa ndi Mzimu wa Mulungu ndi kumulola kuti agwire ntchito mu umodzi, kuti wina ayankhe mwachikondi ndi kuleza mtima ku zovuta. Chigawo chomaliza cha vesi 13 chimaika chala pabalapo kuti: “Mukhululukireni monga Yehova anakukhululukirani.” Uwu!

“Khalani ndi moyo wabwino pakati pa anthu akunja, kuti, ngakhale akukunenerani zoipa, apenyenye ntchito zanu zabwino.

ndipo lemekezani Mulungu pa tsiku limene adzatichezera” ( 1 Petro 2:12 ). Pamene anthu a Mulungu adziveka okha m’chikondi, Mulungu amalemekezedwa.

**Ndemanga/Magwiritsidwe:** Malinga ndi mavesi a m’Baibulo ogwiritsidwa ntchito m’kalasi, yankhani zotsatirazi:

1. Kodi muyenera kuchita chiyani pakati pa osakhulupirira? ( 1 Petro 2:12 )
2. Kodi aliyense ayenera kukonzekera chiyani? ( Yakobo 1:19 ).
3. N’chifukwa chiyani ayenera kuvala chifundo, kudzichepetsa, kukoma mtima ndi kuleza mtima? ( Akolose 3:12-13 ).
4. Kodi mkwiyo subala chiyani? (Yakobo 1:20).
5. Kodi chomangira changwiyo ndi chiyani? ( Akolose 3:14 ).

**Chovuta:** M’kati mwa mlungu, ganizirani za anthu ena amene amakuvutani kuwalekerera kapena amene munayambana nawo. Pempherani sabata ino kwa anthu amenewo kapena mkhaliwewo ndipo pemphani Mulungu kuti akupatseni chikondi kuti mufikire iwo ndi/kapena apatseni mwayi wofotokoza zomwe zidachitika. Mtsogoleri wanu wachinyamata kapena wamkulu wina angafunikire kukhala mkhlapakati.

**Cholina:** Kuti ophunzira aphunzire kuthana ndi mikangano ndi anzawo mwanzeru.

**Vesi loloweza pamtima:** “Ngati nkutheka, monga momwe mukhoza, khalani ndi mtendere ndi anthu onse.” Aroma 12:18

### Ntchito Yoyambira (zaka 12 - 17)

- **Zipangizo:** Zithunzi za nsomba za piranha kapena shaki papepala, tepi kapena china chake chopangira mbali za mtsinje, zipangizo zonyamulira za kukula ndi kulemera kosiyanasiyana, zingwe zowoloka nazo mtsinjewo.
- **Malangizo:** Gawani kalasi mumagulu awiri. Fotokozani kuti akuyenera kuwoloka mtsinje wodzala ndi mapiranha/nsomba zodya nyama ndi kunyamula katundu wina kuchokera kugombe kupita ku gombe lina, koma njira yokhayo yochitira izi ndi kuwoloka mtsinje (umene uwonetsedwe pogwiritsa ntchito tepi) zingwe. Akumbutseni kuti asamalire bwino podutsa pamene akunyamula zinthuzo kupita ku gombe lina, komanso pobwerera pamene akubwerera kukafunafuna zipangizo zatsopano (nthawi zonse amakhala pa chingwe). Pakhoza kukhala njira zingapo zowoloka (ikani zingwe zingapo), koma lamulo lokhalo loti achite zimenezi ndi lakuti asachotse mapazi awo pa chingwe powoloka mtsinjewo. Aliyense ayenera kunyamula katundu kugombe lina. Aliyense wa gululo azinyamula zomwe wasankha ndikuziyika pomwe zasonyezedwa. Ngati malo omwe amakumana ndi aakulu, magulu onse awiri angachite nthawi imodzi, kapena gulu limodzi panthawi imodzi.

Izi zidzatha pamene aliyense wadutsa mtsinje, kapena ngati pali ophunzira ochepta, pamene gulu lirilonse lanyamula zonse zomwe zaperekedwa ku gombe lina.

Mukamaliza funsani: Ndi zipangizo ziti zomwe zinali zosavuta kunyamula? Kodi mwathandiza ena kuwoloka? Kodi mudamvapo mkwiyo kapena kukhumudwa nthawi ina iliyonse? Ngati mutachitanso, kodi mungachichitenso chimodzimodzi?

### Ntchito Yoyambira (zaka 18 - 23)

- **Zipangizo:** Mndandanda wa zinthu 10 zofunika kuti zipulumutsidwe pamwezi, zomwe ziyenera kubisidwa penapake m'malo otsekeda.
- **Malangizo:** Gawani kalasi mumagulu awiri. Awuzeni gulu limodzi kuti awerenge mndandanda wa zinthu zomwe zatayika pa mwezi, choyamba payekha, kenako monga gulu. Kenako alembe ndandanda ndikusankha kuti ndi zida ziti mwazinthu zisanu zomwe zidzapulumutsidwe.

Uzani gulu lachiwiri kuti liwone makhalidwe awa a gulu lomwe likusewera:

- Anthu omwe akutsoglera msonkhano.
  - Anthu omwe ndemanga zaho zimanyalanyazidwa.
  - Momwe gulu limapangira zisankho.
  - Yang'anani momwe msonkhano uliri (mikhaliwe yabwino, zotheka mwamawu, ndi zina zotero).
- Gulu lachiwiri lonse liyenera kuyang'ana zovuta zomwe gulu limakhala nalo pokwaniritsa mgwirizano.

**P**amateto pa ntchitoyo, gulu lonse lili pamodzi, ganizirani zotsatira zomwe mwapeza ndikuziwona. Zosinthazi ndi njira yowonera momwe gulu limagwirira ntchito limodzi, kuyanjana komwe kumachitika, momwe mikangano imazindikirika ndikugwiriridwa, maudindo, ndi zina.

Kumenyana pakati pa anthu kumachitika kawirkawiri ndipo ndi mbali ya zochitika za tsiku ndi tsiku. Kupyolera mu mikangano ndi mabwenzi, anzanu akusukulu kapena mwinamwake ndi banja, kungakhale chokumana nacho chokhumudwitsa ndipo nthawi zina kungakhale kosokoneza maganizo chifukwa cha kusowa chidziwitsa cha mmene tingachitire nawo.

Mu phunziro ili, nkhani ya mikangano idzayankhidwa ndi momwe mungawongolere mikangano ku zochitika zabwino zomwe zimalola munthu kukula mu ubale wachikhristu.

### 1. Kodi kusamvana ndi chiyani?

Kusamvana kumachitika pamene zikhulupiliro ziwiri kapena zingapo, malingaliro kapena malingaliro akutsutsana mwachibadwa kapena sangathe kuyanjanitsidwa; kapena ngati kutsata zolina sikukugwirizana ndi anthu kapena magulu osiyanasiyana. Choncho mkangano ukhoza kuchitika pamene malingaliro ndi malingaliro a munthu akuwopsezedwa. Zimapezekanso muzochitika zachiwawa kapena zopanda chiwawa za kusintha kwa chikhaldwe cha anthu pamene pali maudindo osiyanasiyana m'magulu omwe amayesa kugwirira ntchito pamodzi, koma amadzipeza kuti sangathe kukwanirtsa mgwirizano pakati pa maphwando omwe akutsutsana ndi nkhanzi, ndipo potsiriza amayesa kuyika zofunikira zawo. pa wina kapena ena. Aliyense akudziwa kumene vutoli likutha.

### 2. Kuthana ndi mikangano mwanzeru

Funsani: Kodi Mulungu amafuna kuti munthu athetse bwanji mikangano? Tsatirani malangizo pansipa. Chimodzi mwa zinthu zoyamba zomwe muyenera kuziganizira panthawi ya mikangano ndikukhazikitsa ubale wachikondi ndi chikhulupiro ndi Mulungu ngati ubale wanu woyamba (Yakobo 4:1-10). Baibulo limagogomezera nthawî zonse kuti chinsinsi cha chipambano mu maunansi ndi anthu ndicho kukhala paubwenzi wabwino ndi Mulungu. Choncho, kulephera mu ubale ndi ena ndi chizindikiro cha kusakhlapo kapena kuperewera kwa ubale ndi Mulungu (vs. 6-10). Mulungu wa m'Baibulo ndiye yekha amene angakwanirite zosowa za munthu za chiteteko, chitsogozo, cholinga, chikhululukiro, ndi zina zotero. Iye ndi wachikondi ndi wolamulira. (Aroma 15:1-2; Agalatiya 5:13-16; Aefeso 4:22-26). Chinthu chofunika kwambiri ndi immene munthu amakondera ena osati immene amakondera iye (Yakobo 3:17-18). M'pofunika kwambiri kuti tisamangoganizira zimene sitingathe kuzilamulira (momwe ena amatichitira), koma zimene tingathe kuzilamulira (momwe munthu amachitira ndi ena). Pamene munthu achita izi, Mzimu wa Mulungu umatsimikizira munthu mtendere Wake, chiyembekezo, ndi chimwemwe, ngakhale ngati ena salabadira mofananamo.

### 3. Kukula mu mikangano

Pa 1 Petro 3:8-9, mtumwi Petro akupereka mbali zisanu zazikulu zimene munthu angaphunzire kukulitsa mikangano uliwonse: (1) Kugwirizana, mwa kufunafuna zolina zofanana; (2) Chifundo, kulabadira zosowa za ena; (3) Chikondi, mwakuona ndi kuchitira ena monga abale ndi alongo; (4) Chifundo, mwa kukhala wosamala m'chikondi ndi chidwi; ndi (5) Kudzichepetsa, mwa kuyesetsa kulimbikitsa ena ndi kusangalala ndi zipambano za ena.

Mbali ina imene munthu ayenera kukulitsa ndi pemphero. Nthawi zambiri m'maubwenzi a tsiku ndi tsiku, wina amakhumudwitsa anthu kapena kupwetekedwa nawo. (Mateyu 5:39) Petulo analimbikitsa okhulupirira kuyankha ndi pemphero m'malo mwa anthu amene akuwakhumudwitsa. Kuti apewe mikangano, munthu ayenera kukana chizolowezi chovulaza anthu amene amamukhumudwitsa. M'malo mokwiya, tiyeni tipempherere anthuwo.

### Ndemanga/Magwiritsidwe:

Afunseni ophunzira kuti alembe mndandanda wa zochitika zomwe angakhale akusempha ndi anzawo. Kenako afunseni kuti alembe zomwe angachite pankhaniyi. Kuti mumvetse bwino, onani tebulo ili m'munsili lomwe liri ndi zitsanzo ziwiri.

ZOPHUNZITSA	KODI NDICHITE CHIYANI?
Nsanje	Pempherani ndikudalira munthu winayo.
Nthabwala zomwe anthu ena sakonda	Pemphani chikhululukiro ndipo musanene nthabwala zimenezo kachiwiri.

### Chovuta:

Ganizirani za maganizo kapena makhalidwe amene amayambitsa mikangano ndi anzau. Pangani chosankha chosintha ndi kupemphera kwa Mulungu m'masiku akudza kuti akuthandizeni. Kenako gawanani za kupita patsogolo kwanu m'kalasi lathu lotsatira.

**Cholina:** Kuti ophunzira amvetse kufunikira kobweretsa abwenzi awo kwa Khristu.

**Vesi loloweza pamtima:** “Ife tampeza iye amene Mose analembra za iye m’chilamulo, ndi amene aneneri analemba za Iye, ndiye Yesu...” Yohane 1:45

### Ntchito Yoyambira (Zaka 12 - 17).

- **Zipangizo:** Mlozera makadi okhala ndi mavesi a m’Baibulo a m’gawo la malangizo amene asindikizidwapo.
- **Malangizo:** Auzeni ophunzira m’magulu ang’onoang’ono a anthu atatu, ndipo apatseni zilolezo zosonyeza mavesi a m’Baibulo (Yobu 2:11; Miyambo 17:17; Miyambo 18:24; Miyambo 27:10; Mateyu 18:19; —Yohane 15:13; Yohane 15:14. Afunseni kuti awerenge mavesiwo ndi kulemba pa pepala lawo zomwe apeza zokhudza ubwenzi kuchokera m’mavesiwo. Gulu lirilonse ligawane zomwe apeza ndi kalasi.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Makhadi a index ndi mapensulo; Bolodi ndi choko kapena pepala lalikulu ndi zolembra.
- **Malangizo:** Afunseni ophunzira kuti azikhala mozungulira. Kenako gawirani makhadi ndi mapensulo. Afunseni kuti alembe tanthauzo la liwu loti “bwensi”. Akamaliza, afunseni kuti afotokoze zomwe adalemba. Kenako lembani pa bolodi (kapena papepala lalikulu) matanthauzo amene mukuona kuti ndi ofunika kwambiri. Apatseni nthawi ophunzira kuti akambiranre ndi kupereka maganizo awo.

**N**thawi zambiri, munthu amalankhula za chilichonse ndi abwenzi: ntchito, zikondwerero, zodetsa nkhawa komanso kufunafuna njira zothetsera mavuto ena. Komabe, pali mipata yolankhula nawo ponena za Yesu Kristu ndi Mawu Ake odalitsidwa. Nthawi zina, wina angakhale wokayikakayika kapena mwinamwake kuchita mantha kuwauza za Yesu chifukwa chakuti sakuimbidwa mlandu momwe iwo angachitire; koma ngakhale zili zonse, ndi udindo wa munthu kutero. Lerolino, ubwenzi udzakambidwa mogwirizana ndi Yohane 1:35-51.

#### 1. Yesu Khristu amakonda anzathu

Mabwenzi a munthu ali mbali ya mtundu wa anthu amene Ambuye Yesu amawakonda ndipo amafuna kuwfikira ndi mphamu Yake yopulumutsa. Anthu onse akuphatikizidwa mu chikondi ndi chisomo chake, chifukwa Mulungu amawakonda ndipo amafuna kuwasintha.

Ngati mabwenzi a munthu samudziwa Yesu, ali akapolo a uchimo ndipo ayenera kukhala mfulu (Yohane 8:34). Mosasamala kanthu kuti ali mumkhalidwe wotani (zoipa, kuba, chiwerewere, kuipa), Yehova amawakonda monga momwe alili ndipo ali ndi mphamu zonse zowamasula.

Kulemera kwa uchimo umene Yesu ananyamula pa thupi lake ndi Mzimu wake popachikidwa pa mtanda unalinso kwa iwo. Kumeneko kunali Muomboli wodalitsika, akutsuka mtengo wa Gologota ndi mwazi wake, motero kupereka chithandizo chogwira mtima cha machimo a onse.

Mtumwi Yohane m’kalata yake yoyamba ananena motere: “Iye ndiye chiwombolo cha machimo athu, osati athu okha, komanso a dziko lonse lapansi.” ( 1 Yohane 2:2 )

Ambuye akudziwa kuti ngati mabwenzi a munthu apitiliza njira yayo yamakono, akupita kuchiwonongeko chamuyaya. Popanda Yesu Khristu, palibe njira yopezera chipulumutso (Aroma 3:2324).

#### 2. Anzanu ayenera kufunafuna ndi kutsatira Yesu Khristu

##### A. Ayenera kumva za Iye

Yohane, mtumwi wa Ambuye, analemba mawu amphamu a Yohane M'batizi ponena za Yesu (Yohane 1:36). Awiri mwa ophunzira ake adamva mawu amphamuwo, ndipo zotsatira zake adasankha kutsatira Yesu (v. 37). Funsani: Kodi kutsatira Yesu kumatanthauza chiyani? Kumatanthauza kudzikana ndi kulola Ambuye kutenga malo oyamba m'moyo wa 0; ndikulolera kuzunzika chifukwa cha Iye ndi kusiya zonse kuti apitirizebe kumupatsa chikondi ndi kukhulupirika. Funsani: Zikutanthauza chiyani kwa ine lero kudzikana ndekha? ( Luka 14:26-27 ).

### B. Ayenera kufufuza moona mtima

Mabwenzi ayenera kuzindikira ndi kutsimikizira kuti amafunikira Mulungu ndi kufufuza moona mtima ndiponso mwachangu. Ayeneranso kudziwa kuti ngati amufunafuna, adzamupeza, chifukwa mzimu woyeru udzawathandiza. Iyi ndi gawo la utumiki umene Iye amachita (Yohane 16:8). Yesu ataona kuti ophunzira awiri a Yohane M'batizi akumutsatira ( Yohane 1:35-42 ) anawafunsa kuti: "Mufuna chiyani? (ndime 38). Mayankho awo anaonetza kuti sanali kufunafuna zinthu, koma munthu. Ophunzira awiriwa anafuna kudziwa Yesu ndi kukhala ndi Iye (Yohane 1:39).

### C. Muyenera kugawana ndi ena

Uthenga Wabwino wolementwa ndi Yohane umanena za mmodzi mwa anthu amene anamva Yohane M'batizi anakhala wophunzira wa Yesu, kenako anakhala mtumwi. Izi zikusonyeza kuti ntchito ya Yohane M'batizi sinali yachabechabe. Anakonzekeretsa munthuyo kuti atsatire Yesu. Ichi ndi chitsanzo cha uphunzitsi wopindulitsa. Andireya anayamba utumiki wake wouza ena za Yesu. Anayamba kunyumba kwake ndi mmodzi wa achibale ake apamtimu (Yohane 1:41). Andireya anaperekwa uthengawo kwa m'bale wake, komanso "anadza naye kwa Yesu." Ambuye anamuyang'ana mwachikondi nasintha dzina lake kukhala Kefa, ndiko kuti, Petro (v. 42).

### 3. Anzathu amafunikira thandizo lathu

Yesu anakumana ndi Filipo ndipo anamuitana kuti amutsate (Yohane 1:43). Chotsatira, Filipo anapitiriza kuuza ena za chikhulupiro chake. Natanayeli anali munthu amene analankhula naye ndi kumuza uthenga wabwino. Munthu amene amakamba za iye ndiye amene Malemba amakamba za iye (v. 45). Filipo anayenera kuthana ndi kukayikira kwa Natanayeli yemwe sanakhutitsidwe mosavuta koma Filipo sanakhumudwe; anaitana bwenzi lake kuti adziwone yekha (v.46-49).

Choncho, chinthu chabwino kwambiri chimene tingachitire anzathu ndicho kugawana nawo Khristu.

### Kubwereza/Kugwiritsa Ntchito:

Konzani ma ophunzira m'magulu ang'onoang'ono ndi kuwapempha kuti awerenge malemba otsatirawa: Yobu 2:11; Miyambo 17:17; 27:10; Yohane 15:13. Kenako auzeni kuti alembe malemba amene anapatsidwa kumanzere; ndipo m'gawo lakumanja, chipunzitso choperekedwa ndi ndime iliyonse.

### VERSE BAIBULO

- Yobu 2:11
- Miyambo 17:17
- Miyambo 27:10
- Yohane 15:13

### KUPHUNZITSA

Mabwenzi amafika kudzatonthoza ndi kutonthoza.  
Bwenzi limakonda nthawi zonse.  
Sitiyenera kusiya mabwenzi athu.  
Kutaya moyo wako chifukwa cha bwenzi ndicho chikondi chachikulu.

### Chovuta:

Pezani abwenzi ndikupanga gulu lochezera kuchokera kumpingo kwanuko ndikupita kukachezera abwenzi anu, kuwauza za Khristu, ndi kuwaitana kuti amulandire mmitima yayo ngati Mpulumutsi ndi Ambuye. Kapena mutha kulembanso malingaliro anu pa njira zogawana za Yesu ndi anzanu. Auzeni anzanu akusukulu ndikuyamba kuwayeseka.

**Cholina:** Ophunzira amvetsetse kuti kukhululuka ndi lamulo, osati kusankha.

**Vesi loloweza pamtima:** "...Ngati mukhululukira ena akachimwira inu, Atate wanu wa Kumwamba adzakhululukira inunso. Koma ngati simukhululukira ena zolakwa zaho, Atate wanu sadzakukhululukirani machimo anu." Mateyu 6:14-15

### Ntchito Yoyambira (Zaka 12 - 17)

- **Zipangizo:** Mapepala, zolembera, ndi tepi yomata.
- **Malangizo:** Lembani mawu otsutsana papepala, koma liwu limodzi lokha pa pepala (mwachitsanzo: Chidani Chachikondi, Chotentha Chozizira, Firiji- Ovuni, ndi zina zotero). Kenaka jambulani mzere wogawanika pakati pa chipinda ndikuyika mapepala patebulo, kuwasakaniza kale. Komanso, ndi tepi yomata, pangani chithunzi pansi monga chithunzi chili m'munsichi, ndikugawa ophunzira m'magulu awiri. Gulu lirilonse liyenera kuima kuseri kwa mzere wapakati (wofiira kapena wabuluu kutengera gulu). Kenako onetsani kuti pa chiwerengero cha atatu, munthu woyamba pamzere wa gulu lirilonse athamangire kumpoto ndi kukatenga pepala, ndipo mwamsanga pambuyo pake, athamangire ku South pole ndi kupeza liwu lolingana nalo (mwachitsanzo, kagawidwe ka mawu pamtengo uliwonse ukhoza kukhala motere: Chikondi, Kuzizira ndi Firiji ziyenera kupita kumtunda wa kumpoto Chidani, Kutentha ndi Ovuni ziyenera kupita ku South pole). Gulu loyamba lopeza mawu onse otsutsana lidzapambana.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Chipangizo choimbira nyimbo (wailesi, Ipod, foni, ndi zina zotero), nyimbo zoimbira zofewa, mapepala, ndi mapensulo.
- **Malangizo:** Konzekerani chipindacho kuti chikhale chodekha. Kenako afunsemi ophunzira kuti alone mchipindamo mwakachetechete. Aliyense akakhala pansi, afunsemi kuti alingalire za moyo wawo. Afunsemi ngati anakhumudwitsidwapo kapena kukhumudwitsidwapo ndi munthu wina (kaya ndi chibwenzi, kholo, wachibale, ndi zina zotero). Perekani mapepala ndi mapensulo, ndipo afunsemi kuti alembe mayina a anthu amene anawakhumudwitsa kwambiri, komanso alembe mmene anamvera pa nthawi imene anakhumudwitsidwa komanso mmene akumvera panopa. Atsimikizireni kuti adzasunga mapepalawo ndipo sadzawerengedwa pamaso pa anthu.

**P**akutha kwa kalasi, funsani ophunzira anu kuti apemphere kwa Mulungu ndi kukhululukira anthu awa. Kenako auzeni kuti ayike kapena kung'amba mapepalawo momwe angafunire.

#### 1. Mbiri ya nkhani ya Yosefe

Makolo a Yosefe anali Yakobo ndi Rakele (Genesis 37-44). Yosefe anali wokondedwa wa abambo ake. Analu ndi abale ake khumi amene anamugulitsa kwa gulu la Aismayeli, ndipo anamtengera ku Igupto monga kapolo. Kumeneko anasungulumwa chifukwa anakakamizika kukhala kwa nthawi yaitali kutali ndi banja lake. Analinso wochitiridwa miseche ndi mabodza, ndipo anatsekeredwa m'ndende popanda chifukwa. Pomalizira pake, pansi pa kukhulupirika kwa Mulungu, moyo wa Yosefe unasintha kukhala wabwinopo. Farao analota maloto, ndipo Yosefe, motsogoleredwa ndi Mulungu, anawamasulira, ndipo umu ndi mmene iye anakhalira "wolamulira wachiwiri" mu Igupto yonse. Mulungu anadalitsa Yosefe, choncho chilichonse chimene ankachigwira chinali chabwino. Yosefe anayenera kuyang'anizana ndi kuipidwa kwake, zikhumbo zobwezera, ndi kusakhululuka kuti akwaniritse chidzalo cha zonse zimene Mulungu anamukonzeria iye ndi mbadwa zake.

Mofanana ndi Yosefe, aliyense wakhala akukumana ndi mavuto. aliyense wakhala akukanthidwa ndi zikwapu za moyo, zambiri zimachokera kwa okondedwa.

### **2. Chikhululuko, lamulo**

Munkhani ya Yosefe, chikhululukiro chinali chinthu chodziwika bwino (Genesis 45:1-8). Pa Genesis 44:18-33 pali umboni wa kulapa koona kwa abale ake a Yosefe. Mosiyana ndi pamene anagulitsa Yosefe, pamene anakumananso analingalira malingaliro a atate wawo, Yakobo. Iwo anali ataphunzirapo phunziro lawo. Lemba la Genesis 45:1-2 limatiuza mfundo yothandiza kwambiri. Yosefe sanafune kuulula tchimo la abale ake pamaso pa anthu. Yosefe anathana ndi cholakwacho mwamseri ndipo anakhululukira achibale ake mwamseri. Pamene wina wakhumudwitsidwa ndi ena, ayenera kuganizira mozama momwe angachitire/ sitepe iyi. Masiku ano, n'zosavuta kuulutsa "zovala zonyansa" za "abale ndi alongo" kudzera m'ma TV.

Yosefe anazindikira kuti abale ake anachita mantha pamene anadziulula kuti iye anali ndani, ndipo m'malo moti "aike chala chake pa zilonda zowo" ndi kutsindika za ululu ndi zowawa, Yosefe nawapempha kuti abwere kwa iye (vs. 4-6.) kuti Yosefe anawakhululukiradi abale ake." ( Genesis 45:7-8 ) Yosefe anaganiza zoika maganizo ake pa cholinga cha Mulungu osati pa zowawa kapena kubwezera, choncho Mulungu anapatsa Yosefe mphamvu zokhululukira abale ake. za mavuto zinabweretsa kukwanirtsidwa kwa dongosolo la Mulungu. Nthawi itakwana yoti akumanenso ndi banja lake ndi kuwapulumutsa ku njala, Yosefe anakhululukira abale ake ndipo anapereka mpata kuti dongosolo la Mulungu lipitirire kukwanirtsidwa pakupanga ndi kusunga anthu a Israeli. .

### **3. Kodi ndingapereke bwanji chikhululukiro?**

Funsani: Bwanji ngati wolakwiridwayo sakufuna kukhululuka? Kumbukirani kuti simukukhululukira kokha kaamba ka ubwino wa munthu winayo, koma kukhululukira chifukwa ndi lamulo la Mulungu ndipo n'kofunika kaamba ka chimwemwe chanu, ufulu wauzimu ndi wamaganizo. Kukhululukidwa ndi lamulo lochokera kwa Mulungu lomwe lidzabweretsa ufulu m'moyo wanu (Mateyu 6:9-15).

### **Ndemanga/Magwiritsidwe:**

Apatseni nthawi ophunzira kuti ayang'ane ndime zotsatirazi ndi kulemba zomwe akunena za chikhululukiro.

- Yohane 1:9, Aefeso 1:7 (Chikhululukiro chimachokera kwa Mulungu.)
- Mateyu 18:21-22 (Tiyenera kukhululukira);
- Marko 11:25; Aefeso 4:32; (Akolose 3:13) (Tiyenera kukhululuka monga mmene Mulungu anatikhululukira.)

### **Chovuta:**

Werengani Pemphero la Ambuye katatu (Mateyu 6:9-15). Ganizilani za anthu amene anakukhumudwitsani. Lembani mndandanda wa njira zomwe mungakhululukire.

Tsopano lembani mndandanda wa anthu omwe mwawapweteka. Lembani zinthu zina zomwe mungachite kuti muwawonetse kulapa kwanu.

**Cholina:** Kuti ophunzira amvetse kuti mwa Yesu Khristu ndi bwenzi lawo lapamtimi.

**Vesi loloweza pamtima:** "Ine ndine mpesa; inu ndinu nthambi. Ngati mukhala mwa Ine, ndi Ine mwa inu, mudzabala chipatso chambiri; popanda Ine simungathe kuchita kanthu. Yohane 15:5

### Ntchito Yoyambira (Zaka 12 - 17)

- **Zipangizo:** Manyuzipepala.
- **Malangizo:** Ikani masamba a nyuzipepala pansi. Ophunzirawo akafika, alangizeni kuti ayerekeze kuti ali m'sitima yapamadzi imene yayamba kumira ndipo nyuzipepalayo ikuimira maboti a panyanja amene angawapulumutse. Koma ayenera kutsatira malangizo amene apatsidwa. Akamva "Mabwato amatha kupulumutsa 4", ayenera kuyimirira pamapepala m'magulu a 4; anthu amene sapeza "malo m'mabwato" "adzamira." Nambala yomwe ingathe "kupulumutsidwa" idzasiyana malinga ndi dongosolo loperekedwa ndi yemwe amayendetsa masewerawo ("mabwato amatha kupulumutsa" 3 kapena 6 kapena 2 ... etc). Mukamaliza ntchitoyi, auzeni ophunzira anu kuti afotokoze momwe anamvera pamene sanapeze malo mu "bwato," kapena mmene anamvera pamene sanathe "kupulumutsa" anzawo.

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### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Wosewera nyimbo.
- **Malangizo:** Afunseni ophunzira kuti apange mabwalo awiri (amodzi mkatı mwa mzake) okhala ndi chiwerengero chofanana cha anthu, ndipo afunseni kuti ayang'ane wina ndi mzake. Ndiye kuvala maziko nyimbo. Kenako, afunseni kuti agwedezer munthu amene akukumana naye, anene dzina lawo, zomwe amakonda kuchita, ndi zomwe amakonda kudya. Kenako apatseni chizindikiro kuti atembenuzire mabwalowo kumbali ina, ndiyeno ayime. Mwanjira imeneyi, adzakhala pamaso pa munthu wina. Kenako afunseni kuti azikumbatirana ndi kuyankha mafunso omwewo amene anawayankha poyamba paja. Kenako auzeni kuti mabwalowo asunthirenso, ndipo afunseni kuti apatsane moni ndi mapazi awo, kenako yankhani mafunso. Sunthani mozungulira kachiwiri, ndiye bwino ndi zigongono, mapewa, ndi zina zotero. Pomaliza, ayenera kupereka awo ntchito ndi mfundo.

**M**fundu: Kodi ndi kangati, potchula munthu, kuti ndi bwenzi lako lapamtimi? Kapena kangati mwauza munthu mwachindunji kuti: "Ndiye bwenzi langa lapamtimi?" Ndithudi nthawi zambiri. Kukhala ndi abwenzi n'kosangalatsa; ndi chinthu chapadera. Mabwenzi amagawana wina ndi mzake: yendani pamodzi, kusintheta maganizo; ndi kukhala ndi zinthu zofanana. Koma munthu ayenera kukumbukira kuti mabwenzi akhoza kulephera nthawi ina, monga momwe amawalepherera. Mmodzi ali ndipo adzakhala munthu, ndipo anthu amakonda kulephera. Anthu ena amanena kuti "bwenzi lapamtimi la munthu ndi galu." Funsani: Mukuganiza bwanji? (Lolani ophunzira kukambitsirana zimenezi.) Phunziro la lerolino likunena za munthu amene ali bwenzi limene munthu anganene motsimikizirika kuti "bwenzi langa lapamtimi." Kamodzi wina ali ndi Yesu mmitima yathu ndipo Iye amakhala bwenzi lapamtimi, koma munthu ayenera kuganizira mbali zotsatirazi.

#### 1. Khalani mwa Iye

Pa Yohane 15:1-17 zotsatira za ubale wapamtimi umenewo zikusonyezedwa ndipo ndi kubala zipatso zochuluka zimene zimakwaniritsa chiyembekezo cha Atate. Werengani mowonjezereka zimene Yohane 15:5 akunena. Yesu akufotokoza momveka bwino kuti Iye ndani ponena kuti: "Ine ndine mpesa," koma ananenanso kuti ife ndife ndani: "Inu ndinu nthambi zake." Lingaliro ndiloti ife, pozindikira kuti ndife nthambi, tichite izi:

### A. Khalani mwa Khristu ndi Iye mwa ife

Kukhala mwa Khristu ndi mgwirizano wofunika kwambiri umene ulipo pakati pa Akhristu ndi Yesu Khristu. Mawu oti “khalani” amatanthauza “kukhala”, kutanthauza “kukhala”. Mfundu yakuti nthambi ndi imene imagwa ku mpesa ndipo mpesa umakhalabe pamene uli, zikusonyeza kuti Khristu samatisiya.

Koma makamaka ndi anthu amene amachoka kwa Iye, mwa kuyankhula kwina: nthambi imagwa.

Mkhristu aliyense ali wolumikizidwa mosalekanitsidwa ndi Khristu m’mbali zonse za moyo wawo. Choncho, mverani Mawu ake (ali ndi malangizo amomwe mungakhalire); mlemekezeni mozama ndi matamando; ndi kugonjera ulamuliro Wake. Kukhala mwa Khristu ndi umboni wa chipulumutso chenicheni. Anthu amene akhala mwa Khristu ali ndi chikhulupiriro chenicheni; iwo ndi amene adzakhala, sadzachoka, kukana kapena kusiya Khristu. Ophunzira oona a Yesu ndi amene amapitirizabe kuchita zimene Mawu amalamula (Yohane 8:31).

### B. Kubala zipatso zambiri

Pakukhala mwa Iye, munthu adzabala zipatso zambiri ndikuzindikira kuti popanda Iye palibe chinthu chofunikira kwambiri (Yohane 15:5). Monga nthambi, wina amamangiriridwa ku mpesa kuti ubale zipatso. Wina akhoza kukhala wophunzira amene amapanga ophunzira ena. Chipatso chimenechi chidzalola munthu kulankhula za Iye mwafulu ndi chisungiko. Ngati munthu akhala mwa Iye, ndi mawu ake akhala mwa umodzi, akhoza kupempha chilichonse ndipo chidzachitidwa (Yohane 15:7).

### 2. Tidzakondedwa ndi Iye

Khristu ali ndi chitsanzo cha chikondi ndipo chitsanzo cha chikondi ndi Atate wake. Monga Atate wake amamukonda, amatikondanso (Yohane 17:23-26) ndipo amatiitana ife kuti tikhale m’chikondi chake (Yohane 15:9-11). Ngati tikhala mwa Iye, chisangalalo chake chidzakhala mwa ife. Lemba la Yohane 15:13 limati: “Palibe amene ali ndi chikondi choposa ichi: munthu wataya moyo wake chifukwa cha mabwenzi ake.” N’zochitsitsa chidwi mmene Yesu amasonryezera kuti ndi bwenzi lokhulupirika komanso kutikonda.

### 3. Chikondi chake ndi chapadziko lonse lapansi

Monga bwenzi lapamtima la anthu, Khristu akutiitana kuti tizikondana wina ndi mnzake monga mmene Iye anakondera (Yohane 15:12). Mawu akuti: “Muzikondana wina ndi mnzake,” amamasulira verebu m’nyengo yamakono, kufotokoza mkhaldidwe wokhazikika, wokhalitsa ndi zochita. Yesu sanangotilamula kuti tizikondana wina ndi mzake, koma anatchulanso khalidwe la chikondi limene liyenera kukhala pakati pathu: “...monga ndakonda inu.

Khristu akufuna kukhala bwenzi lapamtima la anthu. Amatiphunzitsa kuti chisangalalo cha chiyanjano pakati pa okhulupirira ndi imodzi mwa mphatso zazikulu za Mulungu.

Ngati bwenzi lathu lapamtima limakonda anthu, ifenso tiyenera kukonda anthu. Timakonda anthu chifukwa timadziwa chinthu chachikulu kwambiri: chikondi cha Mulungu. Choncho, tiyenera kugawana Khristu, bwenzi lathu lapamtima. Ndicho chikondi! Pangani Khristu kukhala bwenzi lanu lapamtima. Iye amakukondani ndipo waonetsera popita pamtanda chifukwa cha inu ndi dziko lonse lapansi. Ndikukuitanani lero motsimikiza kuti: “Yesu Kristu ali wokhulupirika kwa ine; Amandipatsa mphamvu Zake. Yesu Kristu ndiye chitonthozo changa, mtendere wanga wangwiwo.”

### Ndemanga/Magwiritsidwe:

Funsani ophunzira anu kuyankha mafunso otsatirawa: Bwenzi ndi ndani? Kodi mabwenzi ayenera kukhala bwanji? Kodi mpesa ndi chiyani? Kodi nthambi zake ndi chiyani? Tchulani makhaldidwe a Yesu monga bwenzi lanu lapamtima.

### Chovuta:

M’kati mwa mlungu, lingalirani za mtundu wa unansi umene muli nawo ndi Yesu, ngati iye alidi bwenzi lanu lapamtima ndi ngati mupitirizabe kukhala naye. Momwemonso, ndikupangira kuti mukonzekere kuchezera munthu sabata ino ndikugawana nawo bwenzi lanu lapamtima Yesu. Mulungu amafuna kuti akugwiritseni ntchito kaamba ka ubwino wa ena ofunika kumdziwa.

**Cholina:** Kuti ophunzira adziwe kuti ubwenzi weniweni ndi chiyani

**Vesi loloweza pamtima:** “Palibe amene ali ndi chikondi choposa ichi: munthu wataya moyo wake chifukwa cha mabwenzi ake.” Yohane 15:13

### Ntchito Yoyambira (zaka 12 - 17)

- **Malangizo:** Yambani ndikufunsa achinyamata kuti ali ndi abwenzi angati pa Facebook. Kenako funsani mafunso otsatirawa:
  - Mwa anzanu onse pa Facebook...
  - Ndi angati omwe mumalankhula nawo pafupipafupi?
  - Mwawonapo angati mwa iwo kangapo?
  - Kodi mungapite kukapulumutsa ndani galimoto yawo itatha mafuta mumsewuwu?
  - Kodi mungapereke kwa impso zingati?
  - Kodi mungapereke moyo wanu kwa anzanu a Facebook?
  - Mawu oti “mnzako” amagwiritsidwa ntchito mosasamala masiku ano. Nthawi zambiri munthu sadziwa kwenikweni tanthauzo la kukhala bwenzi lenileni.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Gawirani pensulo ndi pepala kwa wophunzira aliyense. Kenako funsani wachinyamata aliyense kuti alembe papepala mfundu ziwiri za choonadi komanso mabodza onena za iye mwini. Mwachitsanzo: Zoonadi: Ndinabdwira ku Puerto Rico; Ndinakulira ku United States. Bodza: Ndinkakhala ku Mexico. Aliyense akawalemba pamapepala awo, funsani wophunzira aliyense kuti awerenge ziganizo zawo zitatu. Ophunzira ena ayesa kunena kuti ndi ziganizo zitatu ziti zomwe sizowona.

**N**masiku ano, anthu ali ndi chizolowezi chotcha munthu “mnzake” pamene zoona zake n’zakuti munthuyu ndi “womudziwa”, yemwe amadziwika pang’ono za iye. Masiku ano, anthu sapatula nthawi yodziwikitsa ndi kupanga mabwenzi apamtima.

Komabe, pali mawu odziwika bwino okhudza ubwenzi, monga:

- “Banja limene mumasankha ndi anzanu.”
- “Bwenzi ndi munthu amene amadziwa zolakwa zanu zonse ndipo amakukondani ngakhale zili choncho.”

#### 1. Bwenzi

Mawu akuti "bwenzi" amagwiritsidwa ntchito mosasamala masiku ano. Kutchuka kwa malo ochezera a pa Intaneti kwachititsa kuti anthu azisankha aliyense amene samadziwika kuti ndi "bwenzi". Munthu ayenera kuyima kuti apende mozama tanthauzo la mawuwo.

Funsani: Kodi Baibulo limati chiyani pa nkhanzi ya mabwenzi? Kodi Mawu a Mulungu amatipatsa chitsanzo cha mabwenzi enieni opanda malire?

Pa 1 Samueli 18:1 pali nkhanzi ya mmene anyamata awiri, Jonatani ndi Davide, anakhala mabwenzi. Analochokera “m’maiko” awiri osiyana kwambiri ndipo anakumana m’mikhaliidwe yachilendo.

Jonatani anabadwa kalonga wa Israyeli. Bambo ake anali Mfumu Sauli. Iye anakulira m'nyumba yachifumu ndipo anaphunzitsidwa bwino kwambiri m'dzikolo. Monga mwana wamkulu, Jonatani anali woyamba kubadwa ufumu wa Israyeli. Kumbali ina, moyo wa Davide unali wosiyana kwambiri ndi wa

Yonatani. Davide anabadwira mumzinda wa Betelehemu. Iye anali wotsiriza mwa abale asanu ndi atatu. Mofananamo, Davide anali m'busa wa nkhosa za atate wake. Koma kudzichepetsa kwa Davide sikunamulepheretse kukhala ndi makhalidwe abwino. Analu ndi mtima wolungama pamaso pa Mulungu ndipo anali mnyamata wolimba mtima amene sankaopa kulimbana ndi anthu amene ankaopseza nkhosa zake ( 1 Samueli 17:34-36 ). Kulimba mtima kumeneku n'kumene kunachititsa kuti anyamata awiriwa akumane. Zinachitika pamene Davide anapha Goliati n'kugonjetsa Aisiraeli. Lemba la 1 Samueli 17:57 limatiuza kuti Davide anagwirabe mutu wa Goliati pamene anakaonekera pamaso pa Mfumu Sauli. Apa m'pamene Jonatani ndi Davide anakumana. Kusonkhana kunali kochititsa chidwi koteru kuti miyoyo yawo idalumikizana kuyambira nthawi imeneyo kupita mtsogolo (1 Samueli 18:1).

M'nkhanzi tiphunzira zinthu zingapo: 1) Mabwenzi akhoza kukhala ochokera m'madera osiyanasiyana. 2) Pali makhalidwe omwe amagwirizanitsa mabwenzi. 3) Kuti mukhale ndi ubwenzi weniweni, payenera kukhala kuzama kwa mtima ndi moyo.

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## 2. Makhalidwe a ubwenzi wopanda malire

Nkhani ya ubwenzi wa Yonatani ndi Davide mwatsatanetsatane m'machaputala 7 a Baibulo (1 Samueli 19-24). Limbikitsani ophunzira kuwerenga mitu yonse 7 mlungu wotsatira.

M'mitu imeneyi muli mikhalidwe isanu yachtsanzo ya mabwenzi enieni, ubwenzi wopanda malire.

- CHIKONDI: Chikondi ndicho chinali maziko a ubwenzi wa Jonatani ndi Davide. Pakati pa anyamata awiriwa panalibe nsanje kapena nsanje. Kuyambira pachiyambi, awiri a iwo analola chikondi chilamulire pakati pavo (1 Samueli 20:17). Chikondi cha Jonatani pa Davide chinali champhamu kwambiri moti ngakhale iye anaika moyo wake pachiswe pochonderera Davide kwa atate wake (1 Samueli 20:32). Jonatani sanaumirirabe udindo wake monga kalonga kapena kuyenga Davide.
- KUDZIPEREKA: Yonatani ndi Davide anali anthu osunga mawu awo. M'malo osiyanasiyana m'mbiri, tikuona mmene anachitira mapangano wina ndi mnzake ( 1 Samueli 18:3, 20:16, 23:18 ). Jonatani ndi Davide anali odzipereka ku ubwenzi wawo. Sanalole mikhalidwe kapena anthu ena kusokoneza ubwenzi wawo.
- ULEMU: Kuyambira pachiyambi, Jonatani anazindikira kuitana kwa Mulungu pa moyo wa Davide (1 Samueli 18:4). (Werengani 1 Samueli 23:17). Muubwenzi, ulemu ndi wofunika kwambiri, makamaka ngati pali kusintha kwa kukula. Achinyamata akamakula, zinthu zidzasintha pa moyo wawo. Wina akhoza kulandiridwa ku yunivesite yabwinoko, pamene mnzakeyo amasiyidwa. Ndikofunika kuti achinyamata aphunzire kulemekezana osati kusirirana chifukwa cha kusintha kwa moyo wawo.
- KUSINKHA MTIMA: Yonatani ndi Davide anakumana ndi mavuto aakulu koma ubwenzi wa anyamata awiriwa unali wakuya kwambiri moti sankagwirizana. mantha kukhulupirirana poyer ( 1 Samueli 20:41 ).
- KUKHULUPIRIKA: Chifukwa cha kukhulupirika kwake kwa Jonatani, Davide anasonyeza chifundo ndi kukoma mtima kwa Mefiboseti, mwana wa Yonatani. Onani 2 Samueli 9.

## Ndemanga/Magwiritsidwe:

Acrostic - Lolani nthawi kuti ophunzira anu agawane mtundu wa bwenzi ku chilembo chilichonse cha liwu bwenzi. Chitsanzo:

- F - Wokhulupirika
- R - Wolemekeza Ine- Mwadala
- E - Kupirira
- N - Zosatha
- D – Wodzipereka

## Chovuta:

Yakwana nthawi yoti tidziyese tokha. Lero tinapenda makhalidwe osiyanasiyana amene amabwera ndi ubwenzi weniweni wopanda malire. Ganizirani za moyo wanu ndi mabwenzi omwe mumapanga. Tengani nthawi kuti mulembe zina mwazinthu zomwe tuyenera kuyesetsa kukhala nazo.

**Cholina:** Kuti ophunzira amvetse zomwe zimayambitsa kusamuka komanso kudziwa mavuto omwe anthu othawa kwavo amakumana nawo.

**Vesi loloweza pamtima:** “Musamasautsa kapena kupondereza mlendo, pakuti munali alendo m’Aigupto. Eksodo 22:21

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Mapepala ndi mapensulo
- **Malangizo:** Auzeni ophunzira kuti agawe mapepala awo mu magawo atatu. Mutu woyamba “Zimene Ndikudziwa”, ndime yachiwiri yakuti “Zimene Ndikuyembekeza Kuphunzira” ndi gawo lachitatu “Zimene Ndinaphunzira”. Auzeni ophunzira kuti alembe ndime ziwiri zoyambirira asanayambe phunziro. Kenako yambani phunziro. Kumbukirani kuti ophunzira adzagwira ntchito pazoyambira ziwiri zokha; ndipo pamapeto a kalasi, adzamaliza ndime yachitatu.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala ndi mapensulo.
- **Malangizo:** Funsani ophunzira anu kuti ayankhe mafunso otsatirawa ndi chinthu choyamba chimene chimabwera m’maganizo: Kodi kusamuka kumatanthauza chiyani? N’chifukwa chiyani anthu amasamuka? Kodi kudalirana kwa mayiko ndi chiyani? Mukuganiza kuti pali ubale wotani pakati pa kudalirana kwa mayiko ndi kusamuka, ngati ulipo?

Aloleni pafupi mphindi zisanu kuti ayankhe ndi enanso asanu kuti anene mayankho awo.

Ntchitoyi sikutanthauza kufunafuna mayankho ozama, koma yofufuza zoyambira pa nkhanu ya kusamuka. Chifukwa chake, musakonze chilichonse. Ndi chitukuko cha phunziro, ophunzira adzawonjezera mayankho awo. Kumapeto kwa phunziro, azitha kulemba ndandanda ya ntchito ndi kubwerezza mayankho awo kuyambira pachiyambi.

**N**di angati a inu amene mumawadziwa anthu amene anasiya kumene anachokera n’kupita kukagwira ntchito kapena kukafuna moyo wabwino kwina kulikonse? Perekani nthawi kuti ophunzira agawane mayankho. Ichi ndi gawo la zochitika zakusamuka. Nthawi zambiri kusukulu, kuntchito, pakati pa anansi ndi/kapena abale kapena alongo a mpingo

kapena ophunzira okha, pali anthu omwe, pazifikwa zosiyanasiyana, asiya malo omwe adachokera ndikuhazikika pano; kapena mwina ena a m’kalasi ndi osamuka kapena ana a osamuka. Phunziro la lero ndi lohudza kusamuka, momwe kudalirana kwa mayiko kwalimbikitsa chitukuko chake, ndi zomwe ntchito ya mpingo ili pamaso pa chodabwitsa ichi.

#### 1. Kusamukasamuka

Kusamuka kumachitika m’dziko lomwelo, kapena kuchoka kudziko lina kupita ku lina. Nthawi zambiri, amakhala chifukwa cha zachuma, ndale, malingaliro kapena chitetezo, pakati pa ena. M’buku la Genesis muli zitsanzo za anthu osamukira kudziko lina, monga Tera ( Genesis 11:31 ), Abrahamu ( Genesis 12:1 ), Yakobo ndi banja lake ( Genesis 29:1, 46:1-34 ).

Ndikofunika kuzindikira kuti pali kusiyana pakati pa kusamuka ndi kusamuka mokakamizidwa.

Chiwonongeko cha Israyeli (ndi likulu lake Samariya) ndi Asuri ( 2 Mafumu 18:9-12 ) ndi chija cha Yuda (ndi likulu lake la Yerusalem) m’manja mwa Ababulo ( 2 Mafumu 25:1-12; 2 Mbiri 36:17-21 ) ndi zotsatira zake Kuthamangitsidwa, m’malo mwa kusamuka, kumaonedwa ngati kusamuka mokakamiza, popeza anthu adakakamizika kuchoka ku Palestine chifukwa cha nkondo yankhondo.

Komano, kusamuka, ngakhale kuti nthawi zambiri kumakhala ndi vuto la zachuma ndiponso chifukwa chake kufunikira kwa kuwongolera mikhaldwe ya moyo, kumaonedwa kuti ndi chinthu chodzifunira chimene anthu amasankha kuchoka kumene anachokera. Motero, kusamuka kunayambitsa maiko onga United States, Canada, Australia, ndipo kunali mbali yofunika kwambiri ya chikhalidwe chosungunuka m'madera monga Argentina, Brazil, ndi Chile, pakati pa ena.

## **2. Kudalirana kwa mayiko ndi kusamukasamuka**

Kusamuka kwa mayiko kunawonjezeka pambuyo pa Kusintha kwa Mafakitale pamene gawo lalikulu la anthu a ku Ulaya linasauka ndipo kunali kofunika kufunafuna tsogolo labwino lazachuma m'maiko ena. Apa m'pamene kudalirana kwa mayiko kunachitika. Pazolina za phunziroli, kudalirana kwa mayiko kudzatanthauzidwa ngati mgwirizano pakati pa mayiko ndi kudalirana kwavo pa zachuma, zaumisiri, chikhalidwe ndi chikhalidwe. Motero, kudalirana kwa mayiko kwathandiza kuti anthu asinthe malo awo okhala pofuna kukonza moyo wawo.

Chifukwa chake, anthu amitundu, zilankhulo ndi zikhaldwe zosiyanasiyana (kapena subcultures) amakumana mwachindunji akakumana m'dera lomwelo. Izi zimapangitsa kuti anthu asinthe zina mwa miyambo ndi miyambo yawo m'malo atsopano omwe akuwazungulira ndikuphatikizango zikhaldwe za malo awo atsopano.

## **3. Ntchito ya mpingo poyang'anizana ndi kusamuka**

Mpingo ukuitanidwa kukhala chida cha Mulungu pakubwezeretsa anthu potsegula zitseko zake ndikutumikira osowa. Mpingo ukhoza kukhala malo amene anthu othawa kwavo amawatcha kwavo. Pali matchalitchi omwe amasankha kukhazikitsa makhitchini a supu kwa anthu osamukira, ndipo ena amapanga malo osonkhanitsira kuti athandizire malo omwe akhazikitsidwa kale. Palinso mpingo yomwe imakhala ndi ulaliki wapadera pa Khrisimasi kapena Isitala m'malo ogona osamukira; pamene ena amakhazikika pa nkhani za kusamuka kuti athandize kuchiza mikhaldwe ya chiopsezo. Ambiri amatsegula zitseko zawo ndi kupereka uthenga wa chipulumutso ndi kubwezeretsedwa. Tonsefe tikoza kudziika tokha m'malo mwa anthu osamukira kudzikola. Kupatula apo, ife tokha (omwe timapanga mpingo), kapena makolo athu, tinasamukanso kuchokera kwina ndipo tapeza malo omwe tsopano timawatcha kwathu, ndipo tsiku lina. tidzapita ku nyumba yathu yamuyaya.

## **Ndemanga/Magwiritsidwe:**

Perekani nthawi yoti ophunzira azitha kumasulira mawu obisikawo pomasulira zilembozo ndi kulemba tanthauzo lake m'mawu awoawo.

- Niloboglazita: Globalization: (Kugwirizana pakati pa mayiko ndi chuma chawo, luso lazopangapanga,
- kudalirana kwa chikhalidwe ndi chikhalidwe.)
- Tiendyt: Identity: (Ili ndi dzina loperekedwa ku gulu la mikhaldwe ya munthu kapena gulu
- kuwasianitsa ndi ena.)
- Nasomiliatsi: Kutengera zinthu: (Phatikizani zomwe mwaphunzira ndi zomwe mukudziwa kale.)
- Clurteu: Chikhalidwe: (Njira za moyo, miyambo, chidziwitso, luso, sayansi ndi chitukuko cha mafakitale kuyambira nthawi inayake, gulu la anthu, malo, etc.)

## **Chovuta:**

Pakati pa sabata, konzani ndondomeko ya ntchito yomwe mpingo wanu ungarthe kukhazikitsa m'malo mwa anthu osamuka. Lankhulani ndi abusa anu za zosowa za dera lanu komanso zomwe mpingo ungachite pa nkhani ya anthu olowa m'dzikolo.

**Cholina:** Kuti ophunzira aphunzire momwe angasankhire zomwe zili zabwino kwa iwo.

**Vesi loloweza pamtima:** "Chotsalira, abale, zilizonse zonna, zilizonse zolemekezeka, zilizonse zolungama, zilizonse zoyeru, zilizonse zokongola, zilizonse zokongola, ngati chiri chokoma mtima, kapena choyamikirika, zilingirireni izi. Afilipi 4:8

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Bolodi, magazini angapo achinyamata, lumo, nyuzipepala ndi zomatira tepi.
- **Malangizo:** Gawani kalasi m'magulu a anthu anayi ndipo funsani ophunzira kuti abwerezenso magazini ndi nyuzipepala ndi kudula zigawo zimene zimawasangalatsa kwambiri. Kenako aziyika pa bolodi kuti ziwonetse kalasi yonse, kutchula chifukwa chake zodulidwazo zidawakopa chidwi. Ntchitoyi imathandiza ophunzira kuzindikira zomwe asankha ndikuphunzira kusianitsa ngati zili zothandiza kapena ayi. Funsani: Kodi zodulira zanu ndi zambiri zimakupatsirani zina zofunika?

### Ntchito Yoyambira (zaka 18 - 23).

- **Zida:** 10cm x 10cm mapepala achikuda ndi mapensulo.
- **Malangizo:** Funsani wophunzira aliyense kuti alembe pa pepala lokhala ndi utoto dzina la wailesi kapena pulogalamu ya pa TV imene amakonda kuonera kapena kumvetsera, kapena dzina la webusayiti yomwe akufuna kupidako.

**K**enako, sonkhanitsani mapepala onse ndipo mwachisawawa tengani imodzi, werengani, ndipo funsani kalasi kuti afotokoze zomwe pulogalamuyo ikunena. Mukamaliza kuwerenga mapepalawa, funsani kalasi zotsatirazi: Ndi mapulogalamu ati omwe amatilimbikitsa ndi kutithandiza kuhala abwino? Ndipo ndi ati atichitira zoipa, kapena amangotisangalatsa popanda Kupereka zabwino? Iye amakhudza mmene anthu amachitira ndi kuganiza, ndipo amatha kusintha momwe amadziwira ndi kumvetsetsa zenizeni zowazungulira. Mwachitsanzo, munthu akapenda mapulogalamu otchuka kwambiri a pawailesi yakanema, monga maseŵero, maseŵero, zochitika zenizeni, ndi zina zotero, angazindikire kuti anthu angapo amene amawadziwa.

amachita monga omwe ali m'mapologalamu kapena kuyankhula ndi mawu ochokera kumeneko kapena kuvala ngati anthu omwe ali nawo, chifukwa mosakayika, miyoyo yaho ikukhudzidwa ndi zomwe zili. Mwanjira ina, kaganizidwe kawo kapena kachitidwe kawo kakusinthidwa, motero, zenizeni zomwe amakhala nazo zimakhudzidwa.

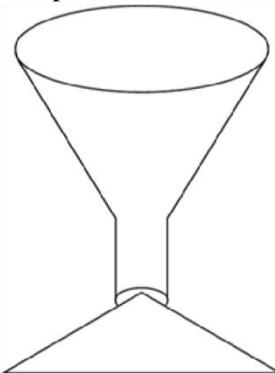
Zofalitsa, zomwe ndi mapulogalamu a pawailesi ndi wailesi yakanema, 80% ndizosangalatsa komanso 20% zidziwitso. Chifukwa chake, popeza kuti gawo lalikulu kwambiri ndi losangalatsa, m'pomveka kuti mapulogalamu ena amakhala osangalatsa, osangalatsa komanso amatenga nthawi yayitali mosasamala kanthu kuti amapindulitsa kapena ayi. Funsani: Kodi mumaonera TV kwa maola angati, kumvetsera nyimbo, kapena pa Intaneti tsiku lililonse? Kodi izi zimakupindulitsani, zimakupangani kukhala munthu wabwinoko? Kodi zimathandizira bwanji kukula kwa moyo wanu?

Achinyamata ndi achinyamata nthawi zonse amawonekera pawailesi yakanema ndipo ndizomwe amakonda kwambiri chifukwa ndiambiri ogula. Pachifukwa chimenechi, n'kofunika kuti munthu aphunzire mmene angasefe kapena kusankha zimene akuona, kumva kapena kuwerenga kuti umunthu wake upangidwe bwino ndipo usavulazidwe ndi zinthu zoipa zimene zili m'manyuzipepala. Kuti zimenezi zitheke, munthu ayenera kutsatira malangizo atatuwa ochokera m'Mawu a Mulungu:

### **1. Ganizirani zabwino kwambiri**

Sikuti zonse ndi zoipa ndipo si zabwino zonse. Koma ngati zoulutsira nkhani zikhudza kuganiza ndikusintha momwe munthu amaonera zenizeni, ayenera kusefa zomwe zili mkaati mwake. Koma, munthu angasefe bwanji zomwe amatipatsa? Eya, mwa kugwiritsira ntchito fyuluta ya Afilipi 4:8 : “Chotsalira, abale, zilizonse zonna, zilizonse zolemekezeka, zilizonse zolungama, zilizonse zoyer, zilizonse zokongola, zilizonse zoyamikirika, ngati chiri chokoma, kapena choyamikirika; ganizani za zinthu zoterozo.”

Makanema amatha kupereka mauthenga ambiri komanso zosiyansiyana; koma munthu ayenera kugwiritsa ntchito lamulo ili la kulingalira (werengani 2 kapena 3 nthawi).



Baibulo limalangiza munthu kuteteza maganizo ake. Madokotala ambiri amanena kuti anthu amadwala kwambiri ndi maganizo kusiyana ndi zinthu zina monga zamoyo kapena zakudya. Chotero Mulungu anali wanzeru kunena kuti munthu ayenera kuzindikira malingaliro ake. Chilichonse chimene chimalowa m'maganizo a munthu chiyenera kukhala choona, choona mtima, cholungama, choyer, chabwino, choyerenera kutamandidwa, ndi zina zotero.

### **2. Sungani zabwino kwambiri**

Werengani 1 Atesalonika 5:21-22: "...koma ayeseni onsewo; gwiritsitsani chabwino, pewani choipa chilichonse." Kusanthula kumatanthauza kuzindikira, kusankhana, kusianitsa, kusianitsa chabwino ndi choipa. Mawu amafuna kuti munthu afufuze chilichonse chimene chikubwera: pulogalamu, nyimbo, chithunzi, zomwe zili mkaati, ndi zina zotero. Ayenera kufufuzidwa kuti athe kusianitsa ngati zili zabwino kapena ayi, kaya zimadalitsa kapena zimatsogolera munthu kuchoka ku choonadi. Funsani: Ndiye mutani ndi mafilimu owopsa, mndandanda wachiwawa, mawu olimbikitsa zachiwerewere, zolaula kapena zolaula, ndi zina zotero. Muyenera kuganizira mozama kuzipewa.

### **3. Chitani zomwe mungathe**

Akolose 4:5 amati: "Khalani anzeru pochitira akunja; gwiritsani ntchito bwino mpata uliwonse." Baibulo limalangiza kuti moyo wa munthu uyenera kukhala wanzeru, osati kokha pamene ali yekha, koma pamene pali ena. Munthu ali ndi udindo waukulu wokhala chitsanzo chabwino ndi kuchitira umboni nthawi zonse. Zofalitsa zitha kugwiritsidwa ntchito kuti munthu apindule; koma munthu ayenera kuyang'ana nthawi zonse ndikusankha bwino zomwe wasankha. Mwanjira iyi, malingaliro a munthu adzakhala athanzi ndipo khalidwe lake lidzakhala labwino. Musaiwale kuti zosankha za munthu zimakhala ndi mphamvu ndipo zimatha kulepheretsa kapena kukhala umboni kwa ena.

## **Ndemanga/Magwiritsidwe:**

Afunseni ophunzira kuti ayankhe mafunso otsatirawa m'mawu awoawo:

1. Kodi Mulungu amafuna kuti tiziganizila ciani? (Afilipi 4:8)
2. Kodi ndizigwiritsa ntchito bwanji nthawi yanga?
3. Pa zonse zomwe zili mu vesi lokumbukira, kodi ndikuchita bwino ndi chiyani ndipo ndikufunika kukonza chiyani?

## **Chovuta:**

Vuto lathu sabata ino ndi kusanthula mapulogalamu omwe timawonera, nyimbo zomwe timamvera, masamba omwe timayang'ana, ndikuchotsa zomwe zili zopanda ntchito. Mukuganiza bwanji, tingachite zimenezo?

**Cholina:** Kuti ophunzira amvetse mmene chikhristu chawo chimawalekanitsira ku dziko.

**Vesi loloweza pamtima:** "...kuti mukhale opanda cholakwa ndi oyera, 'ana a Mulungu opanda chilema mu mbadwo wokhotakhota ndi wokhotakhota.' Pamene po mudzawala pakati pawo ngati nyenyezi zakumwamba. Afilipi 2:15

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Makandulo ochuluka (akhoza kukhala amene amagwiritsidwa ntchito popanga keke ya tsiku lobadwa) ndi machesi, nyali zoyendetsedwa ndi batire / tochi.
- **Malangizo:** Muziyatsa / kuyatsa zinthu, komanso magetsi kapena magetsi achilengedwe m'kalasi mwanu, ophunzira anu asanabwere. Mukawalandira, adziwitseni kuti mukufuna kuyesa ndikuzimtsa chosinthira chowunikira. Gawani kalasi m'magulu awiri ndipo funsani gulu lina kuti lichite sewero pamene Mkhristu ndi kuwala ndipo gulu lina lichite sewero pamene mkhristu si kuwala.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Bolodi ndi choko kapena pepala lalikulu ndi pensulo.
- **Malangizo:** Afunseni ophunzira kuti akuthandizeni kufotokoza kapena kutanthauzira mawu ot "ndiwe ndani". Kuti muchite izi, khalani ndi tanthauzo ili molingana ndi dikishonale ya Cambridge

(<https://dictionary.cambridge.org/dictionary/english/identity>) monga mawu akuti: "munthu ndi ndani, kapena mikhalidwe ya munthu kapena gulu lomwe limamupanga. wosiyanu ndi ena." Kenako afunseni za mmene Mulungu amakhudzira kukula kwa umunthu. Mawu akuti "zounikira" ali ndi tanthauzo la kukhala chinthu chomwe chili ndi mphamu yowunikira kapena kupereka kuwala. Nthawi zambiri, mawuwa amagwiritsidwa ntchito ponena za nyenyezi zakumwamba. M'gulu la zakuthambo, amati nyenyezi zilibe kwenikweni kuwala kwawo, koma zimasonryeza kwambiri kuwala kwa dzuwa. Ndicho chifukwa chake masana, nthawi kuwala kwa dzuwa n'kowala kwambiri, nyenyezi zakumwamba sizioneka, koma madzulo ndi mumdimu wandiwayani, nyenyezi zikhoza kuwoneda ndi kuyang'ana, ndipo kuwala kwawo kumakhala kowala ndi kodabwitsa pakati pa mdima wonse wa usiku.

Pa Afilipi 2:15 , Paulo anatcha Akristu a ku Filipi kuti "zounikira" chifukwa chakuti chikondi chawo chinali chinachake chimene chinawala pakati pa kuipa ndi chidani cha awo owazungulira. Phunziro ili likulunjika pa kuwala ndi momwe Akhristu angakhalenso nyali!

**M**u dikishonale, mawu akuti "identity" amatanthauza mikhalidwe ya munthu imene imamupangitsa kukhala wosiyanu ndi anthu ena. Umunthu umaphatikizapo mawonekedwe akuthupi, monga zidindo za zala zomwe zimasiyana ndi munthu aliylene, komanso malingaliro, malingaliro, ndi luntha. Mofananamo, pali mikhalidwe yauzimu ndi yamakhaldwe imene imalekanitsa ndi kuzindikirtsu munthu monga mwana wamwamuna kapena wamkazi wa Mulungu, ndipo kusakhalapo kwa mikhalidwe yoteroyo kumasonryeza zosiyana. Moyo wa Mkhristu wokhulupirira uyenera kukhala ndi zizindikiro za chikhristu, ndipo iyi idzakhala njira yokhayo yosinthira zinthu m'dziko limene mikhalidwe imeneyi nthawi zina imakhala yovuta kuipeza. Potero, moyo wa munthu udzaloza njira kwa Yesu.

#### 1. Chidziwitso chomwe chimaperekwa ufulu

Pa Agalatiya 5:1-5 Paulo analemba za ufulu wapadera kwambiri, ndipo anauyerekezera ndi mikhalidwe womvetsa chisoni wa ukapolo. Mu uthenga wake, iye anakumbutsa Agalatiya kuti moyo wopanda Yesu ndi ukapolo wa uchimo. Pali anthu omwe amavutika ndi zotsatira za zoipa (zolaula kapena kutchova njuga), zotsatira za kumwa mankhwala osokoneza bongo (mankhwala osokoneza bongo kapena mowa), zotsatira za upandu (nthawi yokhala m'ndende), zotsatira za zisankho mopupuluma (mimba yosakonzekera), ndi zina zotero.

Pamndandanda wazotsatirazi, ndikofunikira kuwonjezera zotsatira zamalingaliro zomwe munthu angavutike nazo, monga kupsinjika maganizo, nkhawa, malingaliro ofuna kudzipha, kukwiya, ndi mikangano ina yomwe ingakhudze umunthu ndi ubale pakati pa anthu.

Monga wachinyamata, munthu ayenera kuzindikira kuti adzakumana ndi mikhalidwe yomwe ingagwire mosavuta ndikusiya kukhala kapolo kwa nthawi yaitali; mwina ndi zotsatira zazikulu kuposa momwe munthu angaganizire. Yesu anafa kuti amasule munthu ku misampha yonse ya zoipa ndi kuti munthu akhale ndi ufulu wonse wokana uchimo.

### **Chidziwitso chomwe chimatipatsa chitetezo**

M'ndime yachiwiri ya phunziro la lerolino ( 1 Yohane 2:18-28 ) Mtumwi Yohane analembera Akristu ponena za kufunika kwa kuzindikira Yesu monga wotumidwa ndi Mulungu kudzapereka chipulumutso.

M'kati mwa dziko limene kusatetezeka kuli kochuluka ndipo kumayambukira miyoyo ya achichepere ambiri, Mkristu wachichepereyo angasinthe. Masiku ano, kusatetezeka kumapangitsa achinyamata amene akuvutika nawo kusankha zochita chifukwa cha mantha. Mwachitsanzo, pali achinyamata amene amasuta chamba kapena kumwa moŵa amene amasonkhezeredwa makamaka ndi mantha akuti ngati satenga nawo mbali, sadzalandiridwa m'gulu la anzawo. Momwemonso, kusatetezeka kumapangitsa achinyamata kuchita nawo zogonana kuopa kutaya chibwenzi komanso kudzimva kuti ali okha.

Mosiyana ndi zimene zatchulidwa pamwambazi, umunthu Wachikristu umapatsa munthu chisungiko chodabwitsa m'chikondi chogwira ntchito ndi chamuyaya cha Mulungu!

### **2. Chidziwitso chomwe chimatipanga kukhala osiyana**

Mpositole Paulosi wakalembra Ÿakhristu awo Ÿakakkhalanga ku Filipi na kuŵapa chigomezgo icho chili pa Ÿafilipi 2:15 . Iye analemba za udindo umene anali nawo m'dera limene ankakhala, ndipo anawalimbikitsa kuti asinthe zinthu.

Nthawi zambiri, achichepere omwe si Mkristu amachitira nsanje, nsanje, kapena ngakhale chidani ndi achichepere Achikristu amene amagwira ntchito yochita zinthu monga mwachisawawa.

Komabe, m'pofunika kwambiri kukumbukira kuti Mulungu amamvetsa zimene munthu akukumana nazo ndipo alipo kuti amuthandize. Musalole kuti kuwala kwanu kusiye kuwala!

### **Ndemanga/Magwiritsidwe:**

Funsani ophunzira anu kuti aganizire njira zothandiza zomwe angasinthire moyo wawo watsiku ndi tsiku.

- ZOYENERA MAYANKHO ANU OSIYANA
- KHOMO/BANJA Chitsanzo: Yankhani mwaulemu/Khalani wohandiza
- SUKULU Chitsanzo: Gwirani ntchito kuti mupambane.
- NTCHITO/NDI ABWENZI Chitsanzo: Osachita nawo zinthu zoipa.

### **Chovuta:**

Kumbukirani kuti mukhoza kusintha kwambiri moyo wanu. Kodi Mulungu angakuthandizeni bwanji kuchita zimenezi? Mulungu ali ndi zolinga zazikulu pa moyo wanu ( Yeremiya 29:11 ), ndipo amafuna kukupatsani mphamvu zonse zimene mukufunikira kuti muthe kuzikwanirtsia. Chachikulu ndichakuti muzidalira Iye tsiku lililonse komanso kuti muzimvera Iye m'zonse. Khalani tcheru sabata ino pazochitika zomwe mungasinthe ndikugawana ndi kalasi nthawi ina tidzakumana pamodzi. Mulungu sadzakusiyani nokha.

**Cholina:** Ophunzirawo azindikire kuti uthenga wachikhristu nthawi zambiri umatsutsana ndi miyambo ya anthu.

**Vesi loloweza pamtima:** "Pakuti mzimu umene Mulungu anatipatsa sikuti utichititsa mantha, koma amatipatsa mphamvu, chikondi ndi kudziletsa." 2 Timoteyo 1:7

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Mapensulo, mitundu, zofufutira ndi mapepala oyera.
- **Malangizo:** Funsani ophunzira anu kuti ajambule chithunzi cha Yesu mmene amamuganizira, makamaka powerenga za Iye.

Lingaliro ndiloti amawona Yesu "munthu" kwambiri kuposa yemwe amawonedwa m'mafilimu.

Pamene akumaliza ntchitoyi, asonyezeni chithunzi chimene munachipeza poyamba chosonyeza Yesu ali thukuta (chifukwa ankayenda nthawi zonse), ali wauve pang'ono (nthawi zonse ankayenda m'misewu yafumbi), wowonda (wochokera ku kusala kudya), wosasangalala (kuchokera m'mapemphero), wosokonekera komanso tsitsi ndi khungu lake zidatenthedwa ndi duwa (zikhoza kuhala ziwerengero za anthu osiyanasiyana okhala ndi mikhalidwe imenyo; ndipo ngati simungapeze zojambula, ikani zikwangwani zonena zomwe zatchulidwazi).

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Bolodi ndi choko.
- **Malangizo:** Funsani ophunzira anu kuti abwere pa bolodi ndi kulemba makhalidwe omwe ayenera kuzindikiritsa Mkhristu.

Akumbutseni kuti zambiri mwamakhalidwe si zakuthupi, koma zamakhalidwe. Akristu amapanga kusiyana pakati pa anthu amene amalimbikitsa makhalidwe odana ndi Chikristu.

Yesu Khristu, Ambuye yekhayo amene amamutsatira, si munthu amene anthu ambiri amamasuka naye masiku ano. Mawu ake, mwachitsanzo, si mawu oseketsa okopera ndi kumata pakhoma; mafanizo ake si nkhanzi za ana zomwe zimasangalatsa ... Ambuye wathu ndi, kuwonjezera pa zinthu zambiri, mbuye wa counterculture. Moyo wake ndi ziphunzitszo zake zimasonyeza kuti: Anatsutsa miyambo yokhazikitsidwa, zizolowezi zachipembedzo, Sanagwirizane ndi mwambo ndipo motero amatsutsana ndi momwe anthu akukhala masiku ano.

#### 1. Anthu osiyanasiyana

Mosiyana ndi aphunzitsi ena a nthawiyo, Yesu sanasankhe ophunzira abwino kwambiri a Chilamulo cha Mose. M'malo mwake, anafufuza m'misewu ndi m'malo osayembekezeka kwa anthu amene anafuna kuwaitana. Anthu awa analibe maumboni abwino a chikhalidwe cha anthu ndipo sanali zitsanzo zabwino, koma adawayitana.

N'zoseketsa m'Baibulo, n'zoonekeratu kuti Mulungu anagwiritsa ntchito ana ake onse kuchita zinthu zosiyana: Paulo analalikira uthenga wabwino kwa amitundu ( Machitidwe 9:15 ); Petro anasinthia tsankho lake la fuko (Machitidwe 11:15-15).

18); yemwe kale anali hule anakhala m'gulu la anthu a Mulungu ( Yoswa 2:12-14 ); Dzina la Yakobo linasinthidwa ( Genesis 35:9-11 ); ndipo, pakati pa zinthu zina zambiri, Akristu oyambirira sanalakalake zinthu zakuthupi koma anapereka zina mwa zimene anali nazo kuti azithandizana ( Machitidwe 2:42-47 ).

Pokomera chikhalidwe chosiyana Kudzudzula kumene olemba ambiri achikhristu apanga za mpingo wamakono wa Khristu ndikuti mpingo ndi "kakhalidwe kakang'ono"; ndiko kunena kuti, cholemba chaching'ono cha chikhalidwe pakati pa chikhalidwe chachikulu cha chikhalidwe chomwe mpingo wazunguliridwa. Izii

zimapangitsa kuti mpingo ukhale chiwonetsero chachipembedzo cha chikhalidwe chomwecho. Chifukwa cha kutsutsidwa kumeneku n'chakuti tchalitchi sichichita kusiyana kulikonse ponera za zizolowézi zimene anthu ambiri amachita zimene zimakwiyitsa Mulungu, amene wafotokoza kale chifuniro chake m'Mawu ake olembedwa. Mwachitsanzo: osakhulupirira amaba ndalamu kumakampani, Akhristu ambiri amabanso ndalamu; anthu ena amaphonya makalasi awo kusukulu, Akristu ambiri amateronso; achichepere amanama pa zinthu, Akristu achichepere ambiri amachitanso chimodzimodzi; anthu amamenyana, momwemonso Akhristu; Choncho anthu ambiri alibe udindo pa ntchito, Akhristu ambiri nawonso. Akhristu sapanga kusiyana! Paulo anauza mwana wake wauzimu kuti mzimu wa Mulungu ‘unatipatsa mphamvu, chikondi, ndi kudziletsa. ( 2 Timoteo 1:7 ) Ngati ndi Mulungu amene wachita zimenezi, ndiye kuti Akristu angathe ndipo ayenera kukhala ndi moyo mosiyana ndi anthu ena. Chenjerani! Sikuti kukhala otengeka ndi kutsutsa chirichonse; koma kutsimikizira mfundo za Ufumu wa Mulungu pakati pa nkhanzi za chikhalidwe zimene zimakhumudwitsa Mulungu.

## 2. Chikhalidwe chachikhristu

Akhristu ayenera kudzilekanitsa ndi dziko lonse lapansi pakukhala bwino pamaso pa Mulungu pakati pa chikhalidwe ichi:

Aliyense akamatengera kavalidwe ndi kalankhulidwe ka oimba ndi anthu otchuka, Akhristu ayenera kutsanzira Khristu pokonda anthu. Pamene aliyense wachedwa kuntchito kapena kusukulu, Akristu ayenera kufika panthawi yake; anthu akasemphana maganizo ndipo kukambitsirana kumathera m'kukangana, Akristu ayenera kufotokoza maganizo awo mwachikondi ndi kuyesetsa kumvetsa maganizo a ena. Anthu ena akapanda kukwaniritsa udindo wawo kusukulu kapena kuntchito, Akhristu amakhala ndi udindo pa chilichonse. Anthu akakhala m'nyumba zochitiridwa chipongwe, nyumba za Akhristu ziyanera kukhala zamtendere chifukwa kumeneko ndi mtendere wa Mulungu. Anthu ambiri akakwiya ndi kusungira chakukhosu anthu ena, Akristu amayesa kupempha chikhululukiro ndi kuhululukira. Pamene anthu akufuna kukwaniritsa zofuna zavo zokha, Akristu amayesetsa kuthandiza ena kuti nawonso akwaniritsa zofuna zavo. (Lolani malingaliro ochulukirapo kuchokera kwa ophunzira.)

Yesu Khristu akuitana otsatira ake kukonzedwanso tsiku ndi tsiku m'maganizo ndi m'zochita. Lero ndi tsiku lobwezeretsa! Ngati munthu watengeka ndi chikhalidwe cha masiku ano, masiku ano akhoza kulumbira pamaso pa Mulungu kuti adzakhala Mkhristu, munthu amene amakhala ndi moyo umene umakondweretsa ndi kulemekeza Mulungu. amapindulitsa iwo omwe ali pafupi nawo.

## Ndemanga/Magwiritsidwe:

Potengera chitsanzo chili m'munsichi, funsani ophunzirawo kuti atchule miyambo inayi imene dzikoli limalimbikitsa ndi kuziyerekezera ndi zimene Mulungu anapatsa Akhristu kuti azitsatira m'Baibulo.

MTENGO WACIKHALIDWE	NDIME MUBAIBULO	YAKULEMEKEZEDWA NDI UFUMU WA MULUNGU
Kharma	Luka	Kuwolowa manja
1		
2		
3		
4		

## Chovuta:

Mlungu uno, samalani moyo wanu ndipo yesetsani kuchita zinthu zolemekeza Mulungu ndiponso zopindulitsa anthu ozungulira inu.

**Cholina:** Kuti ophunzira amvetse bwino kuti kukhulupirika sikungayende limodzi ndi ziphuphu monga bwenzi.

**Vesi loloweza pamtima:** “Kwa oyera zonse ziyera; Ndipotu maganizo awo ndi chikumbumtima chawo zili zoipitsidwa.” Tito 1: 15

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Mapepala ndi mapensulo.
- **Langizo:** Afunseni ophunzira kuti alembe mndandanda wa zomwe akuziwona ngati ziphuphu m'banja, mu mpingo, m'madera kapena dziko, komanso mwa iwo eni. Mukamaliza ndandanda, afunseni kuti awerenge ndi kunenapo ndemanga.

### Ntchito Yoyambira (Zaka 18 - 23).

- **Zipangizo:** Zovala zisanu ndi chimodzi kapena zikwangwani zosonyeza ophunzira asanu ndi mmodzi amene adzakhale ndi anthu otsatirawa: wapolisi, mphunzitsi, wandale, Mkhristu, dokotala, ndi woweruza.
- **Malangizo:** Munthu aliyense adziwonetse kwa ophunzira ena. Kenako ophunzirawo adzafunsa anthu otchulidwawo za katangale m'sukulu imene akuimira. Pamene mukumaliza ntchitoyi, motsogozedwa ndi inu ngati mphunzitsi, lembani mndandanda wa zinthu zofunika kwambiri za katangale zomwe zikuoneka masiku ano.

**A**pa pali ziphuphu padziko lonse lapansi. Komabe, ziyenera kunenedwa kuti kuchuluka kwa ziphuphu m'dziko lililonse sikufanana. Pali malo padziko lapansi kumene ziphuphu zafika pafupifupi magulu onse ndi anthu, mosasamala kanthu za chikhaldwe chawo, zachuma, chipembedzo kapena nzeru zavo. chikhaldwe. Poyang'anizana ndi zonsezi, Mulungu waitana ophunzira ake kukhala olungama. Koma ... munthu angakhale bwanji wamphumphu pakati pa dziko lovunda? Munthu ayenera kumvetsetsa izi kukhulupirika-zotsutsana zotsutsana.

#### 1. Cholina cha Mulungu kwa Munthu: Umphumphu

Baibulo limatsimikizira kuti Mulungu analenga munthu m'chifanizo chake ndi m'chifaniziro chake. Izi zikutanthauza kuti anthu analengedwa olungama, osavunda, odzala ndi chikondi ndi ubwino, oyera ndi oyera, koma uchimo unasintha zonse ndipo chifaniziro chachikulu cha Mulungu mwa anthu sichikuwonekanso.

##### A. Kodi umphumphu ndi chiyani?

Dikishonale ya ku Cambridge inati ponena za “umphumphu” kuti: “Mkhaldwe wa kukhala woona mtima ndi kukhala ndi mfundu zolimba za makhalidwe abwino zimene umakana kusintha; ubwino wokhala wathunthu ndi wamphumphu”. Zonse zimatanthauza: “chinthu chathunthu; zonse” (Cambridge Dictionary.org).

Choncho, umphumphu uli ndi makhalidwe atatu:

1. Kugwirtsiridwa ntchito ku lingaliro lauzimu, kumatanthauza kuti kukhalapo kwa Kristu kuli kwa makhaldwe wakuti moyo wa chiyero wa munthu uli weniweni ndipo umawonedwa m'mawu, maganizo, zochita, ndi maunansi abwino ndi ena ( 1 Timoteo 4:12 ). Mulungu amafuna kuti munthu apereke moyo wake wonse kwa Iye ndi kumtumikira Iye mokwanira.
2. Kugonana koyera. Izi sizikukhudzana ndi atsikana okha komanso kwa anyamata onse. Mkhristu wokhulupirika ndi munthu amene moyo wake wa kugonana umatsatira mosamalitsa lamulo la Mulungu. Munthu sayenera kukhala wokondana kwambiri ndi zotsutsana nazo

kugonana kapena kuchita chiwerewere (dama, chigololo), kugonana kwa amuna kapena akazi okhaokha, kapena chiwerewere chilichonse (1 Akorinto 6:9).

3. Wolemekezeka. Munthu wolungama ndi munthu wodalirika chifukwa ndi wolungama (Masalimo 37:35-37). Chilungamo ndi chotheka kwa iwo amene ali ndi gwero la chilungamo m'mitima mwawo; gwero limenelo ndi Khristu. Munthu wokhulupirika samangoganiza za iye yekha, komanso za ena.

### **B. Maumboni Ena a m'Baibulo Okhudza Umphumphu**

1. Iye amene amalambira Mulungu amayenda mwachilungamo m'kati mwa nyumba yake (Masalimo 101:2).
2. Kuti mukhale wangwiro (wolungama), m'pofunika kuphunzira ziweruzo zolungama za Mulungu (Masalimo 119:7).
3. Iwo amene amakhala mwachilungamo akhoza kuyenda, kuyenda, ndi zina zotero molimba mtima (Miyambo 10:9).
4. Bambo wolungama apatsa ana ake chisanganalo (Miyambo 20:7).
5. Atsogoleri ampingo ayenera kuphunzitsa mwachilungamo ndi kukhala zitsanzo kwa ena (Tito 2:7).

### **2. Nkhani ya chivundi mu mpingo wa zana loyamba**

Luka akufotokoza nkhani ya zimene zinachitika ku Samariya ndi mwamuna wotchedwa Simoni "wamatsenga" (Machitidwe 8:14-25). Mlandu uwu umapereka kumvetsetsa bwino zomwe zikuchitika tsopano muzochitika za mpingo.

#### **A. Kodi ziphuphu ndi chiyani?**

Malinga ndi Dictionary.com, "chiphuphu" ndicho: "kuipitsa kapena kukhala woipitsidwa; kupotoza kwa makhalidwe; kuipa; kupotoza umphumphu; milandu yachinyengo kapena yachinyengo; kunyozeza kapena kusintha, monga chilankhulo kapena mawu." (<https://www.dictionary.com/browse/corrupting?s=t>).

M'lingaliro la uzimu, chivundi chimasintha kapena kupotoza Mawu a Mulungu, malamulo a Mulungu, chiphunzitso cha Chikristu ndi makhalidwe amene amagwirizana ndi Mkhristu.

#### **B. Zizindikiro zachinyengo mwa Simoni "wamatsenga"**

Simoni "wamatsenga" anaipitsa ndipo anafuna kuipitsa zotsatirazi:

- a. Anaipitsa ntchito yabwino (Machitidwe 8:9-11). Mwa kugwiritsa ntchito zamatsenga, adapeza ndalamo zosemohana ndi chifuniro cha Mulungu.
- b. Anawononga maganizo a anthu (Machitidwe 8:10). Anapangitsa anthu kukhulupilila kuti zimene iye anacita zinali za mphamvu ya Mulungu. Bodza lalikulu: Kunena kuti zochita za satana zimachokera kwa Mulungu.
- c. Anafuna kuipitsa uthenga wabwino ndi kuperekwa kwa Mzimu Woyerwa (vs. 18-19). Munthu ameneyu ankaganiza kuti wapeza njira yabwino yopezera ndalamo.

Kukhala ndi umphumphu m'dziko loipali n'kovuta kwa Akristu. Mbali iliyonse ya moyo ikhoza kuipitsidwa. Munthu ayenera kumvera Mulungu ndi kukhala oyera, ndiko kuti, koyenera pamaso pa Ambuye ndipo potero amathandizira kuti anthu asinthe kukhala chifaniziro cha Khristu.

### **Kubwereza/Kugwiritsa Ntchito:**

Perekani nthawi yoti ophunzira ayankhe.

Mayankho akupezeza m'phunziroli.

1. Kodi Simoni anaipitsidwa m'njira zotani malinga ndi Machitidwe 8:9-19? \_\_\_\_\_  
Machitidwe 8:9-11 \_\_\_\_\_ Machitidwe 8:10 \_\_\_\_\_
2. Kodi ndime zotsatirazi zikuphunzitsani chiyani za kukhulupirika?  
Masalmo 15:1-2 \_\_\_\_\_ Masalimo 33:1 \_\_\_\_\_

### **Chovuta:**

M'kati mwa mlungu, ganizirani za ziphuphu zilizonse zimene mungamve kapena kuziona pozungulira inu kapena m'zoulutsira nkhani, ndipo ganizirani za ziphunzitso za m'Baibulo zimene mungauze okhudzidwawo. Gawani izi m'kalasi lotsatira

**Cholina:** Kuti ophunzira aziwunika momwe amachitira komanso kuti azikhala odalirika m'mbali zonse za moyo wavo.

**Vesi loloweza pamtima:** "Chilichonse mukachichita, muzichichita ndi mtima wonse, monga kwa Ambuye, osati anthu. Akolose 3:23

### Ntchito Yoyambira (Zaka 12 - 17).

- **Zipangizo:** Konzani magulu awiri osiyana a zilembo za 8cm x 6cm zomwe zimatanthauzira mawu oti "udindo".
- **Malangizo:** Pangani gulu limodzi kapena awiri kutengera kuchuluka kwa ophunzira. Kenako apatseni zilembo zosiyana (zilembozi zikhale zosokoneza) kuti athe kupanga mawu oti "udindo".

Pakatha pafupifupi mphindi zisanu, kapena ngati atenga nthawi yocheperako, funsani gulu lomwe lamaliza poyamba kuti lilembe tanthauzo lalifupi la mawu omwe akufunsidwa. Funsani gulu lina kuti likonze chitsanzo chosonyeza mawuwo.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala oyera ndi zolembra.
- **Malangizo:** Perekani mapepala ndi zolembra kwa ophunzira, ndipo muwauze kuti aliyense alembe zinthu zisanu zofunika zimene amachita masana kuyambira pamene amadzuka mpaka kukagona.

Funsani: N'chiyani chimakulimbikitsani kuchita zinthu zonse zimene munalemba? Pamene wina anena mawu oti "udindo," funsani: mumatanthauzira bwanji mawuwo.

Pomaliza, tchulani kuti pambuyo pake aliyense adzalemba tanthauzo la mawu awa.

#### 1. Kufunika kwa udindo: Kudzipereka

Chofunikira choyamba pakupanga munthu wodalirika ndikudzipereka. Ndipo ili ndi vuto lalikulu kwa achinyamata ambiri ndi achinyamata, chifukwa sawona zomwe alonjeza, choncho, alibe udindo. Komabe, ambiri a iwo amalakalaka maudindo. Chifukwa chake, wina amadabwa momwe angakhalire ndi mwaiyi ngati sapanga ndikusunga mapangano m'miyoyo yawo.

Joshua wachichepere ali chitsanzo chothandiza cha kudzipereka. Chifukwa kudzipereka kumafuna kudzimana, iye anatenga vuto lililonse ndi udindo waukulu. Vuto limodzi loyamba limene anakumana nalo linali kusankhidwa kukhala mtsogoleri wa fuko la Efuraimu. Anasankhidwa chifukwa cha khalidwe lake lokhwima kuchokera mu fuko lake lonse kuti apite limodzi ndi atsogoleri ena khumi ndi mmodzi a mafuko ena monga kazitape ku dziko la Kanani (Numeri 13). Pambuyo pa masiku makumi anayi a ntchito yotopetsa m'maiko a adani ndi ngozi zambiri za imfa, iwo anabwerera ndi kukambitsirana kwa Mose. Koma Yoswa ndi Kalebe okha ndi amene anayesetsa molimba mtima kuti achite zimenezi.

Kodi mukukumbukira tanthauzo la udindo? M'mbuyomo, zinanenedwa kuti munthu amene ali ndi udindo ndi munthu amene amakwaniritsa udindo wavo komanso amalabadira zimene akuchita kapena kusankha. Chotero, nkhani ya Yoswa imasonryeza njira zitatu zotsimikizirika zimene zinam'thandiza kuchita mwanzeru: Anachoka, nawona dziko la Kanani, ndipo anabwerera ali ndi chikhumbo cha kugonjetsa. Kwenikweni, Mose sanawatume kuti akaone ngati angachigonjetse kapena ayi. Yoswa ndi Kalebe anazindikira kuti anapita kukazonda dziko la Kanani kuti akonze njira yowagonjetsa.

Mukakumana ndi vuto, zimakhala zosavuta kuponya thaulo. Funsani: Kodi munamvapo mawu akuti: "Iye amene saika pachiwopsezo sapindula kanthu"? Kunena zonna, Yoswa anatenga ngoziyo ndi chikhulupiriro ndi kudzipereka; chotero, pambuyo pake anakhoza kuloŵa m'Dziko Lolonjezedwa.

Ngati munthu akufuna kukwaniritsa zinthu zazikulu m'moyo, ayenera kutenga udindo. Chinthu choyamba ndikuyamba tsiku lililonse ndi kudzipereka ndi mzimu wankhondo, ndi chikhulupiriro mu dzina lamphamvu la Khristu. Funsani: Kodi mukuphunzira? Kodi muli ndi ntchito? Kodi muli ndi mapulojekiti? Amenewo ndi malonjezano amene moyenera kuyankha ndi kuwatsatira mokhulupirika.

## **2. Chipatso cha udindo: Ulamuliro**

Udindo umayamba munthu ali wamng'ono kwambiri. Pa msinkhu uliwonse wa kukula kwa thupi, munthu ayenera kuphunzira chizolowezi chokhala wodalirika. Udindo ndi chilango chomwe chidzapindule ndi kupindula pamene munthu ayang'ana pakuchita. Mulungu anauza Yoswa kuti: "Mose mtumiki wanga wafa. Tsopano, iwe ndi anthu onsewa, konzekerani kuwoloka mtsinje wa Yorodano..." (Yoswa 1:2). Lamulo limeneli silinali kanthu koma chitsimikiziro cha zimene anamva m'mbuyomo kupyolera mwa Mose ( Numeri 27:18, 19, 22-23 ). Anthu anaona ntchito imene Yoswa anapatsidwa; Komanso, iwo ankadziwa kale khalidwe la Yoswa. Conco, iwo anakhulupilila kuti iye anali wokhoza kuwatsogolera ku Dziko Lolonjezedwa. Mochuluka koteri kuti pa lamulo loyamba la Yoswa (Yoswa 1:1015), anthu analabadira ku ulamuliro wake mwa kunena kuti: "Chilichonse mwatilamulira tidzachita" (Yoswa 1:16-17). Munthu akachita zinthu moyenera, amaonanso mwayi wotseguka. Ngati munthu aphunzira kapena kugwira ntchito moyenera, adzawonanso zotsatira za khama lake.

## **3. Maziko a Udindo: Chilango Chanu Chauzimu**

Kudzipatulira kosalekeza kwa Yoswa, khalidwe lake lolimbikira ndi kulambira kwake kosalekeza kunakulitsa mwa iye mtima wolimba mtima ndi wodalirika. Wolemba buku la Eksodo kuti "mdzakazi wa Mose, Yoswa, mwana wa Nuni, sanachoke m'chihema" kumene anakumana ndi Mulungu (Eksodo 33:11b). Kufunafuna kwake Mulungu ndi kudzipereka kwake kwa Mulungu kunali kokwanira, ndipo mwa ichi adamvetsetsa kuti udindo ndi mfundo ya chikhaldwe cha mwana wa Mulungu. Choncho munthu amene amadzinenera kuti ndi mwana wa Mulungu ayenera kusonyeza khalidwe lake la udindo. Yoswa amathandiza munthu kuzindikira kuti kudzipereka kwake kwa Mulungu n'kofunika kwambiri kuti akwaniritse udindo wake. Chilango chauzimu sichimangothandiza munthu kukhala wodalirika, chimalimbikitsa kukwaniritsa zolina. Munthu ayenera kutsanzira khalidwe la Yoswa ndipo kenako adzawona zinthu zomwezo zikupangidwa m'miyoyo yake. Korona amene Yoswa anapambana chifukwa cha udindo wake chinali kuvomereza kwa Mulungu ndi chitsanzo chake chimene chimapirira m'maganizo ndi m'mitima kupyola zaka mazana ambiri.

## **Ndemanga/Magwiritsidwe:**

Thandizani ophunzira anu kuganizira mafunso awa:

1. Kodi zinthu zitatu zomwe zili ndi udindo ndi chiyani? (Chofunika ndi kudzipereka, chipatso ndi ulamuliro, ndipo maziko aka ndi mwambo wauzimu.)
2. Kodi mukuganiza kuti moyo wa Yoswa umakulimbikitsani kuti muwonjezere udindo wanu? Inde kapena ayi, nanga bwanji?
3. Kodi ndinu m'modzi mwa anthu amene amayembekeza kuti winawake akuuzeni zochita, kapena inuyo ndi amene mukuchitapo kanthu? Fotokozani.
4. Kodi mwalepherapo kanthu chifukwa chosowa udindo? Ngati ndi choncho, kodi mumaona kuti n'zovuta kumenya nkhondo? Fotokozani. (Ndi bwino kuwalimbikitsa kuti aganizire zovuta zavo).
5. Malinga ndi moyo wa Yoswa, kodi chinsinsi cha kukhala ndi khalidwe labwino n'chiyani?

## **Chovuta:**

Andrea Jiménez anati: "Simumakula mutasinha kukula kwanu, mumakula mukakwaniritsa udindo wanu." Kodi ndinu m'modzi mwa anthu omwe amakula koma amakhala opanda udindo? Kapena ndinu m'modzi mwa omwe amakula molingana ndi maudindo awo? Pangani chisankho lero mothandizidwa ndi Khristu.

**Cholina:** Kuti ophunzira amvetse kuti ayenera kukhala oona mtima.

**Vesi loloweza pamtima:** "Pakuti tikuyesetsa kuchita choyenera, osati pamaso pa Yehova okha, komanso pamaso pa anthu. 2 Akorinto 8:21

### **Ntchito Yoyambira (Zaka 12 - 17).**

- **Zipangizo:** Mapensulo amitundu, mapepala, lumo, makatoni, guluu, magazini. Mukakhala ndi zida zosiyanasiyana zochitira ntchitoyi, mumakulitsa luso lanu.
- **Malangizo:** Konzani zipangizo ndikugawa kalasi mumagulu awiri kapena atatu malinga ndi kuchuluka kwa ophunzira. Ntchito ndikudziwonetsa nokha "moona mtima" pogwiritsa ntchito zida zomwe zilipo. Alimbikitensi kuti azichita zinthu mwanzero.

### **Ntchito Yoyambira (Zaka 18 - 23).**

- **Zipangizo:** Masewera a patebulo (uno, makadi, scrabble, dominos, etc.).
- **Malangizo:** Sankhani masewera a patebulo omwe anthu ambiri angathe kusewera ndipo osatalika. Phunziro lisanayambe, kambiranani ndi wophunzira ndikulongosola ntchito: malamulo ndi ofanana kwa aliyense mpaka mphunzitsi atawasinta dala kuti amukomere mtima (wophunzirayo akukonzekera asanaphunzire). Pamasewera, wophunzira uyu adzabera, zina zoonekeratu ndipo zina sizowonekeratu. Yang'anani momwe ophunzira ena amachitira. Malizitsani ntchitoyi gulu lonse lisanakhumudwe; ndipo pamapeto, afunsemi kuti: Kodi chinachitika ndi chiyani pamasewerawa? Kodi wina anali kunyenga? Munamva bwanji mutaona munthu akubera? Kodi aliyense wachita zinthu moona mtima? Funsani amene sanabere kuti akweze manja awo.

**K**udzera mu ntchitoyi, ophunzira athe kuona momwe anthu ena amachitira zinthu mopanda ulemu (kunyenga) kapena moona mtima (osati kubera). t sukulu, nthawi zonse anktiwerengera mokakamiza ndipo imodzi mwa izo inali, "El Lazarillo de Tormes" (Buku la Tomes) (wolemba sadziwika kwenikweni). M'bukuli muli moyo wa mwana, Lázaro a Tormes, amene anabadwa mozunguliridwa ndi umphawî. Bambo ake anamwalira Lázaro akadali mwana wamng'ono, ndipo chifukwa cha mavuto awo, amayi ake anamuika mu utumiki wa munthu wakhungu. Mbali ina ya nkhanîyi ndi yosangalatsa kwambiri: pamene Lázaro ndi wakhunguyu akugawana mulu wa mphesa.

Wogulitsa mphesa amapatsa wakhunguyo ndi Lázaro mulu wa mphesa monga mphatso zachifundo. Onse awiri amavomereza kuti onse awiri adzadya molingana: Wina adzadya mmodzi ndiyeno wina adzadya, aliyense amadya mphesa imodzi yokha. Choncho anayamba kudya mphesa imodzi imodzi. koma m'njira yotsatira, wakhunguyo anayamba kumwa mphesa ziwiri nthawi imodzi. Ataona zimenezi, Lázaro anachitanso chimodzimodzi ndipo anayamba kudya mphesa zitatu nthawi imodzi.

Pamapeto pa mulu wa mphesayo, wakhunguyo anati: "Lázaro..."

"Sindinatero," anatero Lázaro, "koma n'chifukwa chiyani ukukayikira zimenezo?"

Wakhungu wochenjerayo anayankha kuti: "Kodi mudziŵa mmene ndimadziwira kuti munadya katatu kamodzi? Chifukwa ndidadya ziwiri nthawi imodzi, inu munakhala chete.

M'mawu ena, Lázaro sanadandaule kapena kunena kalikonse pamene anaona kuti wakhunguyo akutenga mphesa ziŵiri panthaŵi imodzi; m'malo mwake, anaganiza zongotenga mphesa zitatu panthawi imodzi. Onse

awiri Lázaro ndi wakhunguyo anaika kukhulupirika pambali, ndipo osati izo zokha, koma Lázaro pomalizira pake anayang'ana zokomera iye mwini m'malo mochita zinthu moona mtima. M'chochitikachi, Lázaro anaganiza kuti wapita, koma kunena zoona, wakhunguyo anazindikira zimene zinachitika. Izi zingachitikenso kwa aliyense amene amaganiza kuti palibe amene angazindikire "tinthu tating'ono" tomwe timachita kapena kunena. Koma ili ndi bodza. Munthu akachita zimenezi amadzinyenga yekha chifukwa pamapeto pake zonse zimavumbulidwa kuti: "Palibe cholengedwa chilichonse chobisika pamaso pa Mulungu. Zonse zavundukuka, ndi zovundukuka pamaso pa iye amene tiyenera kuyankha kwa iye." ( Aheberi 4:13 ) Choncho tiyenera kuyankha mafunso amenewa. Ndime iyi ikuvumbulutsa kuti woyamba kudziwa zonse ndi Khristu.

Mu Uthenga Wabwino monga mwa Luka, muli nkhanzi ya Zakeyu (Luka 19:1-10) amene anali wokhometsa msonkho. Okhometsa misonkho anali ndi mbiri yoipa chifukwa ankakonda kubera kapena kulanda anthu ndalamu kuti apeze phindu lalikulu. Pachifukwachi, Zakeyu sanali munthu wokondedwa kwambiri pamalopo, koma anali mmodzi wa anthu onyozeka kwambiri.

Zakeyu atamva kuti Yesu ali ku Yeriko (v. 1) ndipo ankafuna kukumana naye kapena kumuona. Khristu adakhudza moyo wake ndipo pambuyo pake munthu uyu adafuna kukhala wowona mtima ndi wowongoka.

### **1. Khristu amakhudza miyoyo**

Zakeyu atadziwa kuti Yesu ali mumzinda wake, anafunafuna njira yoti amuyandikire. Anakwera mumtengo wamkuyu kuti amuone bwino. Yesu anamuona ndipo anamutcha dzina lake. Chenicheni chakuti Yesu anamutcha dzina lake, osamdziwa nkomwe, ndiponso kumuuzza kuti akupita kunyumba kwake chinakhudza moyo wa wokhometsa msonkho ameneyu.

Funsani: Kodi mukukumbukira nthawi imene Yesu anakhudza moyo wanu? Zonna zake n'zakuti pamene Khristu ananena kuti: "Ndipita kunyumba kwako" kwa mmodzi, akunena kuti akufuna kulowa m'moyo wa munthu ndipo ndi nthawi imene zinthu zonse zidzasintha (2 Akorinto 5:17).

### **2. Kukhala woona mtima ndi wowongoka mtima**

Nthawi yomwe Khristu abwera m'moyo wa wina ndikutsimikizira kwa wina cholakwa chonse chomwe adachita, izi ziyanera kubweretsa kusintha kwa chimodzi, monga momwe zidachitira kwa Zakeyu. Mzimu Woyera umaonetza mmene munthu angakhalire mwachilungamo.

M'nhani ya Zakeyu, Yesu anabwera m'moyo wake nasintha moyo wake. Zakeyu anachoka pakukhala wonyenga, wakuba, ndi wolanda, nakhala munthu woona mtima amene anafuna kuthandiza osauka ndi kubweza zonse anaba.

### **Ndemanga/Magwiritsidwe:**

Lolani ophunzira kuti apereke mayankho awo pawokha ku mafunso otsatirawa: Kodi anthu angakuwerengeni powona malingaliro anu? Kodi angaone kuona mtima m'moyo wanu? Ganizilani zitsanzo zimene mungacite zinthu moona mtima. Chitsanzo: Ndibwezereni chenji ngati wandipatsa ndalamu zambiri.

1. \_\_\_\_\_ 2. \_\_\_\_\_
3. \_\_\_\_\_ 4. \_\_\_\_\_

### **Chovuta:**

Kodi ndimachita zinthu moona mtima kusukulu kwanga, kunyumba, m'sitolo, m'sitolo, ndi zina zotero?

Kodi ndalola kuti Khristu awonekere m'moyo wanga? Moyo wanga ukankhala buku, kodi ndikanalola anthu kuwerenga mutu wa lero kapena mutu wa sabata yatha? Ganizirani za makhalidwe omwe muyenera kulola Mzimu Woyera kusintha pa moyo wanu. M'mawa uliwonse mlungu uno, dzikumbutseni kuti: "Anthu adzakhala akuŵerenga mutu wamakono wa moyo wanga

...awerenga chiyani?" ndiyeno usiku: "Kodi ena adawerenga chiyani m'mutu wamakono watsiku lino?"

**Cholina:** Ophunzira aphunzire kuti kuona mtima ndi khalidwe lofunika kwambiri kumakondweretsa Mulungu ndipo kumaunikira ena.

**Vesi loloweza pamtima:** Pomaliza, abale, zilizonse zoono, zilizonse zolemekezeza, zilizonse zolungama, zilizonse zoyeru, zilizonse zokongola, zilizonse zotamandika, ngati chiri chokoma, kapena choyamikirika, zilingirireni izi Afilipi 4:8.

### Ntchito Yoyambira (zaka 12 - 17).

- **Malangizo:** Agaweni kalasi m'magulu awiri ndipo funsani gulu limodzi kuti liyerekeze ngati munthu woona mtima achitapo kanthu kwa mphindi imodzi. Ndipo funsani gulu lina kuti lichite sewero la mmene munthu wosaona mtima amachitira. Kenako aoleni ophunzira kuti afotokoze zomwe zachitika.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Bolodi ndi choko.
- **Malangizo:** Pangani mizati iwiri pa bolodi ndipo mu gawo limodzi lembani mawu akuti Kuona mtima ndi kusaona mtima kwina. Kenako afunseni ophunzira kuti anene zomwe mawuwo akuwauza. Lembani zonse zomwe akunena mugawo loyenera. Pamapeto pake, lembani tanthauzo la mawu aliwонse omwe atchulidwawo.

**M**'mudzi wina wakutali, mfumu inaitana anyamata onse kuti akakumane naye payekha kuti akawauze uthenga wofunika. Achinyamata ambiri anabwera ndipo mfumu inawauza kuti: "Ndipatsa aliyense wa inu mbewu yosiyana, pakatha miyezi isanu ndi umodzi mudzandibweretsa mbewu yomwe yamera mumphika, ndipo chomera chokongola kwambiri chidzapambana dzanja la mwana wanga wamkazi." Izi zidachitika, koma panali mnyamata wina yemwe adabzala mbewu zake ndipo sizinamere; panthawiyi n'kuti achinyamata ena onse a mu ufumuwo akulankhula ndi kusonyeza zomera ndi maluwa okongola amene anabzala m'miphika yawo. Miyezi isanu ndi umodzi idafika ndipo achinyamata onse adayamba kugenda molunjika ku nyumba yachifumu yokhala ndi zomera zokongola. Mnyamata amene mbewu yake sinamere anali wachisoni kwambiri moti sankafuna n'komwe kupita kunyumba yachifumu. Koma amayi ake anaumirira kuti apite, popeza iye anali nawo ndipo ayenera kukhala kumeneko. Kenako anafika kunyumba yachifumu ndi mtsuko wake wamaluwa wopanda kanthu.

Achinyamata onse anayamba kuseka ndi kumunyoza ataona. Nthawi yomwe phokosolo linasokonezedwa ndi khomo la mfumu; pamene aliyense ankapanga mauta ake, pamene mfumu inayenda pakati pa miphika yonse ikuchita chidwi ndi zomerazo. Atayendera, mfumu inaitananso mwana wake wamkazi, ndipo inaitana mnyamata amene anabweretsa mphika wake wopanda kanthu; Modabwa, aliyense anadikira kuti afotokoze zimene anachita. Ndiyeno mfumuyo inati: "Uyu ndiye wolowa ufumu watsopano, ndipo adzakwatira mwana wanga wamkazi, pakuti nonse munapatsidwa mbewu yosabereka, ndipo nonse munayesa kundinyenga mwa kubzala mbewu zina; koma mnyamata ameneyu anali wolumba mtima kudzionetsera yekha ndi kusonyeza mphika wake wopanda kanthu, kukhala woona mtima, wokhulupirika ndi wolumba mtima ndi mikhalidwe imene mfumu yamtsogolo iyenera kukhala nayo ndi imene mwana wanga wamkazi ayenera kukhala nayo." (<http://www.encinardemamre.com/premium/az/h/honesty.htm> # Nkhandwe ndi nyani zikukangana pa olemekezeza awo).

Mwa kusakhala ndi Mulungu m'miyoyo yawo, anthu amakhala akuyesayesa kudzikutiritsa iwo eni mosasamala kanthu za mmene achitira. Mulungu, kupyolera m'Mawu ake, amafuna kuti ana ake akhale owona mtima kuchita chifuniro chake ndi kukhala kuunika kwa dziko.

## 1. Kuona mtima

Malinga ndi dikishonale.com, “woona mtima” amatanthauza zotsatirazi: “olemekezeka pa mfundo, zolina, ndi zochita; wolungama ndi wachilungamo:” (<https://www.dictionary.com/browse/honest?s=t>).

Kwa Mkristu, kuona mtima ndi khalidwe ndi luso. Khalidwe: kumverera kapena maganizo okhudza chinthu kapena munthu, kapena kakhaldwe kochititsidwa ndi izi. Kuthekera: luso lachilengedwe kapena luso Baibulo pa Afilipi 2:13 limati: “Mulungu wakuchita mwa inu kufuna ndi kuchita...” Ndi zodabwitsatu! Mulungu watipatsa mtima ndi luso lotha kukhala oona mtima, mosiyana ndi ena amene, chifukwa cha uchimo umene umakhala mwa iwo, alibe mphamvu zochitira zimenezo.

## 2. Kuona mtima m’Baibulo

Lembani pa bolodi kapena papepala lalikulu mawu otchulidwa pansipa popanda mawu a m’Baibulo. Sankhani vesi limodzi pa munthu aliyense kuti liwerengedwe mokweza. Aliyense akawerenga vesi limene wapatsidwa, afunseni kuti agwirizane ndi mawu amene akuona kuti akugwirizana kwambiri ndi zimene vesilo likunena.

- a) “Ndiyenera kukhala woona mtima kuti ndikhale kuunika kwa iwo akukhala mumdima” (Afilipi 2:15).
- b) “Ndiyenera kukhala woona mtima kuti matamando anga akondweretse Mulungu” (Masalimo 33:1).
- c) “Ndiyenera kukhala woona mtima kuti ndisunge umodzi mkatı mwa mpingo wachikhristu” (Aefeso 4:25).
- d) “Ndiyenera kukhala woona mtima kuti ndikhale mtumiki wabwino wa Mulungu” (1 Timoteyo 3:8).

## 3. Danieli, chitsanzo cha kukhulupirika

### A. Kuona mtima kwa Danieli poyesedwa

Danieli anali mnyamata amene anatengedwa kuchokera ku Yerusalem kuita ku Babulo (Danieli 1). Kumeneko, iye pamodzi ndi anyamata ena anasankhidwa kuti atumikire mfumu. Onse analamulidwa kudya chakudya cha mfumu, koma Danieli ndi anzake atatu anakana. Danieli sanafune kuchimwira Mulungu popeza anali pansi pa lamulo lachiyuda, limene limaletsa zakudya zimenezo. Chotero anasankha kusunga lamulo, ngakhale kuti anali kunja kwa dziko lakwawo, chifukwa anadziwa kuti zimenezo zikakondweretsa Mulungu. Danieli ayenera kuti anayesedwa kuti adye chakudya cha mfumu, koma chikhumbo chake chofuna kukondweretsa Mulungu chinali chachikulu kuposa chikhumbo chake cha kulawa chakudyacho.

### B. Kuona mtima kwa Danieli pokumana ndi mavuto

Danieli anakhala moona mtima moyo wake wonse; palibe amene akanamuimba mlandu pa chilichonse (Danieli 6:4). Koma ngakhale zinali choncho, adani ake anatha kumugwira ndi kumuponya m’dzenje la mikango. Munthu ayenera kudziwa kuti ngakhale umboni w ake wabwino, dziko nthawi zonse limayang’ana chinachake choti chitsutse. Komabe, zimenezo siziyanera kulepheretsa munthu kuitiriza kukhala oona mtima. Chilichonse chomwe chingachitike, munthu ayenera kudziwa kuti nthawi zonse adzapambana ndi Mulungu kumbali yake.

### C. Kuona mtima kwa Danieli, kodalitsidwa ndi Mulungu

Pambuyo pa zochitika zovuta zilizonse m’moyo wa Danieli, iye anali wopambana nthawi zonse. Danieli anali munthu amene anakhala ndi moyo wangwiro ndi wolungama m’lingaliro lililonse. Zimenezo nchifukwa chakuti Sadasokere kwa Mulungu. Lemba la Danieli 6:10 limanena kuti Danieli ankapemphera kwa Mulungu katatu patsiku. Izi zikutsimikizira kuti adali munthu wopemphera ndipo adali wodzipereka kwa Mulungu; pa chifukwa chimenechi, Danieli anatha kukhala wokhulupirika m’nthawi zovuta kwambiri za moyo wake.

## Ndemanga/Magwiritsidwe:

Perekani nthawi kuti ophunzira ayankhe zotsatirazi:

Tanthauzirani mawu oti “kukhulupirika” m’mawu anuanu. Kodi mukuona kuti n’kosavuta kukhala woona mtima m’dziko lamakonoli? Kodi munakhalapo ndi zokumana nazo pomwe anthu sanali oona mtima ndi inu? Tchulani zitsanzo za 2 kapena 3 za kukhulupirika ndi 2 kapena 3 za kusaona mtima zomwe mwakumana nazo posachedwa.

**Chovuta:** Danieli anali munthu amene sanakane kuti iye anali ndiponso amene amamukhulupirira.

Momwemonso, muyenera kukhala munthu yemweyo mumsewu monga momwe muliri kutchalitchi. Limbani mtima kuti muime pachikhulupiro chanu ndi kuima nji, ngakhale zitawoneka ngati mukutsutsana ndi njere. Sonyezani abwenzi anu, anansi anu, banja lanu, ndi zina zotero kuti ndinu mwana wa Mulungu woyerwa ndipo mukukhala moona mtima, kupangitsa kusiyana. Kodi chisankhochi chidzakhudza bwanji moyo wanu lero? Sinkhasinkhani mkatı mwa mlungu ndikugawana ndi kalasi yanu pamsonkhano wotsatira.

**Cholina:** Akumbutseni ophunzira kuti gawo limodzi la moyo wachikhristu ndi kukhala wodzichepetsa.

**Vesi loloweza pamtima:** "Ayenera kakhala wamkulu; Ndiyenera kakhala wochepa." Yohane 3:30

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Mapepala ndi mapensulo achikuda.
- **Malangizo:** Perekani mapepala kwa ophunzira ndi kuwafunsa kuti ajambule chinthu chimene akuganiza kuti ndi chitsanzo cha "kudzichepetsa". Kenako lolani aliyense kuti awonetse zojambula zake komanso kuti kalasi lonse limasulire. Kenako aliyense afotokoze zomwe anajambula komanso chifukwa chake. Perekani nthawi kuti aliyense athe kutenga nawo mbali.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala oyera (imodzi kwa wophunzira aliyense).
- **Malangizo:** Afunseni ophunzira kuti alembe mawu oti "kudzichepetsa" (gwiritsani ntchito chilembo chilichonse kupanga chiganizo kapena liwu). siteji ya unyamata ndi unyamata imadziwika ndi kudzikuza, kudzifufuza komanso siteji yomwe kudzikuza, kunyada ndi zopanda pake nthawi zambiri zimadzuka. Pachifukwa chimenechi, uphungu wa mtumwi Petro pamene akulankhula ndi achinyamata kuvala kudzichepetsa ( 1 Petro 5:5 ) ukugwira ntchito lerolino.

**M**alinga ndi Dictionary.com, "kudzichepetsa" ndiko: "khalidwe kapena mkhalidwe wakukhala wodzichepetsa; maganizo odzicepetsa kapena kudziyerekezera kuti munthu ndi wofunika, udindo wake, ndi zina zotero." Baibulo lonse limalimbikitsa ndi kulimbikitsa anthu kakhala odzichepetsa. Chidziwitso cha munthu chiyenera kumangidwa pamaziko a kudzichepetsa. Phunzirani moyo wa Yohane Mbatizi monga chitsanzo cha kudzichepetsa.

### Yohane Mbatizi sanali wodziwa zonse

Pamene Yohane M'batizi anayamba utumiki wake, anthu a ku Yerusalemu ndi Yudeya onse anatuluka kudzapempha chikhululukiro cha machimo awo ndi kubatizidwa ( Mateyu 3:5 ). Mu Uthenga Wabwino wolembedwa ndi Luka, munalembedwa katatu kuti: "Tichite chiyani?" ( Luka 3:10, 12, 14 ). Izi zikusonyeza kuti kwa Ayuda, Yohane M'batizi anali wanzeru, munthu amene anthu ankabwera ndi nkhawa zawo. Komabe, malinga ndi maganizo ake, iye sankadziona choncho. Pa Mateyu 11:2-3 , akutichititsa kumvetsa kuti iye, monga munthu, anali ndi mafunso oti athetse ponena za Yesu. Pa nthawi ina, anatumiza ophunzira ake awiri kuti akafunse Yesu ngati analidi Mesiya. Izi zikusonyeza kuti Yohane M'batizi ankafunika kudziwa zambiri zokhudza Yesu Khristu. Ngakhale pamene munthu akukula mu zinthu za Ambuye, munthu adzafunika kudziwa zambiri za Yesu nthawi zonse, pakuti palibe amene sangafike ku chidzalo cha chidziwitso cha Yesu. Ngakhale kuti Yohane anali pafupi kwambiri ndi Yesu kuyambira pamene onse anali m'mimba ( Luka 1:41-44 ), atamubatiza, sanakhulupirire kuti ankadziwa zonse zokhudza Yesu. Pamene Yohane M'batizi anatumiza funsolo, iye sanali kusonyeza kusakhulupirira. M'malo mwake, anali kuyang'ana kumveketsa bwino cholinga cha chiwombolo cha Yesu. Ndi iko komwe, iye anali m'ndende chifukwa cha Yesu Kristu.

#### 1. Yesu anatchula kudzichepetsa kwa Yohane

A. Munapita kuchipululu kukaona chiyani?

Malo amene Yohane anayamba utumiki wake anali m'chipululu (Mateyu 3:1). Masiku ano, alaliki ena kapena ambiri sangasankhe chipululu kukhala ofesi yawo yogwirira ntchito. Yohane M'batizi analibe chidwi ndi malo abwino kumene akakulitsa utumiki wake; chimene chinamusangalatsa chinali kulalikira m'dzina la Mulungu. Utumiki wake unavomerezedwa ndi Mulungu. Choncho, anthu anapita kuchipululu kuti akamumve akulalikira Mawu (Mateyu 11:7).

### B. Bango logwedezeaka ndi mphepo?

Bango ndi lofanana ndi chinthu choooka, choooka ndi chosalimba, ndipo zikutanthauza kuti munthu woteroyo ndi wosavuta kuthyoka, kapena kuti ndi wamantha kapena wamantha. Yohane M'batizi sanali bango logwedezeaka ndi mphepo. Iye anali wamphamvu m'mafotokozedwe a uthenga wake, wodalirika mu umboni wake ndi wokhzikika pakuitana kwake. Iye anataya ngakhale moyo wake chifukwa cha zotsatira za uthenga wake. Iye anasiya kuchita mantha posaperekwa Mbuye wake woyenerera.

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### Munthu wobvala zobvala zabwino?

Yohane M'batizi anayang'ana chovala chachibadwa, ndiko kuti, sanade nkhawa kwambiri ndi chimene adzavala, popeza sichinali chofunika kwambiri kwa iye ( Mateyu 3:4 ); Kwenikweni, chimene Yohane ankadera nkhawa kwambiri chinali chovala cha kudzoza kwauzimu kuti achitire umboni za Yesu Kristu (Yohane 1:6-7). Masiku ano, achinyamata akuyang'ana kwambiri mitundu ya zovala kuti asonyeze zachabechabe zawo. Komabe, odzichepetsa adzayesetsa kuyeretsa mtima wawo kuposa zimene angavale.

### C. Mneneri?

Mu Uthenga Wabwino wa Yohane 1:19-21, muli umboni wa Yohane Mbatizi pamene ansembe ndi Alevi anamufunsa kuti iye anali ndani. Pachifukwa ichi, ndi funso lachinayi ili, Yesu adafuna kumveketsa bwino lomwe kuti Yohane Mbatizi anali ndani kwenikweni (Mateyu 11:9). M'dziko lachipembedzo lamakono anthu ambiri amadzitcha "odzozedwa"; koma Yohane M'batizi amaphunzitsa kuti nkwbawino kulola Mbuye mwiniyo kuperekwa lingaliro lake ponena za mmodzi.

Yohane sanadzizindikire kuti anali mneneri, koma Yesu ananena kuti iye anali woposa mneneri (Mateyu 11:9). Palibe mwayi wina woposa kulandira chivomerezo cha Khristu paudindo wake.

Zinthu ziwiri zinapangitsa Yohane Mbatizi kukhala wamkulu, choncho, amakhala modzichepetsa: "...adzadzazidwa ndi Mzimu Woyer..." ( Luka 1:15 ) komanso "... dzanja la Ambuye linali naye" ( Luka 1:15 ) (Luka 1:66). Yang'anani zosakaniza izi kuti mukhale modzichepetsa. Mawu a Yohane M'batizi amasonkhezera munthu wamkati pamene anati: "Ayenera kukhala wamkulu; Ine nichepe muchepe" (Yohane 3:30).

### Ndemanga/Magwiritsidwe:

Potengera phunziro la lero, afunsemi ophunzirawo kuti ayankhe mafunso awa:

1. Ndi chiyani chomwe chiyenera kuchepa kuti ndikhale wodzichepetsa? (Mtima wanga.)
2. Kodi anthu anaona Yohane M'batizi kukhala wotani? (Monga mphunzitsi ndi Eliya.)
3. N'cifukwa ciani Yohane M'batizi anatumiza ophunzila ake kukafunsa Yesu funso?
4. Kodi ndi mavumbulutso awiri ati amene anachititsa Yohane M'batizi kukhala wamkulu, malinga ndi Luka 1:15, 66 ? (Choyamba, "...adzadzazidwa ndi Mzimu Woyer..." ndipo chachiwiri, "... dzanja la Yehova linali naye.")

### Chovuta:

Yesani kukambirana mozama ndi Mulungu m'pemphero laumwini. Pakati pa sabata, lingalirani za phunziro la lero ndi kuzindikira mbali za moyo wanu zomwe simunapereke kwathunthu kwa Mulungu, ndi kuulula machimo aliwonse omwe mudachita. Mu mzimu wa pemphero, pemphani Mulungu kuti ayeretse mtima wanu ndikuyeretsani kwathunthu. Ngati mukuona kuti n'koyenera kwa inu, pitani mukaone munthu wokhwima mwauzimu kuti akuthandizeni m'pemphero pa chifukwa chimenechi.

**Cholina:** Kuti ophunzira amvetsetse kuti ndikofunikira kutumikira Ambuye tili ndi mwayi.

**Vesi loloweza pamtima:** “Indetu ndinena kwa inu, kulikonse kumene uthenga wabwino uwu udzalalikidwa pa dziko lonse lapansi, chimene anachita mayiyu chidzanenedwanso chikumbukiro chake. Mateyu 26:13

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Mpira kapena nyama yodzaza ndi nyimbo.
- **Malangizo:** Chinhucho chiyenera kuperekedwa kuchokera kwa munthu kupita kwa wina kupita ku kamvekedwe ka nyimbo, kulira kwa maseche, kapena kuwomba m'manja. Phokoso likaleka, aliyense amene ali ndi chinhucho afotokoze za mphatso yofunika kwambiri imene walandira komanso amene wamupatsa.

Ganizirani mmene anthu angakhalire owolowa manja akamapereka mphatso. Kutsindika kwapadera kudzaikidwa pa zinthu zabwino koposa zimene ophunzira achita kapena kuperekwa kwa Mulungu.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zida:** Teddy bear kapena chidole.
- **Malangizo:** Aphunzitsi afotokoze nkhanzi. Chitsanzo: “Nditabwera lero ndinakumana ndi “Teddy” (dzina la chimbangondo kapena chidole). Analu wachisoni ndi wosungulumwa, ndipo amafunikira chikondi chochuluka. Ndinamuza kuti gululi likhoza kumukonda kwambiri.” Pemphani wachinyamata aliyense kusonyeza chikondi chake kwa Teddy ndi manja, monga ngati kumpsompsona, kukumbatirana, mawu osonyeza chikondi (Ndimakukondani Teddy), ndi zina zotero. Aliyense akasonyeza chikondi chake kwa Teddy, nenani kuti: “Teddy ndi wokondwa kwambiri. chifukwa inu nonse mumamukonda, koma tsopano akufuna kuti akupempherereni chisomo china. Teddy akufuna kukupatsani mphatso ya chikondi chake: akufuna kuti mubwerezze zomwe munapanga kwa Teddy kwa munthu wapafupi nanu.

**K**odi mungatani mutadziwa kuti wokondedwa wanu wangotsala ndi masiku ochepta kuti akhale ndi moyo?

M'moyo, pali mwayi umene sudzabwerezedwa. Ngati wina wawalola kuti adutse, pambuyo pake anganong'oneze bondo kuti sanawapezerepo mwayi (mwachitsanzo, kukumbatirana, kumwetulira, uphungu wapanthawi yake, mawu okoma mtima, ndi zina zotero). Pamaliro, anthu nthawi zambiri amanong'oneza bondo chifukwa chosachita zinthu zina zomwe sangachitenso chifukwa cha zomwe adachita wokondedwa wapita.

Werengani Mateyu 26:1-13 . Gawani kalasi m'magulu awiri kuti achite sewero la nkhanzi ya m'Baibulo. Mu nsolo 1, gulu limodzi lidzatengela citsanzo ca mmene atsogoleli acipembedzo amagwilitsila nchito, ndipo mu nsolo 2, gulu lina lidzaonetza mmene Yesu anadzozela mafuta onunkhila. Kenako auzeni ophunzirawo kuti apende maganizo a anthu otchulidwa m'nkhanziyi.

#### 1. Kukumananso koyipa

Chikondwerero cha Paskha cha pachaka ( Mateyu 26:2 ), phwando limene Ayuda ankakondwerera kumasulidwa kwavo ku ukapolo ku Igupto ndi kupulumutsidwa ku imfa ya ana awo oyamba kubadwa (popaka mwazi wa mwana wankhosa pamafelemu a chitseko cha banja lililonse la Ahebri). anali pafupi. Inali phwando limene anathokoza Mulungu chifukwa cha chipulumutso chake chodabwitsa.

Ambuye Yesu anaonetsa umodzi wa mikhaldidwe Yake yaumulungu, kudziwa zonse (chidziwitso chonse cha zinthu zonse zakale, zamakono ndi zam'tsogolo) pamene anadziwitsa ophunzira ake zimene zidzam'chitikira pa Paskha (v. 2).

Atsogoleri a msonkhano: Atsogoleri achipembedzo anasonkhana pamodzi kuti akonze machenjerero oti akole Yesu ndi chinyengo ndi kumupha (vs. 3-4). Iwo anali ochenjera kwambiri chifukwa ankadziwa kuti Yesu anadalitsa anthu ambiri ndi zozizwitsa zake ndipo ankaopa kuti akamumanga pakatikati pa chikondwerero cha Paskha, anthuwo adzakhumudwa. Iwo sanali okhudzidwa ndi chilungamo, koma ndi chisokonezo chimene chikanakhoza kukopa nkhanza za asilikali achiroma.

Ansembe Akuluakulu: M'bwalo la nyumba ya mkulu wa ansembe, munali msonkhano wa ansembe aakulu, amene anali ndi ulamuliro pa nkhanzi zachipembedzo. Analu olemekezeka, ozindikirika, anthu otchuka amene anaitanidwa kukhala mkhlapakati wa anthu pamaso pa Mulungu. Komabe, atsogoleri achipembedzo amenewo sanali kukondweretsa Mulungu ndi zochita zaho. Kodi zingatheke bwanji kuti anthu amene ayenera kutsogolera mitima ya anthu kwa Mulungu anali adani a Mwana wa Mulungu?

Akulu a m'tauniyo: Panalinso gulu limeneli lotchedwa Khoti Lalikulu la Ayuda, lomwe linali oimira mabanja aakulu, ndipo limodzi ndi mkulu wa ansembe ankatha kuweruza nkhanzi za boma ndi zachipembedzo. Anaimira umphumphu ndi chilungamo, ochirikiza chilungamo. Ulamuliro wapamwamba wa anthu wamba ndi wachipembedzo unalinso ndi kuipa ndi uchimo. Lemba likunena moyenerera kuti: "...Ngati mukuganiza kuti muli chilili, chenjerani kuti mungagwe! ( 1 Akorinto 10:12 ).

Musanayambe mfundo iyi, pemphani gulu lachiwiri kuti lichite sewero la ndimeyi.

## 2. Ulemu ku Betaniya

### A. Anzake ku Betaniya

Betaniya unali mudzi womwe unali pafupi ndi Yerusalem, ndipo Mauthenga Abwino amasonyeza kuti Yesu anali ndi anzake kumeneko (Lazaro, alongo ake, ndi Simoni wakhate) amene Iye anawachezera pamene anali m'dera limenelo. Atsogoleri otchuka anali adani ake, pamene Yesu anapeza mitima yofunitsa kukumana ndi Mpulumutsi wawo pakati pa anthu ophweka.

### B. Mphatso yosaiwalika

Malinga ndi kunena kwa Mateyu, Yesu anali m'nyumba ya Simoni wakhate, akudya ndi ophunzira ake, pamene mkazi wina anafika ali ndi nsupa ya alabasitala ya mafuta onunkhira okwera mtengo kwambiri, oyera, nawathira pamutu pa Yesu. Ngakhale kuti udindo wa Yesu pa anthu unali wosiyana ndi wa ansembe kapena Khoti Lalikulu la Ayuda, mkazi wotchulidwa pa Mateyu chapatala 26 anali wolemekezeka, wolemekezeka ndiponso woyamikira kwambiri moti anawononga ndalamama zambiri pa mafuta onunkhira amene anathira pa Ambuye. Mkaziyo anafunika kugonjetsa zopinga zambiri kuti apatse Yesu mphatso imeneyo. Kuwonjezera pa chidzudzulo cha awo opezekwa pa chakudya chamadzulo chimenecho, Mateyu akuwonjezera kuti ophunzira a Yesu amakalipira adamuzunza kwambiri (vs. 8-9).

Pakali pano munthu ayenera kuganizira zinthu zimene anasiya kuchitira Yehova, podziwa kuti ayenera kuzichita. M'pofunika kukafika kuntchito, monga mmene anachitira mkazi wa ku Betaniya, chifukwa ngati munthu adikira, kukhoza kukhala mochedwa kwambiri ndipo moyo wake wonse udzanong'oneza bondo kuti sanachite zimene anayenera kuchita. Ndithudi Mulungu wachita zinthu zazikulu pa moyo wa munthu zomwe zimayenera kuyamikiridwa. Ngati munthu akudziwa kuti Mulungu amafuna kuti munthu achite chinachake, sayenera kuchedwa kuchichita.

**Ndemanga/Magwiritsidwe:** Funsani ophunzira anu kuyankha mafunso otsatirawa:

- Kodi Yesu analengeza chiyani pa Pasika? b). Kodi ndi chizindikiro chotani cha umulungu wake chimene chinaoneka pamene Yesu analengeza zimene zidzachitike pa Paskha? c). Kodi zikutanthauzanji kwa inu kuti anthu olemekezeka m'chitaganza anakonza chiwembu cha imfa ya Yesu? d). Pamene Yesu analandira nsembe yonunkhirtsia, kodi nchiyani chimene chinali chifukwa cha mkwiyo wa ophunzira ake? e). Kodi n'chiyani chinachititsa mayiyo kupatsa Yesu mafuta onunkhira okwera mtengo chonchi?

**Chovuta:** Lembani zomwe mukudziwa kuti tuyenera kuchita kuti mukondweretse Mulungu:

Tsopano pangani chigamulo choti muchite sabata ino. Osadikira! Simudziwa ngati mudzakhala ndi mwayi wina.

**Cholina:** Ophunzirawo apendenso zochitika za kukwera kumwamba kwa Yesu ndi kusinkhasinkha za tanthauzo lake.

**Vesi loloweza pamtima:** “Pamene anali kuwadalitsa, anawasiya, natengedwa kupita kumwamba. Luka 24:51

### Ntchito Yoyambira (zaka 12 - 17).

- **Malangizo:** Funsani ngati mmodzi mwa ophunzirawo anakhala ndi munthu pa nthawi ya imfa yawo, ndipo ngati angafune, auzeni kuti afotokoze mmene nthawi yotsazikanayi inalili. Ngati sichoncho, mutha kuwafunsa ngati adatsanzikana ndi munthu wina kapena kutenga nawo mbali pamwambo wotsazikana nawo. Aloleni kuti afotokoze zambiri za nthawi zimenezo. Mukhoza kupanga chitsanzo cha inu nokha kapena kukumbukira kusanzikana kumene kunachitika kutchalitchi. Gwirizanitsani ndi kutsazikana kwa Yesu kwa ophunzira ake ndikuyamba phunziro.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Bolodi ndi choko, kapena pepala lalikulu ndi cholembra.
- **Malangizo:** Pa bolodi lembani m'zilembo zazikulu mutu wakuti: “Kukwera Kumwamba kwa Yesu” ndipo funsani ophunzira anu kuti alembe (kutembenukira pa bolodi) mafunso amene anthu osakhulupirira angakhale nawo ponena za chochitika chimenechi cha moyo wa Yesu. Ganizirani pamodzi za kukaikira ndi mafunso amene chochitikachi chingayambitse, limodzinso ndi chitsimikizo ndi malonjezo amene chochitikachi chikutanthauza kwa otsatira a Kristu.

**W**olemba Luka ndi Marko akusimba kuti Yesu atalankhula ndi ophunzira ake ndi kupereka malangizo Ake omaliza, pamene thupi Lake lanyama linauksidwa kuchokera padziko lapansi ndi kutengedwa kupita kumwamba kufikira pamene linatha. kuwonekanso ndi maso a ophunzira.

Pa zaka zitatu za utumiki wake padziko lapansi, Yesu anachita zozizwitsa zambiri. Komabe, mu mphindi zomalizira za nthawi yake pano, thupi lake laumunthu ndi lathupi kwenikweni “...lidatengedwa m'mwamba pamaso pavo, ndipo mtambo unam'bisa iye pamaso pavo” ( Machitidwe 1:9 ) pansi.

#### 1. Tanthauzo la kukwera kumwamba kwa Yesu

Mbiri ya Mauthenga Abwino imanena kuti Yesu anakhala munthu “wopangidwa ndi thupi ndi magazi,” mofanana ndi munthu wina aliyense padziko lapansi. Anafunikira kugona ( Marko 4:38 ) ndi kudya ( Marko 14:22 ); anamvanso chisoni ndi kulira ( Yohane 11:35 ); anakwiya ( Marko 11:15 ) ndipo anavutika ( Luka 22:44 ). Yesu waumunthu yemweyo ndiye amene anakhala pakati pa ophunzira ake monga mmodzi wa anthu a ku Nazarete. Komabe, atapachikidwa ndi kufa, Yesu sanali ngati anthu ena, koma anauka naonekera pamaso pa ophunzira ake, kusonyeza mphamvu ya Mulungu, mphamvu yogonjetsa ngakhale imfa.

M'masiku apakati pa kuuka kwake ndi kukwera kumwamba, Yesu anaonekera kwa ophunzira ake pamalo pamene anasonkhana ( Luka 24:36-49 ) ndipo anawasonyeza zipsera za misomali m'manja ndi m'mapazi ake, n'kuwapempha kuti adye. ndi Iye. Umboni umenewu ndi chitsanzo chinanso cha thupi la Yesu. Malinga ndi Uthenga Wabwino wa Luka, Yesu anaonekera kwa otsatira ake awiri amene ankapita ku mzinda wa Emau ( Luka 24:13-35 ) ndipo analankhula nawo momveka bwino komanso momveka bwino. Yesu yemweyu pambuyo pake analandiridwa kumwamba. N'zosangalatsa kudziwa kuti Yesu anali ndi moyo wabwinobwino, waumunthu masiku asanakwere kumwamba. Anapitilizanso kuphunzitsa ophunzila ake njila yotsatila Mulungu mokhulupilika.

Ndizosangalatsa kudziwa kuti chochitika cha uzimu cha kukwera kumwambachi Yesu adakumana nacho ndi bata komanso mwachibadwa (Luka 24: 50-53; Marko 16: 19-20). N'kutheka kuti Yesu anali wodekha chifukwa

ankadziwa zimene zinkachitika atayamba kukwera kumwamba. Pa Yohane 16:16 , Yesu anachenjeza ophunzira ake zimene zidzachitike.

Atakwezedwa kumwamba, Yesu analandiridwa ndi Atate wake m'nyumba Yake yakumwamba; ndipo izi zinali chifukwa Yesu anali atamatiliza ntchito Yake ya utumiki pano pa dziko lapansi. Kwa Yesu, kukwera kumwamba kunatanthauza kuti adzapitanso kukasangalala ndi kukhalapo kwa Atate ake ndipo sadzalekanitsidwanso (Marko 16:19).

## 2. Tanthauzo la kukwera kumwamba lero

M'malamulo a anthu amakono, otsutsa nthawi zonse amafuna kakhala ndi loya wabwino yemwe amawathandiza pamaso pa Khoti ndipo akhoza kulankhula ndi woweruza chifukwa cha iwo, kupempha chifundo mu chilango. Mofananamo, Yesu angayerekezedwe ndi chifaniziro cha “walamulo wangwi” amene amakonda munthu ndi kuchonderera kwa Mulungu pamene walephera ndipo afunikira chifundo. Zikomo kwa Yesu amene amachitira m'modzi zomwe munthu sangathe kudzichitira yekha! (Aroma 8:34)

Pa Yohane 16:7-8 , Yesu anauza ophunzira ake kuti kupita kwake kumwamba kumatanthauza kuti Mzimu Woyera udzakhala nawo kudzawathandiza kuitiriza ntchito yopulumutsa: “Koma zoona zake n'zakuti kupindula kwa inu n'kwabwino. kuti ndicoke; pakuti ngati sindicokera, Nkhoswego sadzabwera. Ngati ndichita, adzatero, pakuti ndidzamtumiza kwa inu” (Yohane 16:7). N'zolimbikitsa kwambiri kudziwa kuti Mulungu anakonzeratu Mzimu Woyera kuti apitirize kutsagana ndi Akhristu Yesu atachoka. Mulungu ndi Mulungu wachikondi amene ali nazozonse pansi pa ulamuliro Wake wangwi. Khalani ndi mtima woyamikira chifukwa cha kukwera kumwamba kwa Yesu chifukwa ndi chizindikiro cha siteji yatsopano mu dongosolo la Mulungu momwe munthu angasangalale ndi kupeze ka Kwake mwa umunthu wake mu mtima mwa Mzimu Woyera.

Pa Yohane 14:1-4 , Yesu anali kukonzeretsa ophunzira ake za kunyamuka kwake. Anawalimbikitsa kudalira ndi kakhala ndi mtendere, komanso kakhala ndi chiyembekezo cha moyo wamtsogolo pamaso pa Mulungu. Yesu, kachiwiri, anafotokozerwa momveka bwino kwa ophunzira kuti kukwera kwake kumwamba kunali gawo la dongosolo lodabwitsa la Mulungu.

Yesu ' kukwera kumwamba kuli ndi tanthauzo lapadera kwambiri kwa otsatira Ake ponena za tsogolo lawo. Kupita kumwamba kwa Yesu ndi chitsimikizo chakuti Akhristu adzapita kumwamba kukakhala pamaso pa Mulungu, pamodzi ndi Yesu Kristu. Ndi lonjezo losagonjetseka.

Pomaliza, kukwera kumwamba kwa Yesu kulinso ndi tanthauzo lakuya lauzimu, monga mmene zinalili kwa Yesu. Ikupitiriza kuhazikitsa njira yofikira kwa Atate kuti wokhulupirira apindule ndi kuhululukidwa ndi Yesu monga “mtetezi.” Zimalola munthu kusangalala ndi kupeze ka Mzimu Woyera pakali pano ndikutsimikizira kukhalapo kwake kumwamba ndi Yesu m'tsogolomu "nyumba ya Atate ... "(Yohane 14: 2). Malonjezo amenewa ndi apadera komanso okhulupirika, ndipo chifukwa cha ntchito ya Yesu, munthu akhoza kuhulupirira kuti adzakwanirtsidwa.

**Ndemanga/Magwiritsidwe:** Afunseni ophunzira kuti amalize tchati chotsatirachi.

MALONJEZO A YESU	KUYANKHA KWANGA
“Khristu Yesu amene anafa . . . kwa ife.” ( Aroma 8:34 )	Ndikhoza kuhulupirira kuti Yesu amafuna kundikhululukira ndikalephera ndi kuchimwa.
“...pakuti ngati sindichita, Nkhoswego sadzabwera. Ngati nditero, ... I adzamtumiza kwa inu” (Yohane 16:7 TLB))	Ndikhoza kudalira Mzimu Woyera kakhala ndi ine ngakhale zinthu zitavuta.
“...Ndidzabweranso kudzakutengani kuti mukhale ndi ine kuti kumene ndiri Ine, mukakhale inunso.” ( Yohane 14:3	Ndikuhulupirira kuti tsogolo langa, pambuyo pa imfa, lidzakhala labwino ndi Yesu.

**Chovuta:** Kodi mumaona bwanji kuti Yesu adzapita kumwamba? Mwamva chiyani? Kodi munayamba mwakhalapo ndi mafunso okhudza chochitikachi? Musaiwale kuti Mulungu ndi wokonzeza nthawi zonse kukuthandizani ndi kukutsogolerani. Mwa kupemphera ndi kuwerenga Baibulo, mudzapeza mayankho ndi malangizo. Koposa zonse, kumbukirani kuti Mulungu ali ndi dongosolo langwi pa moyo wanu, monga momwe anachitira ndi Yesu. Osazengereza kugawana ndi ine kapena akhristu ena okhwima maganizo.

**Cholina:** Kuti ophunzira azindikire kufunikira kwa kubwera kwa Mzimu Woyera ndi zake zotsatira pa mbiri ya mpingo.

**Vesi loloweza pamtima:** “Koma mudzalandira mphamvu, Mzimu Woyera atadza pa inu; ndipo mudzakhala mboni zanga m’Yerusalem, ndi m’Yudeya lonse, ndi Samariya, ndi kufikira malekezero a dziko lapansi.” Machitidwe 1:8

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Baibulo, zolembra zamitundu yosiyanasiyana ndi mapepala.
- **Malangizo:** Gawani kalasi m’magulu atatu ndipo apatseni vesi limodzi mwa zotsatirazi: Machitidwe 2:2, 3, kapena 4. Afunsemi kuti aganizire zomwe vesi lawo likufotokoza ndikuyesera kufotokoza mojambula. Gulu lirilonse liwonetse zojambula zawo ndikufotokozera malingaliro omwe afotokozedwamo.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala aang’ono amene aliyense ali ndi mawu akuti “Yesu wauka” m’zinenero zosiyanasiyana:
  1. Chipwitikizi: Yesu resuscitou
  2. Zulu: Yesu wavukile
  3. Spanish: Jesus ha resucitado
  4. Chijeremani: Yesu ndi auferstanden
  5. Chiitaliya: Gesú é risorto
  6. Chifalansa: Jésus est ressuscité
- **Malangizo:** Perekani wophunzira aliyense pepala lokhala ndi mawu osonyeza chinenero china. Akalangizidwa, onse ayenera kuŵerenga mokweza mawu awo opatsidwa nthâwi zingapo nthâwi imodzi, akumabwereza kwa mphindi zingapo.

**F**otokozani kuti zinthu zofanana ndi zimenezi zinachitika pa tsiku la Pentekosite, kusiyana kwake n’kwakutu anthu amene anasonkhana ankalankhula zinenero zosiyanasiyana ndipo aliyense ankamvetsa uthenga umene ophunzirawo ankalalikira.

tsiku la Pentekosite, zinthu zofanana ndi phwando lathu la Khrisimasi ndi Chaka Chatsopano zinachitika: panali piringupiringu pamene anthu ambiri anasonkhana ndi chisangalalo chachikulu kukondwerera kukolola koyamba.

Ophunzirawo anasonkhana m’chipinda cham’mwamba ku Yerusalem ali m’mapemphero ndi mapembedzero m’kati mwa zikondwererozo. Analu kuyembekezera kukwanirtsidwa kwa lonjezano lolonjezedwa kwa iwo ndi Khristu Yesu: Kufika kwa Mzimu Woyera wolonjezedwa (Machitidwe 2:1-13). Iwo sankadziwa chimene chidzachitika kapena kuti liti, koma tsiku lililonse ankayembekezera mokhulupirika lonjezolo.

Kukwanirtsidwa kwa lonjezo kunadza tsiku limene Mzimu Woyera analowetsa mochititsa chidwi m’mitima ndi moyo wa mpingo (Machitidwe 2:2-3). Tsiku limenelo, ilo linali chizindikiro cha “pambuyo pake” ndi “pambuyo” kwa tchalitchi. Palibe chomwe chikanakhala chofanana kachiwiri, osati kwa iwo apo, osati kwa mpingo lero!

Pentekosti inali njira ya ophunzira kulowa mu ubale wozama ndi Mulungu. Kukhalapo kwa Mzimu Woyera kunatalutsa mulingo wapafupi kwambiri mu chidziwitso cha chikhulupiriro chawo. Kusintha kumeneku kunapangitsa kuti adzipatule ndi kucitila umboni kwa ena. Pa Pentekosite, uthenga wabwino unayamba kufalikira padzikolo lonse lapansi.

### **1. Pentekosti: phwando lalikulu lachiyamiko**

“Pamene tsiku la Pentekoste linadza, iwo anali onse pamodzi pa malo amodzi. (v. 1). Pentekosti inali phwando lalikulu. Ayuda ankakondwerera maholide achipembedzo osiyanasiyana chaka chonse okumbukira zochitika zofunika kwambiri. Pentekosti inali imodzi mwa atatu ofunika kwambiri (pamodzi ndi Paskha ndi Phwando la Misasa). Pa phwando ili, chiyamikiro chinaperekedwa kwa Mulungu makamaka chifukwa cha chipatso cha dziko lapansi ndi ntchito ya munthu aliyense.

Mawu achigiriki amene anawamasulira kuti “Pentekoste” amatanthauza “makumi asanu” chifukwa ankachitika patadutsa milungu 7 kuchokera pamene mitolo yoyamba yatirigu yakolola. Mulungu anasankha phwando la Pentekosti kuti akwaniritse lonjezo lake loperekedwa ndi Yesu pa Machitidwe 1:8, “Koma mudzalandira mphamvu, Mzimu Woyerata adza pa inu;....” umboni wa mpingo.

### **2. Choziwitsa chachikulu cha Pentekosti**

Tinganene kuti zimene zinachitika pa tsiku la Pentekosite ndi choziwitsa chofunika kwambiri m’mbiri ya mpingo wachikhristu. Mzimu Woyerata adza pa okhulupilira kuti akhale mwa iwo kosatha, kuyeretsa mitima yawo ku uchimo ndi kuwadzaza ndi mphamvu yakutumikira. Zizindikiro zina zozizwa zinatsagana ndi kudza kwa Mzimu mu chipinda chapamwamba. Zinthu zauzimu zimenezo zinadabwitsa amene analipo. M’mavesi 2 mpaka 4, zinthu zitatu zodabwitsazi zinaonekera motsatizanatsatizana. “Anaona zooneka ngati malilime amoto ogawanikana nakhazikika pa aliyense wa iwo” (v.3); “Onse anadzazidwa ndi Mzimu Woyerata, nayamba kulankhula ndi malilime (zilankhulo zina) monga Mzimu anawalankhulitsa.” (v.4). Mphepo ndi moto zinali zizindikiro za kupezeza kwa mphamvu yakuyeretsa kwa Mzimu Woyerata.

Funsani: Kodi mukuganiza kuti n’chifukwa chiyani ankalankhula zinenero zina? Chinali chizindikiro kwa osakhulupirira ndi njira yopezera chidwi chawo, komanso njira yolankhulira uthenga wabwino kwa anthu akunja. Koma choziwitsa chapakati cha Pentekosti chinali kudzazidwa ndi Mzimu Woyerata. “Onse anadzazidwa ndi Mzimu Woyerata...”. Mawu otu “kudzazidwa” amatanthauza “chidzalo”, ndipo amalankhula za kudzipereka kwathunthu kwa Mulungu (kuyeretsedwa).

### **3. Uthenga wa Pentekosti: chipulumutso kwa onse**

Yesu analamula ophunzira ake kuti azilalikira uthenga wabwino kwa munthu aliyense. Lamulo ili limadziwika kuti Ntchito Yaikuru ( Mateyu 28:16-20; Marko 16:14-18; Luka 24:36-49; Yohane 20:19-23 ). Kubwera kwa Mzimu Woyerata pa tsiku la Pentekosite, kunayamba kuyenda kwa kukula kwa mpingo ku dziko lonse lapansi.Mphamvu imene Mzimu Woyerata anabweretsa pa mpingo pa Pentekosti inathandiza amene anali m’chipinda chapamwamba kukhala mboni zokhulupirika za Mpulumutsi, Ambuye Yesu Khristu.

Funsani: Chotsatira cha Pentekosti ndi chiyani pa moyo wanu? Kodi mwalandira mphamvu imeneyo imene imakulolani kukhala mboni yokhulupirika ya Yesu?

### **Ndemanga/Magwiritsidwe:**

Agaweni ophunzira m'magulu ndikuwawuza kuti alembe matanthauzo ake mwa ziganizo kapena mawu otsatirawa. Kenako auzeni kuti agawane matanthauzo awo ndi kalasi.

- Pentekosti (Kukwanirtsidwa kwa lonjezano) Machitidwe 1:8
- Kulankhula malilime ena (Analankhula mu zilankhulo zina.) Machitidwe 2:4
- Uthenga wa chipulumutso (Chipulumutso mwa Yesu Khristu ndi cha aliyense.) Machitidwe 2:8-11
- Pamene Pentekosti inadza (onse anali pamodzi pamalo amodzi.) Machitidwe 2:1

### **Chovuta:**

Konzani nthawi ya kulalikira kwanu kwa kalasi mdera kapena dera lomwe mpingo wanu uli. Ntchito isanayambe, konzekerani nthawi yopemphera pagulu kuti mupeze chitsogozo cha Mzimu Woyerata.

**Cholina:** Kuti ophunzira apende zochitika za kubadwa kwa Yesu monga kukwaniritsidwa kwa maulosi.

**Vesi loloweza pamtima:** Koma itakwana nthawi yoikika, Mulungu anatumiza Mwana wake wobadwa mwa mkazi, wobadwa pansi pa lamulo. Agalatiya 4:4

### Ntchito Yoyambira (zaka 12 - 17).

- **Zipangizo:** Zosindikiza ndi mavesi a m'Baibulo otsatirawa.
- **Malangizo:** Akonzeni ophunzira mumagulu awiri. Limbikitsani gulu lirilonse kusankha woyang'anira ndi mlembi. Kenako, awerenge mosamala ndi mosamala mavesi a m'Baibulo otsatirawa ndi kuzindikira ulosi wonena za Yesu womwe unakwaniritsidwa. o Mika 5:2. Malo Obadwira (Betelehemu). o Yesaya 7:14 . Kufotokozerwa kwa amayi (A virgin). o Yesaya 9:7 . lamulirani pa mpando wachifumu ndi ufumu wa ndani (wa Davide).  
o Yesaya 9:1 . Adzakhala ku (Galileya).  
— Hoseya 11:1 . Anakhala nthawi ku (Igupto). Gawani mfundozo ndi gulu lonse.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala, mapensulo kapena cholembera.
- **Malangizo:** Sinthani kalasi yanu m'magulu atatu, molingana ndi kuchuluka kwa ophunzira omwe muli nawo. Afunseni kuti asankhe woyang'anira ndi mlembi. Lipatseni gulu lirilonse mapepala ndi zolembera. Afunseni kuti agawane pepala m'mizati iwiri. M'gawo lina alembamo mphatso zonse zimene analandirapo pa nthawi ya Khirisimasi, ndipo m'llimodzi, mphatso zimene apereka. Mlembi adzalemba zopereka zonse za gulu. Akamaliza mbali imeneyi, apempheni kuti awerenge lemba la Yohane 3:16, ndi kuyankha mafunso otsatirawa: Kodi mphatso imene Mulungu anapatsa anthu inali yotani? N'cifukwa ciani anapeleka mphatso imeneyi? Afunseni kuti agawane mayankho ndi magulu ena.

**N**khani zochititsa chidwi za m'Baibulo zimene zimatikhudza kwambiri ndi zokhudza kubadwa kwa Ambuye wathu. Ndi chinsinsi cha kubadwa kwa thupi (Yohane 1:14; 1 Timoteo 3:16).

#### 1. Kubadwa kwa Yesu kunakwaniritsa ulosi wa m'Baibulo

N'zochititsa chidwi mmene maulosi akale amene analengeza za kubwera kwa Muomboli wa anthu anakwaniritsika mokwanira mwa Yesu. Kuchokera mu uthenga wabwino, chilengezo choyamba chonena za Mpulumutsi, pa Genesis 3:15, mpaka chiukiriro chotchulidwa pa Salmo 16:8-11 , iwo ankasungidwa mosamalitsa. Palibe chimene chinasiyidwa. Zonse zinakwaniritsidwa.

Ngati tiyang'ana nkhani ndi zochitika za m'mbiri zozungulira kubadwa kwa Yesu, munthu angaganize mwaumunthu kuti zinali zochitika mwangozi chabe za moyo kapena mbiri. Koma pamene tilingalira za Mulungu monga Mbuye wa onse, amene palibe chimene chimamudzidzimutsa, ndipo timasonyeza chikhulupiriro chathu, timazindikira kuti Iye anali kulamulira nthawi zonse ndi kuti anagwiritsira ntchito lamulo la ufumu wachikunja monga wa Roma, kukwaniritsa. Mawu ake ndi zolinga zake zopatulika.

Luka, dokotala ndi wolemba mbiri, akutiuza tsatanetsatane wa chochitikachi (Luka 2: 1-7). Lamulo linaperekedwa 1). Kunena mwalamulo, linali lamulo kapena lamulo lofalitsidwa ndi ulamuliro wa mfumu Augusto Kaisara, ndipo chotero, linali lamulo kwa onse okhala mu ufumuwo. Lamuloli linanena kuti: "aliyense ayenera kulembewda". "Ndipo aliyense anapita kumudzi kwawo..." ( Luka 2:3-5 )

“...nthawi inakwana yakuti mwana abadwe...” (Luka 2:6). Izi zikugwirizana ndi miyezi isanu ndi inayi ya Mariya yokhala ndi pakati, komanso ndi nthawi ya Mulungu. Chitsogozo cha Mulungu chinawabweretsa ku Betelehemu, ndipo ali kumeneko, masiku a kubadwa kwake anakwanirtsidwa. Sitikupatsidwa tsiku; mwambo unakhazikitsa kuti Disembala 25, koma palibe maziko a mbiri yakale kapena a m’Baibulo omwe amapereka chitsimikizo cha izi.

## 2. Chionetsero cha chikondi cha Mulungu

### A. Anapangitsa kuti thupi likhale lotheka

Kubadwa kwa Mawu, Mwana wa Mulungu, kumasonyeza bwino lomwe mmene Mulungu amatikondera. Onse aŵiri Atate ndi Mwana anavomereza kuti munthu wachiŵiri wa Utatu akhale munthu ndi kukhetsa zonse zimene zinali zake, za ulemerero wake wamuyaya, kubwera, kukhala ndi moyo ndi kudzipereka nsembe kaamba ka ife. Sitingathe kulekanitsa mchitidwe waumulungu wa kubadwa kwaumunthu uku ndi chifuno cha chipulumutso chimene chinachisonkhezera. Zinali kuti Mulungu akhale ndi mwayi wolumikizana ndi anthu, kuyandikira kwa iwo ndi kuwapulumutsa (Yohane 3:16).

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### B. Ndi chikondi chokhala ndi cholinga

Lemba lodziwika bwino la Yohane 3:16 limatiphunzitsa za chikondi chachikulu chimenechi cha Mulungu.

Atate wakumwamba anapereka Mwana wake wamtengo wapatali kuti atipulumutse (Aroma 8:32).

Cholina chake chinali kutipatsa chipulumutso ndi moyo wosatha. “...kuti yense wakukhulupirira Iye asatayike, koma akhale nawo moyo wosatha” (Yohane 3:16). Chikondi cha Mulungu chinapangitsa kuti anthu athe kupeza moyo wamakono ndi wamuyaya uwu.

### C. Ndi chikondi chosatha

Chiyambireni kugwa komvetsa chisoni ndi komvetsa chisoni kwa anthu, ndipo ngakhale kuti Mulungu anawalanga mwa kuwatulutsa m’mundamo, Mulungu anapitiriza kuwakonda. Anthu, ngakhale m’nthawî zavo zopanduka kwambiri, anapitirizabe kukhala nzika za chikondi cha Mulungu. Ngakhale kuti anafunikira kuwalanga kangapo konse, iye nthawî zonse anali kuwasonyeza mwaŵi wa kulapa kuti atembenukire kwa Iye. Anthu opanduka a Mulungu m’Chipangano Chakale ankadziwa za ukulu wa chikondi cha Yehova pa iwo (Yeremiya 31:3).

## 3. Yankho la umunthu

Munthu ndi uthenga wa Yesu uyenera kuperekedwa kwa anthu onse ndi malo amene sakumudziwa. Lolani aliyense adziwe za Iye ndi kukhala ndi mwayi wokhala naye mumitimia yawo. Tisagwiritse ntchito nthawi, mphamvu, kapena ndalama, kuchita zonse zomwe tingathe kuti Yesu Kristu adziwike kwa anthu amisinkhu yonse kulikonse.

### Ndemanga/Magwiritsidwe:

Auzeni ophunzira anu m’magulu awiri. Auzeni kuti awerenge zotsatirazi

Mavesi a m’Baibulo: Yesaya 7:14; Mika 5:2; Hoseya 11:1; Yesaya 9:1-2, 11:1; Yeremiya 31:15; Mateyu 1:22-23, 2:5-6, 2:16-18, 2:22-23, 4:12-16. Auzeni ophunzira anu agawane pepala m’mizati iwiri. Kumanzere, ikani vesi la m’Baibulo la ulosiwo, ndipo kudzanja lamanja vesi limene likunena za kukwanirtsidwa kwake.

### UNENERI

Yesaya 7:14  
( Mika 5:2 )  
( Hoseya 11:1 )  
Yesaya 9:1-2  
Yesaya 11:1  
Yeremiya 31:15

### KUKWANILISIDWA KWAKE

Mateyu 1:22-23  
Mateyu 2:5-6  
Mateyu 2:15  
Mateyu 4:12-16  
Mateyu 2:22-23  
Mateyu 2:16-18

### Chovuta:

Lembani maganizo anu pa zomwe Khrisimasi imatanthauza pa moyo wanu ndikugawana ndi kalasi yathu tikadzakumananso.

**Cholina:** Kuti ophunzira apatulire miyoyo yaho kwa Ambuye m'kalasi loyamba la chaka chatsopano.

**Vesi loloweza pamtima:** "Chifukwa chake ndikupemphani inu, abale, mwa chifundo cha Mulungu, kuti mupereke matupi anu nsembe yamoyo, yopatulika, yokondweretsa Mulungu, ndiko kupembedza kwanu koyenera." Aroma 12:1

### Ntchito Yoyambira (zaka 12 - 17).

- **Zida:** Makhadi a Cardstock (10 x 15 cm) ndi mapensulo.
- **Malangizo:** Fotokozani mwachidule kufunika kokhala ndi "ntchito ya moyo," ndi mwayi wokhala m'kalasi loyamba la chaka. Munthu asanapange mapulani, ayenera kupempha Yehova kuti amutsogolere kuti amutsogolere.

Funsani funso: Kodi mungakonde kukhala chiyani mukadzakula, ndipo chifukwa chiyani? Kodi mungakonde kukhala ndi kuchita chiyani kwa Ambuye mu mphindi?

Apatseni ophunzira pafupifupi mphindi 5 kuti alembe mayankho awo ndipo apatseni nthawi yoti anene zomwe adalemba.

### Ntchito Yoyambira (zaka 18 - 23).

- **Zipangizo:** Mapepala ndi pensulo kwa wophunzira aliyense.
- **Malangizo:** Akapsidwa mapepala ndi pensulo wophunzira aliyense alembe yankho lake kuti: Munakonza zotani kuchiyambi kwa chaka chatha? Kodi mwakwaniritsa zotani? Kodi munapindula chiyani kuntchito, kusukulu, ndi mu utumiki kwa Yehova? Kambiranani mayankho kwa mphindi zochepa.

**C**haka chatsopano. Zingakhale bwino ngati achichepere amene ali mu mphindi adzipatulira miyoyo yaho kwa Yehova ndipo awo amene achitapo kale angapende mmene akuchitira.

#### 1. Patulirani ziwalo za thupi (zigawo za thupi)

Wolemba Ahebri analomba za chilango cha Mulungu chimene chimathandiza kukula kwa ana ake (Ahebri 12:5-8). Mwana aliyense wa Mulungu amene amakumbukira nthawi zovuta zomwe adakhala nazo chaka chathachi, azitha kulingalira kuti zonse zomwe adakumana nazo zamuthandiza mwanjira ina kuti akule ku ungiro ndi kukhwima mu moyo waho wauzimu. Poganizira zimenezi, wolemba buku la Ahebri akulangiza owerenga kuti achite izi:

##### A. Kwezani manja okugwa

Funsani: Malinga ndi Ahebri 12:12a, kodi tingatani ndi manja athu? Kwezani manja molemekeza Mulungu ndi kuwakulitsa kuti athandize osowa: amasiye, ana amasiye, othawa kwawo, ana a m'misewu, odwala, olumala, ndi zina zotero. Ndi manja a ntchito zachitukuko za anthu zomwe zimapindulitsa anthu m'njira yofunikira ku moyo wonse wa Yesu. zoperekedwa zitha kuchitidwa.

##### B. Limbitsani maondo

Kuchita kuyenda kumapititsa munthu patsogolo (Ahebri 12:12b). Pofuna kupewa kufa ziwalo, m'pofunika kusuntha miyendo pochita masewera olimbitsa thupi, kuyenda, kuthamanga, kuthamanga ndi kuvina. Kodi mawondo ndi miyendo zingagwiritsidwe ntchito bwanji kufutukula Ufumu wa Mulungu? Pochezera abwenzi omwe samamudziwa Khristu, pitani ku zipatala ndi ndende, kupita kukathandiza ntchito zatsopano kapena mautumiki omwe akufalikira m'kati ndi kunja kwa zigawo. Pamene wina atenga nawo mbali ndi kupita patsogolo mu mautumiki osiyanasiyana, amawona zotheka za utumiki, ndipo m'kati mwa utumiki, Mulungu akhoza kuyitana wina kuti achite utumwi m'dziko lake kapena kukhala amishonale ku zikhaldwe zina, kuitirira fuko lake.

### C. Pangani njira zoyenda

“Longosolani njira zoyendamo mapazi anu” (Ahebri 12:13). Chiyero chiyenera kuonekera mumayendedwe a munthu: “Koma monga Iye wakuitana inu ali woyeru mtima, khalani oyera mtima m’zonse muzichita...” (1 Petro 1:15). Vesi ili likuitana otsatira a Khristu ku moyo wosiyana (munthu ayenera kukhala ndi moyo wowonetsa chiyero) nthawi zonse ndi m’malo onse moyo waumphumphu, osati mu ubale wathu ndi Akhristu mu mpingo kapena mpingo, komanso. kunyumba, kuntchito, kusukulu, kuyunivesiti, etc.

### D. Kuti ofooka asasiye njira

... kuti opunduka asakhale wopunduka, koma achire.” ( Ahebri 12:13 ). Khalidwe la munthu likhoza kulimbikitsa ena. Mulungu angathandize munthu kuti asakhale chopunthwitsa kwa mnansi wake. Munthu ayenera kupempha thandizo kwa Mulungu kuti akhale ndi moyo wachitsanzo chabwino ndi kusonyeza Khristu muzochita zonse.

## 2. Patulirani maubwenzi

### A. “Khalani mwamtendere ndi anthu onse”

Mulungu amafuna kuti munthu azisamalira ubale ndi mnansi wake nthawi zonse (Luka 10:27). Nkofunika kuti Akristu azikhala mwamtendere ndi anzawo kapena anansi awo (Ahebri 12:13a). Ndipo woyandikana naye wapafupi ali m’nyumba mwake ... makolo ake ndi abale ake ... ndipo amapitirira kunja kwa nyumba yathu ndi abwenzi, oyandikana nawo ndi ogwira nawo ntchito. Tchimo limasokoneza ubale, choncho liyenera kuthetsedwa msanga (Aefeso 4:26).

### B. “Popanda chiyero palibe amene adzaona Ambuye”

Popitiriza ndi maubale, chiyero chimakhudzana ndi chikhaliidwe cha Mkhristu chifukwa cha ubale waho ndi Mulungu. M’pofunika kwambiri kuti Mkhristu akhale pa ubwenzi wabwino ndi Mulungu komanso kumumvera nthawi zonse chifukwa ndi njira yokhayo imene munthu angakhaliire woyeru. Ngati munthu akufuna kuona Mulungu, ayenera kukhala moyo wachiyero. Zili kwa munthu aliyense kupatulira moyo waho, monga momwe Ahebri 12:1 amalangizira, kuchotsa uchimo.

## 3. Khama ndi kusunga

### • Khama

Munthu akayamba ulendo wa moyo mu njira yatsopano (njira yachikhristu), ayenera kukhala akhama (Ahebri 12:15-16). Munthu ayenera kusamala momwe amakhalira. Munthu sangachite zinthu za m’dzikoli zimene zimasangalatsa thupi kwakanthawi koma zimaipitsa moyo. Munthu ayeneranso kuthandiza Akhristu anzake kuti asasocheretse paulendoru. Kulimbikira kuyenera kutsagana ndi kulimbikira, kuyang'anira nthawi zonse ndikuwunika kuti osasochera panjira. Izi zipangitsa kuti azitha kuchita zomwe mwasankha.

### • Kuteteza

M’pofunika kusamala zimene munthu ali nazo, zimene walima kwa zaka zambiri. Makhalidwe abwino, unansi wabwino ndi Mulungu ndi ena, moyo wachiyero. Munthu ayenera kusamala kuti asachite tchimo lofanana ndi la Esau, amene anasinthanitsa ukulu wake ndi mbale ya mphodza, imene mlembiyoakuifotozoa kukhala yonyansa. M’mawu ena, ndi kunyoza zinthu zopatulika kwa anthu osakhalitsa. Mlembi yemweyo kwa Ahebri syas anati: “...Tidzapulumuka bwanji ife tikapanda kunyalanyaza chipulumutso chachikulu chotere? Ahebri 2:3a.

Pamapeto pake, kumbukirani zimene mtumwi Paulo ananena: “Munagulidwa ndi mtengo wake wapatali. Chifukwa chake lemekezani Mulungu ndi matupi anu” (1 Akorinto 6:20).

**Ndemanga/Magwiritsidwe:** Perekani nthawi yoti ophunzira ayankhe mafunso otsatirawa:

1. Kodi kudzipereka kwa Mulungu kumatanthauza chiyani?
2. Mungapatule bwanji: Maubwenzi anu apamitima? Nokha mwakuthupi? Nokha mwaluntha? Nokha mumacheza? Kutumikira Ambuye?
3. Chifukwa chiyani kuunikira ndi kuunika kuli kofunika pokwanirtsa zolina?
4. Kodi mungapitirire bwanji kudzipereka kwanu lero?

**Chovuta:** Pakati pa sabata, pempherani kuti Mulungu akuthandizeni kumvetsetsa dongosolo Lake la moyo wanu, ndi kuti kuchokera mu ndondomekoyi, mutha kukhala ndi zolina zomveka za tsogolo lanu. Lembani malingaliro omwe atuluka mu nthawi yopempherayi.



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